

(12) INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(19) World Intellectual Property Organization
International Bureau



(43) International Publication Date
29 December 2010 (29.12.2010)

PCT

(10) International Publication Number
WO 2010/150102 A3

- (51) **International Patent Classification:**
C07C 39/21 (2006.01) A61K 36/71 (2006.01)
A61K 31/05 (2006.01) A61K 36/28 (2006.01)
- (21) **International Application Number:**
PCT/IB2010/001772
- (22) **International Filing Date:**
21 June 2010 (21.06.2010)
- (25) **Filing Language:** English
- (26) **Publication Language:** English
- (30) **Priority Data:**
61/218,962 21 June 2009 (21.06.2009) US
- (71) **Applicants (for all designated States except US):** PUPHARM INTERNATIONAL (HK) LIMITED [CN/CN]; Suite 4002, Jardine House, 1 Connaught Place, Central, Hong Kong (CN). VERSITECH LIMITED [CN/CN]; Pokfulam Road, Finance Office, University Of Hong Kong, Hong Kong (CN).
- (72) **Inventors; and**
- (75) **Inventors/Applicants (for US only):** YANG, Lai Hung, Cindy [CN/CN]; Room 6, 30/F, Block C, Hong Wah Court, Lam Tin, Hong Kong (CN). LAU, Allan, Sy [CN/CN]; Flat 15B, Senior Staff Quarters-Grantham Hospital, 125 Wong Chuk Hang Rd, Aberdeen, Hong Kong (CN).
- (81) **Designated States (unless otherwise indicated, for every kind of national protection available):** AE, AG, AL, AM, AO, AT, AU, AZ, BA, BB, BG, BH, BR, BW, BY, BZ, CA, CH, CL, CN, CO, CR, CU, CZ, DE, DK, DM, DO, DZ, EC, EE, EG, ES, FI, GB, GD, GE, GH, GM, GT, HN, HR, HU, ID, IL, IN, IS, JP, KE, KG, KM, KN, KP, KR, KZ, LA, LC, LK, LR, LS, LT, LU, LY, MA, MD, ME, MG, MK, MN, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM, PE, PG, PH, PL, PT, RO, RS, RU, SC, SD, SE, SG, SK, SL, SM, ST, SV, SY, TH, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ, VC, VN, ZA, ZM, ZW.
- (84) **Designated States (unless otherwise indicated, for every kind of regional protection available):** ARIPO (BW, GH, GM, KE, LR, LS, MW, MZ, NA, SD, SL, SZ, TZ, UG, ZM, ZW), Eurasian (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European (AL, AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HR, HU, IE, IS, IT, LT, LU, LV, MC, MK, MT, NL, NO, PL, PT, RO, SE, SI, SK, SM, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, ML, MR, NE, SN, TD, TG).
- Published:**
— with international search report (Art. 21(3))
- (88) **Date of publication of the international search report:**
24 March 2011



WO 2010/150102 A3

(54) **Title:** METHOD FOR ISOLATING CIMIRACEMATE A

(57) **Abstract:** A method for isolating cimracemate A from a *Cimicifuga* species is disclosed, comprising the steps of a) providing a sufficient quantity of raw materials from the *Cimicifuga* species, b) mixing the raw materials from the *Cimicifuga* species with an aqueous polar solvent at a temperature of about 20 °C to about 28 °C to obtain a solvent extract comprising cimracemate A, and c) isolating cimracemate A from the solvent extract.

DESCRIPTION

EFFICIENT ISOLATION OF CIMIRACEMATE A, AND METHODS OF USE

5 BACKGROUND OF THE INVENTION

Various species of *Cimicifuga* have been used as therapeutics for inflammatory conditions in Chinese, Korean, and Japanese medicine. Similarly, compositions containing black cohosh, known botanically as *Cimicifuga racemosa* L. Nutt (also *Actaea racemosa*), are widely used as herbal dietary supplements in the United States and Europe. Historically, 10 Native American women used black cohosh for the treatment of malaise, malaria, rheumatism, abnormal kidney function, sore throat, menstrual irregularities, and diseases associated with childbirth (Blementhal et al., 2000). In Asian countries, this herb and other species of *Cimicifuga* including *Cimicifuga dahurica* (Turcz.) Maxim., *Cimicifuga foetida* L., and *Cimicifuga heracleifolia* Kom. are used to treat inflammation, fever, headache, pain, sore 15 throat, and chills (Foster, 1999; Kusano, 2001; Kim et al., 2004). However, the underlying mechanisms of action for these herbs remain to be fully elucidated.

The biological activities of black cohosh have been investigated previously. *In vivo*, it was demonstrated that black cohosh extracts inhibit the anti-IgE-induced passive cutaneous anaphylaxis reaction in Sprague-Dawley rats in a dose-dependent manner (Kim et al., 2004). 20 *In vitro*, the herbal extracts inhibit the transcription of cytokines including IL-4, IL-5 and TNF- α by inflammatory agents such as PMA and A2387 in IIMC-1 human leukemia mast cells (Kim et al., 2004). Other studies also demonstrated the inhibitory effects of black cohosh extract on histamine, bradykinin and COX-2 mediated inflammatory actions (Kim and Kim, 2000). However, the active components present in the extract are unknown.

Cimiracemate A is the ester formed between isoferulic acid and 3-(3,40-dihydroxyphenyl)-2-keto-propanol (Chen et al., 2005). Cimiracemate A is a naturally occurring compound possessing a 1,7-diaryl skeleton. Other compounds with this 1,7-diaryl skeleton have significant biological activities (Roughley & Whiting, 1973). For instance, curcumin, a natural pigment isolated from *Curcuma longa* has been reported to inhibit growth of several types of malignant cells (Chen et al., 1999; Aggarwal et al., 2004) and especially in the case of HIV infection (Vlietinck et al., 1998). Yakuchinone B extracted from the seeds of *Alpina oxyphylla* (Itokawa et al., 1982) is active against hypercholesterolemia and atherosclerosis (Ohishi et al., 2001).

Cimiracemate A has been found to suppress LPS-induced TNF- α in human macrophages and to inhibit LPS-induced MAP kinase activities as well as activation of specific transcription factors. Furthermore, cimiracemate A may have additional health benefits including reactive oxygen species scavengers (Burdette et al., 2002). Taken together, compounds, like cimiracemate A, with the 1,7-diaryl skeleton may have multiple bioactivities that can act via multiple cell-dependent mechanisms.

C. racemosa has been experiencing a dramatic increase in consumption in the United States and Europe. Its products are prepared in the form of isopropanolic and ethanolic extracts currently available to consumers in a range of formulations and dosages. The use of this herb has been based on extracts rather than the individual bioactive components. Although some compounds have been isolated from *C. racemosa*, including triterpene glycosides and phenolics, their bioactivities and consistent presence in the extracts remain to be determined (Kennelly et al., 2002).

Another isolated *C. racemosa* component is 23-epi-26-deoxyactein. The 23-epi-26-deoxyactein component is currently used as the chemical marker to standardize commercial *C. racemosa* products. The rationale for its usage is its abundance in the extract

(Pepping, 1999). Thus, the chemical marker used for the standardization of *C. racemosa* extracts is not necessarily representative of the bioactivity of this herb.

Many different species of *cimicifuga* are traditionally used to cure inflammation; however, as indicated in Fig. 10, their chemical constituents are relatively different under the same analyzing condition. Although different methods have been developed to distinguish *Cimicifuga* species using fingerprinting approach (He et al., 2006; Li et al., 2002), the complexity and the variation of the chemical constituents of the herbs limit their use in species identification.

Therefore, a great need exists for the extraction and isolation of cimracemate A for subsequent use as a therapeutic agent. In addition, there is a need for a bioactive marker that can be used to identify the members of the *Cimicifuga* genus, for example: *C. racemosa*, *C. dahurica* (Turcz.) Maxim., *C. foetida* L., and *C. heracleifolia* Kom. Ideally the bioactive marker could also be used to standardize extracts of *Cimicifuga* species for use as anti-inflammatory agents for the treatment of inflammatory-associated diseases and to distinguish species based on the chemical profile of each sample.

BRIEF SUMMARY

The subject invention provides materials and methods for isolating and extracting cimracemate A from *Cimicifuga*. In accordance with the subject invention, the isolated cimracemate A can be used as a therapeutic composition and/or as a dietary supplement. In addition, the isolated cimracemate A can be used as a bioactive chemical marker and standard for various species of *Cimicifuga*.

In a preferred embodiment the subject invention provides a method for purifying cimracemate A, comprising the steps of:

- a) providing a sufficient quantity of material of a *Cimicifuga* species;

- b) grinding the raw material;
- c) mixing the ground material with an aqueous solvent; and
- d) isolating cimracemate A.

5 Advantageously, the subject invention provides higher and more consistent yields of isolated cimracemate A from *Cimicifuga* species. The novel isolation procedure of the subject invention is also more rapid and convenient.

 The subject invention provides isolated cimracemate A for treatment of, for example, malaise, malaria, rheumatism, abnormal kidney function, sore throat, menstrual irregularities, 10 diseases associated with childbirth, fever, headache pain, and chills as well as symptoms and/or syndromes associated with these conditions.

 In addition, the subject invention provides isolated cimracemate A that can be used as an anti-inflammatory agent.

 In a further embodiment, the subject invention makes it possible to distinguish various 15 species of the *Cimicifuga* genus. In accord with the subject invention, the extracts of the various *Cimicifuga* species create individual chemical profiles for cimracemate A bioactivity.

 In one aspect, cimracemate A can be used according to the subject invention as a chemical marker to standardize commercially available *C. racemosa* products. The use of cimracemate A as a chemical marker to standardize *C. racemosa* products can be, for 20 example, based on the bioactivity of cimracemate A as an anti-inflammatory agent.

 Advantageously, using the improved extraction procedure of the subject invention it is possible to distinguish different species of *cimicifuga* and to standardize extracts using cimracemate A as the chemical marker for the potential bioactive use of these herbs or related products as alternative therapeutics or dietary supplements.

BRIEF DESCRIPTION OF THE FIGURES

Figure 1 is a chemical structure of cimracemate A.

Figure 2 shows chromatograms of the roots of *C. racemosa* extracted with Milli-Q-ethanol at ratio of (1) 100:0, (2) 80:20, (3) 60:40, (4) 40:60, (5) 20:80 and (6) 0:100.

5 * denotes the presence of cimracemate A in the samples of *C. racemosa* under different extraction conditions. The chromatograms were obtained by injecting the samples to a reversed-phase high-performance liquid chromatography (Lichrospher 100 RP C18 EC 5 μ , 250 \times 4.6 mm ID) using gradient elution from 15% CH₃CN to 100% CH₃CN at a flow rate of 1 ml min⁻¹ and the detection wavelength was at 210nm.

10 **Figure 3** shows chromatograms of the extracts obtained by extracting the roots of *C. racemosa* with milli-Q at (1) room temperature, (2) 50°C and (3) 100°C. * denotes the presence of cimracemate A from the samples of *C. racemosa* under different extraction conditions. The chromatograms were obtained by injecting the samples to a reversed-phase high-performance liquid chromatography (Lichrospher 100 RP C18 EC 5 μ , 250 \times 4.6 mm ID) using gradient elution from 15% CH₃CN to 100% CH₃CN at a flow rate of 1 ml min⁻¹ and
15 the detection wavelength was at 210nm.

Figure 4 shows chromatograms of the roots of *C. racemosa* extracted with milli-Q by sonication for (1) 0 min, (2) 5 min, (3) 10 min, (4) 20 min and (5) 30 min. * denotes the presence of cimracemate A in the samples of *C. racemosa* under different extraction
20 conditions. The chromatograms were obtained by injecting the samples to a reversed-phase high-performance liquid chromatography (Lichrospher 100 RP C18 EC 5 μ , 250 \times 4.6 mm ID) using gradient elution from 15% CH₃CN to 100% CH₃CN at a flow rate of 1 ml min⁻¹ and the detection wavelength was at 210nm.

Figure 5 shows chromatograms of the roots of *C. racemosa* extracted with milli-Q at
25 ratio of (1) 1:5 (w/v), (2) 1:10 (w/v), (3) 1:15 (w/v) and (4) 1:20 (w/v). * denotes the presence

of cimracemate A in the samples of *C. racemosa* under different extraction conditions. The chromatograms were obtained by injecting the samples to a reversed-phase high-performance liquid chromatography (Lichrospher 100 RP C18 EC 5 μ , 250 \times 4.6 mm ID) using gradient elution from 15% CH₃CN to 100% CH₃CN at a flow rate of 1 ml min⁻¹ and the detection wavelength was at 210nm.

Figure 6 shows the effect of extraction solvent on the extraction yield of cimracemate A (n=3). Experimental condition: The herb (2.0 g) was extracted by sonication for 30 min at room temperature and the extraction was repeated three times. Different letters above the bars indicate significant differences according to Tukey's test (p<0.05, one-way ANOVA).

Figure 7 shows the effect of temperature on the extraction yield of cimracemate A (n=3). Experimental conditions: the amount of herb 2.0 g; the extraction time 30 min; the extraction solvent Milli-Q water (10 ml). The extraction was repeated three times. Different letters above the bars indicate significant differences according to Tukey's test (p<0.05, one-way ANOVA).

Figure 8 shows the effect of extraction time on the extraction yield of cimracemate A (n=3). Experimental conditions: The herb (2.0 g) was extracted with Milli-Q water at room temperature. Different letters above the bars indicate significant differences according to Tukey's test (p<0.05, one-way ANOVA).

Figure 9 shows the effect of solvent volume on the extraction yield of cimracemate A (n=3). Experimental conditions: The herb (2.0 g) was extracted with Milli-Q water for 30 min at room temperature. The extraction was repeated three times. Different letters above the bars indicate significant differences according to Tukey's test (p<0.05, one-way ANOVA).

Figure 10A-C shows the chromatographic fingerprints of *C. dahurica*, *C. foetida*, and *C. heracleifolia*. * denotes the presence of cimracemate A in the samples. The chromatograms were obtained by injecting the samples to a reversed-phase high-performance liquid chromatography (Lichrospher 100 RP C18 EC 5 μ , 250 \times 4.6 mm ID) using gradient elution from 15% CH₃CN to 100% CH₃CN at a flow rate of 1 ml min⁻¹ and the detection wavelength was at 210 nm.

DETAILED DESCRIPTION

The subject invention provides materials and methods for isolating and extracting cimracemate A from various species of *Cimicifuga*. In accordance with the subject invention, the isolated cimracemate A can be used as a therapeutic composition or dietary supplement. In addition, the isolated cimracemate A can be used as a bioactive chemical marker and standard for various species of *Cimicifuga*.

In a preferred embodiment the subject invention provides a method for purifying cimracemate A, comprising the steps of:

- a) providing a sufficient quantity of raw material of a *Cimicifuga* species;
- b) grinding the raw material into a powder;
- c) mixing the powder with an aqueous solvent; and
- d) isolating cimracemate A.

In specific embodiments, the *Cimicifuga* species is selected from *Cimicifuga racemosa*, *Cimicifuga foetida*, and/or *Cimicifuga heracleifolia*. In a preferred embodiment, the *Cimicifuga* species is *Cimicifuga racemosa*.

In a further preferred embodiment, the extraction procedure of the subject invention utilizes water, optionally with ethanol, as the solvent. The solvent preferably comprises less

than 20% ethanol, more preferably there can be less than 15% ethanol, and even less than 10%, or even less than 5%.

In a preferred embodiment, the subject invention utilizes a ratio of *Cimicifuga racemosa* to water of between 1:5 and 1:20, and preferably about 1:15. In addition, it is
5 preferred that the extraction procedure is carried out at room temperature. This temperature may be, for example, from 20°C to 28°C or from 22°C to 26°C. In a specific embodiment the extraction procedure is carried out at about 25°C.

Advantageously, the subject invention provides higher and more consistent yields of isolated cimiracemate A from *Cimicifuga* species. The subject invention also provides a
10 more rapid and convenient method of cimiracemate A isolation.

The subject invention provides isolated cimiracemate A for treatment of, for example, malaise, malaria, rheumatism, abnormal kidney function, sore throat, menstrual irregularities, diseases associated with childbirth, fever, headache pain, and chills.

In addition, the subject invention provides isolated cimiracemate A that can be used as
15 an anti-inflammatory agent.

The subject invention further provides isolated cimiracemate A that can be used to suppress LPS-induced TNF α in human macrophages, inhibit LPS-induced MAP kinase activities, or act as a reactive oxygen species scavenger.

The term "subject," as used herein, describes an organism, including mammals such
20 as primates, to which treatment with the compositions according to the present invention can be provided. Mammalian species that can benefit from the disclosed methods of treatment include, but are not limited to, apes, chimpanzees, orangutans, humans, monkeys; and domesticated animals such as dogs, cats, horses, cattle, pigs, sheep, goats, chickens, mice, rats, guinea pigs, and hamsters.

In a further embodiment, the subject invention makes it possible to distinguish various species of the *Cimicifuga* genus. In accord with the subject invention, the extracts of the various *Cimicifuga* species create individual chemical profiles for cimracemate A bioactivity following HPLC.

5 In one aspect, the isolated cimracemate A of the subject invention can be used as a chemical marker to standardize commercially available *C. racemosa* products. The use of the isolated cimracemate A as a chemical marker to standardize commercially available *C. racemosa* products can be, for example, based on the bioactivity of cimracemate A as an anti-inflammatory agent.

10 Cimracemate A has been identified in the dried rhizomes and roots of black cohosh. This compound suppresses the LPS-induced effects including specific kinase phosphorylation, transcription factor activation and TNF- α production in primary human macrophages (U.S. Patent Application No. 61/143,925, filed January 12, 2009; which is incorporated herein by reference in its entirety).

15 Sample extraction is the crucial first step for extracting maximal amounts of desired chemical components from herbal materials. During the past few years, some modern techniques including the headspace analysis, supercritical and subcritical-fluid extraction, microwave-assisted extraction and pressurized liquid extraction have been used for quantitative preparation in the analysis of medicinal plants (Huie, 2002). Although these
20 methods have significant advantages over conventional methods by reducing organic solvent consumption, eliminating sample clean-up and concentration steps, and improving the extraction efficiency of the herbs, they have important limitations. For example, headspace analysis and supercritical and subcritical-fluid extraction only target the essential oils from herbs, whereas pressurized liquid extractions are performed at elevated temperatures that may

lead to thermal degradation. Thus, it is desirable to develop an improved extraction protocol for scaling-up the production of specific compounds from the herbs.

Advantageously, the methods of the subject invention provide high and consistent yields of cimracemate A extracted from black cohosh. An additional advantage of the methods of the subject invention is that they are rapid and convenient in sample preparation for pharmaceutical uses.

The extraction conditions for cimracemate A have been improved according to the subject invention by changing the extraction parameters including temperature, extraction solvent, extraction time and solvent volume. HPLC conditions have also been identified that increase the percentage of cimracemate A obtained from the extracts.

Furthermore, by using the extraction procedures and HPLC conditions as set forth herein, it is possible to establish standards for characterizing herbal products with specific bioactivities.

In addition, cimracemate A can be used according to the subject invention to identify the members of the *Cimicifuga* genus, for example: *C. racemosa*, *C. dahurica* (Turcz.) Maxim., *C. foetida* L., and *C. heracleifolia* Kom. Cimracemate A can also be used to standardize extracts of *Cimicifuga* species for use as anti-inflammatory agents for the treatment of inflammatory-associated diseases. Cimracemate A can also be used, according to the subject invention, to distinguish species based on the chemical profile of each sample based on, for example, the ratio of cimracemate A to other compounds in the sample.

Solvent Selectin

Polar, non-toxic solvents, including water and ethanol (and mixtures thereof), were used to extract cimracemate A from *C. racemosa*. This solvent system is suitable in extracting different polarities of the active constituents as well as acceptable for human

consumption. Among the solvents used, water and 20%, or less, ethanol yielded the highest amount of cimracemate A.

Extraction Temperature

5 Selection of extraction temperature is also crucial for extracting a higher amount of cimracemate A from *C. racemosa* according to the subject invention. An increase in temperature had been reported to significantly increase diffusivities by breaking the solute–matrix interaction bonds and to increase the solute volatility (Loncin & Merson 1979). However, in accordance with the current invention, it was determined that the extraction yield
10 of cimracemate A decreased upon increasing temperature beyond room temperature. This indicated that mobilization of cimracemate A from the herbs may occur at room temperature (e.g. 25°C) followed by their possible loss due to decomposition at higher temperatures. Thus, in accordance with the subject invention, room temperature is the preferred extraction temperature for extracting cimracemate A from *C. racemosa*.

15

Sonication Treatment

Sonication is another method that can, in some cases, improve the efficiency and shorten the extraction time for extracting compounds from dry material of herbs. The underlying mechanism of enhancement is the intensification of mass transfer and easier
20 access of the solvent to the dry material of herbs (Vinatoru, 2001; Shotipruk et al., 2001). In analytical situations, sonication is an expeditious, inexpensive and efficient alternative to conventional extraction techniques and, in some cases, even to supercritical fluid and microwave-assisted extraction (Luque-García et al., 2003). However, in accordance with the current invention, it was found that sonication did not improve the extraction yield of
25 cimracemate A, when compared to the use of maceration conditions (Fig. 4 and 8).

The results revealed that cimicifugate A may be leached out from the herbal materials to water easily and did not require any energy. Thus, the extraction of cimicifugate A from *C. racemosa* can utilize cold macerations.

5 Experimental Materials and Methods

Instruments

An Agilent 1200 series high performance liquid chromatography- photo-diode array (HPLC-DAD) (Palo Alto, CA, USA) system was used. It was equipped with a G1367c autosampler, a vacuum degasser, a binary pump, a DAD detector and a LC workstation. An
10 ultrasonic bath (J.P. Selecta, Spain) was used for extracting the compounds from the herbs.

Solvents

Deionized water was obtained from a Milli-Q water system (Millipore, Bedford, MA, USA) for extracting samples and preparing the mobile phase. Ethanol (EtOH, Merck,
15 Germany) of analytical grade was used for the preparation of standard and/or sample solutions. Acetonitrile (ACN, Tedia, USA) of HPLC grade was used for preparation of the mobile phase.

Plant materials

20 The raw material of *Cimicifuga racemosa* was purchased from the Monterey Bay Spice Company (Santa Cruz, USA) in May 2008. The material was grinded into powder form using a grinder (IKA, Germany). The powder was then kept in a desiccator and used in all experiments.

*Identification of preferred extraction conditions**Effect of hydroalcoholic solvent ratio*

C. racemosa (2g) was extracted with 10 ml of 0%, 20%, 40%, 60%, 80%, and 100% (v/v) EtOH in water. Extractions were done by sonication for 30 minutes at room temperature.

5 There were three replicates for each solvent. The extraction process was repeated and the experiments were performed three times. The extracts were centrifuged at 4000 rpm for 5 min and then filtered through a filter paper (No 1, Advantec, Japan). The resulting filtrate was evaporated and freeze-dried in order to obtain the dry weight of the extracts.

Effect of extraction temperature

10 Three extraction temperatures (room temperature, 50°C and 100°C) were used to study the extraction yield of cimracemate A. Dried powder of *C. racemosa* (2.0 g) was sonicated with 10 ml Milli-Q water at each extraction temperatures for 30 min. There were three replicates for each temperature, and the extraction process was repeated three times. The extracts were centrifuged at 4000 rpm for 5 minutes and then filtered through a filter
15 paper as above. The resulting filtrate was then freeze-dried in order to obtain the dry weight of the extracts.

Effect of sonication time

C. racemosa (2.0 g) was extracted with 10 ml Milli-Q water at room temperature.
20 Extractions were done by maceration and/or sonication for 5, 10, 20 and 30 minutes. There were three replicates for each extraction time and the extraction process was repeated three times. The extracts were centrifuged at 4000 rpm for 5 minutes and then filtered through a filter paper as above. The resulting filtrate was evaporated and freeze-dried in order to obtain the dry weight of the extracts.

Effect of solvent- to- herb ratio

C. racemosa (2.0 g) was extracted with milli-Q at ratio of 1:5, 1:10, 1:15 and 1:20 (w/v) at room temperature with continuous sonication for 30 minutes. There were three replicates for each extraction volume and the extraction process was repeated three times.

- 5 The extracts were centrifuged at 4000 rpm for 5 minutes and then filtered through a filter paper as above. The resulting filtrate was evaporated and freeze-dried in order to obtain the dry weight of the extracts.

Quantification analysis

- 10 The dry extracts were dissolved in methanol (MeOH) (25 mg/ml) prior to be determined by HPLC using a reversed phase Lichrospher 100 C₁₈ (250×4.6 mm i.d., 5µm) column (Alltech, USA). Separation was performed by linear gradient elution using ACN (25-90% in 15 minutes) and Milli-Q water (75-10% in 15 minutes). The flowing rate was 1.0 ml/min. The detection wavelength and the column temperature were set at 210nm and 23°C,
15 respectively. The injection volume was 5 µl. This running condition was optimized to give the best separation of cimracemate A from the other eluent peaks.

Extraction of C. dahurica (Turcz.) Maxim., *C. foetida* L., and *C. heracleifolia* Kom.

- 20 Three counterparts of *C. racemosa*: *C. dahurica* (Turcz.) Maxim., *C. foetida* L., and *C. heracleifolia* Kom. were provided by Purapharm International (H.K.) Ltd. Each herb (2.0 g) was extracted with 40 ml Milli-Q water under sonication (30 minutes) at room temperature. The extraction process was repeated three times and three replicates for each herb were done. The aqueous extracts were freeze-dried and then dissolved in MeOH to obtain the final concentration of 25mg/ml. The fingerprints of the herbs as well as the percentage yield of
25 cimracemate A were determined using HPLC-PDA as described above.

Statistical analysis

Data were analyzed using the SPSS statistical package. The differences of extraction yield of cimracemate A among the extraction conditions were checked for normality using Shapiro–Wilk’s test and for homogeneity of variance using Cochran’s C-test. They were then compared using one-way ANOVA followed by Tukey’s test. In all cases, the threshold for significance was 5%.

Following are examples that illustrate procedures for practicing the subject invention. These examples are provided for the purpose of illustration only and should not be construed as limiting.

10

EXAMPLE 1 – OPTIMIZATION OF CIMRACEMATE A ISOLATION AND EXTRACTION

Optimization of HPLC conditions

Using a bioassay-guided fractionation and identification scheme, cimracemate A (Fig. 1) with anti-inflammatory activity was isolated from the aqueous extract of *C. racemosa*. In order to quantify cimracemate A from each extract, a calibration curve ranged from 0.15625 to 1.25 µg/µl was obtained ($y=9197.4x - 12.457$, $R^2 = 0.9993$).

15

*Optimization of extraction conditions**Effect of hydroalcoholic solvent ratio*

The percentage yields of cimracemate A in *C. racemosa* in relation to the ethanol content in the extraction solvent are shown in Fig. 2 and 6. As shown in Fig. 2, the peak of cimracemate A (denoted as *) was the highest at 0% ethanol (i.e. 100% water) and it reduced substantially with the increase of ethanol content. The extraction yield of cimracemate A decreased from 1.36 to 0.19% when the ethanol content increased from 0 to

25

100% (Fig. 6). The results indicated that the ethanol content affects the extraction of cimracemate A from *C. racemosa*, with the extraction efficiency decreased with the increase of ethanol content in the extraction solvent. Therefore, water was used as the extraction solvent for the further investigations.

5 *Effect of extraction temperature*

In order to investigate how temperature affects the extraction yield of cimracemate A, *C. racemosa* were extracted under three different thermal conditions: room temperature, 50 and 100°C. In Fig. 3, the chromatograms of the extracts obtained from optimized HPLC condition were shown. The peak of cimracemate A (denoted as *) was the highest at room
10 temperature and reduced substantially from room temperature to 50°C and then to 100°C (Fig. 3). In addition, the extraction yields of cimracemate A at room temperature, 50 and 100 °C were 1.24, 0.51 and 0.11%, respectively (Fig. 7). The results indicated that temperature affected the extraction yield of cimracemate A significantly (Tukey's test, $p < 0.05$) and the extraction efficiency of cimracemate A decreased substantially with increases in temperature.
15 Therefore, room temperature was chosen for further investigations.

Effect of sonication time

The percentage yields of cimracemate A extracted from *C. racemosa* undergoing different sonication time are presented in Fig. 4 and 8. In Fig. 4, the peaks of cimracemate A
20 appeared in all the extracts with similar intensity. The percentage yield of cimracemate A was determined to be 1.20, 0.96, 1.39, 1.56, and 1.34% with sonication time for 0, 5, 10, 20, and 30 min (Fig. 8), respectively. Our results indicated that sonication did not significantly increase the extraction yield of cimracemate A (Tukey's test, $p > 0.05$).

Effect of solvent- to- herb ratio

The effect of solvent volume on extraction efficiency of cimracemate A from *C. racemosa* was determined by extracting the herbs with milli-Q at a ratio of 1:5, 1:10, 1:15 and 1:20 (w/v). The results showed that the peak intensity of cimracemate A obtained from 1:15 and 1:20 (w/v) was higher than the other two ratios (Fig. 5). In Fig. 9, the percentage yield of cimracemate A was determined to be 0.98, 0.93, 1.68, and 1.52% at a ratio of 1:5, 1:10, 1:15 and 1:20 (w/v) of water, respectively. The results revealed that the ratio of *C. racemosa* to water should be higher than 1:15 (w/v) in order to obtain a higher extraction yield of cimracemate A.

10

EXAMPLE 2 – CIMIRACEMATE A ISOLATION AND FINGERPRINTING FOR DETERMINING THE IDENTITY AND BIOACTIVITY OF CIMICIFUGA SPECIES*Determination of cimracemate A from C. dahurica, C. foetida, and C. heracleifolia*

The reference fingerprints of *C. dahurica*, *C. foetida*, and *C. heracleifolia* were determined by extracting the herbs under the same optimized extraction condition and followed by running the same HPLC setting to that of black cohosh. The results showed that *C. dahurica* did not contain cimracemate A whereas *C. foetida*, and *C. heracleifolia* contained different levels of cimracemate A as shown in Fig. 10. In general, using the same optimized extraction and HPLC conditions, it is easy to identify the compound in raw herbs of *C. racemosa* as well as its counterparts, namely *C. foetide* and *C. heracleifolia*.

20

EXAMPLE 3 — THERAPEUTIC USES OF CIMIRACEMATE A

The compounds of the subject invention can be used to treat inflammation associated with infection, including, but not limited to, infections by viruses, bacteria, fungi, yeast, and other microbes. Additionally, the compounds of the subject invention can be used to treat

25

inflammation mediated by a variety of proinflammatory factors including, but not limited to, tumor necrosis factor, interferons, interleukins, leukotrienes, and environmental toxins.

The compounds and pharmaceutical compositions of the present invention can be used in the treatment, or amelioration, of inflammatory symptoms in any disease, condition or disorder where immune and/or inflammation suppression is beneficial. Inflammatory diseases, conditions or disorders in which the compounds and compositions of the present invention can be used to inhibit unwanted immune reactions and inflammation include, but are not limited to, arthritis, including but not limited to rheumatoid arthritis, and other diseases, conditions or disorders of the joints or musculoskeletal system in which immune and/or inflammation suppression is beneficial.

Moreover, the compounds and compositions are also useful to treat or ameliorate inflammation associated with atherosclerosis; arteriosclerosis; atherosclerotic heart disease; reperfusion injury; cardiac arrest; myocardial infarction; vascular inflammatory disorders including cerebro-vascular disease (stroke); respiratory distress syndrome and other cardiopulmonary diseases, conditions or disorders where immune and/or inflammation suppression, such as graft-versus-host disease and allergic conditions, would be beneficial.

In addition, the compounds and compositions are also useful to treat or ameliorate inflammation associated with peptic ulcer; ulcerative colitis, Chron's Disease, irritable bowel syndrome, other inflammatory bowel conditions, and other diseases, conditions or disorders of the gastrointestinal tract where immune inflammation suppression would be beneficial; hepatic fibrosis; liver cirrhosis and other hepatic diseases, conditions or disorders where immune and/or inflammation suppression would be beneficial; thyroiditis and other glandular diseases, conditions or disorders where immune and/or inflammation suppression would be beneficial; glomerulonephritis and other renal and urologic diseases, conditions or disorders where immune and/or inflammation suppression would be beneficial.

In addition, the compounds and compositions are also useful to treat or ameliorate inflammation associated with post-traumatic inflammation; septic shock; infectious diseases where immune and/or inflammation suppression would be beneficial; inflammatory complications and side effects of surgery where immune and/or inflammation suppression would be beneficial; bone marrow transplantation and other transplantation complications and/or side effects where immune and/or inflammation suppression would be beneficial; inflammatory and/or immune complications and side effects of gene therapy, e.g., due to infection with a viral carrier; and inflammation associated with acquired immune deficiency syndrome (AIDS).

Further, the compounds and compositions are also useful to inhibit macrophage or T cell associated aspects of an immune response that are not associated with inflammation. The compounds and compositions are able to inhibit macrophage or T cell activities including, but not limited to, macrophage antigen-presenting activity, macrophage cytokine production, T cell cytokine production, T cell adhesion activity, T cell proliferation, etc. Thus, the peptides, peptide derivatives and compositions are useful to suppress or inhibit a humoral and/or cellular immune response.

The compounds and compositions are also useful to treat or ameliorate monocyte and leukocyte proliferative diseases, e.g., leukemia, by reducing the amount of monocytes and lymphocytes.

The compounds and pharmaceutical compositions of the invention are further useful for the prevention and/or treatment of graft rejection in cases of transplantation of natural or artificial cells, tissue and organs, such as cornea, bone marrow, organs, lenses, pacemakers, natural and artificial skin tissue, and the like.

The compounds and compositions are also useful to treat or ameliorate inflammation associated with hypersensitivity; allergic reactions; asthma; systemic lupus erythematosus;

collagen diseases and other autoimmune diseases, conditions or disorders in which immune and/or inflammation suppression is beneficial.

The compounds and compositions are also useful to treat or ameliorate inflammation associated with otitis and other otorhinolaryngological diseases, conditions or disorders
5 where immune and/or inflammation suppression would be beneficial; dermatitis and other dermal diseases, conditions or disorders where immune and/or inflammation suppression would be beneficial; periodontal diseases and other dental diseases, conditions or disorders where immune and/or inflammation suppression would be beneficial.

In addition, the compounds and compositions are also useful to treat or ameliorate
10 inflammation associated with posterior uveitis; intermediate uveitis; anterior uveitis; conjunctivitis; chorioretinitis; uveoretinitis; optic neuritis; intraocular inflammation, such as retinitis and cystoid macular edema; sympathetic ophthalmia; scleritis; retinitis pigmentosa; immune and inflammatory components of degenerative fundus disease; inflammatory components of ocular trauma; ocular inflammation caused by infection; proliferative
15 vitreoretinopathies; acute ischemic optic neuropathy; excessive scarring, for example, following glaucoma filtration operation; immune and/or inflammation reaction against ocular implants and other immune and inflammatory-related ophthalmic diseases, conditions or disorders where immune and/or inflammation suppression would be beneficial.

Moreover, the compounds and compositions are also useful to treat or ameliorate
20 inflammation associated with autoimmune diseases and conditions or disorders where, both in the central nervous system (CNS) and in any other organ, immune and/or inflammation suppression would be beneficial; Parkinson's disease; complications and/or side effects from treatment of Parkinson's disease; AIDS-related dementia complex (HIV-related encephalopathy); Devic's disease; Sydenham chorea; Alzheimer's disease and other
25 degenerative diseases, conditions or disorders of the central nervous system where immune

and/or inflammation suppression would be beneficial; inflammatory components of strokes; post-polio syndrome; immune and inflammatory components of psychiatric disorders; myelitis; encephalitis; subacute sclerosing panencephalitis; encephalomyelitis; acute neuropathy; subacute neuropathy; chronic neuropathy; Guillain-Barre syndrome; Sydenham chorea; myasthenia gravis; pseudotumor cerebri; Down's Syndrome; Huntington's disease; 5 amyotrophic lateral sclerosis; inflammatory components of central nervous system (CNS) compression or CNS trauma or cerebrovascular accidents (stroke) or infections or hypoxia-ischemia of the CNS; inflammatory components of muscular atrophies and dystrophies; and immune and inflammatory related diseases, conditions or disorders of the 10 central and peripheral nervous systems where immune and/or inflammation suppression would be beneficial.

In yet another embodiment, the compounds and compositions of the invention are useful to restore immune privilege at an immune privileged site which has lost its immune privilege such as brain, eye and testis.

15

EXAMPLE 4 — FORMULATIONS

In one embodiment, the subject invention provides isolated compounds. As used herein, "isolated" refers to compounds that have been removed from any environment in which they may exist in nature. For example, isolated cimracemate A would not refer to the 20 cimracemate A compound as it exists in *Cimicifuga racemosa*. In preferred embodiments, the compounds of the subject invention are at least 75% pure, preferably at least 90% pure, more preferably are more than 95% pure, and most preferably are more than 99% pure (substantially pure).

The present invention also provides for therapeutic or pharmaceutical compositions 25 comprising a compound of the invention in a form that can be combined with a

pharmaceutically acceptable carrier. In this context, the compound may be, for example, isolated or substantially pure. The term "carrier" refers to a diluent, adjuvant, excipient, or vehicle with which the compound is administered. Such pharmaceutical carriers can be sterile liquids, such as water and oils, including those of petroleum oil such as mineral oil, vegetable
5 oil such as peanut oil, soybean oil, and sesame oil, animal oil, or oil of synthetic origin. Saline solutions and aqueous dextrose and glycerol solutions can also be employed as liquid carriers, particularly for injectable solutions. Particularly preferred pharmaceutical carriers for treatment of or amelioration of inflammation in the central nervous system are carriers that can penetrate the blood/brain barrier. As used herein carriers do not include the natural
10 plant material as it exists in nature.

Suitable pharmaceutical excipients include starch, glucose, lactose, sucrose, gelatin, malt, rice, flour, chalk, silica gel, sodium stearate, glycerol monostearate, talc, sodium chloride, dried skim milk, glycerol, propylene, glycol, water, ethanol and the like. The therapeutic composition, if desired, can also contain minor amounts of wetting or emulsifying
15 agents, or pH buffering agents. These compositions can take the form of solutions, suspensions, emulsion, tablets, capsules, powders, sustained-release formulations and the like. The composition can be formulated with traditional binders and carriers such as triglycerides. Examples of suitable pharmaceutical carriers are described in "Remington's Pharmaceutical Sciences" by E. W. Martin. Such compositions contain a therapeutically effective amount of
20 the therapeutic composition, together with a suitable amount of carrier so as to provide the form for proper administration to the patient. The formulation should suit the mode of administration.

In one embodiment, the composition is formulated in accordance with routine procedures as a pharmaceutical composition adapted for local injection administration to
25 human beings. Typically, compositions for local injection administration are solutions in

sterile isotonic aqueous buffer. Where necessary, the composition may also include a solubilizing agent and a local anesthetic such as lidocaine to ease pain at the site of the injection. Generally, the ingredients are supplied either separately or mixed together in unit dosage form, for example, as a dry lyophilized powder or water free concentrate in a hermetically sealed container such as an ampoule or sachette indicating the quantity of active agent. Where the composition is administered by injection, an ampoule of sterile water for injection or saline can be provided so that the ingredients may be mixed prior to administration.

The therapeutic or pharmaceutical compositions of the invention can be formulated as neutral or salt forms. Pharmaceutically acceptable salts include those formed with free amino groups such as those derived from hydrochloric, phosphoric, acetic, oxalic, tartaric acids, etc., and those formed with free carboxyl groups such as those derived from sodium, potassium, ammonium, calcium, ferric hydroxides, isopropylamine, triethylamine, 2-ethylamino ethanol, histidine, procaine, etc.

The present invention also provides for the modification of the compound such that it is more stable once administered to a subject, i.e., once administered it has a longer time period of effectiveness as compared to the unmodified compound. Such modifications are well known to those of skill in the art, e.g., polyethylene glycol derivatization (PEGylation), microencapsulation, etc. In specific examples, an active compound of the invention can be coupled to large or small molecular-weight PEGs by using a linker. Previously-known examples of such constructs include PEG-irinotecan and PEG-docetaxel.

The amount of the therapeutic or pharmaceutical composition of the invention which is effective in the treatment of a particular disease, condition or disorder will depend on the nature of the disease, condition or disorder and can be determined by standard clinical techniques. In general, the dosage ranges from about 0.001 mg/kg to about 2 mg/kg. In

addition, in vitro assays may optionally be employed to help identify optimal dosage ranges. The precise dose to be employed in the formulation will also depend on the route of administration, and the seriousness of the disease, condition or disorder, and should be decided according to the judgment of the practitioner and each patient's circumstances.

5 Effective doses may be extrapolated from dose-response curves derived from in vitro or animal model test systems. For example, in order to obtain an effective mg/kg dose for humans based on data generated from rat studies, the effective mg/kg dosage in rats is divided by six.

The invention also provides a pharmaceutical pack or kit comprising one or more
10 containers filled with one or more of the ingredients, e.g., compound, carrier, of the pharmaceutical compositions of the invention.

The compounds of the subject invention can also be formulated consistent with traditional Chinese medicine practices. The composition and dosage of the formulation that are effective in the treatment of a particular disease, condition or disorder will depend on the
15 nature of the disease, condition or disorder by standard clinical techniques.

The traditional Chinese medicine in prescription amounts can be readily made into any form of drug, suitable for administering to humans or animals. Suitable forms include, for example, tinctures, decoctions, and dry extracts. These can be taken orally, applied through venous injection or mucous membranes. The active ingredient can also be
20 formulated into capsules, powder, pellets, pastille, suppositories, oral solutions, pasteurized gastroenteric suspension injections, small or large amounts of injection including preparations for intravenous administration, frozen power injections, pasteurized powder injections and the like. All of the above-mentioned methods are known to people skilled in the art, described in books and commonly used by practitioners of herbal medicine.

25 A tincture is prepared by suspending herbs in a solution of alcohol, such as, for

example, wine or liquor. After a period of suspension, the liquid (the alcohol solution) may be administered for example, two or three times a day, one teaspoon each time.

A decoction is a common form of herbal preparation. It is traditionally prepared in a clay pot, but can also be prepared in glass, enamel or stainless steel containers. The formulation can be soaked for a period of time in water and then brought to a boil and
5 simmered until the amount of water is reduced by, for example, half.

An extract is a concentrated preparation of the essential constituents of a medicinal herb. Typically, the essential constituents are extracted from the herbs by suspending the herbs in an appropriate choice of solvent, typically, water, ethanol/water mixture, methanol,
10 butanol, iso-butanol, acetone, hexane, petroleum ether or other organic solvents. The extracting process may be further facilitated by means of maceration, percolation, re-percolation, counter-current extraction, turbo-extraction, or by carbon-dioxide hypercritical (temperature/pressure) extraction. After filtration to rid of herb debris, the extracting solution may be further evaporated and thus concentrated to yield a soft extract (extractum
15 spissum) and/or eventually a dried extract, extractum siccum, by means of spray drying, vacuum oven drying, fluid-bed drying or freeze-drying. The soft extract or dried extract may be further dissolved in a suitable liquid to a desired concentration for administering or processed into a form such as pills, capsules, injections, etc.

All patents, patent applications, provisional applications, and publications referred to
20 or cited herein are incorporated by reference in their entirety, including all figures and tables, to the extent they are not inconsistent with the explicit teachings of this specification.

It should be understood that the examples and embodiments described herein are for illustrative purposes only and that various modifications or changes in light thereof will be suggested to persons skilled in the art and are to be included within the spirit and purview of
25 this application.

REFERENCES

1. Aggarwal S, Takada Y, Singh S, Myers JN, Aggarwal B. Inhibition of growth and survival of human head and neck squamous cell carcinoma cells by curcumin via modulation of nuclear factor-kappaB signaling. *Int J Cancer* 2004, 111: 679-92.
5
2. Blumenthal M, Goldberg A, Brinckmann J (eds.): Herbal Medicine: Expanded Commission E Monographs. Newton, MA: Integrative Medicine Communications, 2000, pp 22-27.
3. Burdette JE, Chen SN, Lu ZZ, Xu H, White BE, Fabricant DS, Liu J, Fong HHS, Farnsworth NR, Constantinou AI, Van Breemen RV, Pezutto JM, Bolton JL. Black cohosh (*Cimicifuga racemosa* L.) protects against menadione-induced DNA damage through scavenging of reactive oxygen species: bioassay-directed isolation and characterization of active principles. *J Agric Food Chem* 2002, 50: 7022–7028.
10
4. Cacace JE, Mazza G. Optimization of extraction of anthocyanins from black currants with aqueous ethanol. *J Food Sci* 2003, 68: 240–248.
15
5. Chen H, Fabricant DS, Pauli GF, Fong HHS, Farnsworth NR. Synthesis of Cimicracemate B, a phenylpropanoid found in *Cimicifuga Racemosa*. *Nat Prod Res* 2005, 19: 287–290.
6. Chen H, Zhang ZS, Zhang YL, Zhou DY. Curcumin inhibits cell proliferation by interfering with the cell cycle and inducing apoptosis in colon carcinoma cells.
20 *Anticancer Res* 1999, 19: 3675-3680.
7. Chen SN, Fabricanta DS, Lua ZZ, Zhanga H, Fong HHS, and Farnswortha NR. Cimicracemates A–D, phenylpropanoid esters from the rhizomes of *Cimicifuga racemosa*. *Phytochemistry* 2002, 61: 409-413.
8. Foster S. Black cohosh: *Cimicifuga racemosa*. A literature review. *HerbalGram* 1999, 45:
25 35–49.

9. He K, Pauli GF, Zheng B, Wang H, Bai N, Peng T, Roller M, Zheng Q. *Cimicifuga* species identification by high performance liquid chromatography–photodiode array/mass spectrometric/evaporative light scattering detection for quality control of black cohosh products. *J Chromatogr A*, 2006, 1112: 241-254.
- 5 10. Huie CW. A review of modern sample-preparation techniques for the extraction and analysis of medicinal plants. *Anal Bioanal Chem* 2002, 373: 23-30.
11. Itokawa H, Aiyama R, Ikuta A. A pungent principle from *Alpinia oxyphylla* *Phytochemistry* 1982, 21: 241–243.
12. Iversen CK. Black currant nectar: Effect of processing and storage on anthocyanin and
10 ascorbic acid. *J Food Sci* 1999, 64: 37–41.
13. Kennelly KJ, Baggett S, Nuntanakorn P, Ososki AL, Mori SA, Duke J, Coletton M, Kronenberg F. Analysis of thirteen populations of black cohosh for formononetin. *Phytomedicine* 2002, 9: 461-467.
14. Kim CD, Lee WK, Lee MH, Cho HS, Lee YK, Roh SS. Inhibition of mast cell-dependent
15 allergy reaction by extract of black cohosh (*cimicifuga racemosa*). *Immunopharmacol Immunotoxicol* 2004, 26: 299–308.
15. Kim SJ, Kim MS. Inhibitory effects of *Cimicifugae rhizoma* extracts on histamine, bradykinin and COX-2 mediated inflammatory actions. *Phytother Res* 2000, 14: 596–600.
16. Kusano A, Seyama Y, Nagai M, Shibano M, Kusano G. Effects of Fukinolic Acid and
20 Cimicifugic Acids from *Cimicifuga* Species on Collagenolytic Activity. *Biol Pharm Bull* 2001, 24: 1198—1201.
17. Li W, Chen S, Fabricant D, Angerhofer CK, Fong HHS, Farnsworth NR, Fitzloff JF. High-performance liquid chromatographic analysis of Black Cohosh (*Cimicifuga racemosa*) constituents with in-line evaporative light scattering and photodiode array
25 detection. *Analytica Chimica Acta* 2002, 471:61-75.

18. Loncin M, Merson RL. Food engineering: principles and selected applications, Academic Press 1979, New York, USA
19. Luque-García JL, Luque de Castro MD. Ultrasound: a powerful tool for leaching. *Trends in Anal Chem* 2003, 22: 41-47.
- 5 20. Ohishi K, Aiyama R, Hatano H, Yoshida Y, Wada Y, Yokoi W, Sawada H, Watanabe T, Yokokura T. Structure-Activity Relationships of N-(3,5-Dimethoxy-4-n-octyloxycinnamoyl)-N'-(3,4-dimethylphenyl)piperazine and Analogues as Inhibitors of Acyl-CoA: Cholesterol O-Acyltransferase. *Chem Pharm Bull* 2001, 49: 830–839.
- 10 21. Pepping JPD. Black cohosh: *Cimicifuga racemosa*. *Am J of Health-Sys Pharm* 1999, 56: 1400-1402.
22. Roughley PJ, Whiting DA. Experiments in the biosynthesis of curcumin. *J Chem Soc Perkin Trans* 1973, 1: 2379–2388.
23. Shotipruk A, Kaufman PB, Wang IY. Feasibility study of repeated harvesting of menthol from biologically viable *Mentha x piperata* using ultrasonic extraction, *Biotechnol Prog* 15 2001, 17: 924–928.
24. Skrede G, Wrolstad RE, Durst RW. Changes in anthocyanins and polyphenolics during juice processing of highbush blueberries (*Vaccinium corymbosum* L.), *J Food Sci* 2000, 65: 357–364.
- 20 25. Vinatoru M. An overview of the ultrasonically assisted extraction of bioactive principles from herbs. *Ultrason Sonochem* 2001, 8: 303–313.

26. Yang CLH, Chik, SCC, Li JCB, Cheung BKW, Lau ASY. Identification of the bioactive constituent and its mechanisms of action in mediating the anti-inflammatory effects of Black Cohosh and related *Cimicifuga* species on human primary blood macrophages, submitted to *J Med Chem*, jm-2009-006164 (incorporated herein in its entirety by reference).

CLAIMS

We claim:

1. A method for isolating cimracemate A from a *Cimicifuga* species, comprising the steps of:

- a) providing a sufficient quantity of raw material of a *Cimicifuga* species;
- b) mixing the raw material of a *Cimicifuga* species with an aqueous polar solvent at a temperature of about 20°C to about 28°C to obtain a solvent extract comprising cimracemate A; and
- c) isolating cimracemate A from the solvent extract.

2. The method of claim 1, wherein cimracemate A is isolated from the solvent extract using high-performance liquid chromatography (HPLC).

3. The method of claim 2, wherein cimracemate A is eluted using HPLC from the solvent extract at UV absorbance of about 210 nm.

4. The method of claim 3, wherein cimracemate A is eluted using HPLC from the solvent extract at about 23°C.

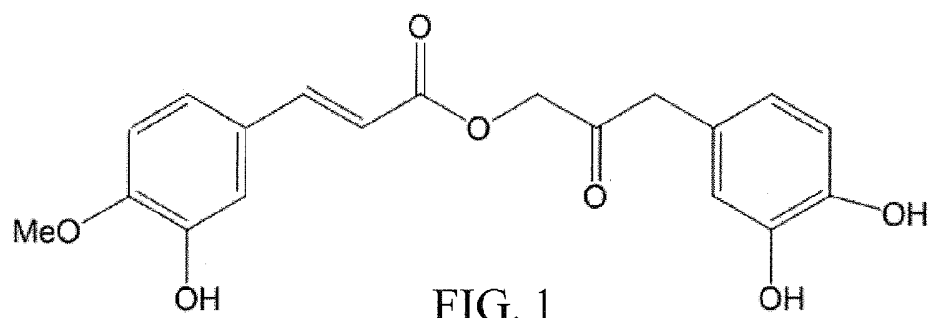
5. The method of claim 1, wherein the raw material of a *Cimicifuga* species is grinded into powder.

6. The method of claim 1, wherein the *Cimicifuga* species is selected from the group consisting of *Cimicifuga racemosa*, *Cimicifuga foetida*, and *Cimicifuga heracleifolia*.

7. The method of claim 6, wherein the *Cimicifuga* species is *Cimicifuga racemosa*.
8. The method of claim 1, wherein the aqueous polar solvent is water-ethanol comprising ethanol at a concentration of less than 20%.
9. The method of claim 8, wherein the *Cimicifuga* species is mixed with water-ethanol at a ratio of about 1:15 to about 1:20 (w/v).
10. The method of claim 1, wherein the aqueous polar solvent is water.
11. The method of claim 10, wherein the *Cimicifuga* species is mixed with water at a ratio of about 1:15 to about 1:20 (w/v).
12. The method of claim 11, wherein *Cimicifuga racemosa* is mixed with water at a ratio of about 1:15 (w/v).
13. The method, according to claim 1, consisting of the steps of:
 - a) providing a sufficient quantity of raw material of a *Cimicifuga* species;
 - b) mixing the raw material of a *Cimicifuga* species with an aqueous polar solvent at a temperature of about 20°C to about 28°C to obtain a solvent extract comprising cimircemate A; and
 - c) isolating cimircemate A from the solvent extract.
14. The method of claim 13, wherein the aqueous polar solvent is water.

15. The method of claim 14, wherein the *Cimicifuga* species is mixed with water at a ratio of about 1:15 to about 1:20 (w/v)

16. A method for standardizing a therapeutic composition containing *Cimicifuga* species wherein said method uses the concentration and/or biological activity of cimicifemate A as a standard.



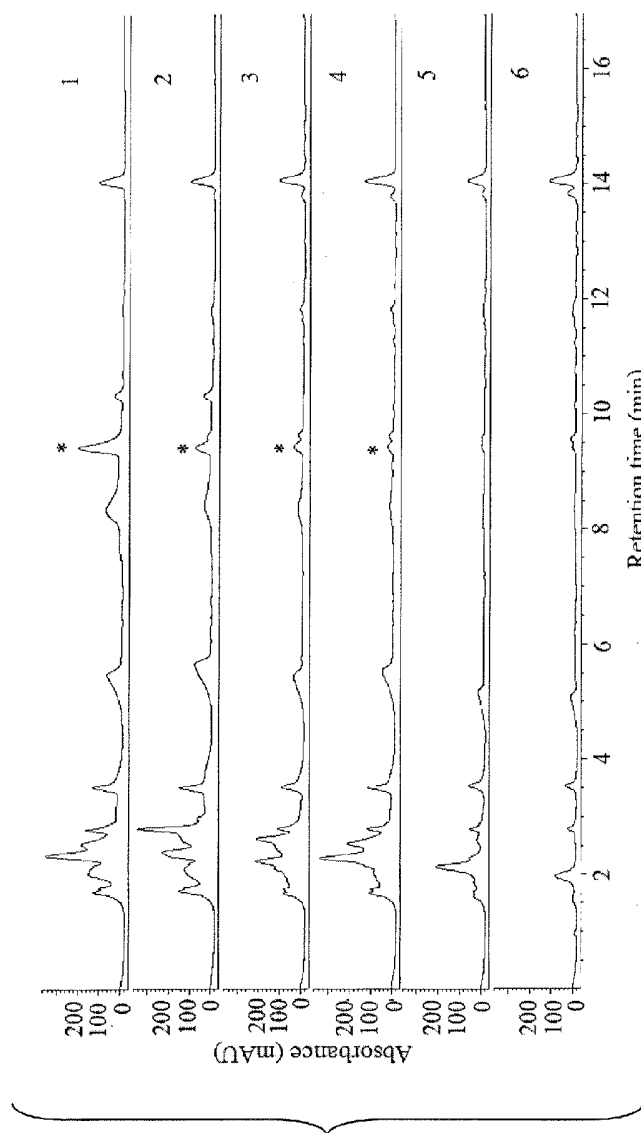


FIG. 2

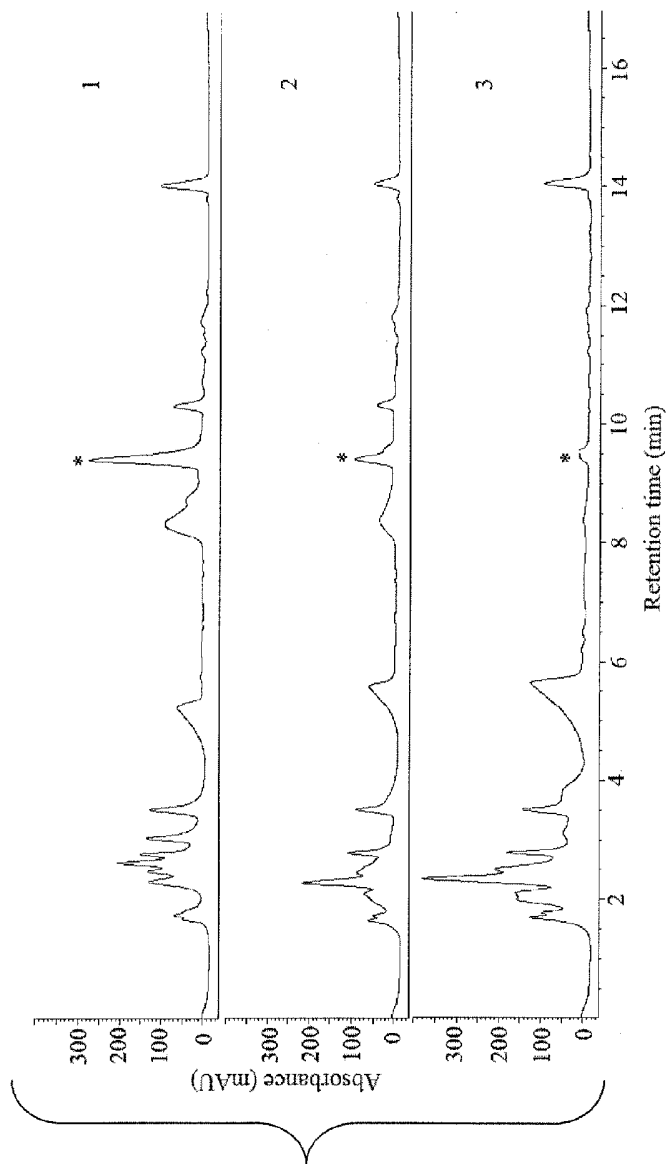


FIG. 3

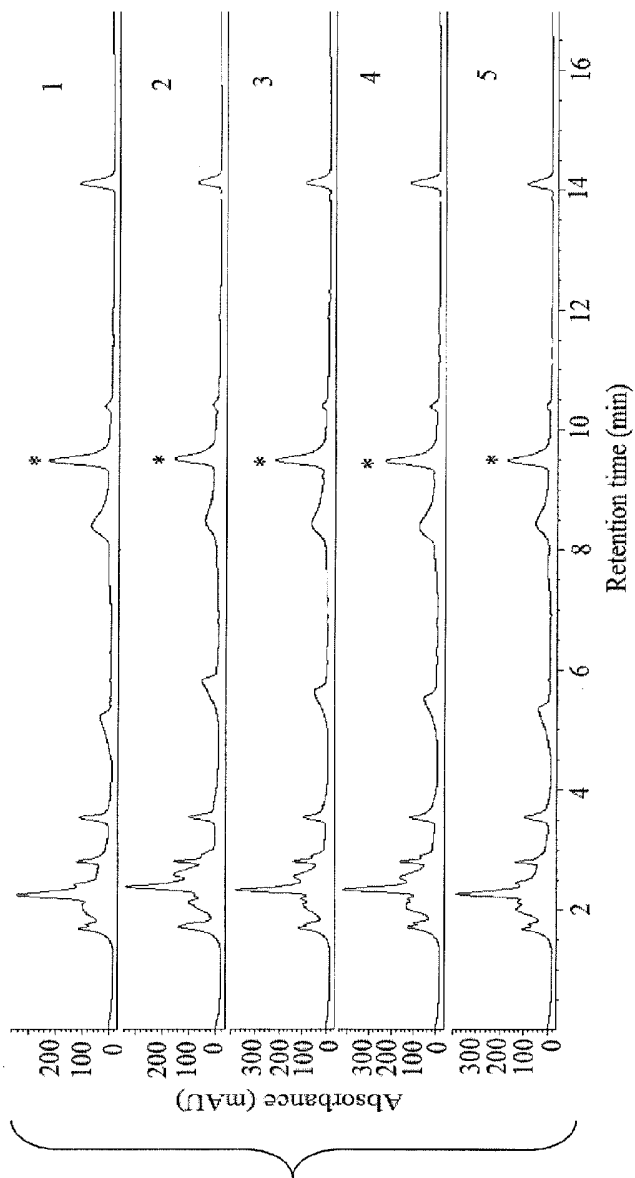


FIG. 4

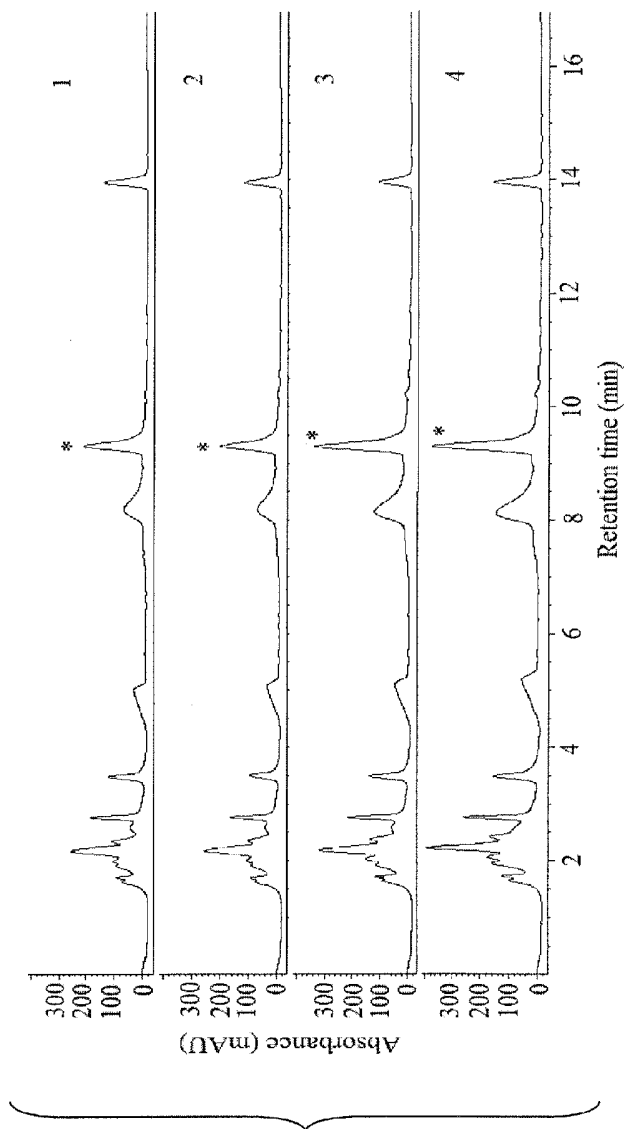


FIG. 5

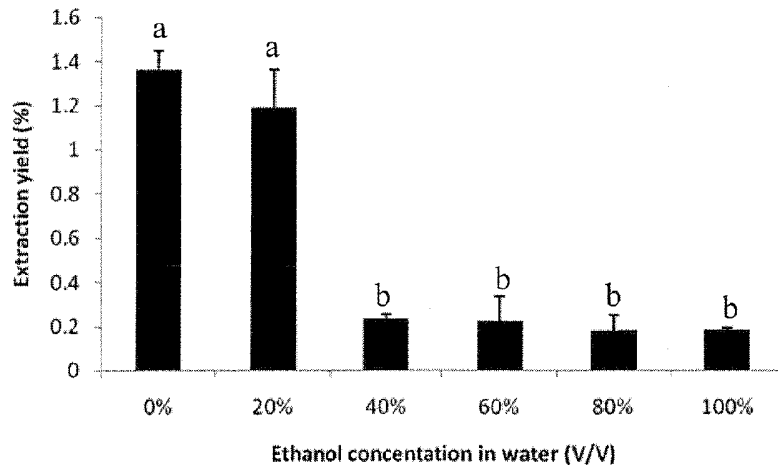


FIG. 6

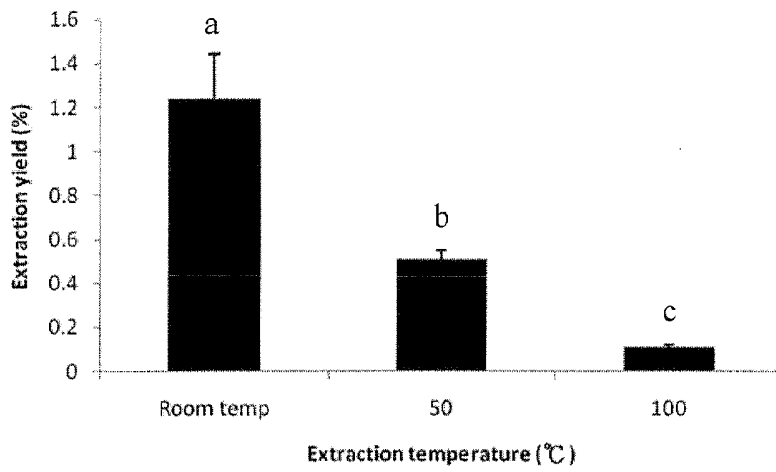


FIG. 7

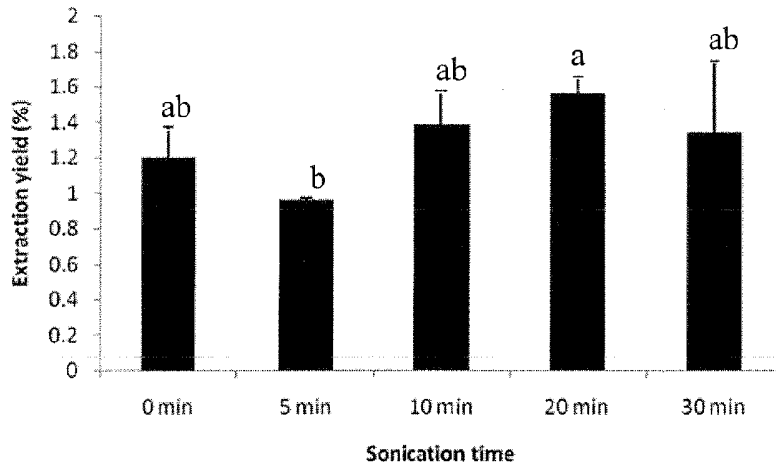


FIG. 8

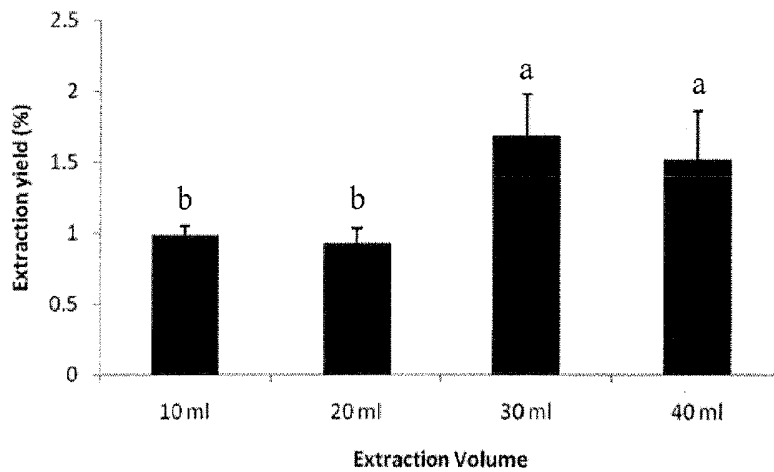


FIG. 9

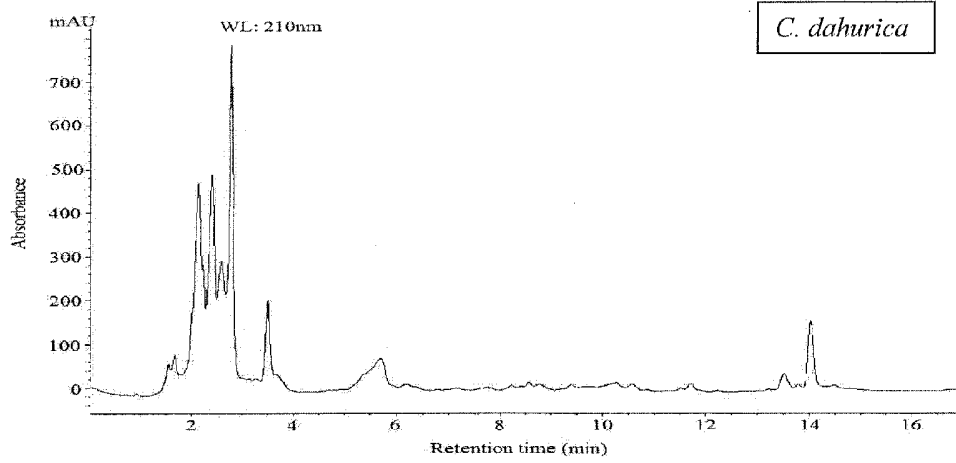


FIG. 10A

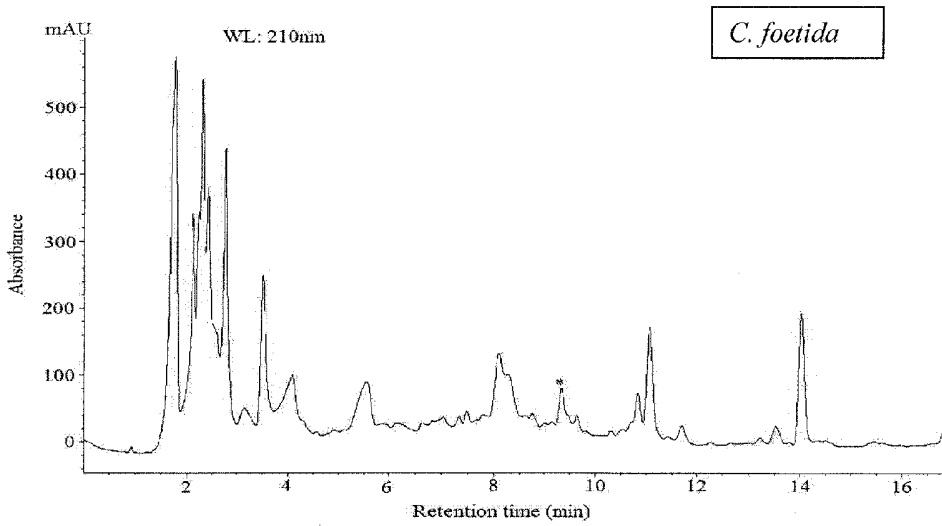


FIG. 10B

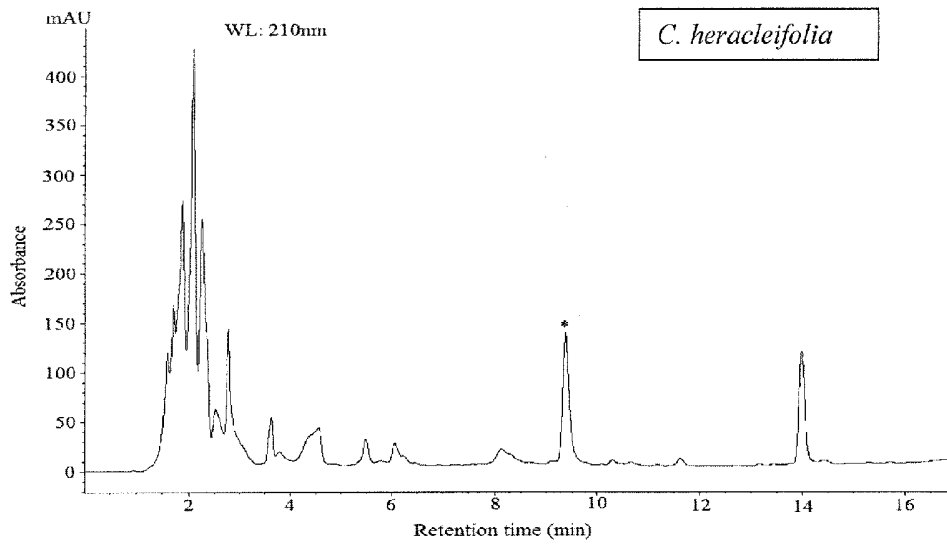


FIG. 10C