

Abstract 420 Table 2 Cox Regression analysis for all-cause mortality.

Univariate Cox Regression				
	Hazard Ratio	95.0% CI for Exp(B)		P-value
		Lower	Upper	
Lupus Diagnosis	1.853	1.681	2.043	<0.001
Multivariate Cox Regression				
	Hazard Ratio	95.0% CI for Exp(B)		P-value
		Lower	Upper	
Lupus Diagnosis	1.621	1.333	1.971	<0.001
Age	1.073	1.066	1.079	<0.001
Year of Incident Hospitalisation	0.977	0.955	1.000	0.046
Males	1.427	1.171	1.739	<0.001
Length of Stay	1.012	1.006	1.018	<0.001
Uninsured	1.510	1.254	1.817	<0.001
Kidney Disorder	1.745	1.351	2.256	<0.001
Thrombotic Diseases	1.759	1.124	2.752	0.013
Cerebral Ischemia	2.041	1.119	3.722	0.020

early and aggressive disease control and prevention of complications especially in those with renal involvement.

427

#### RELAPSE OF LUPUS NEPHRITIS – RISK FACTORS AND IMPACT OF MYCOPHENOLATE TREATMENT

DYH Yap\*, C Tang, MKM Ma, MM Mok, GC Chan, LP Kwan, TM Chan. *Queen Mary Hospital- The University of Hong Kong, Department of Medicine, Hong Kong, Hong Kong S. A.R.*

10.1136/lupus-2017-000215.427

**Background and aims** The management of lupus nephritis (LN) has evolved over time. There is limited data on renal flares in the recent era.

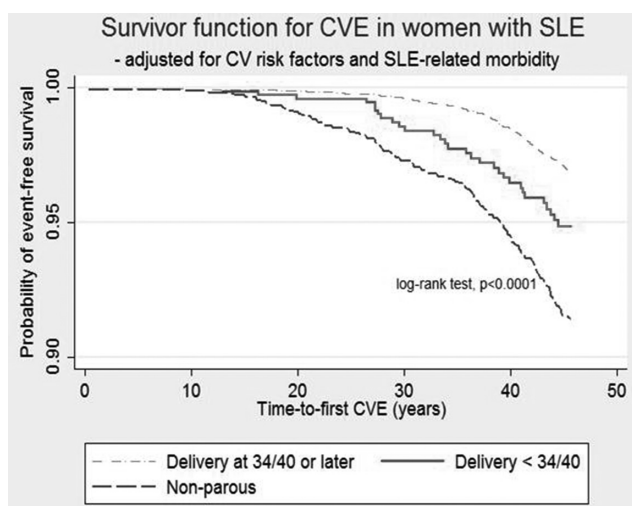
**Methods** We investigated the renal relapse rate in 139 patients with a history of Class III/IV±V diagnosed during the period of Jan 1983 to Dec 2013, and the factors associated with renal flares.

**Results** 135 episodes of renal relapse occurred over 112.5 ±88.4 months, giving a flare rate of 0.108 episode per patient-year. Reduced risk of renal flare was associated with maintenance treatment using mycophenolate (MPA) (OR 0.314, 95% CI 0.099–0.994, p=0.049), complete remission after the prior episode of active LN (OR 0.329, 95% CI 0.133–0.810, p=0.016), and diagnosis of LN after 1998 (OR 0.305, 95% CI 0.133–0.700, p=0.005) when maintenance therapy with MPA was instituted. Low-dose prednisolone and MPA maintenance immunosuppression was associated with better relapse-free survival (5 year 91% and 10 year 83%) than prednisolone and azathioprine (AZA) (70% and

Abstract 424 Table 1 CVE in women with SLE born in Sweden between 1951-1971.

	Non-parous (n=915)	Preterm < 34/40 (n=194)	Delivery ≥ 34/40 (n=2,119)
<b>CVE, n (%)</b>	138 (15.1)	30 (15.5)	166 (7.9)
<b>Age at 1<sup>st</sup> CVE, years (IQR)</b>	41 (33–48)	40.5 (31–48)	46 (40–51)
<b>Incidence, per 1,000 person-years (95% CI)</b>	3.44 (2.91–4.07)	3.53 (2.47–5.05)	1.75 (1.50–2.03)
<b>Adjusted hazard of a CVE, adjHR* (95% CI)</b>	1.42 (1.14–1.78)	1.22 (1.09–1.37)	1.0

CI – confidence interval; \* adjusted for CV risk factors and SLE-related morbidity.



Abstract 424 Figure 1

52% respectively,  $p=0.044$ ) (Figure 1). LN diagnosed in 1998–2013 was associated with 5 year and 10 year relapse-free survival rates of 93% and 86% respectively, compared with 81% and 66% respectively ( $p=0.017$ ) for patients who presented in 1983–1997 (Figure 2).

**Conclusions** The risk of renal relapse has decreased in the current era, probably attributed to replacement of AZA with MPA as maintenance treatment.

428

#### PRE-EMPTIVE TREATMENT FOR ASYMPTOMATIC SEROLOGICAL REACTIVATION IN LUPUS NEPHRITIS PATIENTS – IMPACT ON CLINICAL FLARE RATE AND RENAL FUNCTION

DYH Yap\*, MK Ma, MM Mok, GC Chan, LP Kwan, TM Chan. *Queen Mary Hospital- The University of Hong Kong, Department of Medicine, Hong Kong, Hong Kong S.A.R*

10.1136/lupus-2017-000215.428

429

#### ANTIPHOSPHOLIPID ANTIBODY POSITIVITY AND RELATED CLINICAL CHARACTERISTICS IN KOREAN LUPUS PATIENTS

<sup>1</sup>S Nam, <sup>1</sup>D Kim\*, <sup>1</sup>SK Cho, <sup>2</sup>KE Lee, <sup>2</sup>DJ Park, <sup>2</sup>SS Lee, <sup>1</sup>YK Sung. <sup>1</sup>Hanyang University Hospital for Rheumatic Diseases, Rheumatology, Seoul, Republic of Korea; <sup>2</sup>Chonnam national university medical school and hospital, Rheumatology, Gwangju, Republic of Korea

10.1136/lupus-2017-000215.429

**Background and aims** Pre-emptive immunosuppressive treatment for asymptomatic serological activation (ASR) in lupus nephritis (LN) patients remains controversial, and its impact on subsequent flare rate and long-term renal outcome is unclear.

**Methods** We conducted a retrospective study on all episodes of ASR in 1993–2015 to investigate the relationship between pre-emptive treatment and subsequent clinical flares and renal outcomes.

**Results** 138 episodes of ASR occurred in 98 patients during the study period. 53 episodes (in 38 patients) were treated with pre-emptive increase in immunosuppression while 85 episodes (in 60 patients) were not, and patients were followed up for  $88.8 \pm 77.3$  months and  $82.8 \pm 89.7$  months respectively after ASR occurred. Pre-emptive treatment was associated with superior renal relapse-free survival (100%, 95% and 90% at 6, 12 and 24 months respectively) compared with no pre-emptive treatment (93%, 68% and 65% respectively,  $p=0.007$ ), while extra-renal relapse-free survival did not differ between the two groups (Figure 1). 5 (9.4%) of 53 ASR episodes treated pre-emptively developed renal flare at  $14.3 \pm 6.7$  months after ASR. Patients who received pre-emptive treatment for ASR and did not develop renal flares showed also better eGFR slope ( $+0.54 \pm 0.43$  ml/min/1.73 m<sup>2</sup>/year) compared with the non-pre-emptive groups with or without renal flares ( $-2.11 \pm 0.50$  and  $-1.00 \pm 0.33$  ml/min/1.73 m<sup>2</sup>/year respectively,  $p=0.001$  and  $0.012$ ) (Figure 2). Pre-emptive treatment was associated with more gastrointestinal adverse events related to increased mycophenolate dose ( $p=0.031$ ). Infection rate was similar between both groups.

**Conclusions** Renal flares have a negative impact on renal function and pre-emptive treatment for ASR could reduce renal flare risk and its consequences in LN patients.



## 427 Relapse of lupus nephritis – risk factors and impact of mycophenolate treatment

DYH Yap, C Tang, MKM Ma, MM Mok, GC Chan, LP Kwan and TM Chan

*Lupus Sci Med* 2017 4: A204-A205

doi: 10.1136/lupus-2017-000215.427

---

Updated information and services can be found at:  
[http://lupus.bmj.com/content/4/Suppl\\_1/A204](http://lupus.bmj.com/content/4/Suppl_1/A204)

*These include:*

### **Email alerting service**

Receive free email alerts when new articles cite this article. Sign up in the box at the top right corner of the online article.

---

### **Notes**

---

To request permissions go to:  
<http://group.bmj.com/group/rights-licensing/permissions>

To order reprints go to:  
<http://journals.bmj.com/cgi/reprintform>

To subscribe to BMJ go to:  
<http://group.bmj.com/subscribe/>