

1 **Differential actions of glycodelin-A on Th-1 and Th-2 cells: A paracrine mechanism that could**  
2 **produce the Th-2 dominant environment during pregnancy**

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14 kinases

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18

19 **Abstract**

20 **BACKGROUND:** The maternal-fetal interface has unique immunological response towards the  
21 implanting placenta. It is generally accepted that a T-helper type-2 (Th-2) cytokine prevailing  
22 environment is important in pregnancy. The proportion of Th-2 cells in the peripheral blood and  
23 deciduas is significantly higher in pregnant women than in nonpregnant women in the first trimester.  
24 Glycodelin-A (GdA) is a major endocrine-regulated decidual glycoprotein thought to be related to  
25 feto-maternal defense. Yet the relationship between its immunoregulatory activities and the shift  
26 towards Th-2 cytokine profile during pregnancy is unclear. **METHODS:** GdA was immunoaffinity  
27 purified from human amniotic fluid. T-helper, T-helper type-1 (Th-1) and Th-2 cells were isolated  
28 from peripheral blood. Viability of these cells was studied by XTT assay. Immunophenotyping of  
29 CD4/CD294, cell death and GdA-binding were determined by flow cytometry. The mRNA  
30 expression, surface expression and secretion of Fas/Fas ligand (FasL) were determined by qPCR,  
31 flow cytometry and ELISA, respectively. The activities of caspase-3, -8 and -9 were measured. The  
32 phosphorylation of extracellular signal-regulated kinases (ERK), p38 and c-Jun N-terminal kinase  
33 were determined by Western blotting. **RESULTS:** Although GdA bound to both Th-1 and Th-2  
34 cells, it had differential actions on the two cell types. GdA induced cell death of the Th-1 cells but  
35 not the Th-2 cells. The cell death was mediated through activation of caspase-3, -8 and -9 activities.  
36 GdA up-regulated the expression of Fas and inhibited the ERK activation in the Th-1 cells, which  
37 might enhance the vulnerability of the cells to cell death caused by trophoblast-derived FasL.

38 **CONCLUSION:** The data suggest that GdA could be an endometrial factor that contributes to  
39 enhancing the Th-1/Th-2 shift during pregnancy.

## 40 **Introduction**

41 Placenta is genetically a fetal semiallograft in the maternal body, and mechanisms have  
42 evolved to suppress the maternal immune response in the uterine tissue during pregnancy  
43 (Trowsdale and Betz, 2006). One of these mechanisms is change in the decidual leukocyte  
44 population (Luppi, 2003). The altered population of immune cells at the maternal-fetal interface not  
45 only allows the mother to tolerate the fetus but also to interact with the trophoblasts, thereby  
46 creating an environment that is favorable for fetal development (Luppi, 2003). Contrary to their  
47 abundance in the peripheral blood, T-cells represent a minor population of immune cells in early  
48 decidua (Loke *et al.*, 1995), partly due to apoptosis of the leukocytes. The trophoblast cells express  
49 Fas ligand (FasL), which induces apoptosis of the Fas-expressing leukocytes (Runic *et al.*, 1996;  
50 Green and Ferguson, 2001). Other proposed mechanisms for the causing T-cells a minority  
51 population in the deciduas include inhibition of T-helper cells proliferation by indoleamine  
52 2,3-dioxygenase from antigen-presenting cells (Mellor *et al.*, 2002), ligation of the inhibitory  
53 programmed death ligand 1 on uterine T cells (Guleria *et al.*, 2005), and selective enrichment of  
54 decidual natural killer cell (Bulmer and Lash, 2005).

55 Despite the reduction of T-cell population in the decidua, considerable amount of T-cells are  
56 present around the extravillous trophoblasts, decidual stroma, endometrial gland and decidual  
57 vessels (Vassiliadou and Bulmer, 1998; Michimata *et al.*, 2002). T-helper cells are classified into  
58 T-helper type 1 (Th-1) and Th-2 according to the cytokines they secrete (Mosmann *et al.*, 1986). It

59 is generally thought that successful pregnancy is a Th-2 type cytokine predominant phenomenon.  
60 The percentage of peripheral blood (Saito *et al.*, 1999b) and decidual (Michimata *et al.*, 2002) Th-2  
61 cells is significantly higher in pregnant women than in nonpregnant women in the first trimester. The  
62 shift from the production of inflammatory Th-1 cytokines towards Th-2 type cytokines promotes  
63 immune protection of the trophoblasts (Dealtry *et al.*, 2000; Michimata *et al.*, 2002;  
64 Straszewski-Chavez *et al.*, 2005). Pregnancy loss is associated with increased Th-1/Th-2 cytokine  
65 ratio (Daher *et al.*, 2004). However, several Th-1 cytokines such as IFN- $\gamma$  and TNF- $\alpha$  have shown to  
66 be important in uterine vascular remodelling and implantation (Chaouat, 2007), suggesting that the  
67 Th1/Th2 paradigm for pregnancy may be too simplistic.

68 Glycodelin-A (GdA) is an immunosuppressive glycoprotein abundantly expressed in the  
69 decidualized endometrium (Seppala *et al.*, 2002; Seppala *et al.*, 2007). It induces apoptosis of  
70 lymphocytes (Lee *et al.*, 2009) and monocytes (Tee *et al.*, 2008), skewing of T-cell response towards  
71 Th-2 phenotype (Mishan-Eisenberg *et al.*, 2004), and modulates the activities of natural killer cells  
72 (Lee *et al.*, 2010), B-cells (Yaniv *et al.*, 2003), and dendritic cells (Scholz *et al.*, 2008). Recently,  
73 GdA was demonstrated to suppress the cytolytic activity of CD8<sup>+</sup> T-cell (Soni and Karande, 2010).  
74 The immunosuppressive activities of GdA are believed to be related to fetomaternal defense (Clark  
75 *et al.*, 1996). The serum and decidual concentration of GdA peaks around week 10 of pregnancy,  
76 consistent with a role in survival of the fetoplacental unit (Seppala *et al.*, 2002). Decreased maternal  
77 serum glycodelin is associated with early spontaneous abortion (Salim *et al.*, 2007) and recurrent

78 miscarriage (Dalton *et al.*, 1998).

79       The mechanisms that generate the Th-2 cytokine-rich environment during pregnancy are not  
80 fully known. We hypothesized that GdA has differential actions on Th-1 and Th-2 cells,  
81 contributing to the Th1/Th2 shift. Therefore, the objectives of this report were to study the actions of  
82 GdA on Th-1/Th-2 cell ratio, and to compare the actions of GdA on the two cell types in terms of  
83 cell death, Fas/FasL expression and intracellular signaling.

84

## 85 **Materials and Methods**

### 86 **Purification of glycodelin from human amniotic fluid, seminal plasma and cumulus matrix**

87       The Institutional Review Board of the University of Hong Kong/Hospital Authority Hong  
88 Kong West Cluster approved the protocol of this study. Glycodelin isoforms including glycodelin-A,  
89 glycodelin-S (GdS) and glycodelin-C (GdC) were purified from amniotic fluid, seminal plasma and  
90 cumulus matrix, respectively, by affinity chromatography using monoclonal anti-glycodelin  
91 antibody (Clone F43-7F9) as described (Riittinen *et al.*, 1989; Lee *et al.*, 2009). In brief, the  
92 collected samples were diluted with tris-buffered saline (TBS, pH 7.4) and 0.1% Triton X-100 in a  
93 ratio of 1:3-1:5 was added. They were loaded onto anti-glycodelin column, which was then washed  
94 successively by TBS, 1M NaCl with 1% isopropanol, 10 mM ammonium acetate with 0.1%  
95 isopropanol, pH 5 and TBS. Glycodelin was eluted by 20 mM CaCl<sub>2</sub> with 0.1% trifluoroacetic acid.  
96 The eluted GdS and GdC were further purified with anion-exchange Mono-Q (GE Healthcare)

97 column by AKTA purifier 10 (GE Healthcare). Deglycosylated glycodelin was prepared by  
98 denaturation of GdA in 0.1%  $\beta$ -mecaptoethanol before incubation with 0.5 mU N-Glycosidase F at  
99 37°C for 24 hours (Lee *et al.*, 2009). The concentrations of glycodelin were determined by a protein  
100 assay kit (Bio-Rad, Hercules, USA).

101

## 102 **Isolation of human peripheral T-helper cells and enrichment of Th-2 cells**

103 Human non-pregnant female peripheral blood was obtained from the Hong Kong Red Cross.  
104 Ficoll-Paque (GE Healthcare, Uppsala, Sweden) density gradient centrifugation was used to isolate  
105 the PBMCs. The contaminated red blood cells and the adherent cells were removed by the red blood  
106 cell lysing buffer (0.084%  $\text{NaHCO}_3$ , 0.83%  $\text{NH}_4\text{Cl}$  and 0.003% ethylenediaminetetra-acetic acid)  
107 and by adhesion to plastic culture flask, respectively. T-helper cells ( $\text{CD3}^+\text{CD4}^+$ ) were isolated by  
108 negative immuno-magnetic separation using  $\text{CD4}^+$  T-cell isolation kit II (Miltenyi Biotec Inc.,  
109 Bergisch Gladbach, Germany). The purity of the  $\text{CD3}^+\text{CD4}^+$  cells increased to 90-95% after  
110 processing.

111 Th-2 cells were then positively selected by the anti-CD294 (Chemoattractant receptor of Th-2  
112 cells, CRTH-2) MicroBead Kit (Miltenyi Biotec Inc.). The purity of the  $\text{CD4}^+\text{CD294}^+$  Th-2 cells  
113 was >85% after processing (Supporting information Figure S1). The cell population that did not  
114 bind to the anti-CD294 antibody column ( $\text{CD4}^+\text{CD294}^-$ ) was considered as an enriched Th-1 cell  
115 preparation. To verify that the enriched Th1 and Th2 cells were producing polarised cytokines we

116 have analyzed cytokines in the culture supernatant by ELISA. The isolated Th-2 cells secreted  
117 significantly ( $P < 0.05$ ) less IL-2, IL-8 and IFN- $\gamma$  (Th-1 cytokines) and more IL-10 (Th-2 cytokine)  
118 than that of the enriched Th-1 cells as determined by ELISA (Supporting information Table ST1).  
119 The cells were resuspended in 10% fetal bovine serum supplemented RPMI 1640 medium (Sigma,  
120 St. Louis, MO).

121

## 122 **Immunophenotyping of T-helper cells**

123 Cells ( $5 \times 10^5$ ) were treated with different concentrations (0.01-1  $\mu\text{g/mL}$ ) of GdA in 500  $\mu\text{L}$  of  
124 culture medium for 48 hours before the immunophenotyping. In brief, treated cells were  
125 successively washed twice with PBS and once with 1% BSA containing 0.1% sodium azide in PBS.  
126 The cells were then incubated with anti-CD4-FITC (T-helper cell marker); anti-CD294-PE (Th-2  
127 cell marker); anti-Fas-FITC; anti-FasL-PE and PE/FITC-conjugated mouse isotypic control (BD  
128 Biosciences, San Jose, CA) in 1% BSA and 0.1% sodium azide in PBS. The cells were analyzed by  
129 a flow cytometer using 525 nm and 575 nm band pass filters and the results were evaluated by the  
130 WinMDI 2.8 (The Scripps Research Institute Cytometry Software,  
131 <http://facs.Scripps.edu/software.html>). The non-viable cells were removed by gating with forward  
132 scatter/side-scatter.

133

## 134 **Cell viability assay**



135 Cells ( $3 \times 10^4$ ) were incubated with 0.001-1  $\mu\text{g}/\text{mL}$  of GdA, GdS, GdC or deglycosylated  
136 glycodelin in 100  $\mu\text{L}$  of culture medium for 36 hours before cell viability determination. Cell  
137 viability was determined by the XTT assay (Roche Diagnostics Co., Basel, Switzerland). In brief,  
138 freshly prepared XTT labeling mixture (50  $\mu\text{L}$ ) was added to the cell culture 12 hours before the end  
139 of the experiment. The absorbance was measured at 450 nm with  $\lambda$  correction at 595 nm. The cell  
140 viability was expressed as Suppression Index = (Absorbance of treated cells - Absorbance of  
141 blank)/(Absorbance of control - Absorbance of blank)  $\times$  100%.

142

#### 143 **Cell death analysis**

144 Cells ( $5 \times 10^5$ ) were treated with 0.01-1  $\mu\text{g}/\text{mL}$  of GdA in 500  $\mu\text{L}$  of culture medium for 48  
145 hours. Apoptotic and necrotic cell deaths were determined by flow cytometry using Yo-Pro®-1 and  
146 propidium iodide dye (Invitrogen, Carlsbad, CA). The treated cells were washed twice with PBS,  
147 incubated with Yo-Pro®-1 (1  $\mu\text{L}$ ) and propidium iodide (1  $\mu\text{L}$ ) in 1 mL PBS for 15 minutes, and  
148 analyzed immediately by flow cytometer using the 525 nm and 610 nm band pass filters. The data  
149 were analyzed by WinMDI 2.8.

150

#### 151 **Determination of Fas/FasL mRNA and secreted sFas/sFasL**

152 Cells ( $5 \times 10^5$ ) were treated with GdA (0.01-1  $\mu\text{g}/\text{mL}$ ) in 500  $\mu\text{L}$  of culture medium for 48 hours.  
153 The QuickPrep RNA extraction kit (Stratagene, La Jolla, CA) was then used to extract total RNA

154 from the cells. RNA was reverse transcribed using the TaqMan reverse transcription reagent kit  
155 (Applied Biosystems, Foster City, CA) and multiscript reverse transcriptase. qPCR was performed  
156 using the TaqMan PCR core reagent kit (N8080228, ABI Biosystems). In brief, cDNA sample (1  $\mu$ L)  
157 was mixed with 2x TaqMan universal PCR master mix, Fas or FasL target primers and probe (ABI  
158 Biosystems) and 18S internal control primers and probe (ABI Biosystems) in a 96-well reaction  
159 plate (ABI Biosystems). The reactions were performed in triplicates. PCR was performed at 50°C  
160 for 2 minutes and 95°C for 10 minutes, followed by 40 cycles at 95°C for 15 seconds, and 60°C for 1  
161 minute in an ABI 7500 system (ABI Biosystems). The Ct values of the Fas and FasL experiments  
162 was <35 and that of 18S was <20, respectively. The relative quantification value (RQ) was  
163 calculated by  $2^{-\Delta\Delta CT}$  method (Schmittgen and Livak, 2008). The data was present as relative  
164 expression = (RQ of glycodelin-treated cells - RQ of negative control)/(RQ of control cells - RQ of  
165 negative control).

166 The levels of soluble Fas (sFas) and FasL (sFasL) in the culture supernatant of the treated cells  
167 were measured by ELISA according to the manufacturer's protocol (Bender Medsystem®,  
168 Burlingame, CA). Briefly, the microwell coated with sFas or FasL monoclonal antibodies were  
169 washed twice with 300  $\mu$ L of wash buffer. One hundred microlitres of culture medium or standard  
170 was then added to the well, washed and incubated with biotin-conjugated detector antibodies for 2  
171 hours at 37°C. The unbound material was washed away and streptavidin-HRP (100  $\mu$ L per well) was  
172 added. Color development was performed using 100  $\mu$ L of 3,3',5,5'-tetramethylbenzidine as

173 chromogen. The reaction was stopped by the addition of 2 M sulphuric acid (1000  $\mu$ L/well) and the  
174 absorbance was measured immediately at 450 nm with  $\lambda$  correction at 595 nm in an ELISA plate  
175 reader (Infinite F200, Tecan, Männedorf, Switzerland).

176

### 177 **Caspase-3, -8 and -9 activity assays**

178 Cells ( $1 \times 10^6$ ) were treated with different concentrations (0.01-1  $\mu$ g/mL) of GdA in 500  $\mu$ L of  
179 culture medium for 48 hours before the caspases activity assay. Caspase activities were determined  
180 with the use of synthetic substrates of caspase-3 (Z-DEVD-R110, Invitrogen), caspase-8 (IETD-pNA,  
181 Invitrogen) and caspase-9 (Ac-LEHD-pNA, Millipore). Cells were washed with PBS and lysed with  
182 50  $\mu$ L of cell lysis buffer provided by the assay kit at 4°C for 1 hour. The cell lysate (50  $\mu$ L) was then  
183 mixed with different caspase substrates in 50  $\mu$ L of reaction buffer and incubated in dark according to  
184 the manufacturer's protocols. The fluorescence intensity or absorbance was measured immediately  
185 after incubation. Caspase activities were expressed as relative activity (%) = (Absorbance of  
186 glycodelin-treated cells - Absorbance of blank)/(Absorbance of control cells - Absorbance of blank)  $\times$   
187 100%.

188

### 189 **Western blot analysis of MAPK/ERK activation**

190 The action of GdA on the MAPK/ERK activation in T-helper cells ( $1 \times 10^6$ ) was determined by  
191 western blot analyses after treatment of GdA (1  $\mu$ g/mL) for 6 hours followed by the

192 phytohaemagglutinin (5 µg/mL) stimulation for 30 minutes. Cells were lysed with CytoBluster™  
193 protein extraction reagent (Novagen®, Darmstadt, Germany) at 4°C for 2 hours in the presence of a  
194 cocktail of protease inhibitors (Calbiochem, San Diego, CA). The protein lysates were resolved by  
195 SDS-PAGE and transferred to a PVDF membrane for Western blot analysis of the components of the  
196 MAPK pathways using anti-ERK, anti-phospho-ERK, anti-p38 (BD Biosciences), anti-phospho-p38,  
197 anti-JNK and anti-phospho-JNK antibodies (Cell signaling, MA). Density of the protein bands were  
198 measured by Quantity One software (Bio-Rad) and the density values are present as relative quantities  
199 = (Density of glycodeclin treated cells)/(Density of control).

200

#### 201 **GdA binding assay**

202 GdA was labeled with Alexa Flour®488 according to the manufacturer's protocol (Invitrogen).  
203 Cells ( $5 \times 10^5$ ) were incubated with the labeled GdA (1 µg/mL) for 2 hours. Unbound GdA was  
204 removed by washing with PBS twice. The samples were then re-suspended in 500 µL of PBS and  
205 analyzed by flow cytometry. The fluorescence signals were measured using 525 nm band pass filter  
206 and the data were analyzed by WinMDI 2.8 software.

207

#### 208 **Data Analysis**

209 All values were expressed as mean ± SEM. For all experiments, the non-parametric ANOVA  
210 on Rank test for comparisons was used to identify differences between groups. If the data were

211 normally distributed, parametric Student's t-test or non-parametric Mann Whitney U test were used  
212 where appropriate as the post-test. The data were analyzed by SigmaStat 2.03 (Jandel Scientific, San  
213 Rafael, CA) with a P-value less than 0.05 was considered as significant.

214

## 215 **Results**

### 216 **GdA increased the proportion of Th-2 cells in the T-helper cell population**

217 T-helper cells ( $CD3^+CD4^+$ ) were isolated by negative immuno-magnetic separation and treated  
218 with different concentrations of GdA. The non-viable cells were removed by gating with forward  
219 scatter/side-scatter. In the viable population, the treatment significantly increased the proportion of  
220  $CD4^+CD294^+$  cells (Th-2 cells) after 48 hours (Figure 1). Treatment with 1  $\mu\text{g/mL}$  of GdA increased  
221 the percentage of Th-2 cells from  $1.05\pm 0.07\%$  (Control) to  $1.34\pm 0.08\%$  ( $P<0.05$ ). As a result, the ratio  
222 of viable  $CD4^+CD294^-$  (Th-1) cells to  $CD4^+CD294^+$  (Th-2) cells decreased from 94.33 to 72.56  
223 ( $P<0.05$ ). The change in Th1/Th2 ratio could be due to a decrease in Th-1 cells or an increase in Th-2  
224 cells. Therefore, we studied the action of GdA on the two isolated sub-populations.

225

### 226 **GdA induced cell death of the Th-1 cells but not the Th-2 cells**

227 GdA at concentrations  $\geq 0.1 \mu\text{g/mL}$  significantly decreased ( $P<0.05$ ) the viability of the isolated  
228 T-helper cells as demonstrated by the XTT assay (Table 1). The suppression index of the cells  
229 treated with 1  $\mu\text{g/mL}$  of GdA was  $53.67\pm 8.94\%$  ( $P<0.05$ ), which was significantly lower than that of

230 the untreated control (100%).

231 Consistently, GdA dose-dependently induced both apoptosis and necrosis of T-helper cells  
232 (Figure 2). The viability of the cells treated with 1  $\mu\text{g}/\text{mL}$  of GdA decreased from  $91.33\pm 1.05\%$   
233 (Control) to  $69.34\pm 4.81\%$  ( $P<0.05$ ), whereas the proportion of apoptotic and necrotic cells increased  
234 from  $3.56\pm 0.16$  (Control) to  $15.74\%$  ( $P<0.05$ ) and from  $5.08\pm 0.67\%$  (Control) to  $14.69\pm 2.09\%$   
235 ( $P<0.05$ ), respectively. Differentially glycosylated glycodelin isoforms, glycodelin-S and  
236 glycodelin-C, and deglycosylated glycodelin had no effects on the viability and cell death of the  
237 T-helper cells.

238 Positive selection process for  $\text{CD}294^+$  was used to isolate Th-2 cells from the total T-helper cells.  
239 The selection process decreased the viability of the Th-2 cells ( $\sim 80\%$ ), which was lower than that of  
240 the Th-1 cells ( $\sim 90\%$ ). Similar reduction in Th-1 cell viability was observed after incubating the cells  
241 with CD45 microbeads for positive selection (Supporting information Figure S2). GdA did not affect  
242 cell death of the isolated Th-2 cells. This was in striking contrast to that of the Th-1 sub-population,  
243 the viability of which was significantly ( $P<0.05$ ) reduced from  $90.13 \pm 0.90\%$  to  $68.82 \pm 4.58\%$  as a  
244 result of increases in apoptotic and necrotic cell death after GdA ( $1 \mu\text{g}/\text{mL}$ ) treatment (Figure 2, Table  
245 2).

246

#### 247 **GdA upregulated the Fas expression in isolated T-helper cells and Th-1 cell**

248 The effects of GdA on Fas/FasL expression were analyzed by quantitative polymerase chain

249 reaction, flow cytometry and ELISA (Table 2). GdA dose-dependently increased the mRNA and  
250 surface expression of Fas. At 1  $\mu\text{g}/\text{mL}$  of GdA, the Fas mRNA expression was significantly ( $P<0.05$ )  
251 upregulated by  $2.34\pm 0.62$  fold in isolated T-helper cells, and the cell surface Fas expression was also  
252 significantly ( $P<0.05$ ) increased from  $34.10\pm 1.41\%$  (Control) to  $45.26\pm 2.17\%$ . In contrast, GdA did  
253 not affect the FasL expression and sFas secretion in the isolated T-helper cells. The level of sFasL in  
254 the culture medium was low and barely detectable.

255 The effect of GdA on Fas expression was also determined in the enriched Th-1 and Th-2 cells  
256 by flow cytometry (Table 2). GdA treatment (1  $\mu\text{g}/\text{mL}$ ) significantly enhanced ( $P<0.05$ ) the Fas  
257 expression of Th-1 cells from  $33.17\pm 3.80\%$  to  $54.78\pm 3.97\%$ , but had no effect on the Th-2 cells.

258

### 259 **GdA enhances the caspase activity in isolated T-helper cells and Th-1 cells**

260 The caspase-3, -8 and -9 activities of T-helper cells were investigated using specific substrates  
261 (Table 3). As compared to the controls without treatment, 1  $\mu\text{g}/\text{mL}$  of GdA significantly ( $P<0.05$ )  
262 increased the caspase-3, -8 and -9 activity to  $151.25\pm 24.66\%$ ,  $120.10\pm 11.85\%$  and  $130.34\pm 10.75\%$ ,  
263 respectively of the control values. GdA had no significant effect on the expression level of  
264 non-activated pro-caspase-3, -8 and -9 as determined by Western blotting analysis.

265 In the enriched Th-1 cell sub-population, incubation with 1  $\mu\text{g}/\text{mL}$  GdA significantly increased  
266 ( $P<0.05$ ) the caspase-3 and caspase-9 activities to  $163.89\pm 8.18\%$  and  $133.72\pm 10.24\%$  of the control  
267 values. Although the caspase-8 activity was increased to  $119.11\pm 6.81\%$ , the difference did not reach

268 statistical significance. GdA had no effect on caspase-3, -8 and -9 expression in the Th-2 cells.

269

### 270 **GdA suppresses ERK activation in isolated T-helper cells and Th-1 cells**

271 The expression and activation by PHA of ERK, p38 and JNK were determined by Western blot  
272 analysis. GdA dose-dependently reduced the phosphorylated-ERK level, but not that of  
273 phosphorylated-JNK nor phosphorylated-p38 in the T-helper cells (Figure 3A). GdA at a concentration  
274 of 1  $\mu\text{g}/\text{mL}$  significantly reduced the levels of the 42 kDa and the 44 kDa phosphorylated-ERK to  
275  $0.48\pm 0.11$  and  $0.61\pm 0.09$  ( $P<0.05$ ) respectively, as compared to the control without treatment. GdA  
276 treatment did not affect the expression or phosphorylation of p38 or JNK.

277 GdA suppressed ( $P<0.05$ ) the phosphorylated-ERK level in the PHA-stimulated Th-1 cells but  
278 not the Th-2 cells (Figure 3B). Treatment with 1  $\mu\text{g}/\text{mL}$  of GdA decreased ( $P<0.05$ ) the expression  
279 of phosphorylated-p42 and p44 ERKs in the Th-1 cells to  $0.58\pm 0.09$  and  $0.57\pm 0.10$ , respectively, but  
280 had no effect on the non-phosphorylated ERK.

281

### 282 **GdA had similar binding on Th-1 and Th-2 cells**

283 The binding of fluorescent labeled GdA on Th-1 and Th-2 cells was determined by flow  
284 cytometry (Supporting information Figure S3). The percentage of Th-1 cells with bound GdA  
285 ( $91.17\pm 0.90\%$ ) was not significantly different from that of Th-2 cells ( $93.77\pm 0.84\%$ ), indicating that  
286 the binding of GdA to these cells was similar.



287

288 **Discussion**

289       The maintenance of pregnancy requires a Th-2 cytokine dominant environment (Dealtry *et al.*,  
290 2000; Michimata *et al.*, 2002). Dysregulation of Th-1 and Th-2 cells is associated with implantation  
291 failure and recurrent pregnancy loss (Daher *et al.*, 2004). The ratio of Th-1/Th-2 cells decrease  
292 drastically in the peripheral blood and early decidua of pregnant women when compared with the  
293 nonpregnant one (Saito *et al.*, 1999a; Saito *et al.*, 1999b; Michimata *et al.*, 2002). Such a change has  
294 been proposed to be resulted from selective modulation of differentiation, chemoattraction, and  
295 proliferation of Th-2 cells and death of Th-1 cells. GdA stimulates the Th-2 type cytokine shift in  
296 T-cells (Mishan-Eisenberg *et al.*, 2004). However, the specific mechanisms of action are still unclear.  
297 This study provides evidence for a novel mechanism of GdA in shifting the Th-1/Th-2 balance, i.e.  
298 differential actions on Th-1 and Th-2 cells in terms of selective induction of cell death, concomitant  
299 with increased expression of Fas in the Th-1 cells.

300       Cytotoxic action of GdA on T-cells has been reported (Sundarraj *et al.*, 2008; Lee *et al.*, 2009).  
301 In this study, both the T-helper and enriched Th-1 cells responded similarly to GdA-mediated cell  
302 death. It is because the major population in the peripheral blood T-helper cells was the Th-1 cells,  
303 and Th-2 cells only constitute a minor proportion ranging from 0.4-6.5% (Nagata *et al.*, 1999). The  
304 cytotoxic action of GdA on Th-1 cells is glycan-dependent, consistent with the reported contribution  
305 of the glycosylation of GdA to its binding to (Ish-Shalom *et al.*, 2006) and induction of cell death in

306 lymphocytes (Lee *et al.*, 2009). On the other hand, GdA has no effect on the isolated Th-2  
307 population.

308       The percentage of peripheral blood Th-2 cells is significantly higher in pregnant women than  
309 in nonpregnant women in the first trimester of pregnancy (Saito *et al.*, 1999a). The dosage (0.1-1  
310 µg/ml) of GdA exerting its biological activities in this study is within the concentration range of  
311 GdA (0.2-1.2 µg/ml) in the peripheral blood of women in their first trimester of pregnancy (Seppala  
312 *et al.*, 2002), suggesting that the observations could be physiologically relevant. Due to the high  
313 abundance of GdA in the first-trimester decidual tissue, it is possible that GdA may possess similar  
314 actions on decidual T-cells. However, experimental evidence on this possibility is still lacking.

315       GdA increased apoptotic and necrotic cell death of the Th-1 subpopulation. Previous studies  
316 had reported differential effects of apoptotic and necrotic cells in modulating the activities of other  
317 immune cells. For example, the presence of apoptotic, but not the necrotic T-cells, up-regulates  
318 IL-10 production from macrophages (Chung *et al.*, 2007). The development of dendritic cells is also  
319 affected by apoptotic T-cells (Newton *et al.*, 2003). Therefore, the changes in apoptotic and necrotic  
320 T-cell population induced by GdA may further modulate the immune response of pregnant women.

321       The results of this study showed that GdA-induced cell death in both T-helper cells and Th-1  
322 cells are associated with the increase in caspase-3, -8, -9 activities. This suggests that both  
323 mitochondrial-independent and mitochondrial-dependent pathways are involved. Previous studies  
324 showed that both native and recombinant GdA induced apoptosis in T-cells through the

325 mitochondrial-dependent pathway as indicated by influx of mitochondrial membrane calcium ion  
326 and involvement of caspase-9 and Bcl-2 activities (Sundarraaj *et al.*, 2008). There are no reports on  
327 the involvement of mitochondrion-independent pathway in GdA-mediated cell death of lymphocytes,  
328 whereas both recombinant glycodelin and native GdA have been reported to induce cell death of  
329 monocytes via caspase-8 pathway (Tee *et al.*, 2008).

330 A novel observation in this study is the differential induction of GdA on Fas expression in  
331 T-cells; it was enhanced by GdA in the Th-1, but not the Th-2 cells. Fas/FasL pathway regulates  
332 clonal deletion of T-cells at the fetomaternal interface (Coumans *et al.*, 1999; Jerzak and Bischof,  
333 2002), as well as in some other immunologically privileged sites, such as the anterior chamber of the  
334 eye and the testis (Green and Ferguson, 2001). The trophoblasts express FasL (Runic *et al.*, 1996),  
335 while the T-helper cells produce both Fas and FasL (Ramsdell *et al.*, 1994). Binding of FasL to Fas  
336 receptor induces trimerization of the Fas receptor, which activates the Fas-associated death domain  
337 and the caspase cascade leading to apoptosis. Most importantly, the Th-1 cells express more Fas  
338 receptors than the Th-2 cells do, and they are more susceptible to Fas/FasL-induced cell death  
339 (Roberts *et al.*, 2003). Thus, the up-regulation by GdA of Fas receptor in the Th-1 cells may further  
340 increase vulnerability of these cells to death-induction by the FasL derived from the trophoblasts or  
341 lymphocytes.

342 In this study, we further demonstrate the suppressive effect of GdA on ERK activation in the  
343 Th-1 cells. ERK activation is important in T-cell activation, homeostasis and cytokine secretion

344 (Dong *et al.*, 2002). It has been correlated with Th-1 response (Borovsky *et al.*, 2002), and  
345 regulation of the expression of Th-1 cytokines including IL-1 (Wang *et al.*, 2004) and IFN- $\gamma$   
346 (Mainiero *et al.*, 1998) in different cell types. The ERK activation in T-cells also inhibited the cells  
347 to Fas-mediated apoptosis (Holmstrom *et al.*, 2000). Therefore, apart from inducing Fas expression,  
348 GdA treatment may sensitize Th-1 cells to Fas receptor-mediated apoptosis by suppressing ERK  
349 activation in the cells, as has been shown in primary peripheral T-cells after inhibition of ERK  
350 signaling (Holmstrom *et al.*, 2000). It is of interest that GdA also suppresses ERK activation in  
351 spermatozoa (Yeung *et al.*, 2009) and trophoblast cells (Lam KKW and Chiu PCN, unpublished  
352 data), suggesting that ERK may have a central role in GdA signaling in different biological systems.  
353 Consistently, the lack of cytotoxic activity of GdA on Th-2 cells is associated with absence of ERK  
354 suppression in these cells.

355       The observation of similar binding of GdA onto Th-1 and Th-2 cells suggests that GdA binding  
356 alone does not contribute to the differential response of Th-1 and Th-2 cells to GdA treatment.  
357 However, the observation does not exclude the possible presence of different GdA receptors with the  
358 same affinity in the two cell types. CD45 has been proposed as a possible GdA receptor in T-cells  
359 (Rachmilewitz *et al.*, 2003). Differential expression of the CD45RC isoform in CD4<sup>+</sup> T-cells  
360 sub-populations is associated with differences in cytokine production upon stimulation; the  
361 CD45RC<sup>high</sup> sub-population produces mainly type-1 cytokines including IL-2, while the CD45RC<sup>low</sup>  
362 sub-population produces IL-17, IL-10 and Th-2 cytokines (Ordonez *et al.*, 2009). Alternatively, the

363 two cell types may have the same GdA receptor but different intracellular signaling leading to the  
364 observed differential action of GdA. The current data cannot distinguish between these possibilities.

365 We concluded that GdA may involved in shifting the Th-1/Th-2 ratio in the peripheral blood  
366 and decidua by selectively reducing the Th-1 cell population, both directly through induction of cell  
367 death of Th-1 cells and indirectly through enhancing the expression of Fas and suppression of ERK  
368 activation in the Th-1 cells, thereby enhancing their vulnerability to cell death induced by  
369 trophoblast-derived FasL. Overall, the present data uncover the mechanisms in part by which GdA  
370 contributes to immunoprotection of the fetoplacental unit during human pregnancy.

371

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374 C.L.L. and P.C.N.C. performed the experiments and analysed the data, contributed to discussion,  
375 and wrote the manuscript. K.K.W.L., R.K., H.K. and M.S. performed the experiments, contributed  
376 to discussion and revised the manuscript. S.O.S, I.K.C., K.F.L. and W.S.B.Y. contributed to  
377 experimental design, discussion and reviewed/edited the manuscript.

378

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506

507

508 **Figure legends**

509 **Figure 1 Effect of GdA on T-helper type-1 and type-2 cells population.** T-helper cells ( $5 \times 10^5$ )  
510 were incubated with 0.01, 0.1 and 1  $\mu\text{g}/\text{mL}$  of GdA for 48 hours. Cells were stained with CD4-FITC  
511 and CD294-PE for immunophenotyping of Th-1 and Th-2 cells. Data are mean  $\pm$  SEM, N=9, \*  
512  $P < 0.05$ , P values are shown for significant differences as compared to control.

513

514 **Figure 2 Effect of glycodeilins on cell death of T-helper, Th-1 and Th-2 cells.** T-helper, Th-1 and  
515 Th-2 cells ( $5 \times 10^5$ ) were incubated with 0.01, 0.1 and 1  $\mu\text{g}/\text{mL}$  of GdA, -S, -C and deglycosylated  
516 glycodeilin (De-Gd) for 48 hours. Viable, necrotic and apoptotic cells were quantified by bivariate  
517 Yo-Pro®-1/PI flow cytometry. Cells without stain were viable. Cells labeled with Yo-Pro®-1 only  
518 were apoptotic cells. Cells labeled with Yo-Pro®-1 and PI were necrotic cells. Data are mean  $\pm$   
519 SEM, N=5 (T-helper cells), N=9 (Th-1 and Th-2 cells), \*  $P < 0.05$ , P values are shown for significant  
520 differences as compared to control.

521

522 **Figure 3 Effect of GdA on ERK activation in T-helper, Th-1 and Th-2 cells. (A) T-helper, (B)**  
523 Th-1 and Th-2 cells ( $1 \times 10^6$ ) were incubated with 1  $\mu\text{g}/\text{mL}$  of GdA for 6 hours followed by PHA  
524 stimulation for 30 minutes. Protein expressions were determined by Western blotting. Representative  
525 blots are shown. The ERK/pERK protein bands were measured by densitometry. Data are mean  $\pm$   
526 SEM, N=4. \*  $P < 0.05$ , P values are shown for significant differences as compared to control. The

527 density values are present as relative quantities = (Density of glycodelin treated cells)/(Density of  
528 control).

529 **Table 1. Effect of Glycodelins on viability of T-helper cells in XTT assay.**

Glycodelin ( $\mu\text{g/mL}$ )	Suppression Index (S.I.)			
	GdA	GdS	GdC	De-Gd
0.001	$88.98 \pm 6.23$	$100.07 \pm 1.54$	$102.22 \pm 1.08$	$106.60 \pm 2.42$
0.01	$70.16 \pm 11.38$	$99.39 \pm 1.60$	$102.01 \pm 1.75$	$103.18 \pm 2.64$
0.1	$54.62 \pm 9.26$ *	$101.56 \pm 2.30$	$103.28 \pm 2.03$	$100.57 \pm 2.66$
1	$53.67 \pm 8.94$ *	$105.92 \pm 3.94$	$104.94 \pm 3.30$	$105.61 \pm 6.16$

530 T-helper cells ( $3 \times 10^4$ ) were incubated with 0.001, 0.01, 0.1 and  $1 \mu\text{g/mL}$  of GdA, -S, -C and  
531 deglycosylated glycodelin (De-Gd) for 48 hours. XTT labeling mixture was added 12 hr before  
532 measurement. Data are mean  $\pm$  SEM, N=4, \*  $P < 0.05$ , P values are shown for significant differences  
533 as compared to control. Suppression index (%) = (Absorbance of Gd - Absorbance of  
534 blank)/(Absorbance of control - Absorbance of blank)  $\times$  100%

535 **Table 2. Effect of GdA on Fas/FasL mRNA expression of T-helper, Th-1 and Th-2 cells.**

GdA ( $\mu\text{g/mL}$ )	Surface expression (%)			mRNA expression (Relative expression)	Soluble component secretion (pg/mL)
	T-helper cells	Th-1 cells	Th-2 cells	T-helper cells	T-helper cells
<u>Fas</u>					
0	34.10 $\pm$ 1.41	33.17 $\pm$ 3.80	16.98 $\pm$ 1.54	1	50.98 $\pm$ 2.72
0.01	41.70 $\pm$ 5.07	-	-	1.36 $\pm$ 0.44	52.93 $\pm$ 7.32
0.1	41.89 $\pm$ 5.67	-	-	1.45 $\pm$ 0.27	63.04 $\pm$ 6.19
1	45.26 $\pm$ 2.17 *	54.78 $\pm$ 3.97 *	19.43 $\pm$ 1.99	2.34 $\pm$ 0.62 *	54.28 $\pm$ 14.58
<u>FasL</u>					
0	22.50 $\pm$ 3.61	-	-	1	undetectable
0.01	25.51 $\pm$ 4.48	-	-	0.82 $\pm$ 0.15	undetectable
0.1	24.46 $\pm$ 4.98	-	-	0.87 $\pm$ 0.12	undetectable
1	24.33 $\pm$ 4.16	-	-	1.80 $\pm$ 0.86	undetectable

536 T-helper, Th-1 and Th-2 cells ( $5 \times 10^5$ ) were incubated with 0.01, 0.1 and 1  $\mu\text{g/mL}$  of GdA for 48 hours. Fas and FasL surface expression were determined by  
537 flow cytometry. Fas and FasL mRNA expression was quantified by qPCR. sFas and sFasL secretion to the culture medium were determined by ELISA. Data  
538 are mean  $\pm$  SEM, N=5, \* P<0.05, P values are shown for significant differences as compared to control. The level of sFasL was undetectably low. Relative  
539 expression = (RQ of glycodelin treated cells - RQ of negative control)/(RQ of control treated cells - RQ of negative control)



540 **Table 3. Caspase-3, -8 and -9 activities of GdA treated T-helper cells.**

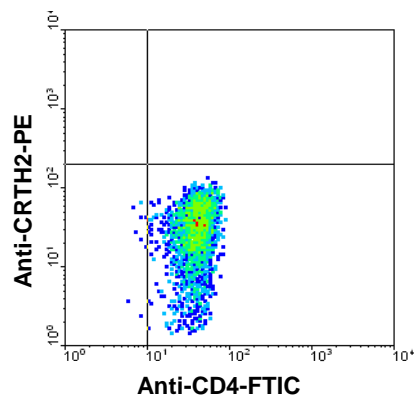
GdA ( $\mu\text{g/mL}$ )	T-helper cell	Relative activity (%)							
		Caspase-3		Caspase-8			Caspase-9		
		Th-1 cell	Th-2 cell	T-helper cell	Th-1 cell	Th-2 cell	T-helper cell	Th-1 cell	Th-2 cell
0.01	112.25 $\pm$ 4.60*	-	-	115.03 $\pm$ 12.19	-	-	111.34 $\pm$ 11.22	-	-
0.1	116.83 $\pm$ 6.70*	-	-	111.45 $\pm$ 10.22	-	-	123.22 $\pm$ 8.22	-	-
1	151.25 $\pm$ 24.66*	163.89 $\pm$ 8.18*	110.33 $\pm$ 4.69	120.10 $\pm$ 11.85*	119.11 $\pm$ 6.81	107.40 $\pm$ 3.51	130.34 $\pm$ 10.75*	133.72 $\pm$ 10.24*	95.96 $\pm$ 14.91

541 T-helper, Th-1 and Th-2 cells ( $1 \times 10^6$ ) were incubated with 0.01, 0.1 and 1  $\mu\text{g/mL}$  of GdA for 48 hours. Activities of caspase-3, -8 and -9 were determined by  
 542 caspase activity assay (N=6). Data are mean  $\pm$  SEM, \*  $P < 0.05$ , P values are shown for significant differences as compared to control. Caspase activities were  
 543 expressed as relative activity (%) = (Absorbance of glycodelin-treated cells - Absorbance of blank) / (Absorbance of control cells - Absorbance of blank)  $\times$   
 544 100%.

545 **Figure 1.**

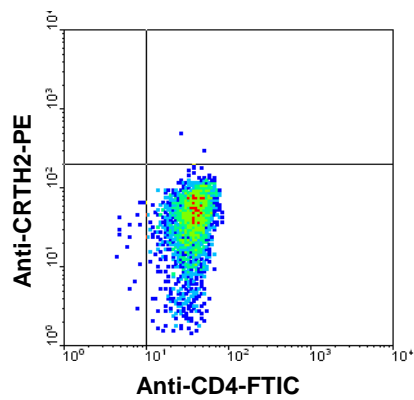
546

**Control**



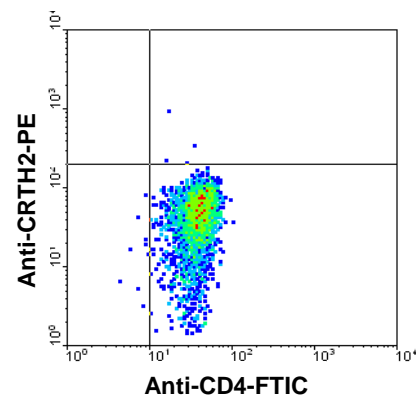
CD4+CD294<sup>-</sup> (Th-1): 95.53 ± 0.27%  
CD4+CD294<sup>+</sup> (Th-2): 1.05 ± 0.07%  
Th-1/Th-2: 94.33 ± 6.33

**GdA (0.01 μg/mL)**



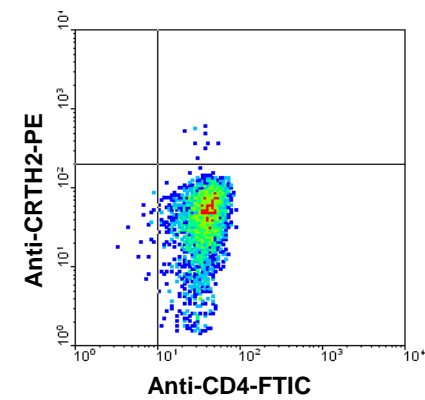
CD4+CD294<sup>-</sup> (Th-1): 95.26 ± 0.39%  
CD4+CD294<sup>+</sup> (Th-2): 1.15 ± 0.08%  
Th-1/Th-2: 86.42 ± 6.56

**GdA (0.1 μg/mL)**



CD4+CD294<sup>-</sup> (Th-1): 95.02 ± 0.42%  
CD4+CD294<sup>+</sup> (Th-2): 1.13 ± 0.07%  
Th-1/Th-2: 87.08 ± 5.99

**GdA (1 μg/mL)**

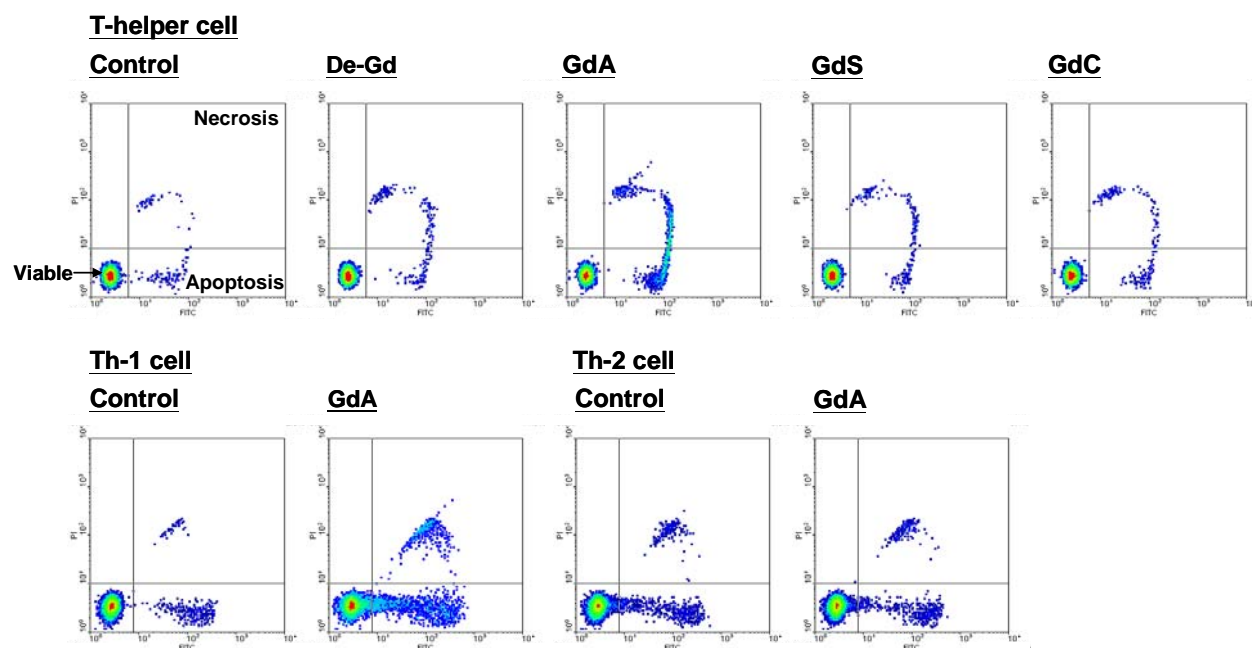


CD4+CD294<sup>-</sup> (Th-1): 94.98 ± 0.34%  
CD4+CD294<sup>+</sup> (Th-2): 1.34 ± 0.08% \*  
Th-1/Th-2: 72.56 ± 4.16 \*

547

548

549 **Figure 2.**  
550



551  
552

		Viable	Apoptosis	Necrosis	
T-helper cell	Control	91.33 ± 1.05	3.56 ± 0.16	5.08 ± 0.67	
	GdA	0.01 µg/mL	89.45 ± 0.24	3.98 ± 0.28	6.57 ± 0.48
		0.1 µg/mL	71.82 ± 0.33 *	15.59 ± 0.36 *	12.60 ± 0.16 *
		1 µg/mL	69.34 ± 4.81 *	15.74 ± 3.82 *	14.69 ± 2.09 *
	GdS	1 µg/mL	92.40 ± 0.96	3.83 ± 0.50	3.65 ± 0.58
	GdC	1 µg/mL	92.52 ± 0.80	3.51 ± 0.51	3.75 ± 0.54
	De-Gd	1 µg/mL	92.09 ± 0.91	3.42 ± 0.36	4.33 ± 0.73
Th-1 Cell	Control	90.13 ± 0.90	3.19 ± 0.57	6.68 ± 0.90	
	GdA	1 µg/mL	68.82 ± 4.58 *	14.44 ± 1.89 *	16.73 ± 3.87 *
Th-2 Cell	Control	80.38 ± 1.29	7.86 ± 1.22	11.63 ± 1.55	
	GdA	1 µg/mL	76.64 ± 2.72	9.55 ± 1.58	13.89 ± 2.01

553 Figure 3.

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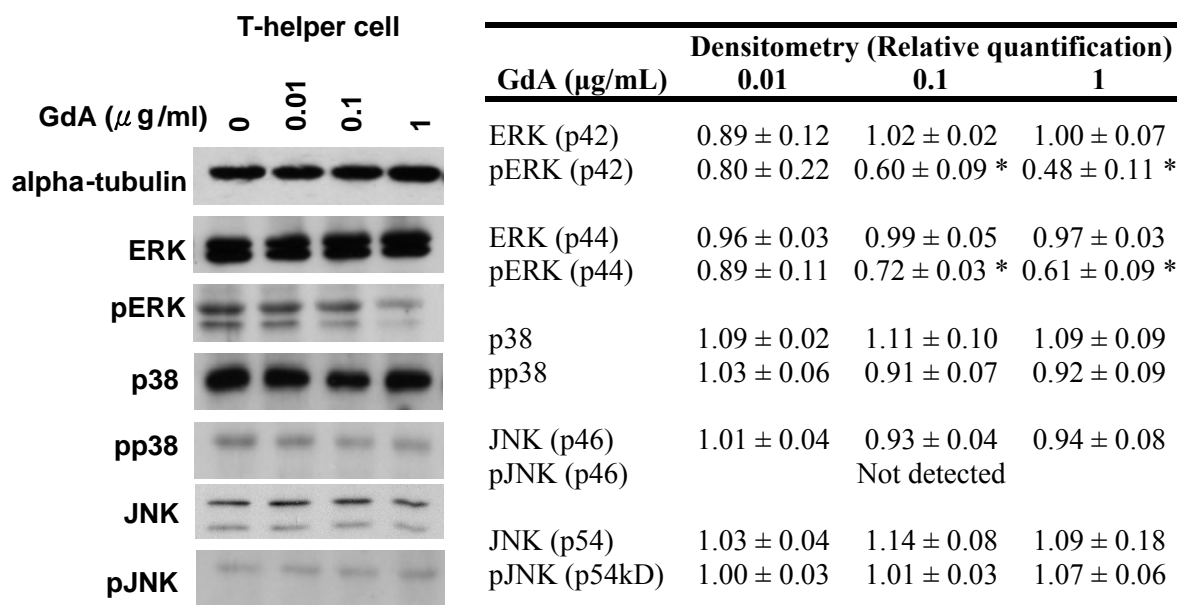
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