

# Lasers in Medical Science

## Effect of laser irradiation on the fluoride uptake of silver diamine fluoride treated dentine --Manuscript Draft--

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<b>Abstract:</b>	<p><b>Objective:</b> To evaluate the fluoride uptake of dentine treated with a 38% silver diamine fluoride (SDF) solution and laser irradiation at sub-ablative energy levels.</p> <p><b>Methods:</b> Fifteen human dentine slices were prepared and divided into four samples each. Four types of laser were chosen: CO<sub>2</sub> (10,600 nm), Er:YAG (2,940 nm), Nd:YAG (1,064 nm) and Diode (810 nm). First, the 4 samples from 12 of the dentine slices were treated with SDF, and then irradiated by one of the 4 types of laser at 3 different settings. One sample was untreated and acted as a control. The setting that rendered the highest fluoride uptake was selected. Second, the remaining dentine slices were treated with SDF and irradiated by the 4 lasers with the selected settings. Fluoride uptake was assessed using Energy Dispersive X-ray Spectrometry at the dentine surface and up to 20 µm below the surface.</p> <p><b>Results:</b> The selected settings were CO<sub>2</sub> irradiation at 1.0 Watts for 1 sec, Er:YAG irradiation at 0.5 Watts for 20 sec, Nd:YAG irradiation at 2.0 Watts for 1 sec and diode irradiation at 3.0 W for 3 sec. The fluoride content (weight %) at the dentine surface following CO<sub>2</sub>, Er:YAG, Nd:YAG and diode irradiation were 6.91±3.15, 4.09±1.19, 3.35±2.29 and 1.73±1.04, respectively. CO<sub>2</sub> and Er:YAG irradiation resulted in higher fluoride uptake than Nd:YAG and diode irradiation at all levels (p&lt;0.05).</p> <p><b>Conclusion:</b> CO<sub>2</sub> laser and Er:YAG laser irradiation rendered higher fluoride uptake in the SDF-treated dentine than Nd:YAG laser and diode laser irradiation.</p>

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Dr Keyvan Nouri

Editor-in-chief

*Lasers in Medical Science*

16 Dec 2013

Dear Dr Nouri

Re: Manuscript submission

Thank you for reviewing our manuscript of **“Effect of laser irradiation on the fluoride uptake of silver diamine fluoride treated dentine”**, we have revised the manuscript according to reviews’ comments. We would like to resubmit our revised manuscript for your consideration to publish in *Lasers in Medical Science*.

Thank you very much for your attention.

Yours sincerely,

C H Chu

Corresponding Author

Faculty of Dentistry,

The University of Hong Kong

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**Effect of laser irradiation on the fluoride uptake of silver diamine fluoride treated dentine**

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**Keywords:** Laser, Prevention, Silver diamine fluoride, Caries, Fluoride uptake, Dentine.

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## Abstract

**Objective:** To evaluate the fluoride uptake of dentine treated with a 38% silver diamine fluoride (SDF) solution and laser irradiation at sub-ablative energy levels.

**Methods:** Fifteen human dentine slices were prepared and divided into four samples each. Four types of laser were chosen: CO<sub>2</sub> (10,600 nm), Er:YAG (2,940 nm), Nd:YAG (1,064 nm) and Diode (810 nm). First, the 4 samples from 12 of the dentine slices were treated with SDF, and then irradiated by one of the 4 types of laser at 3 different settings. One sample was untreated and acted as a control. The setting that rendered the highest fluoride uptake was selected. Second, the remaining dentine slices were treated with SDF and irradiated by the 4 lasers with the selected settings. Fluoride uptake was assessed using Energy Dispersive X-ray Spectrometry at the dentine surface and up to 20 µm below the surface.

**Results:** The selected settings were CO<sub>2</sub> irradiation at 1.0 Watts for 1 sec, Er:YAG irradiation at 0.5 Watts for 20 sec, Nd:YAG irradiation at 2.0 Watts for 1 sec and diode irradiation at 3.0 W for 3 sec. The fluoride content (weight %) at the dentine surface following CO<sub>2</sub>, Er:YAG, Nd:YAG and diode irradiation were 6.91±3.15, 4.09±1.19, 3.35±2.29 and 1.73±1.04, respectively. CO<sub>2</sub> and Er:YAG irradiation resulted in higher fluoride uptake than Nd:YAG and diode irradiation at all levels (p<0.05).

**Conclusion:** CO<sub>2</sub> laser and Er:YAG laser irradiation rendered higher fluoride uptake in the SDF-treated dentine than Nd:YAG laser and diode laser irradiation.

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1    **Introduction**

2    Silver diamine fluoride (SDF) treatment has gained much attention in the past decade due to its  
3    simplicity and affordability [1, 2]. Clinical trials have shown that SDF can be used to prevent pit  
4    and fissure caries [3], to arrest coronal caries in the primary [4] and permanent [5] teeth of  
5    children. SDF is also used to prevent root caries in the elderly [6]. Laboratory studies have found  
6    that SDF prevents dental hard tissues from demineralising due to acid production from biofilms  
7    [1, 7, 8] or acid challenge [9, 10]. SDF treated carious dentine also represented a biologically  
8    acceptable pulpal response [11]. However, the calcium fluoride deposits generated during  
9    treatment can be dissolved after washing with water [10, 12], and an increase in the fluoride  
10    concentration in saliva is evident within 12 hours of the topical application of fluoride [13].  
11    Therefore, methods are required to increase the fluoride uptake to improve the long-term  
12    effectiveness of the treatment.

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14    Topical fluoride therapy is often performed on exposed dentine for caries prevention [14].  
15    Studies have shown that dentine becomes more acid resistant if its fluoride content is increased  
16    [15, 16]. However, the amount of fluoride taken up is low and limited to the surface layer [10].  
17    Laser irradiation can be used to promote fluoride uptake by dental hard tissue. Bahar and his co-  
18    workers reported neodymium-doped yttrium aluminium garnet (Nd: YAG) laser irradiation to be  
19    effective in increasing fluoride uptake into the pit and fissure enamel [17]. Another study found  
20    that CO<sub>2</sub> promotes the fluoride uptake of enamel treated with sodium fluoride [18]. The use of a  
21    diode laser has been shown to increase the fluoride uptake of enamel and to protect the enamel  
22    surface from acid attack [19]. An erbium-doped yttrium aluminium garnet (Er: YAG) laser was  
23    also found to increase the fluoride uptake of enamel treated with acidulated phosphate fluoride

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24 gel [20]. Following laser treatment, fluoride is not only deposited on the enamel and dentine, but  
25 is also incorporated into the enamel and dentine crystalline structure [18, 21].

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27 **At present, there are no standardised parameters for the use of lasers for the prevention of dental**  
28 **caries in dentine.** Even manufacturers often do not provide guidelines for the use of their dental  
29 laser products for caries prevention. Moreover, a literature search in PubMed found no studies  
30 comparing the effect of different types of laser on the fluoride uptake of SDF-treated dentine for  
31 caries prevention. Thus, the objective of the study was to compare the fluoride uptake of 38%  
32 SDF-treated dentine using 4 common dental laser irradiations at sub-ablative energy levels.

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34 **Materials and methods**

35 *Sample preparation*

36 This study was approved by the Institutional Review Board of the University of Hong  
37 Kong/Hospital Authority Hong Kong West Cluster (UW08-052). A flow chart of the study is  
38 shown in Figure 1. Extracted sound human molars were collected with the patients' consent. **One**  
39 **section is taken from one tooth and the dentine is taken from the crown.** Fifteen 3-mm thick  
40 dentine slices were prepared from the molars. The surfaces of the slices were polished using  
41 micro-fine 4,000-grid sanding paper. The polished slices were examined using a  
42 stereomicroscope to exclude samples with cracks, hypoplasia or white spot lesions. The  
43 examined slices were treated with 1% citric acid for 1 min and ultrasonically washed with  
44 deionised water to eliminate the smear layer. After autoclaving, each slice was divided into four  
45 parts or samples for different treatments; thus, 60 samples were prepared from 15 dentine slices.  
46 There were 2 parts to the experiment. In the first part, 48 samples from 12 of the dentine slices

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4 47 were used to study the fluoride uptake of 38% SDF-treated dentine using 4 common dental laser  
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6 48 irradiations at sub-ablative energy levels. In the second part, 12 samples from the remaining 3  
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8 49 dentine slices were used to compare the fluoride uptake of 38% SDF-treated dentine by the 4  
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11 50 laser irradiations.  
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16 52 *Part 1 - determining the best settings for the four dental laser irradiations*  
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19 53 **A 38% (w/v) SDF solution** (Saforide; Toyo Seiyaku Kasei Co. Ltd., Osaka, Japan) was topically  
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21 54 applied to the specimens using a micro-brush (Micro applicator – regular, Premium Plus  
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23 55 International Ltd., Hong Kong, China). The mean ( $\pm$ SD) amount of SDF applied was  $0.22\pm 0.07$   
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25 56 mg (or  $8.8\pm 2.8$   $\mu$ g fluoride), estimated by calculating the difference in the gravimetric micro-  
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27 57 brush before and after application. The specimens were gently blown dry with a 3-in-1 syringe.  
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29 58 Sub-ablative low-energy laser irradiation was then applied to the surface of the specimens. Four  
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31 59 common types of laser used in dentistry, namely CO<sub>2</sub>, Er: YAG, Nd: YAG and diode, were  
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33 60 assessed. A CYMA dental laser (Bison Medical Co., Seoul, South Korea) was used to deliver the  
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35 61 CO<sub>2</sub> laser (10,600 nm); a Fidelis Plus III dental laser (Fotona Co., Ljubljana, Slovenia) was used  
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37 62 to deliver the Er: YAG laser (2,940 nm); a Fidelis Plus III dental laser (Fotona Co., Ljubljana,  
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39 63 Slovenia) was used to deliver the Nd: YAG laser (1,064 nm); and an Elexxion Claros dental laser  
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41 64 (Elexxion AG Co., Radolfzell am Bodensee, Germany) was used to deliver the diode laser (810  
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43 65 nm). As no parameters have been specified for the use of these laser machines for fluoride  
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45 66 treatment for caries prevention, three parameters at sub-ablative energy levels were chosen for  
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47 67 each laser after consultation with the manufacturers. The output energy of the laser was validated  
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49 68 by a laser power meter (Nova Handheld Laser Power Meter, Ophir Optronics, Utah, USA).  
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4 69 Three samples from each dentine slice received the laser irradiation at the 3 selected settings and  
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6 70 deionised water was applied to the remaining sample as a control (Table 1).  
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11 72 After the application of SDF followed by laser irradiation, the samples were sectioned vertically  
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13 73 for assessment. The fluoride uptake of the samples was examined using energy dispersive x-ray  
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15 74 spectrometry (EDX) under scanning electron microscopy (SEM) (Hitachi S-4800 FEG Scanning  
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17 75 Electron Microscope, Hitachi Ltd., Tokyo, Japan). An elemental assessment was performed by  
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19 76 measuring five areas  $5 \times 5 \mu\text{m}^2$  at the surface and at 5, 10, 15 and 20  $\mu\text{m}$  below the surface [22].  
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21 77 The mean weight percentage of fluoride uptake was calculated. The setting with the highest  
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23 78 fluoride uptake was chosen as the selected parameter [23].  
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31 80 *Part 2 – comparison of the fluoride uptake of dentine treated by different dental lasers*  
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33 81 Twelve samples from three dentine slices were prepared and treated with a 38% SDF solution, as  
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35 82 described for experiment 1. The 4 samples from each dentine slice received CO<sub>2</sub> irradiation  
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37 83 (group 1), Er: YAG irradiation (group 2), Nd: YAG irradiation (group 3) and diode irradiation  
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39 84 (group 4), respectively, using the best parameters obtained in the first experiment. The samples  
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41 85 were sectioned vertically for elemental assessment. The fluoride uptake of dentine was  
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43 86 conducted using EDX under SEM. Elemental assessment was performed by measuring five areas  
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45 87  $5 \times 5 \mu\text{m}^2$  at the surface and at 5, 10, 15 and 20  $\mu\text{m}$  from the surface. The five areas were  
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47 88 randomly selected. The mean weight percentage of fluoride uptake was calculated.  
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92 *Statistical analyses*

93 The Shapiro-Wilk test of normality ( $p>0.05$ ) was used to assess whether the data had a normal  
94 distribution. *A separate two-way mixed-model analysis of variance was used to compare the*  
95 *mean weight percentage of fluoride among the groups, and mean weight percentage of fluoride*  
96 *among for each treatment among the 5 depths,* with sample as a random effect. All of the  
97 analyses were conducted using IBM SPSS Version 2.0 software (IBM Corporation, Armonk,  
98 New York, USA). The cut-off level of significance was taken as 5% for all of the analyses.

100 **Results**

101 *Part 1 - determining the best settings for the four dental laser irradiations*

102 The weight percentages of fluoride uptake at different depths of dentine using different settings  
103 for the CO<sub>2</sub>, Er: YAG, Nd: YAG and diode lasers are summarised in Table 2. The fluoride  
104 uptake of dentine using setting P3 was significantly higher at all depths than for other settings  
105 after CO<sub>2</sub>, Nd: YAG and diode laser irradiation. The fluoride uptake of dentine using setting P1  
106 was significantly higher at all depths than for other settings after Er: YAG laser irradiation.  
107 Therefore, the selected parameters for the second experiment were 1.0 W, 50 Hz, 8 ms pulse for  
108 the CO<sub>2</sub> laser; 0.5 W, 10 Hz, 1 ms pulse for the Er: YAG laser; 2.0 W, 10 Hz, 0.2 ms pulse for  
109 the Nd: YAG laser; and 3.0 W, continuous-wave for the diode laser.

111 *Part 2 – comparison of the fluoride uptake of dentine treated by different dental lasers*

112 The weight percentages of fluoride uptake at different depths of dentine after CO<sub>2</sub>, Er: YAG, Nd:  
113 YAG and diode laser irradiation are summarised in Table 3. The results demonstrate that the CO<sub>2</sub>  
114 laser, followed by the Er: YAG laser, resulted in a higher fluoride uptake at all depths ( $p<0.05$ )  
115 than the Nd: YAG and Diode lasers. *No significant difference in weight percentages of fluoride*

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116 were detected among different depth in Er: YAG and Nd: YAG groups. While in CO2 and Diode  
117 groups, weight percentages of fluoride at 5 µm seemed to be higher than some other levels.

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119 **Discussion**

120 Various studies have suggested that laser irradiation promotes fluoride uptake and prevents  
121 caries [14-16]. However, there are currently no standardised parameters for the use of laser  
122 irradiation with fluoride agents for the prevention of dental caries. Even the manufacturers of the  
123 laser machines used in this study did not provide clear guidelines for the use of their dental laser  
124 products for caries prevention. This study provides useful information to help dentists select the  
125 best laser types and parameters to promote fluoride uptake in exposed dentine, which is at risk of  
126 developing root caries. The use of different lasers in combination with fluoride has been shown  
127 to have a synergistic effect on the prevention of caries by increasing fluoride uptake in the  
128 enamel or root surface [20-23]. Laser-tissue interactions are mainly controlled by laser  
129 parameters such as the wavelength, energy density, pulse duration, exposure time, emission  
130 mode and repetition rate [24]. However, these factors vary across laser types, and different  
131 studies have used different parameters for the same type of laser. Therefore, it is important to  
132 develop a set of guidelines on the best laser parameters to use for dental caries prevention.

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134 This was an in vitro study and the experimental conditions were simplified to compare the results  
135 with different types of laser. Because the elemental components of teeth vary, four samples from  
136 the same dentine slice were allocated to the four experimental groups in the first and second parts  
137 of the experiment to allow the comparison of the results among groups [23]. Therefore, the  
138 percentages for fluoride content in Table 2 are somewhat different from those at the same depth

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139 and same settings in Table 3 due to different specimens. Furthermore, the variation within a  
140 dentine slice was small because of the small standard deviation. It should be noted that fluoride  
141 uptake is only one of the factors that influences the prevention effect, and the parameters chosen  
142 were regulated by the available settings of the laser machines used in the study. We measured  
143 both loosely bound and firmly bound fluoride and we did not wash the slices after the laser  
144 irradiation. Previous study suggested laser treatment seemed to be more effective in enhancing  
145 loosely bound fluoride uptake in the dentine than in enamel due to its porous surface [21]. In  
146 addition, accuracy of EDX spectrum can be affected by nature of the samples and amount and  
147 density of materials. Inhomogeneous and rough samples could also adversely affect accuracy.  
148 Furthermore, there could be variations among the areas even within the same slice and this is considered  
149 a limitation of and discussed in this study. Therefore, caution should be exercised in the  
150 interpretation of the results.

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152 Higher-energy laser treatment has been used to melt dental tissue and seal the dental surface for  
153 caries prevention [22, 25]. However, clinicians are concerned that high-powered lasers may  
154 potentially damage gingival or pulpal tissues. Therefore, we used a sub-ablative energy laser to  
155 treat the dentine tissues in this study. SEM observation confirmed that the laser-treated dentine  
156 surface suffered no ablation (data not shown). Sub-ablative energy has been shown to have an  
157 organic blocking effect in caries prevention, in contrast to the inorganic blocking caused by high-  
158 energy laser therapy [24, 26]. Some study indicates even when a sub-ablative energy was used,  
159 Er,Cr:YSGG laser can alter the micro-structure of radicular dentine [27], future study may  
160 investigate the effect of alteration in micro-structure on surface roughness changes. To choose an  
161 appropriate irradiation condition for each laser, the effects of different wavelengths on certain

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162 components of the target tissue must be considered. CO<sub>2</sub> and Er: YAG lasers are both absorbed  
163 in water and hydroxyapatite. Nd: YAG and Diode lasers exhibit high absorption peaks for  
164 coloured tissue such as melanin and haemoglobin, but have limited interactions with water and  
165 hydroxyapatite [28]. The laser machines used in this study had different sized laser beams, which  
166 could not be standardised. The diameter of the laser beam, whether delivered in contact or non-  
167 contact with the tissue, creates a certain energy density: the smaller the beam, the greater the  
168 energy density. Thus, the use of a small spot greatly increases thermal transfer from the laser to  
169 the tissue, with a corresponding increase in absorption due to heating a small area. The amount  
170 of time that the beam is allowed to strike the target tissue affects the rate at which the tissue  
171 temperature increases. The time can also be regulated by the repetition rate of the pulsed laser  
172 emission mode [27]. Therefore, the settings selected in part 1 were based on the characteristic  
173 properties of each laser. Selecting an energy level that would not cause thermal damage to the  
174 pulp and periodontal tissues was an important consideration, and we also referred to related  
175 studies and asked the manufacturers for advice.

176  
177 A previous study showed that the depth of fluoride penetration was within 20 µm of the root  
178 surface after laser treatment [22]. We therefore chose to measure fluoride uptake up to 20 µm  
179 below the dentine surface. The results showed that the fluoride uptake in the samples treated by  
180 the CO<sub>2</sub> and Er: YAG lasers was higher than that in the samples treated by the Nd: YAG and  
181 diode lasers at all depths measured. Previous studies have suggested several general mechanisms.  
182 Heat has been found to enhance the uptake of fluoride to form fluoride apatite, and the thermal  
183 effect of the laser was speculated to be the main factor in promoting fluoride uptake [18].  
184 Another possible mechanism may be the laser-induced alteration of the surface. Surface changes

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185 such as an increase in cracks and roughness may play a role in increasing the fluoride uptake  
186 [22]. A recent study indicated that sub-ablative low-energy laser irradiation following fluoride  
187 treatment increased fluoride deposition and transformed hydroxyapatite into fluoridated  
188 hydroxyapatite [24]. However, the exact mechanism is not known. It is noticeable that the  
189 fluoride uptake of the dentine after SDF treatment without laser irrigation (represented by the  
190 values in control group) might also account for the variation in fluoride uptake across the  
191 different dentine slices in different treated areas of the slices.

192  
193 The different tissues targeted by different types of laser also play an important role in the  
194 fluoride uptake effect. Each laser wavelength affects the interrelated components of the target  
195 tissue, such as the water content, chemical composition, vascularity and colour. The CO<sub>2</sub> and Er:  
196 YAG lasers have relatively long wavelengths that are readily absorbed by water and  
197 hydroxyapatite, and thus minimal energy is transmitted to the adjacent tissues. In contrast, light  
198 in the visible and near-infrared spectrum is negligibly absorbed and moderately scattered by  
199 enamel and dentine. The Nd: YAG and diode lasers are so-called colour dependency lasers that  
200 mainly interact with coloured tissues such as melanin, and are only slightly absorbed by water.  
201 As human dentine is a light-coloured tissue, dentine may not interact with these two lasers as  
202 effectively as with the CO<sub>2</sub> and Er: YAG lasers. In addition, although SDF can cause the staining  
203 of dentine, the effect is not significant on sound dentine. Although staining can occur, it takes a  
204 while for SDF to darken the tissue after application. This may be one of the reasons why SDF  
205 was found to be less effective than black ink in enhancing the absorption of Nd: YAG laser  
206 energy [25].

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208 **Conclusion**

209 Among the four commercially available dental lasers assessed in this study, the CO<sub>2</sub> and Er:  
210 YAG lasers resulted in a higher fluoride uptake in the SDF-treated dentine than the Nd: YAG  
211 and diode lasers.

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213 **Acknowledgement**

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215 Council, Hong Kong.

216

217 **Competing interests**

218 The authors declare that they have no competing interests.

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## Figure 1 Flowchart of the experiment

**Table 1 The four lasers and their settings used in the study**

Lasers	CO <sub>2</sub>	Er: YAG	Nd: YAG	Diode	
Manufacturer	Bison Medical	Fotona	Fotona	Elexxion	
Model	CYMA	Fidelis Plus III	Fidelis Plus III	Claros	
Wavelength	10,600 nm	2,940 nm	1,064 nm	810 nm	
Beam diameter used	0.9 mm	3 mm	0.3 mm	3 mm	
Irradiation time	1 sec	20 sec	1 sec	3 sec	
P1	Settings Energy density	0.1 W, 50 Hz, 1 ms pulse 0.79 J/cm <sup>2</sup>	0.5 W, 10 Hz, 1 ms pulse 1.42 J/cm <sup>2</sup>	0.3 W, 10 Hz, 0.2 ms pulse 0.85 J/cm <sup>2</sup>	1.0 W, CW 42.33 J/cm <sup>2</sup>
P2	Settings Energy density	0.5 W, 50 Hz, 4 ms pulse 3.93 J/cm <sup>2</sup>	0.7 W, 10 Hz, 1 ms pulse 1.98 J/cm <sup>2</sup>	1.0 W, 10 Hz, 0.2 ms pulse 2.83 J/cm <sup>2</sup>	2.0 W, CW 84.66 J/cm <sup>2</sup>
P3	Settings Energy density	1.0 W, 50 Hz, 8 ms pulse 7.86 J/cm <sup>2</sup>	0.9 W, 10 Hz, 1 ms pulse 2.55 J/cm <sup>2</sup>	2.0 W, 10 Hz, 0.2 ms pulse 5.66 J/cm <sup>2</sup>	3.0 W, CW 127 J/cm <sup>2</sup>
C	Control	No laser treatment	No laser treatment	No laser treatment	No laser treatment

CW: continuous wave

**Table 2 Fluoride content in weight % ( $\pm$ SD) of SDF-treated dentine with different laser irradiation settings**

Depth	P1	P2	P3	C (Control)	<i>P</i> value	Bonferroni
CO <sub>2</sub> laser	0.1 W, 50Hz, 1 ms pulse	0.5 W, 50 Hz, 4 ms pulse	1.0 W, 50 Hz, 8 ms pulse	No laser irradiation		
0 $\mu$ m	5.04 $\pm$ 1.68	5.84 $\pm$ 2.20	7.18 $\pm$ 3.49	4.85 $\pm$ 3.30	0.031	3>4
5 $\mu$ m	1.18 $\pm$ 0.92	3.96 $\pm$ 4.48	6.64 $\pm$ 3.64	1.09 $\pm$ 0.81	<0.001	3>2>1, 4
10 $\mu$ m	0.78 $\pm$ 0.60	2.00 $\pm$ 2.32	6.47 $\pm$ 5.00	0.32 $\pm$ 0.37	<0.001	3>1,2,4
15 $\mu$ m	0.35 $\pm$ 0.47	1.09 $\pm$ 1.31	5.94 $\pm$ 3.89	0.19 $\pm$ 0.29	<0.001	3>1,2,4
20 $\mu$ m	0.15 $\pm$ 0.25	0.97 $\pm$ 0.91	5.43 $\pm$ 3.74	0.11 $\pm$ 0.23	<0.001	3>1,2,4
Er: YAG laser	0.5 W, 10 Hz, 1 ms pulse	0.7 W, 10 Hz, 1 ms pulse	0.9 W, 10 Hz, 1 ms pulse	No laser irradiation		
0 $\mu$ m	11.31 $\pm$ 3.66	7.35 $\pm$ 2.75	7.85 $\pm$ 2.76	4.85 $\pm$ 2.27	<0.001	1>2,3>4
5 $\mu$ m	5.64 $\pm$ 3.14	3.42 $\pm$ 2.50	3.59 $\pm$ 1.94	3.40 $\pm$ 2.25	0.002	1>2,3,4
10 $\mu$ m	4.61 $\pm$ 2.16	2.54 $\pm$ 1.82	2.56 $\pm$ 1.59	2.30 $\pm$ 2.03	0.012	1>2,4
15 $\mu$ m	3.39 $\pm$ 1.62	0.84 $\pm$ 0.79	1.00 $\pm$ 0.76	0.81 $\pm$ 0.42	<0.001	1>2,3,4
20 $\mu$ m	3.83 $\pm$ 2.13	0.56 $\pm$ 0.65	0.48 $\pm$ 0.66	0.78 $\pm$ 0.38	<0.001	1>2,3,4
Nd: YAG laser	0.3 W, 10 Hz, 0.2 ms pulse	1.0 W, 10 Hz, 0.2 ms pulse	2.0 W, 10 Hz, 0.2 ms pulse	No laser irradiation		
0 $\mu$ m	4.32 $\pm$ 1.74	5.23 $\pm$ 2.50	9.49 $\pm$ 6.05	3.18 $\pm$ 1.34	<0.001	3>1,2,4
5 $\mu$ m	3.78 $\pm$ 2.02	5.45 $\pm$ 3.34	7.07 $\pm$ 4.28	2.23 $\pm$ 2.38	<0.001	3>1,4; 2> 4
10 $\mu$ m	2.47 $\pm$ 1.97	5.41 $\pm$ 2.88	7.88 $\pm$ 4.68	1.56 $\pm$ 1.70	0.001	2,3>1,4
15 $\mu$ m	2.18 $\pm$ 1.58	3.55 $\pm$ 1.99	4.56 $\pm$ 1.75	1.48 $\pm$ 1.76	<0.001	3>1,4; 2 >4
20 $\mu$ m	2.09 $\pm$ 1.43	3.21 $\pm$ 0.85	3.57 $\pm$ 1.14	1.10 $\pm$ 1.17	<0.001	2,3>1>4
Diode laser	1.0 W, CW	2.0 W, CW	3.0 W, CW	No laser irradiation		
0 $\mu$ m	4.06 $\pm$ 1.15	4.45 $\pm$ 1.57	5.73 $\pm$ 1.78	2.45 $\pm$ 1.32	<0.001	3>1,2,4
5 $\mu$ m	2.52 $\pm$ 0.79	1.71 $\pm$ 0.59	3.14 $\pm$ 1.65	2.28 $\pm$ 1.68	0.003	3>2
10 $\mu$ m	2.00 $\pm$ 0.96	1.65 $\pm$ 0.51	2.95 $\pm$ 1.54	1.91 $\pm$ 1.68	0.004	3>2,4
15 $\mu$ m	1.88 $\pm$ 1.39	1.47 $\pm$ 0.63	2.80 $\pm$ 1.49	1.37 $\pm$ 1.05	<0.001	3>1,2,4
20 $\mu$ m	1.03 $\pm$ 0.73	1.39 $\pm$ 0.52	1.88 $\pm$ 1.74	0.78 $\pm$ 0.47	0.004	3>1,4

CW - continuous wave

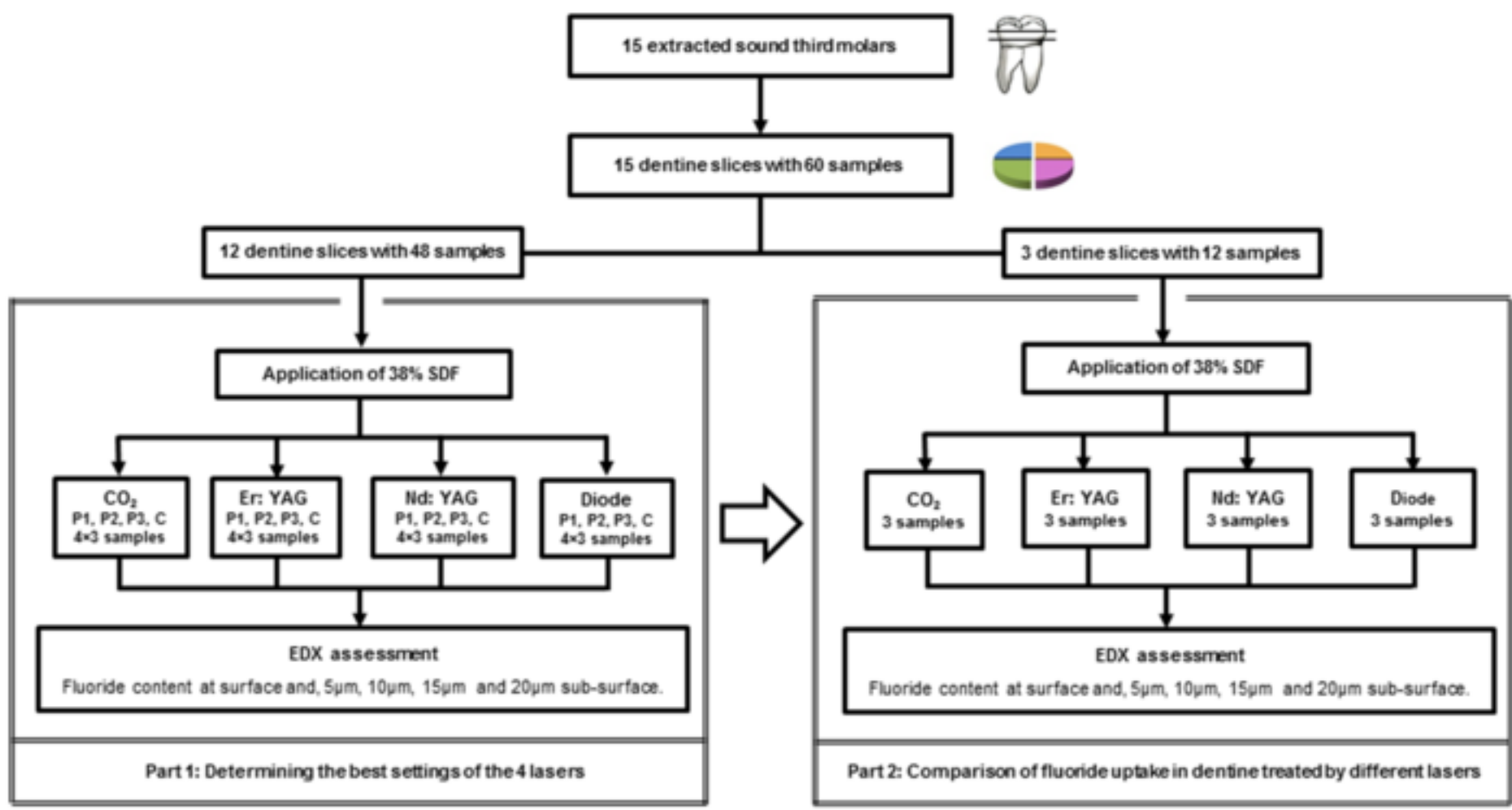
**Table 3 Fluoride content in weight % ( $\pm$ SD) of SDF-treated dentine at various depths after laser irradiation**

Depth	1. CO <sub>2</sub>	2. Er: YAG	3. Nd: YAG	4. Diode	P value	Bonferroni
	1.0 W, 50 Hz, 8 ms pulse	0.5 W, 10 Hz, 1 ms pulse	2.0 W, 10 Hz, 0.2 ms pulse	3.0 W, CW		
a. 0 $\mu$ m	6.91 $\pm$ 3.15	4.09 $\pm$ 1.19	3.35 $\pm$ 2.29	1.73 $\pm$ 1.04	0.014	1>2,3>4
b. 5 $\mu$ m	7.97 $\pm$ 4.47	5.19 $\pm$ 4.42	2.18 $\pm$ 1.31	3.41 $\pm$ 1.34	<0.001	1>2 >3,4
c. 10 $\mu$ m	6.95 $\pm$ 3.81	5.62 $\pm$ 4.79	2.58 $\pm$ 2.45	2.45 $\pm$ 0.93	0.001	1,2 >3,4
d. 15 $\mu$ m	4.83 $\pm$ 3.69	5.17 $\pm$ 4.06	2.40 $\pm$ 2.14	2.62 $\pm$ 1.33	<0.001	1,2 >3,4
e. 20 $\mu$ m	4.59 $\pm$ 3.25	3.91 $\pm$ 2.85	1.98 $\pm$ 2.05	2.13 $\pm$ 1.21	<0.001	1,2 >3,4
<i>P value</i>	0.001	0.302	0.063	<0.001		
<i>Bonferroni</i>	b>d, e	N/A	N/A	b>a, b>e		

CW - continuous wave

Figure

[Click here to download high resolution image](#)



P: parameter; C: control

Reviewer's comment	Authors' point to point response
Reviewer #1	
<p>The manuscript is very well written. The only suggested corrections and clarifications/points for discussion are:</p>	<p>We appreciate the reviewer's comments which help to improve the quality of the manuscript.</p>
<p>Introduction: 1) Paragraph 1 line 5 change to "...from demineralising due to acid production from biofilms."</p>	<p>Done (Page 1, line 5-7 marked in red).</p>
<p>2) Paragraph 2 line 3 replace with " fluoride taken up is low..";</p>	<p>Done (Page 1 line 16 marked in green).</p>
<p>lines 13 and 14 replace root with dentine</p>	<p>Done (Page 2 line 24- 25, marked in green).</p>
<p>Materials and Methods 1) Paragraph 1 line 3 need to indicate that one section is taken from one tooth and the dentine is taken from the crown.</p>	<p>Done (Page 2, line 38-39 marked in red).</p>
<p>2) Paragraph 2 is it 38% (w/v)?;</p>	<p>Yes, this is added on page 3, line 53, marked in green.</p>
<p>Line 21 - type/manufacturer/settings of SEM and EDX should be included.</p>	<p>The manufacture details are added to page 4, line 73-75, marked in red.</p>
<p>3) Paragraph 4 perhaps worth comparing differences in readings for each treatment across the five depths?</p>	<p>The comparison has been done. This is added to methods part (Page 5, line 94-96, marked in red); result part (Page 5 and 6, line 115-117, marked in green); Table 3 (marked in green)</p>
<p>4) Were the five areas analysed at each depth randomly selected and, if so, how was this done?</p>	<p>The five areas were randomly selected. This is added to page 4, line 87-88, marked in green.</p>
<p>Discussion</p>	
<p>1) paragraph 4 line 2 replace "in the" with "up to"</p>	<p>Done (Page 8, line 174-175, marked in red).</p>
<p>2) Does the increase in cracks/roughness have implications for future caries in dentine?</p>	<p>Further study can be done to look into the implications for future caries. This is discussed in page 7, line 158-160, marked in red.</p>
<p>3) How accurate are fluoride measurements with EDX? From my understanding, the detector window can potentially introduce errors in the detection of fluoride. I would suggest this might be useful to discuss, particularly in light of the discrepancy in values for wt % fluoride at the surface in experiments 1 and 2 with three of the lasers. However, as I am not an expert on EDX, I assume the readings are sufficiently accurate for the purposes of this study.</p>	<p>This is discussed in page 7, line 145-147, marked in red.</p>
<p>4) The values for fluoride at the surface (depth = 0 micrometers) in Table 2 are somewhat different</p>	<p>This is discussed in page 6-7, line 135-140, marked in green.</p>

<p>for those at the same depth and same settings in Table 3 - except for the CO2 laser - is there a possible reason for the difference? Could this be due to variation within a dentine slice? However, the standard deviations are not large so that indicates variation within the slice was possibly not a significant factor.</p> <p>The slices were air dried but is it possible the slices still contained excess fluoride after laser treatment?</p> <p>Were the dentine slices washed with distilled deionised water before analysis?</p> <p>5) It would also be useful to discuss the variation in %wt fluoride across the different dentine slices treated with water only - does this also impact on the values for wt% fluoride in treated areas of the slices? Perhaps in analysing the results, the variation in these control values could have been accounted for (e.g. using these values as covariates in the mixed-model analysis).</p> <p>It may have also been useful to show the values for % wt fluoride in four areas of a dentine slice were homogeneous (or otherwise) by analysing a slice of dentine adjacent to that used to measure fluoride uptake in the study. Alternatively, evidence in the literature for homogeneous (or otherwise) distribution of fluoride within dentine slices could have been provided.</p> <p>6) As an aside, it might have been useful to discuss if the proportion of free and bound fluoride taken up by the enamel after SDF treatment was the same for the different laser treatments. This would be useful to know in terms of what effects each may have on acid-resistance etc.</p> <p>Tables Table 3 - the setting chosen for the Er:YAG laser is 0.2 ms pulse - I assume this should be 1 ms pulse.</p>	<p>We measured both loosely bound and firmly bound fluoride. (Page 7, line 142-145, marked in green).</p> <p>We did not wash the slices (Page 7, line 142-145, marked in green).</p> <p>Done. This is discussed in page 9, line 188-191, marked in green.</p> <p>We could not find literature to show homogeneous distribution of fluoride within the same dentine slice. We agree there could be variations among the areas even within the same slice and this is considered a limitation of and discussed in this study. This is added to discussion, page 7, 148-149, marked in green.</p> <p>Agree. This is added to discussion, page 7, line 142-145, marked in green.</p> <p>Amended. Marked in red in Table 3.</p>
<p>Reviewer #2</p>	
<p>This study was well designed and done properly. I have some suggestions and questions for the authors.</p> <p>In the introduction are cited many papers for the prevention of caries in enamel, and this work was done in dentin. I suggest that some of them are</p>	<p>We appreciate the reviewer's comments which help to improve the quality of the manuscript.</p> <p>Done. Two studies on enamel have been removed.</p>



<p>removed.</p> <p>At the end of the introduction, in the last paragraph where it says "At present, there are no standardized parameters for the use of lasers for the prevention of dental caries", I suggest adding "dental caries in dentin".</p> <p>One question: Why the authors chose the diamine silver fluoride and no other type of fluoride since it is known that even in low concentrations can lead to pulp necrosis depending on carious dentin remaining depth?</p> <p>Other question: The silver contained in this solution could not interfere with the mechanism of action of laser light? The fact that the silver does not precipitate when applied to sound dentin can not be considered a bias in this study?</p> <p>In the discussion also contains many papers that were performed in enamel, I suggest removing them.</p>	<p>Done. Changes are made in page 2, line 27-28, marked in red.</p> <p>Revised. The reason of choosing SDF was provide in page 1, line 2-8, marked in red and green.</p> <p>Although SDF can cause the staining of dentine, the effect is not significant on sound dentine. This is considered as one of the reasons of why fluoride uptake in color dependency lasers like Nd: YAG and diode lasers were low. This is revised in discussion part, page 9, line 191-198, marked in red.</p> <p>Done. Two studies on enamel have been removed.</p>
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