

1 **Clinical trials of silver diamine fluoride in arresting caries among children:**
2 **A systematic review**

3

4 **Sherry Shiqian Gao¹, Irene Shuping Zhao¹, Hiraishi Noriko², Duangporn**
5 **Duangthip¹, May Lei Mei¹, Edward Chin-Man Lo¹, Chun-Hung Chu^{1*}**

6

7 ¹ Faculty of Dentistry, The University of Hong Kong, Hong Kong, China

8

9 ² Cariology and Operative Dentistry, Department of Oral Health Sciences, Graduate School,
10 Tokyo Medical and Dental University, Tokyo, Japan.

11

12

13 **E-mail address:**

14 Sherry Shiqian Gao: gao1204@hku.hk

15 Irene Shuping Zhao: irenezhao110@gmail.com

16 Hiraishi Noriko: hiraope@tmd.ac.jp

17 Duangporn Duangthip: u3001284@connect.hku.hk

18 May Lei Mei: mei1123@hku.hk

19 Edward Chin-Man Lo: hrdplcm@hku.hk

20 Chun-Hung Chu: chchu@hku.hk

21

22 *** Corresponding to :** Chun-Hung Chu
23 Faculty of Dentistry
24 The University of Hong Kong
25 Hong Kong, China
26 Tel: +852 2859-0287
27 Fax: +852 2858-2532
28 E-mail: chchu@hku.hk

29 *Key words: meta-analysis; child dentistry; fluorides; remineralization; caries treatment;*
30 *clinical outcomes*

31

32 Abstract word count: 247

33 Total word count: 3681

34 Number of tables: 2

35 Number of figures: 2

36 Number of references: 41

37

38 **Knowledge Transfer Statement**

39 This systematic review found 38% SDF can effectively arrest caries among children. SDF
40 treatment is non-invasive and easily operated. It can be a promising strategy to manage dental
41 caries in young children or those who have special needs.

42 **Abstract**

43

44 *This review aims to investigate the clinical effectiveness of silver diamine fluoride (SDF)*
45 *in arresting dental caries among children. A systematic search of publications was conducted*
46 *with the keywords “silver diamine fluoride” OR “silver diammine fluoride” OR “silver*
47 *fluoride” OR “diamine silver fluoride” OR “diammine silver fluoride” and their translation*
48 *in Chinese, Japanese, Portuguese and Spanish in seven databases, which are PubMed*
49 *(English), Embase (English), Scopus (English), China National Knowledge Infrastructure*
50 *(Chinese), Ichushi-web (Japanese), Biblioteca Virtual em Saude (Portuguese) and Biblioteca*
51 *Virtual en Salud Espana (Spanish). Duplicated publications were deleted. The title and abstract*
52 *were screened and irrelevant publications were excluded. Full text of the remaining*
53 *publications were retrieved. Prospective clinical studies of SDF reporting on its caries-*
54 *arresting effect among children were included. Meta-analysis was performed for quantitative*
55 *analysis. A total of 1,123 publications were found, including 19 publications of clinical trials.*
56 *Sixteen clinical trials studied caries-arresting effect on primary teeth, and three clinical trials*
57 *were on permanent teeth. Fourteen studies used 38% SDF, three used 30% SDF and two used*
58 *10% SDF. Meta-analysis was performed on extracted data from 8 studies using 38% SDF to*
59 *arrest caries in primary teeth. The overall percentage of active caries which became arrested*
60 *was 81% (95% confidence interval: 68% - 89%, $p < 0.001$). Apart from staining the arrested*
61 *lesion black, no significant complication of SDF use among children was reported. SDF was*
62 *commonly used at 38%. It was effective in arresting dentine caries in primary teeth among*
63 *children.*

64

65 **Introduction**

66 Although people’s dental knowledge in general has improved and dental treatment
67 techniques have advanced in the past few decades, early childhood caries (ECC) still remains
68 as a global health problem. ECC is the presence of one or more decayed, missing due to caries,
69 or filled tooth surfaces (dmfs) in any primary tooth in a child at 71 months of age or younger
70 (American...2008). While dietary sugars and poor oral hygiene are important factors causing
71 ECC, poor parental education, adverse socioeconomic conditions, low family income, single
72 parent and regular medication are all related to a higher risk of ECC in preschool children (Chu
73 2000). Moreover, ethnic and cultural variables are also significant factors which predispose
74 children to ECC because feeding habits, diet and pacifier use differ between cultures. In the
75 United States, the prevalence of dental caries was 50% among children aged 5–9 years old
76 (Bagramian et al. 2009). In China, more than 75% of 5-year-old children had a certain level of
77 dental caries (Wang et al. 2002). In Southeast Asia, a study reported almost half (47%) of young
78 children aged 25 to 30 months suffered ECC (van Palenstein Helderma et al. 2006). Untreated
79 ECC can cause toothache, pain and infection. The consequences will not only influence
80 children’s oral health, but also their general health, such as children’s growth, quality of life
81 and their cognitive development (Sheiham 2006).

82

83 Conventional dental treatment for ECC is often either unavailable or unaffordable for
84 many child populations (Chu and Lo 2008). Moreover, cooperation from children during dental
85 treatment is another challenge for dentists. Hence, alternative treatments which can be easily
86 carried out and at low cost are needed for ECC management in children (Chu et al. 2009). Some
87 clinicians have suggested using silver diamine fluoride (SDF) for caries management (Chu et
88 al. 2002, Llodra et al. 2005). It is a colourless ammonia solution containing silver and fluoride
89 ions. As neutral silver fluoride is unstable, it is commonly dissolved in water containing
90 ammonia to form a more stable complex ion (Mei et al. 2013a). Fluoride has proven to be
91 effective in enhancing the remineralisation of dental hard tissue (Hicks et al. 2004). Silver ion
92 acts as an antibacterial agent in SDF (Mei et al. 2013b). Laboratory studies have shown that
93 38% SDF is effective in inhibiting dentine demineralisation and preserving collagen from

94 degradation (Mei et al. 2013a, Mei et al. 2013b, Mei et al. 2014). After being treated with SDF,
95 a highly remineralised surface zone rich in calcium and phosphate can be found on the arrested
96 cavitated carious lesion. The dentine collagens are protected by the remineralised mineral
97 materials (Mei et al. 2014). SDF also has antibacterial properties and inhibits the growth of
98 cariogenic biofilms (Mei et al. 2013b).

99

100 SDF at 38% has been used to arrest ECC in Argentina, Australia, Brazil, China, Japan
101 and recently the United States. Because this treatment is non-invasive and easily performed, it
102 can be a promising strategy to manage dental caries in very young children or those who have
103 special needs (Chu et al. 2009). One significant limitation of SDF treatment is that it will stain
104 carious lesions black. This appearance may not be acceptable for some children and their
105 parents. Hence, it is necessary to inform patients of this outcome of SDF treatment. Pre-
106 treatment discussion on the pros and cons of SDF treatment with the children and their parents
107 is vital to patient satisfaction. A primary tooth with its caries arrested can act as a space
108 maintainer and sustain chewing function until the tooth is replaced with a permanent successor
109 tooth. SDF at 38% has high fluoride content (44,800 ppm). Some clinicians have concern on
110 the use of SDF in young children because of a possible risk of causing dental fluorosis.
111 However, since only a very small amount of SDF solution is applied onto a carious lesion,
112 researchers concluded that occasional application of SDF is well below the concentrations
113 associated with toxicity (Mei et al. 2016).

114

115 Since SDF has not been commonly used in dentistry in most of the developed Western
116 countries, the number of English publications regarding SDF use is limited. Instead, there may
117 be more publications in Japanese, Chinese, Spanish and Portuguese because it has been used
118 in countries using these languages. Until now, there has been no comprehensively systematic
119 review to evaluate the evidence about the clinical effectiveness of using SDF for arresting
120 dental caries among children. The aim of this study was to review the prospective clinical
121 studies which investigated the effectiveness of SDF in arresting dental caries among children.

122

123

124 **Materials and methods**

125 This systematic review was conducted following the Preferred Reporting Items for
126 Systematic Reviews and Meta-Analyses (PRISMA) statement, which is an evidence-based
127 minimum set of items for reporting in systematic reviews and meta-analyses (Moher et al.
128 2009).

129

130 ***Search strategy***

131 A systematic search of literature was performed in 7 databases containing English,
132 Chinese, Japanese, Portuguese and Spanish articles. English publications were searched in
133 PubMed, Embase and Scopus by using the following English key words: “silver diamine
134 fluoride” OR “silver diammine fluoride” OR “silver fluoride” OR “diamine silver fluoride”
135 OR “diammine silver fluoride”. Chinese literature was searched using China National
136 Knowledge Infrastructure (CNKI) with the Chinese key words “氟化銀” OR “氟化氨銀”.
137 Japanese papers were searched using Ichushi-web with the Japanese key words “サホライド”
138 OR “フッ化ジアンミン銀”. The search for Spanish and Portuguese publications was
139 conducted using Biblioteca Virtual en Salud Espana (BVSE) and Biblioteca Virtual em Saude
140 (BVS) by using the Spanish key words “fluoruro diaminico del plata” OR “fluoruro del plata”
141 and the Portuguese key words “diamino fluoreto de prata” OR “fluoreto de prata”, respectively.
142 No limit on the time of publication was set and the last search was made in end of March 2016.
143 Publications that contained the key words above formed a potentially eligible list and were
144 included for the first screening (Figure 1).

145

146 ***Selection of clinical studies***

147 Articles in the potentially eligible list were screened manually by title and abstract.
148 Duplicated publications were removed. Literature review, case report, laboratory studies,
149 clinical trials in other aspects (such as not investigating caries arrest in children), clinical
150 treatment guidelines and other irrelevant studies were excluded. Full text of the remaining
151 papers were retrieved. A manual screening of bibliographies was conducted to identify related
152 articles. Prospective clinical studies investigating the caries-arresting effect of SDF treatment

153 in children with or without control groups were selected for analysis in this systematic review.
154 The two reviewers would discuss with another independent investigator when they disagreed
155 on include/exclude decisions. There is no appraisal of agreement frequencies for
156 include/exclude decisions.

157

158 ***Data collection and analysis***

159 Related information about the non-English studies included in the final list was
160 translated into English for analysis. Data evaluating the caries-arresting effect were extracted
161 and reviewed by two independent investigators. Information on the dentition (primary or
162 permanent teeth), sample size, study period, and treatment and control groups (if applicable)
163 were sought from the included publications. The percentage of dental caries that had become
164 arrested after SDF treatment in each study was calculated if the number of teeth or tooth
165 surfaces with active caries at baseline and the number of teeth or tooth surfaces with arrested
166 caries at follow-up could be found in the retrieved papers. Otherwise, the original data were
167 reported. The two reviewers then discussed their list of selected papers after finishing screening.
168 If necessary, the article was discussed with the third investigator before making a decision. All
169 of the studies included in the final list were summarised in a table for qualitative evaluation.
170 Meta-analysis (Stata 13.1, StataCorp LP, Texas, USA) was performed on studies in which the
171 caries-arresting rate using 38% SDF solution on primary teeth could be obtained or calculated.
172 The logistic-normal random-effects model was adopted to evaluate the caries-arresting
173 proportions at different follow-up time points, which referred to the period of the baseline and
174 follow up examination. The overall caries-arresting proportions were pulled up from
175 appropriate studies as well. Risk of bias was assessed for each included study from six aspects:
176 (A) random sequence generation (selection bias); (B) allocation concealment (selection bias);
177 (C) blinding of outcome assessment (detection bias); (D) incomplete outcome data (attrition
178 bias); (E) selective reporting (reporting bias); (F) other bias.

179

180 **Results**

181 The initial search found 1123 publications. There were 542 publications in English, 208

182 publications in Chinese, 249 publications in Portuguese, 8 publications in Spanish and 116
183 publications in Japanese. A total of 273 duplicated publications were removed. After manually
184 screening the remaining studies by title, abstract and full text when necessary, 829 of the 850
185 remaining publications were removed because they were literature reviews, case reports,
186 laboratory studies, and clinical studies on caries prevention, hypersensitivity or endodontic
187 treatment. A total of 21 clinical studies investigated the caries-arresting effect of SDF. No
188 additional publication was found in the bibliographies. Two studies which reported on the
189 caries-arresting effect of root caries among elders were excluded. Finally, 19 studies were
190 reviewed in detail, including 8 studies published in English, 4 studies in Chinese, 3 studies in
191 Portuguese, 1 study in Spanish and 3 studies in Japanese. Details of these studies are
192 summarised in Table 1. Summary of risk of bias is presented in Table 2.

193

194 Among these 19 studies, 16 studies investigated the caries-arresting effect of using SDF
195 on primary teeth (Chu et al. 2002, dos Santos et al. 2012, Duangthip et al. 2016, Fukumoto et
196 al. 1997, Huang et al. 2006, Llodra et al. 2005, Maciel 1988, Miasato 1996, Nishino et al. 1969,
197 Tsutsumi 1981, Wang 1984, Yang et al. 2002, Ye 1995, Yee et al. 2009, Yoshida et al. 1976, Zhi
198 et al. 2012), while the other 3 clinical trials studied permanent teeth (Braga et al. 2009, Mauro
199 et al. 2004, Oliveira 1985). Different concentrations of SDF solution were used in the 19 studies.
200 Fourteen studies used 38% SDF as a caries-arresting agent (Chu et al. 2002, Fukumoto et al.
201 1997, Huang et al. 2006, Llodra et al. 2005, Mauro et al. 2004, Nishino et al. 1969, Oliveira
202 1985, Tsutsumi 1981, Wang 1984, Yang et al. 2002, Ye 1995, Yee et al. 2009, Yoshida et al.
203 1976, Zhi et al. 2012). When compared to a negative control (no treatment) or a placebo
204 (treatment with water), 38% SDF solution was found to be effective in arresting dentine caries
205 in primary teeth (Chu et al. 2002, Huang et al. 2006, Llodra et al. 2005, Nishino et al. 1969,
206 Tsutsumi 1981, Wang 1984, Yee et al. 2009, Yoshida et al. 1976). In 3 studies conducted in
207 Hong Kong and South America for management of dental caries, 30% SDF solution was used
208 (dos Santos et al. 2012, Duangthip et al. 2016, Miasato 1996). The results showed that 30%
209 SDF was more effective in arresting dentine caries in primary teeth among children than a 5%
210 sodium fluoride (NaF) varnish (Duangthip et al. 2016). A study in Nepal found that a one-off
211 application of 12% SDF solution was ineffective in arresting caries in primary teeth (Yee et al.

212 2009). Two studies used 10% SDF solution to arrest caries in permanent and primary teeth.
213 One of these studies reported that it was not effective in arresting dentine caries in permanent
214 teeth (Braga et al. 2009), while the other study reported that it was effective in primary teeth
215 (Maciel 1988). The two studies investigating the caries-arresting effect of 38% SDF in
216 permanent teeth did not find any statistically significant results (Mauro et al. 2004, Oliveira
217 1985).

218

219 Meta-analysis was conducted on 8 studies which used 38% SDF to arrest dentine caries
220 in primary teeth in children and had properly reported data (Chu et al. 2002, Fukumoto et al.
221 1997, Llodra et al. 2005, Wang 1984, Yang et al. 2002, Ye 1995, Yee et al. 2009, Zhi et al.
222 2012). The results showed that the caries-arresting rate of SDF treatment was 86% (95% CI:
223 47–98%, $p = 0.06$) at 6 months, 81% (95% CI: 59–93%, $p = 0.01$) at 12 months, 78% (95% CI:
224 70–85%, $p < 0.001$) at 18 months, 65% (95% CI: 35–86%, $p = 0.32$) at 24 months and 71%
225 (95% CI: 56–83%, $p = 0.01$) at or beyond 30 months (Figure 2). The overall proportion of
226 arrested dental caries after SDF treatment was 81% (95% CI: 68–89%, $p < 0.001$). It is
227 noteworthy that the application frequency of SDF varied in different studies. Apart from
228 staining the arrested caries lesion black, the 19 clinical trials did not report any significant
229 complication of SDF use among children.

230

231 **Discussions**

232 Two reviews on the use of SDF searched studies published in English on the caries-
233 arresting effects (Chu and Lo 2008, Gao et al. 2016). Another review searched studies
234 published in English, Portuguese and Spanish (Rosenblatt et al. 2009). There are limitations of
235 these reviews as SDF has been used for clinical care in Japan and reported in Japanese since
236 the 1970s (Tsutsumi 1981, Yoshida et al. 1976). There are also articles in Chinese reporting
237 caries-arrest after SDF application in China since 1980s (Wang 1984, Ye 1995). More than half
238 of the articles found in the literature search are non-English articles, with one third of the
239 publications in Chinese or Japanese. The results suggested that SDF is effective in arresting
240 caries on children.

241
242
243
244
245
246
247
248
249
250
251
252
253
254
255
256
257
258
259
260

Meta-analysis combines the findings of independent clinical trials for statistical analysis (Wong et al. 2014). It provides improved precision and accuracy of estimates and the statistical power is increased to detect the effects of the studies' variables. Nevertheless, meta-analysis requires a high consistency for outcome measurement and data presentation of the selected clinical trials. Some trials cannot be included because of their variations in the outcome measure. In this review, studies which defined the rate of caries-arrest as the proportion of caries became hardened after SDF application were used for meta-analysis. A few old studies with no data provided were excluded for meta-analysis (Huang et al. 2006, Oliveira 1985, Tsutsumi 1981, Yoshida et al. 1976). A study measured the proportion of lateral caries progression and pulpal caries progression after SDF treatment (Nishino et al. 1969). It was also not included in meta-analysis because the number of arrested carious lesions (i.e without both lateral and pulpal progression) was unknown. In practice, clinical trials are often not standardised, and the influence of between-study heterogeneity is usually uncertain (Thompson and Pocock 1991). There are also certain inconsistencies regarding the study design for the selected trials because the studies were conducted using SDF at different concentrations, application frequencies and follow-up periods. In this review, clinical trials using the most common concentration of SDF (i.e. 38%) were chosen for meta-analysis. Meta-analysis was not performed on studies using SDF at other concentration because the number of the studies is very small.

261
262
263
264
265
266
267
268
269
270

A logistic-normal random-effects model within subgroups analysis was fitted in the meta-analysis. There are three advantages of using this model. Firstly, this model uses the exact method. There is no problem if the caries-arresting proportions of some studies were close to 1 (Nyaga et al. 2014). Secondly, the sample size of each study had less influence on the overall result when using the random-effects model over the fixed-effects model (Borenstein et al. 2007). Thirdly, subgroups were identified according to different follow-up durations. A meta-analysis was conducted in each subgroup and then among all subgroups. As a result, caries-arresting rates were calculated separately for different follow-up periods. Some studies included in this review had no control group, whereas others used different control groups.

271 Since the aim of this review was to investigate the caries-arresting effectiveness of using SDF,
272 the odds ratio of treatment effectiveness between treatment and control groups was not adopted
273 in the meta-analysis. The absolute values, or delta changes, of the number of teeth or tooth
274 surfaces with arrested caries were not used for analysis because the number of teeth or tooth
275 surfaces with active caries at baseline varied among the studies. Instead, the proportion of teeth
276 or tooth surfaces with active caries that had become arrested after SDF treatment was used in
277 the meta-analysis.

278

279 Most clinical studies on SDF solution used a concentration of 38% to manage dental
280 caries in children while a few studies used SDF at concentrations of 30%, 12% and 10% (Mei
281 et al. 2013c). All studies using SDF with high concentration (38%) reported a statistically
282 significant caries-arresting effect on children. Although the fluoride concentration was high
283 (44,800 ppm in 38% SDF), no significant complication was reported in these studies. There
284 were two studies that used SDF with low concentration (11,800 ppm in 10% SDF) and their
285 results were conflicting (Maciel 1988, Braga et al. 2009). Another clinical trial found one-off
286 application of 12% SDF (14,100 ppm) was not effective in arresting caries on children (Yee et
287 al. 2009). The effectiveness of using SDF at low concentration in caries arrest is yet to be
288 confirmed.

289

290 Studies of SDF used not only different concentrations but also different application
291 frequencies. The application frequency could be one-off, or repeated applications every 3, 6 or
292 12 months. One study reported increasing the application frequency increased the caries arrest
293 rate of SDF application (Zhi et al. 2012). This review found the guidelines on the number of
294 SDF application use to arrest caries have little evidence. More clinical trials are necessary to
295 formulate the optimal treatment strategy to arrest caries on children.

296

297 Studies also reported that using SDF was better than glass ionomer cement or fluoride
298 varnish in arresting caries in primary teeth (Chu et al. 2002, dos Santos et al. 2012, Duangthip
299 et al. 2016, Zhi et al. 2012). Caries removal was not necessary before SDF application (Chu et
300 al 2002). SDF is low cost and does not require sophisticated instrument or technique for

301 application. It is a cost-effective agent to manage dental caries. The risk of cross infection is
302 low. The application is painless and simple and can be used for young children or patients with
303 special needs.

304

305 In some of the studies included in this review, details about the methodology, such as
306 sample size calculation, randomised allocation, allocation concealment and blinding, were not
307 reported. Without detailed planning, selection, detection bias and attrition bias may occur. In
308 addition, publications may experience reporting bias when investigators perform elective
309 reporting. To alleviate the problems arising from inadequate reporting of randomised controlled
310 trials, researchers have developed a standard known as the Consolidated Standards of
311 Reporting Trials (CONSORT) (Schulz et al. 2010). CONSORT is an evidence-based, minimum
312 set of recommendations for reporting randomised trials. It offers a standard protocol for
313 researchers to present their studies, facilitates complete and transparent reporting, and aids
314 critical appraisal and interpretation. Moreover, it is part of a broader effort to improve the
315 reporting of different types of health research and to improve the quality of research. It is
316 noteworthy that the reliability of some studies included in this review was relatively low
317 because most of the clinical studies on SDF were conducted before the CONSORT statement
318 was developed. Hence, more clinical trials following the CONSORT Statement are warranted
319 in order to better investigate the caries-arresting effect of SDF solution among children.

320

321 **Conclusions**

322 SDF was commonly used at high concentration (38%, 44,800 ppm fluoride) and it is
323 effective in arresting caries in children. There is no consensus of its number and frequency of
324 application to arrest caries. Further studies are necessary to develop evidence-based guidelines
325 on its use in children.

326

327

328

329 **Acknowledgements**

330 The authors would like to thank Dr Leticia Ito and Ms Samantha Li for their assistance
331 in this study. The study was supported by a grant (#17107315) from the General Research Fund
332 of the Research Grants Council of Hong Kong.

333

334 **Declaration of conflicting interests**

335 The authors declare that there is no conflict of interests.

Table 1 Summary of SDF studies on children

Author, Site, Year (Language) ^[Ref]	Methods	Main findings
Duangthip et al, Hong Kong, 2016 (English) ^[15]	Primary teeth, 18-month Gp1: 30% SDF, annually (n = 458) Gp2: 30 %SDF, one-off (n = 426) Gp3: 5% Sodium fluoride, one-off (n = 523)	Caries-arresting rate: Gp1 (40%) > Gp2 (35%) > Gp3 (27%)
Santos et al, Brazil, 2012 (English) ^[17]	Primary teeth, 12-month Gp1: 30% SDF, one-off (n = 183) Gp2: Glass ionomer, one-off (n = 162)	Caries-arresting rate: Gp1 (67%) > Gp2 (39%)
Zhi et al, China, 2012 (English) ^[16]	Primary teeth, 24-month Gp1: 38% SDF, annually (n = 218) Gp2: 38% SDF, semi-annually (n = 239) Gp3: Glass ionomer, annually (n = 262)	Caries-arresting rate: Gp2 (91%) > Gp1 (79%), Gp3 (82%)
Yee et al, Nepal, 2009 (English) ^[18]	Primary teeth, 24-month Gp1: 38% SDF, one-off (n = 3396) Gp2: 12% SDF, one-off (n = 1652) Gp3: No treatment (n = 1590)	Caries-arresting rate: Gp1 (31%) > Gp2 (22%), Gp3 (15%)
Braga et al, Brazil, 2009 (English) ^[31]	Permanent teeth, 30-month Gp1: CTT, one-off (n = 18) Gp2: 10% SDF, one-off (n = 20) Gp3: Glass ionomer, one-off (n = 20)	Cariou scores: No significance among groups
Huang et al, China, 2005 (Chinese) ^[19]	Primary teeth, 18-month Gp1: 38% SDF biannually, anterior teeth (n = 226) Gp2: no treatment, anterior teeth (n = 223) Gp3: 38% SDF biannually, posterior teeth (n = 144) Gp4: no treatment, posterior teeth (n = 145)	Caries-arresting effect: Gp1 > Gp2 (No data provided) Gp3 > Gp4 (No data provided)
Llodra et al, Cuba, 2005 (English) ^[20]	Primary teeth, 36-month Gp1: 38% SDF, semi-annually (n = 675) Gp2: No treatment (n = 658)	Caries-arresting rate: Gp1 (85%) > Gp2 (62%)
Mauro et al, Argentina, 2004 (Spanish) ^[32]	Permanent teeth, 12-month Gp1: Ammonium fluoride, one-off (n = 48) Gp2: 38% SDF, one-off (n = 49) Gp3: 5% Sodium fluoride, one-off (n = 44)	Caries-arresting rate: Gp1 (56%), Gp2 (57%), Gp3 (47%) No difference among groups
Chu et al, Hong Kong, 2002 (English) ^[22]	Primary teeth, 30-month Gp1: 38% SDF, annually (n = 641) Gp2: 5% Sodium fluoride, every 3 months (n = 576) Gp3: No treatment (n = 273)	Caries-arresting rate: Gp1 (65%) > Gp2 (41%), Gp3 (34%)
Yang et al, China, 2002 (Chinese) ^[21]	Primary teeth, 6-month 38% SDF, one-off (n = 158)	Caries-arresting rate: 94.4%
Fukumoto et al., Japan, 1997 (Japanese) ^[23]	Primary teeth, 48-month 38% SDF, one-off (n = 130)	Caries-arresting rate: 54%
Miasato, Brazil, 1996 (Portuguese) ^[24]	Primary teeth, 6-month 30% SDF, every 3 months (n = 88)	Caries-arresting rate: 83%
Ye China, 1994 (Chinese) ^[25]	Primary teeth, 12-month 38% SDF, one-off (n = 300)	Caries-arresting rate: 92%
Maciel Brazil, 1988 (Portuguese) ^[26]	Primary teeth, 6-month Gp1: 10% SDF, one-off (n = 104) Gp2: No treatment (n = 80)	Caries-arresting rate: Gp1 (90%) > Gp2 (74%)
Oliveira Brazil, 1985 (Portuguese) ^[33]	Permanent teeth, 12-month Gp1: 38% SDF, one-off (n = 7) Gp2: 38% SDF, twice in 1 week (n = 9) Gp3: 38% SDF, biannually (n = 21) Gp4: 38% SDF, twice in 1 week, then biannually (n = 17)	Caries-arresting effect: Caries arrested in all groups No difference among groups
Wang China, 1984 (Chinese) ^[27]	Primary teeth, 18-month Gp1: 38% SDF, every 3 to 4 months (n = 110) Gp2: No treatment (n = 104)	Caries-arresting rate: Gp1 (86%) > Gp2 (31%)
Tsutsumi et al., Japan, 1981 (Japanese) ^[28]	Primary teeth, 18-month Gp1: 38% SDF, every 3 months (n = 33) Gp2: No treatment (n = 33)	Caries-arresting effect: Gp1 > Gp2 (No data provided)
Yoshida et al., Japan, 1976 (Japanese) ^[29]	Primary teeth, 12-month Gp1: 38% SDF, every 3 months (n = 26) Gp2: No treatment (n = 26)	Caries-arresting effect: SDF was effective (No data provided)
Nishino et al, Japan, 1969 (English) ^[30]	Primary teeth, 6-month Gp1: 38% SDF, one-off (n = 106) Gp2: No treatment (n = 82)	Caries without progression: Laterally: Gp1 (69%) > Gp2 (52%) Pulpally: Gp1 (76%) > Gp2 (65%)

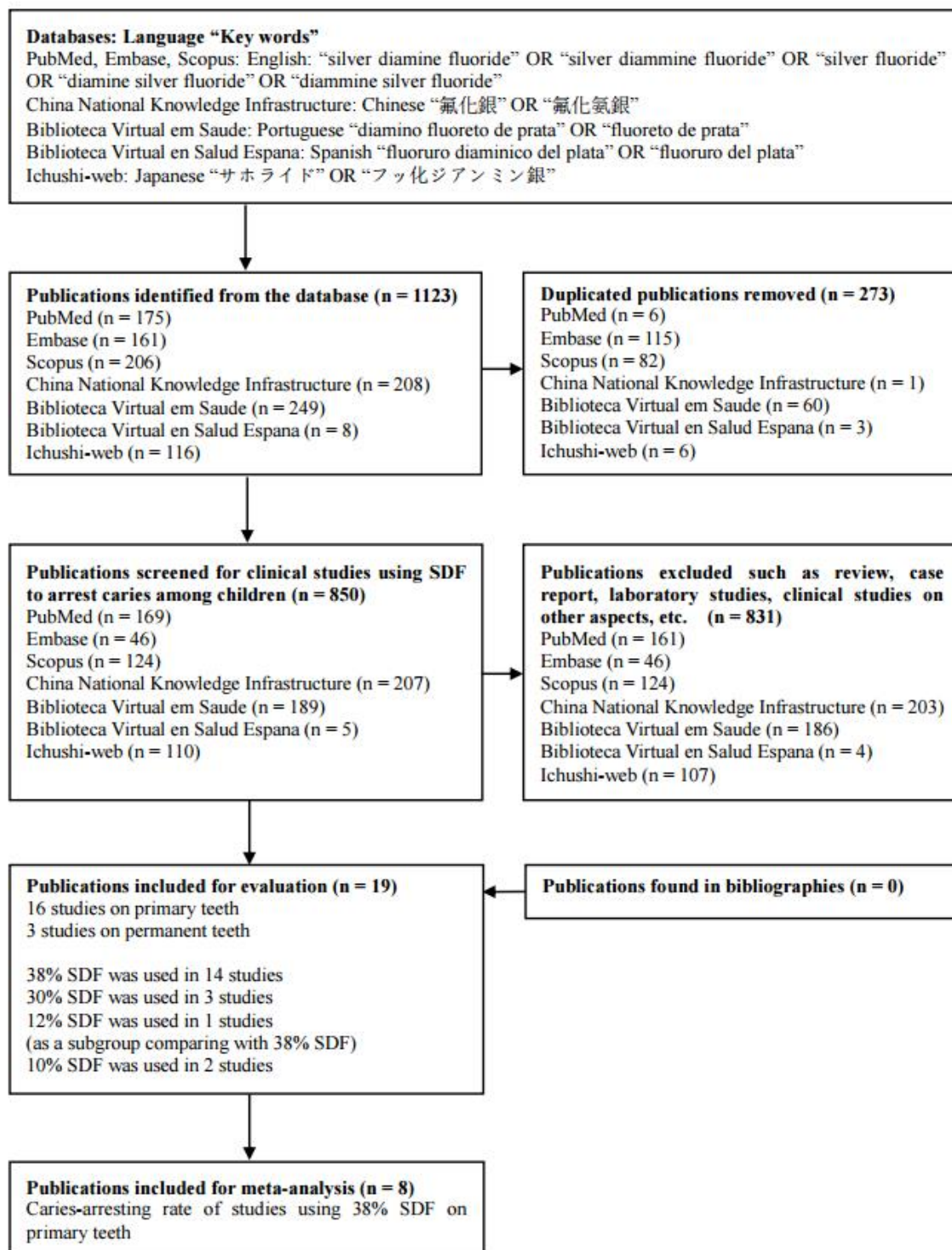
339 **Table 2 Risk of bias assessment on the clinical studies**

Authors, Year of publication	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Duangthip et al, 2016	⊕	○	⊕	⊕	⊕	⊕
Santos et al, 2012	○	○	⊖	⊕	⊕	⊕
Zhi et al, 2012	⊕	○	⊕	⊕	⊕	⊕
Yee et al, 2009	⊕	○	⊕	⊕	⊕	⊕
Braga et al, 2009	⊕	○	○	⊖	⊕	⊖
Huang et al, 2005	○	○	○	⊕	⊖	⊕
Llodra et al, 2005	○	○	⊕	⊕	○	⊕
Mauro et al, 2004	○	○	○	○	○	⊖
Chu et al, 2002	⊖	○	⊕	⊕	⊕	⊕
Yang et al, 2002	⊖	⊖	⊖	⊖	○	○
Fukumoto et al, 1997	⊖	⊖	⊖	○	○	○
Miasato et al, 1996	⊖	⊖	⊖	○	○	○
Ye, 1994	⊖	⊖	⊖	⊖	○	○
Maciel, 1988	⊖	⊖	⊖	○	○	○
Oliveira, 1985	⊖	⊖	⊖	○	○	⊖
Wang, 1984	⊖	⊖	⊖	⊕	⊕	○
Tsutsumi et al, 1981	⊖	⊖	⊖	⊖	○	⊖
Yoshida et al, 1976	⊖	⊖	⊖	⊖	○	⊖
Nishino et al, 1969	⊖	⊖	⊖	○	⊖	○

⊕ = Low risk, ⊖ = High risk, ○ = Unclear risk

340

341 **Figure 1** Flow chart of literature search

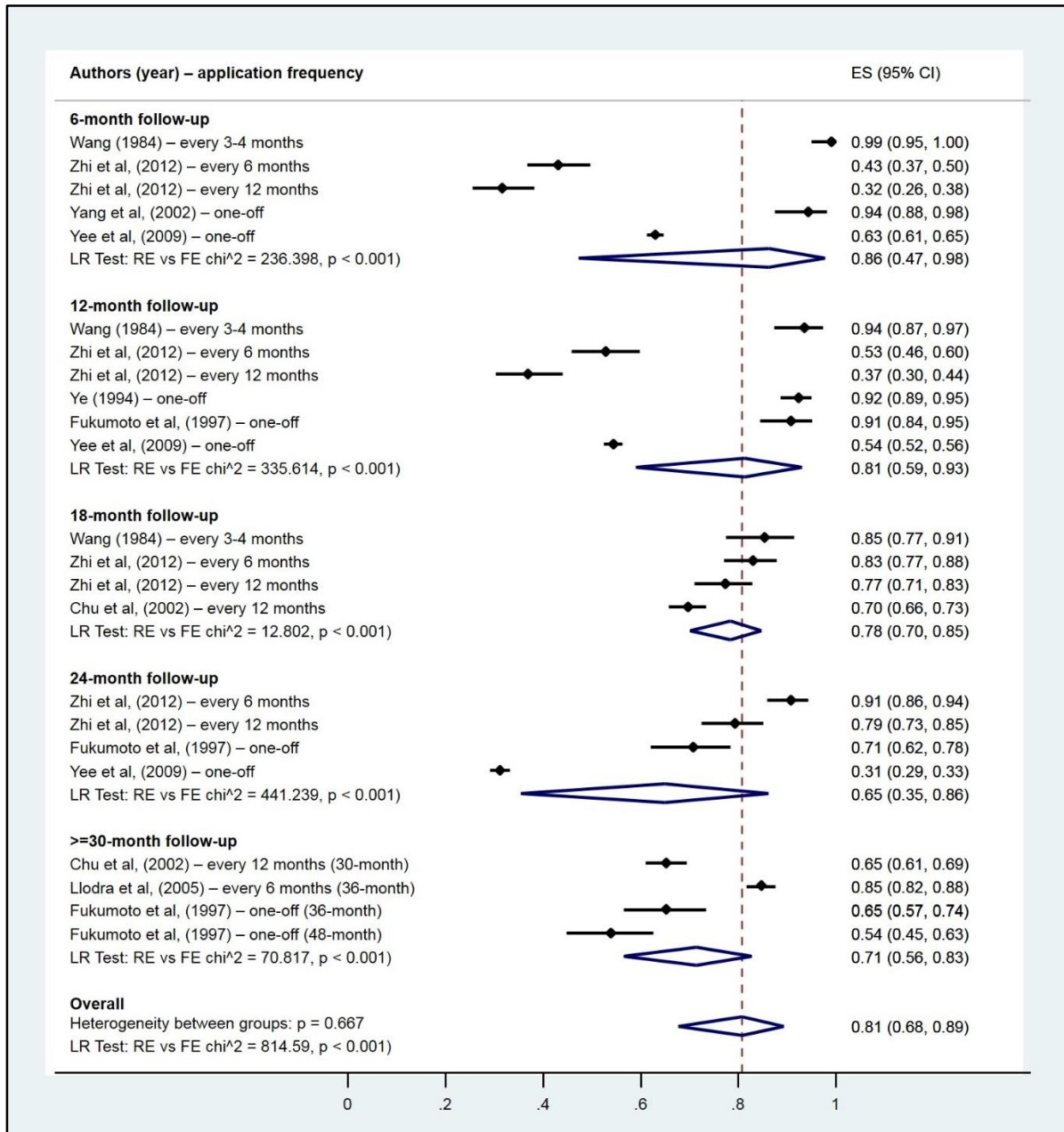


342

343

344 **Figure 2 Forrest plot of studies using 38% SDF to arrest caries on primary teeth**

345



346

347 **ES: estimate; LR: likelihood ratio; RE: random-effects; FE: fixed-effects.**

348 **References**

- 349 1. American Academy of Pediatric Dentistry. 2008. Definition of Early Childhood Caries
350 (ECC). http://www.aapd.org/assets/1/7/D_ECC.pdf. [accessed on 2016 Jun 8]
- 351 2. Bagramian RA, Garcia-Godoy F, Volpe AR. 2009. The global increase in dental caries. A
352 pending public health crisis. *Am J Dent*. 22(1):3-8.
- 353 3. Borenstein M, Hedges L, Rothstein H. 2007. Meta-analysis: fixed effect vs. random effects.
354 *Meta-Analysis.com*.
- 355 4. Braga M, Mendes F, De Benedetto M, Imperato J. 2009. Effect of silver diammine fluoride
356 on incipient caries lesions in erupting permanent first molars: a pilot study. *J Dent Child*.
357 76(1):28-33.
- 358 5. Chu CH. Treatment of early childhood caries: a review and case report. 2000. *Gen Dent*.
359 48(2):142-148.
- 360 6. Chu CH, Lo ECM, Lin H. 2002. Effectiveness of silver diamine fluoride and sodium
361 fluoride varnish in arresting dentin caries in Chinese pre-school children. *J Dent Res*
362 81(11):767-770.
- 363 7. Chu CH, Lo ECM. 2008. Promoting caries arrest in children with silver diamine fluoride:
364 a review. *Oral Health Prev Dent*. 6(4):315-321.
- 365 8. Chu CH, Mei ML, Lo ECM. 2009. Use of fluorides in dental caries management. *Gen Dent*.
366 58(1):37-43.
- 367 9. Chu CH, Lee AHC, Zheng L, Mei ML, Chan GCF. 2014. Arresting rampant dental caries
368 with silver diamine fluoride in a young teenager suffering from chronic oral graft versus
369 host disease post-bone marrow transplantation: a case report. *BMC Res Notes*. 7(1):1-14.
- 370 10. dos Santos VE, de Vasconcelos F, Ribeiro AG, Rosenblatt A. 2012. Paradigm shift in the
371 effective treatment of caries in schoolchildren at risk. *Int Dent J*. 62(1):47-51.
- 372 11. Duangthip D, Chu CH, Lo ECM. 2016. A randomized clinical trial on arresting dentine
373 caries in preschool children by topical fluorides—18 month results. *J Dent*. 44:57-63.
- 374 12. Fukumoto E, Kawasaki K, Iijima Y, Takagi O. 1997. The Effect of Ag(NH₃)₂F
375 Application on the Progress of Interproximal Enamel Caries and Factors Analysis with
376 Respect to the Progress. *J Dent Health*. 47(3):298-306.

- 377 13. Gao SS, Zhang S, Mei ML, Lo ECM, Chu CH. 2016. Caries remineralisation and arresting
378 effect in children by professionally applied fluoride treatment - a systematic review. BMC
379 Oral Health. 16(1):12.
- 380 14. Hicks J, Garcia-Godoy F, Flaitz C. 2004. Biological factors in dental caries: role of
381 remineralization and fluoride in the dynamic process of demineralization and
382 remineralization (part 3). J Clin Pediatr Dent. 28(3):203-214.
- 383 15. Huang C, Liao Y, Xu S, Zhang F. 2006. The investigation of silver diamine fluoride treating
384 dental caries among pre-school children. Matern Child Health Care of China. 20(23):3097-
385 3098.
- 386 16. Llodra J, Rodriguez A, Ferrer B, Menardia V, Ramos T, Morato M. 2005. Efficacy of silver
387 diamine fluoride for caries reduction in primary teeth and first permanent molars of
388 schoolchildren: 36-month clinical trial. J Dent Res. 84(8):721-724.
- 389 17. Maciel SM. 1988. Estudo clínico da ação do Diamino Fluoreto de Prata à 10 por cento
390 sobre superfícies oclusais de molares decíduos: Universidade de São Paulo. Faculdade de
391 Odontologia.
- 392 18. Mauro S, García Robles E, Cinque C, Squassi AF, Bordoni NE. 2004. Eficiencia de tres
393 fluoruros concentrados para la estabilización de caries de esmalte. Bol Asoc Argent
394 Odontol Niños. 33(2):4-11.
- 395 19. Mei ML, Ito L, Cao Y, Li QL, Lo ECM, Chu CH. 2013a. Inhibitory effect of silver diamine
396 fluoride on dentine demineralisation and collagen degradation. J Dent. 41(9):809-817.
- 397 20. Mei ML, Chu CH, Low KH, Che CM, Lo ECM. 2013b. Caries arresting effect of silver
398 diamine fluoride on dentine carious lesion with *S. mutans* and *L. acidophilus* dual-species
399 cariogenic biofilm. Med Oral Patol Oral Cir Bucal. 18(6):e824-831.
- 400 21. Mei ML, Chu CH, Lo ECM, Samaranayake LP. 2013c. Fluoride and silver concentrations
401 of silver diammine fluoride solutions for dental use. Int J Paediatr Dent. 23(4):279-285.
- 402 22. Mei ML, Ito L, Cao Y, Lo ECM, Li QL, Chu CH. 2014. An ex vivo study of arrested
403 primary teeth caries with silver diamine fluoride therapy. J Dent. 42(4):395-402.
- 404 23. Mei ML, Lo ECM, Chu CH. 2016. Clinical use of silver diamine fluoride in dental
405 treatment. Compend Contin Educa Dent. 37(2): 93-98.

406

- 407 24. Miasato JM. 1996. Efeito cariostático e preventivo do diamino fluoreto de prata a 30 por
408 cento em pacientes bebês: Universidade Federal do Rio de Janeiro. Faculdade de
409 Odontologia.
- 410 25. Moher D, Liberati A, Tetzlaff J, Altman DG. 2009. Preferred reporting items for systematic
411 reviews and meta-analyses: the PRISMA statement. *Ann Intern Med.* 151(4):264-269.
- 412 26. Nyaga VN, Arbyn M, Aerts M. 2014. Metaprop: a Stata command to perform meta-analysis
413 of binomial data. *Arch Public Health.* 72(1):39.
- 414 27. Neesham D. 1997. Fluoride concentration in AgF and dental fluorosis. *Aust Dent J.*
415 42(4):268-269.
- 416 28. Nishino M, Yoshida S, Sobue S, Kato J, Nishida M. 1969. Effect of topically applied
417 ammoniacal silver fluoride on dental caries in children. *J Osaka Univ Dent Sch.* 9:149.
- 418 29. Oliveira WGB. 1985. A utilização de diamino fluoreto de prata (Saforide) na prevenção e
419 paralização de cárie incipiente, em sulcos e fissuras de molares permanentes: Universidade
420 Federal do Rio de Janeiro. Faculdade de Odontologia.
- 421 30. Rosenblatt A, Stamford TC, Niederman R. 2009. Silver diamine fluoride: a caries “silver-
422 fluoride bullet”. *J Dent Res.* 88(2):116-125.
- 423 31. Schulz KF, Altman DG, Moher D. 2010. CONSORT 2010 statement: updated guidelines
424 for reporting parallel group randomised trials. *BMC Med.* 8(1):18.
- 425 32. Sheiham A. 2006. Dental caries affects body weight, growth and quality of life in pre-
426 school children. *Br Dent J.* 201(10):625-626.
- 427 33. Thompson SG, Pocock SJ. 1991. Can meta-analyses be trusted? *The Lancet.*
428 338(8775):1127-1130.
- 429 34. Tsutsumi N. 1981. Studies on Topical Application of Ag (NH₃)₂F for the Control of
430 Interproximal Caries in Human Primary Molars:3. Clinical trial of Ag(NH₃)₂F on
431 interproximal caries in human primary molars. *Jpn J Pediatr Dent.* 19(3):537-545.
- 432 35. van Palenstein Helderma W, Soe W, Van't Hof M. 2006. Risk factors of early childhood
433 caries in a Southeast Asian population. *J Dent Res.* 85(1):85-88.
- 434 36. Wang HY, Petersen PE, Bian JY, Zhang BX. 2002. The second national survey of oral health
435 status of children and adults in China. *Int Dent J.* 52(4):283-290.

436

- 437 37. Wang S. 1984. Clinical observation of silver diamine fluoride in arresting dental caries. J
438 Cap Med Univ. 4:10.
- 439 38. Wong AW, Zhang C, Chu CH. 2014. A systematic review of nonsurgical single-visit versus
440 multiple-visit endodontic treatment. Clin Cosmet Investig Dent. 6:45.
- 441 39. Yang Q, Wei B, Ye Z. 2002. Clinical effectiveness of using silver diamine fluoride to treat
442 caries on primary anterior teeth. Heilongjiang Med Pharm. 3(25):66-67.
- 443 40. Ye Z. 1995. The use of 38% silver diamine fluoride in dental caries. Chin J Conserv Dent.
444 1.
- 445 41. Yee R, Holmgren C, Mulder J, Lama D, Walker D, van Palenstein Helderma W. 2009.
446 Efficacy of silver diamine fluoride for arresting caries treatment. J Dent Res. 88(7):644-
447 647.
- 448 42. Yoshida S, Okada M, Mori S, Baba H. 1976. Evaluation of Topical Application of Diamine
449 Silver Fluoride to Pit and Fissure of Primary molars. J Gifu Dent Soc. 4(1):35-41
- 450 43. Zhi QH, Lo ECM, Lin HC. 2012. Randomized clinical trial on effectiveness of silver
451 diamine fluoride and glass ionomer in arresting dentine caries in preschool children. J Dent.
452 40(11):962-967.