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## Original Article

# Prelimbic Cortical Stimulation Disrupts Fear Memory Consolidation through Ventral Hippocampal Dopamine 2 Receptors

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**36 List of Abbreviations**

37

38 5-HIAA - 5-Hydroxyindole acetic acid

39 5-HT – Serotonin

40 aCSF – Artificial Cerebrospinal Fluid

41 CS - Conditioned Stimulus

42 DA - Dopamine

43 DBS – Deep Brain Stimulation

44 dHPC – Dorsal Hippocampus

45 Drd2 – Dopamine 2 Receptor

46 EPM – Elevated Plus Maze

47 GABA -  $\gamma$ -Aminobutyric acid

48 Glu – Glutamic acid

49 HVA - Homovanillic acid

50 ITIs - Inter-trial Intervals

51 PrL – Prelimbic Cortex

52 US – Unconditioned Stimulus

53 vHPC – Ventral Hippocampus

54 vmPFC – Ventromedial Prefrontal Cortex

55 **ABSTRACT**

56 Anxiety disorders pose one of the biggest threats to mental health worldwide, yet current  
57 therapeutics have been mostly ineffective due to issues with relapse, efficacy, and toxicity  
58 of the medications. Deep brain stimulation (DBS) is a promising therapy for treatment-  
59 resistant psychiatric disorders including anxiety, but very little is known about the effects  
60 of DBS on fear memories. In this study, we employed a standard tone-footshock fear  
61 conditioning paradigm and modified plus maze discriminative avoidance task to probe the  
62 effects of Prelimbic Cortex (PrL) DBS on various stages of memory. We identified memory  
63 consolidation stage as a critical time point to disrupt fear memory via PrL DBS. The  
64 observed disruption was partially modulated by the inactivation of the ventral  
65 hippocampus (vHPC) and the transient changes in vHPC dopamine 2 receptors  
66 expression upon PrL DBS. We also observed wide-scale changes of various  
67 neurotransmitters and their metabolites in vHPC, confirming its important role in response  
68 to PrL DBS. These findings highlight the molecular mechanism in the vHPC in response  
69 to PrL stimulation, and may have translational value, indicating that targeting the PrL in  
70 the memory consolidation stage via non-invasive neuromodulation techniques may be a  
71 feasible therapeutic strategy against anxiety disorders.

72

73 **Keywords:** Anxiety; Deep Brain Stimulation; Dopamine; Fear; Memory; Neuromodulation

## 74 INTRODUCTION

75 Anxiety disorders are highly prevalent and are among the biggest threats to mental health  
76 worldwide (Ehlers, 1997). Anxiety disorders are characterized by pervasive feelings of  
77 anxiety and fear that lead to maladaptive behaviour. Fear responses can be triggered by  
78 various stimuli including predator, pain, or environmental dangers such as height. Such  
79 stimuli induce defensive behaviours that neither require previous experience of direct  
80 harm nor involve learning—this is referred to as “innate fear” (Lim et al., 2010; Lim et al.,  
81 2009). An experience of innate fear can also involve the formation of a memory of that  
82 fearful event (e.g., the context in which the fearful event happens) paired with the initial  
83 neutral stimuli or aversive stimuli—this is referred to as “conditioned fear”. Anxiety  
84 disorders based on conditioned fear are commonly treated using a form of cognitive  
85 behavioural therapy called exposure therapy, which involves new learning that attempts  
86 to inhibit or update the previous maladaptive learning but does not erase it, resulting in  
87 many patients unable to maintain the benefits and often leading to relapse (Baum, 1988;  
88 Bouton, 2002). Current attempts to improve cognitive behavioural therapy have met with  
89 several difficulties, including drug toxicity (when pharmacological treatments are used)  
90 and low treatment efficacy (Farach et al., 2012; Klucken et al., 2016). Furthermore,  
91 improper administration of these techniques can lead to exacerbation of the condition  
92 (Eisenberg et al., 2003; Merlo et al., 2014; Pedreira and Maldonado, 2003).

93

94 Deep Brain Stimulation (DBS) is an invasive technique that involves implanting electrodes  
95 in specific regions of the brain and using electrical stimulation to modulate the firing of  
96 neurons (Lim et al., 2015; Tan et al., 2010; Temel et al., 2009). It has been shown to be  
97 a promising treatment for depression and anxiety disorders (Khairuddin et al., 2020; Lim  
98 et al., 2015; Temel et al., 2012; Temel and Lim, 2013). However, few studies have  
99 systematically investigated the effects of DBS on fear memory. We previously

100 hypothesized that DBS would be able to disrupt memories through the disruption of the  
101 engram process (Tan et al., 2020; Tan et al., 2020; Tan et al., 2019). In this study, we  
102 examined the effects of DBS on the prelimbic cortex (PrL), which is a structure that is  
103 considered to be an ideal target (Lim et al., 2011; Tan et al., 2019) for the disruption of  
104 fear memories, as it is implicated in the expression of learned but not innate fear  
105 (Corcoran and Quirk, 2007).

106

107 Here we sought to investigate whether PrL DBS given to the animals during various  
108 stages of memory would disrupt fear memory. We applied acute PrL DBS during different  
109 stages of memory in order to study its effects. Conditioned fear was first investigated in  
110 rats using a standard tone-footshock fear conditioning paradigm, which is a highly robust  
111 and established method for testing anxiety (Ganella and Kim, 2014). With the regional  
112 specificity of DBS, we then probed the involvement of the hippocampus, a structure  
113 interconnected to the vmPFC that plays an important role in emotions and memory  
114 (Carreno et al., 2016; Jin and Maren, 2015; Liu et al., 2015; Phillips et al., 2019; Tan et  
115 al., 2020). Specifically, we found the involvement of the ventral hippocampus (vHPC),  
116 which plays a crucial role in anxiety-related behaviour and has monosynaptic projections  
117 connecting to the vmPFC (Adhikari et al., 2010; Padilla-Coreano et al., 2016).

118

119 Using qPCR, we found changes in the expression of various learning and memory-related  
120 receptors including dopamine D2 receptor (Drd2). We further conducted a reversal  
121 experiment using pharmacological methods, which revealed a partial causal role of Drd2.  
122 Lastly, using gas chromatography/mass spectrometry (GC/MS) analysis, we also  
123 identified changes in other neurotransmitter levels besides dopamine, which highlights  
124 the complex nature of the effects of DBS on memory. Overall, we showed the potential

125 application of DBS in modulating fear memories and unravelled some of the mechanisms  
126 behind its effects.

127

## 128 **MATERIALS AND METHODS**

### 129 **Animals**

130 The study was approved by the Committee on the Use of Live Animals in Teaching and  
131 Research (CULATR) of The University of Hong Kong (Ref.: 4159-16). Male Sprague-  
132 Dawley rats (n=173; 7-8 weeks old at the time of surgery) were individually housed in  
133 standard open-top cages with food and water available *ad libitum*. The environmental  
134 conditions were maintained at  $21\pm 1^\circ\text{C}$  and 60-65% humidity under a reversed 12/12 h  
135 light/dark cycle. All behavioural experiments were conducted during the dark phase. The  
136 total number of animals used in the study was estimated based on the recommendations  
137 from the CULATR. Power calculations predicted a significance effect of  $\delta = 35\%$  with a  
138 standard deviation of  $\sigma = 25\%$  for  $p < 0.05$  and power of  $\pi = 0.8$ . In the behavioural  
139 studies, the number of animals in each group was determined by the following formula:  
140  $15.7 * (0.25/0.35)^2 = 8.01$  (n=8 animals). Taking into consideration the estimated loss and  
141 the overall statistical significance of the behavioural study, we estimated we would need  
142 10 animals per group. Animals were assigned into groups by simple randomization. The  
143 timeline and the number of animals in the behavioural experiments are shown in the  
144 corresponding figures (Fig. 1-4).

145

### 146 **Surgical and Deep Brain Stimulation Procedures**

147 Surgery and DBS procedures were performed as previously described (Lim et al., 2015;  
148 Liu et al., 2015; Tan et al., 2020). The animals were initially anaesthetized with 5%  
149 isoflurane vapour mixed with oxygen until loss of righting reflex. Animals were mounted  
150 in a stereotaxic frame (Leica Biosystems, Nussloch, Germany) and maintained with 2.5%

151 isoflurane delivered through a nose cone. A midline incision was made to expose the skull  
152 and sagittal suture was used to align the skull along the anterior-posterior axis in the  
153 frame. Bilateral platinum-iridium electrodes (0.30 mm Diameter, 0.031 mm<sup>2</sup> exposed  
154 area) (Synergy Engineering Pte Ltd, Singapore) were implanted in the PrL (AP: +3.0 mm;  
155 ML: +/-0.6 mm; DV: -3.6 mm) based on the Paxinos & Watson Rat Brain Atlas (Paxinos  
156 and Watson, 2006). The electrode construct was anchored to the rat skull with stainless  
157 steel screws and dental acrylic (Paladur, Heraeus Kulzer GmbH, Hanau, Germany).  
158 Animals that received cannulation were also bilaterally implanted with guide cannulas in  
159 the ventral hippocampus (AP: -5.3 mm; ML: +/-5.0 mm; DV: -5.6 mm) and similarly  
160 secured with dental acrylic. Rats were connected to the cables and stimulated using a  
161 digital stimulator (Model 3800 MultiStim: 8-Channel Stimulator; A-M Systems, Carlsborg,  
162 USA) with two stimulus isolators (Model 3820; A-M Systems). Rats were stimulated  
163 according to the experimental parameters (100 Hz, 200  $\mu$ A and 100  $\mu$ s pulse width) as  
164 previously described (Liu et al., 2015; Tan et al., 2020). Sham animals were similarly  
165 implanted with electrodes and tested without stimulation. For verification of  
166 electrode/cannula localization, haematoxylin-eosin (Merck, Darmstadt, Germany) was  
167 performed to examine the implantation site.

168

### 169 **Administration of Drugs**

170 Rats were infused with either Quinpirole-HCl (10  $\mu$ g of the salt per side, equivalent to  
171 39.09  $\mu$ mol per side; Sigma-Aldrich), Raclopride (1.67  $\mu$ g of the salt per side, equivalent  
172 to 3.36  $\mu$ mol per side; Sigma-Aldrich) or artificial cerebral spinal fluid (aCSF) at dosages  
173 previously shown to be effective in the vHPC (Wilkerson and Levin, 1999). Drugs were  
174 infused into the vHPC by two Hamilton syringes (10  $\mu$ L) connected to the internal cannula  
175 via polyethylene tubing (Protech International, Texas, USA). The infusion volume (2  $\mu$ L)

176 was delivered over approximately 3 min and the internal cannula was left in for an  
177 additional 3 min.

178

### 179 **Fear Conditioning**

180 Fear conditioning was performed using a startle and fear conditioning system (Panlab  
181 Harvard Apparatus, Massachusetts, USA). For the acquisition stage, the conditioned  
182 stimulus (CS) was a 10 s tone (Volume: 80 dB, Frequency: 5000 Hz), which was co-  
183 terminated with a 1 s footshock (0.6 mA) as the unconditioned stimulus (US). The protocol  
184 consisted of 2 min of adaptation, followed by three tone-footshock pairings with inter-trial  
185 intervals (ITIs) of 85 s and 135 s to prevent any association with time, and then 2 min of  
186 rest before removal from the chamber. To assess fear learning and memory, freezing was  
187 used as the dependent variable, which is a species-specific defence response defined as  
188 the absence of all movement except that required for respiration (Blanchard and  
189 Blanchard, 1969). For the context test at 24 h after conditioning, rats were placed in the  
190 chamber for 5 min and percentage freezing was reported during the test period. For the  
191 tone test at 24 h after the context test, rats were placed in the chamber and tested with a  
192 different context to the one received during conditioning. The tone tests consisted of 2  
193 min of adaptation, followed by five tone presentations (10 s and 10 s ITI) in the absence  
194 of footshock, and then 2 min of rest before removal from the chamber. Percentage  
195 freezing was reported as the average of the five CS presentations. The chamber was  
196 washed with 70% ethanol and allowed to dry in between each animal testing. The  
197 movement of the animals in the fear conditioning chamber was assessed by a built-in  
198 pressure sensor. Blinding was not done, although the freezing values were calculated  
199 using a high sensitivity Weight Transducer System (StartFear System, Harvard  
200 Apparatus, Holliston, Massachusetts, USA) to avoid experimenter bias. Open Field Test  
201 was conducted 24 h after the tone test to control for locomotion differences. Animals were



202 allowed to explore the arena for 10 min. The behaviour of rats was recorded and analysed  
203 using a digital video camera with the Anymaze video tracking system 5.0 (Stoelting Co).  
204

### 205 **Modified Elevated Plus Maze**

206 The elevated plus maze (EPM) used a four-arm maze made of black Plexiglass. The  
207 maze consisted of two opposing open arms (50x10 cm) and two opposing closed arms  
208 (50x10 cm) with 15 cm high walls that extended out from the central platform (10x10 cm).  
209 On day 1, a container with 5 mL of bobcat urine (aversive odour; PredatorPee, Maine,  
210 USA) was placed in one closed arm of the modified EPM and a container with 5 mL of  
211 rabbit urine (neutral odour) was placed in the opposite closed arm. Urine was changed  
212 every 4-5 animals tested. On day 2, empty containers without odour were placed in the  
213 two closed arms. Stimulation or sham stimulation was administered according to the  
214 protocol. For each trial, the animal was placed in the central platform and tested for 10  
215 min. Discrimination Index (DI) was used to determine arm preference and was calculated  
216 from the time spent in each arm by the following equation: (aversive – non  
217 aversive)/(aversive + non aversive), which was used as a measure of avoidance fear  
218 memory. Their behaviour was also recorded using a digital video camera and analysed  
219 by Anymaze 5.0.

220

### 221 **Real-time PCR**

222 Immediately after the experiments, animals were sacrificed and their brains were  
223 removed. The dorsal hippocampus (dHPC) (Bregma -3.14 mm to -3.80 mm; 4 X 100 µm)  
224 and ventral hippocampus (vHPC) (Bregma -4.80 mm to -5.30 mm; 2 X 100 µm) were  
225 dissected out in a cryostat (Leica CM3050S, Nussloch GmbH, Germany) according to the  
226 anatomical regions based on the Paxinos & Watson Rat Brain Atlas. Sections were stored  
227 at -80°C until use. Total RNA was extracted using TRizol reagent (Molecular Research

228 Center Inc., Ohio, USA) followed by reverse transcription using a PrimeScript™ RT  
229 reagent kit with gDNA eraser (Takara Bio USA, California, USA), and cDNA products  
230 were stored at -20°C until use. Real-time PCR was performed on a StepOne™ Real-Time  
231 PCR System (ThermoFisher Scientific, Massachusetts, USA). Reactions were performed  
232 in triplicate in MicroAmp 96-well plates under standard conditions (50°C for 2 min, 95°C  
233 for 10 min, 40 cycles of 95°C for 10 s, 60°C for 30 s) with SYBR Green fluorescence  
234 (Applied Biosystems, Life Technologies, Warrington, UK), and fluorescence was detected  
235 after each cycle. A melt curve from 60-95°C with a step increase of +5°C was plotted at  
236 the end of the cycling stage to evaluate the amplification products. Data were analysed  
237 using StepOne™ Real-Time PCR software. All primers used were previously published  
238 (Calabrese et al., 2012; Covacu et al., 2009; Dick et al., 2015; Ermolinsky et al., 2008;  
239 Rogers et al., 2004; Tan et al., 2015), and amplification efficiency was reassessed as  
240 described (Tan et al., 2020). Relative gene expression analysis was performed using the  
241  $2^{-\Delta\Delta CT}$  method and DBS animals were normalized to the sham animals as previously  
242 described (Tan et al., 2020). A list of primer sequences can be found in Supp. Table 1.

243

#### 244 **Mass Spectrometry**

245 The methodology of mass spectrometry experiment was performed as previously  
246 described (Tan et al., 2020). In brief, tissue homogenization and metabolite extraction  
247 were performed in 1.5 mL of methanol/MilliQ water (80%, v/v) with 0.1 mg norvaline as  
248 the internal standard. Tissue was homogenized on ice by 10 cycles of sonication at 10  
249 microns for 20 s and 10 s pause time. Next, 750  $\mu$ L of MilliQ water was added and the  
250 tube was vortexed for 30 s, and then 1200  $\mu$ L of chloroform was added and the tube  
251 vortexed again. After agitation for 15 min, the sample was centrifuged for 5 min at 10000  
252 g. The polar phase was isolated and the dried residue was redissolved and derivatized  
253 for 2 h at 37°C in 40  $\mu$ L of methoxylamine hydrochloride (30 mg/mL in pyridine), followed

254 by trimethylsilylation for 1 h at 37°C in 70 µL MSTFA with 1% TMCS. A sample (0.2 µL)  
255 was analysed by GC-MS and the remaining sample was dried under vacuum.

256

257 The GC/MS spectra were acquired in SCAN and MRM mode on an Agilent 7890B GC  
258 and Agilent 7010 Triple Quadrupole Mass Spectrometer system (Agilent, CA, USA). The  
259 sample was separated in an Agilent DB-5MS capillary column (30 m × 0.25 mm ID, 0.25  
260 µm film thickness) with a constant flow rate of 1 mL/min. The GC oven program started  
261 at 60°C (holding time 1 min) and increased at 10°C/min to 120°C, then at 3°C/min to  
262 150°C, followed by 10°C/min to 200°C, and finally 30°C/min to 280°C (holding time 5  
263 min). Inlet temperature and transfer line temperature were 250°C and 280°C,  
264 respectively. Characteristic quantifier and qualifier transitions were monitored in MRM  
265 mode during the run. Mass spectra from m/z 50-500 were acquired in SCAN mode.

266

267 Data analysis was performed using the Agilent MassHunter Workstation Quantitative  
268 Analysis Software. Linear calibration curves for each analyte were generated by plotting  
269 the peak area ratio of external/internal standard against the standard concentration at  
270 different concentration levels. Analytes were confirmed by comparing the retention time  
271 and ratio of characteristic transitions between the sample and standard.

272

273 Dopamine (DA), Serotonin (5-HT), γ-Aminobutyric acid (GABA), Glutamic acid (Glu), 3,4-  
274 Dihydroxyphenylacetic acid (DOPAC), Homovanillic acid (HVA), and 5-Hydroxyindole  
275 acetic acid (5-HIAA) were measured with norvaline as the internal standard.

276

## 277 **Statistics**

278 All statistical analyses were performed using GraphPad Prism 7.00. The statistical models  
279 are detailed in the various results sections. As linearity of data cannot be assumed,

280 outliers were removed using the ROUT method (Motulsky and Brown, 2006) (shown as  
281 red points on the figures). Results were considered significant for  $p < 0.05$ . All data were  
282 presented as the Mean  $\pm$  SEM of the individual data points (with the exception of Fig 6,  
283 as replicates were technical replicates). D'agostino & Pearson normality test was done  
284 on all datasets, and non-parametric data was analysed using Mann-Whitney test, which  
285 showed significant differences from the parametric tests. For GC/MS experiment, t-test  
286 with Holm-Sidak corrections was used to adjust the statistical power of multiple t-test  
287 comparisons.

288

## 289 **RESULTS**

### 290 **PrL stimulation during retrieval specifically disrupts contextual fear memory**

291 To investigate the effects of PrL DBS on conditioned fear memory, rats implanted with  
292 bilateral electrodes in the PrL were subjected to a standard tone-footshock fear  
293 conditioning paradigm (Fig. 1A, B). We first confirmed that our conditioned fear training  
294 paradigm was sufficient to generate robust fear responses from the animals, as indicated  
295 by the high freezing percentage during acquisition. For testing normal acquisition, two-  
296 way repeated measures ANOVA of the percentage of freezing in the conditioning trial  
297 with ITIs revealed an effect for the number of trials (Context:  $F_{(2,28)}=57.05$ ,  $p < 0.001$ ; Tone:  
298  $F_{(3,42)}=99.52$ ,  $p < 0.001$ ), but not treatment (Context:  $F_{(1,14)}=0.76$ ,  $p=0.40$ ; Tone:  
299  $F_{(1,14)}=0.93$ ,  $p=0.35$ ) or interaction (Context:  $F_{(2,28)}=0.82$ ,  $p=0.45$ ; Tone:  $F_{(3,42)}=0.68$ ,  
300  $p=0.44$ ) (Fig. 1B), indicating no difference between groups prior to DBS in terms of basal  
301 behavioral responses to footshock.

302

303 We next probed the effect of PrL DBS when administered during memory acquisition.  
304 Rats (DBS  $n=8$ , Sham  $n=8$ ) were stimulated in the home cage before continuous  
305 stimulation during the context acquisition for a total of 15 min (Fig. 1C-E). Unpaired t-test

306 of the context test and tone test showed no significant differences between sham and  
307 DBS groups (context test:  $t_{(14)} = 0.26$ ,  $p=0.79$ ; tone test:  $t_{(14)}=1.66$ ,  $p=0.12$ ), indicating no  
308 effect of PrL DBS on acquisition (Fig. 1D, E). We next asked whether fear memory was  
309 affected by the administration of PrL DBS during memory retrieval. To this end, rats were  
310 stimulated in the home cage, followed by continuous stimulation during the context test  
311 and tone test for a total of 15 min on each of the testing days (Fig. 1F-H). In animals that  
312 had been fear-conditioned to contextual and tone cues (DBS  $n=9$ , Sham  $n=7$ ), PrL DBS  
313 delivered during memory retrieval specifically disrupted contextual fear memory  
314 ( $t_{(14)}=2.29$ ,  $p=0.04$ ) but not tone fear memory ( $t_{(14)}=1.06$ ,  $p=0.31$ ) (Fig. 1G, H). These  
315 results indicated that PrL DBS during retrieval selectively affects contextual fear recall  
316 and does not influence tone-fear recall.

317

### 318 **Single PrL stimulation during consolidation disrupts both tone and contextual** 319 **conditioned fear memory**

320 To systematically characterize the effect of PrL DBS on fear memory disruption, we next  
321 asked whether contextual and tone fear memory were influenced by PrL DBS delivered  
322 post-acquisition, but prior to retrieval. When PrL DBS was applied for 15 min at 15 min  
323 after the acquisition task to ensure DBS only affected memory consolidation (DBS  $n=7$ ,  
324 Sham= $9$ ) (Fig. 2A-E), DBS animals showed reduced freezing responses compared to  
325 sham animals on the following day during contextual fear memory recall ( $t_{(14)}=2.43$ ,  
326  $p=0.03$ ) (Fig. 2B). A similar reduction was observed in the tone test, where the average  
327 percentage of freezing for all five tones showed a significant difference between sham  
328 and DBS groups ( $t_{(12)}=2.77$ ,  $p=0.02$ ) (Fig. 2C). To confirm that the observed difference  
329 was not due to the fear response induced by the novel context, percentage of freezing  
330 during the exploration period in the tone test was assessed. Unpaired t-test showed no  
331 significant differences between groups ( $t_{(14)}=0.22$ ,  $p=0.83$ ), indicating similar baseline

332 levels for the new context (Fig. 2D). To test whether the effects of PrL DBS are specific  
333 to fear memory retrieval, animals were placed in the open field 24 h after the tone test.  
334 Unpaired t-test showed no significant differences in distance travelled between sham and  
335 DBS groups ( $t_{(14)}=1.42$ ,  $p=0.18$ ), indicating no effect on locomotion (Fig. 2E). To establish  
336 the temporal specificity of PrL DBS in fear memory disruption, we also evaluated the  
337 effect of PrL DBS in rats stimulated for 15 min at 6 h after the acquisition task (DBS n=8,  
338 Sham n=10) (Fig. 2F-H). PrL DBS administered 6 h after acquisition did not influence  
339 contextual fear ( $t_{(16)}=0.32$ ,  $p=0.75$ ) and tone fear memory ( $t_{(16)}=1.42$ ,  $p=0.17$ ) (Fig. 2G,  
340 H). Altogether, the results in these experiments indicate that the reduced fear response  
341 observed in animals received PrL DBS during consolidation is contributed by disrupted  
342 fear memory and not unconditioned anxiety.

343

#### 344 **PrL DBS disrupts consolidation of avoidance fear memory**

345 To investigate if the previous results of the disruption of the conditioned fear memory  
346 consolidation can be applied to avoidance fear memory, behaviourally naïve rats (DBS  
347 n=9, Sham n=9) implanted with bilateral electrodes in the PrL were tested in a modified  
348 EPM with aversive odour in one closed arm, followed by a retrieval task 24 h later without  
349 the odour. At 15 min after the acquisition task, rats were stimulated (or sham stimulated)  
350 in the home cage for 15 min. After 24 h, animals were placed back in the EPM without  
351 the aversive odour to test the retrieval of avoidance fear memory (Fig. 3A, B). Mann-  
352 Whitney test of the DI in the acquisition task showed no significant differences ( $p=0.61$ ).  
353 Mann-Whitney test of the DI on day 2 in the retrieval task showed a significant difference  
354 ( $p=0.003$ ), suggesting that PrL DBS was able to disrupt consolidation of fear memory  
355 (Fig. 3C). There were no significant differences in the time spent in the open arms on  
356 either day (D1:  $t_{(16)}=0.03$ ,  $p=0.98$ , D2: Mann-Whitney  $p=0.06$ ) (Fig. 3D), suggesting the  
357 differences seen were not due to differences in innate fear. Unpaired t-test of the distance

358 travelled on day 1 showed no significant differences ( $t_{(14)}=0.45$ ,  $p=0.66$ ) (Supp. Fig. 1A),  
359 whereas the distance travelled on day 2 showed a significant difference ( $t_{(16)}=2.17$ ,  
360  $p=0.045$ ) (Supp. Fig. 1A). Despite the seemingly increased locomotor activity of PrL DBS  
361 animals on day 2, comparing the data in acquisition and retrieval shows that PrL DBS  
362 animals exhibited similar exploratory drive on both days. Moreover, we showed that PrL  
363 DBS was able to disrupt consolidation of memory in a fear conditioning test (Fig. 2),  
364 suggesting an effect on the memory itself. Also, we found no significant differences in  
365 distance travelled in stimulated animals when subjected to EPM testing (DBS  $n=18$ , Sham  
366  $n=14$ ) ( $t_{(29)}=1.10$ ,  $p=0.28$ ), indicating no alteration of exploratory drive in the PrL DBS  
367 animals (Supple. Fig. 1B), which is consistent with our previous results which showed  
368 that acute DBS (1 h prior to EPM) did not affect exploratory drive in naïve animals  
369 (Bhaskar et al., 2018). Hence the difference in DI is unlikely to be due to the change in  
370 exploratory drive, but rather a change in avoidance learning. Overall, the effects of DBS  
371 on the consolidation of memory provide a better and more encompassing explanation  
372 than its effects on exploratory drive.

373

374 **Single stimulation during consolidation alters expressions of *Drd2*, *Grm5*, and**  
375 ***GluN2A* receptors and *c-Fos* in the vHPC**

376 To understand the molecular mechanisms of PrL DBS on the hippocampus, rats were  
377 sacrificed immediately on day 2 after the trials in the modified EPM. Real-time qPCR was  
378 performed in dHPC and vHPC sections to detect genes related to learning and memory  
379 (Handford et al., 2014; Lyon et al., 2011; Milton et al., 2013; Tan et al., 2015; Wilkerson  
380 and Levin, 1999). The t-tests showed no significant differences in any of the detected  
381 genes in the dHPC and vHPC ( $t<1.74$ , all  $p>0.05$ ) (Supp. Fig. 1C, D), indicating 15 min  
382 of PrL DBS did not induce long-term changes in the gene expressions.

383

384 To examine immediate changes in the receptor expressions in the hippocampus after PrL  
385 DBS, rats (DBS n=9, Sham n=11) were subjected to a similar trial in the modified EPM  
386 as in the consolidation DBS group, but were immediately sacrificed (Fig. 4A). Real-time  
387 PCR was performed in dHPC and vHPC sections to detect mRNA changes (Fig. 4A). The  
388 t-test showed no significant fold changes in the expressions of genes in the dHPC ( $t < 1.65$ ,  
389 all  $p > 0.05$ ) (Fig. 4B). However, t-tests showed significant fold changes in the genes  
390 expressions in the vHPC for *Drd2* ( $t_{(18)} = 2.37$ ,  $p = 0.029$ ), *Grm5* ( $t_{(18)} = 2.12$ ,  $p = 0.048$ ), and  
391 *GluN2A* ( $t_{(18)} = 2.19$ ,  $p = 0.041$ ), but not for *Drd1*, *Grm2*, *Grm3*, or *GluN2B* ( $t < 0.17$ , all  
392  $p > 0.05$ ) (Fig. 4C). Specifically, the changes in *Drd2* expression along with the observed  
393 disrupted memory is in line with previous results that demonstrated the involvement of  
394 vHPC *Drd2* in spatial working memory, which was found to be dose-dependently  
395 improved or inhibited by *Drd2* agonist Quinpirole or *Drd2* antagonist Raclopride,  
396 respectively (Wilkerson and Levin, 1999).

397

398 To detect changes in neuronal activity in the hippocampus upon PrL DBS, RT-qPCR was  
399 performed on mPFC, dHPC, and vHPC sections to examine the expression of immediate  
400 early gene c-Fos, a marker of neuronal activity. The t-test of the fold change in c-Fos  
401 expression showed no significant differences in the mPFC and dHPC ( $t < 1.12$ , all  $p > 0.05$ ),  
402 but there was a significant decrease in the vHPC ( $t_{(17)} = 2.16$ ,  $p = 0.045$ ) (Fig. 4D), indicating  
403 reduced activation of the vPHC upon PrL DBS.

404

405 Uncorrected t-test was used in the analyses to increase the power to extract the potential  
406 mechanisms. Given the role of *Drd2* in memory function and our previous proposal of  
407 dopamine as a potential target/mechanism of DBS in disrupting memory (Tan et al.,  
408 2020), the decrease in *Drd2* gene expression in the vHPC observed in the current study  
409 may be the molecular mechanism underlying the deficit in memory. Hence, follow-up



410 experiments on the Drd2 were performed (next section) to validate the necessity of the  
411 receptor in fear memory disruption by PrL DBS.

412

413 **vHPC dopamine D2 receptors are involved in the effects of PrL DBS on**  
414 **consolidation of memory**

415 Based on our gene expression results, we further studied the role of vHPC Drd2 on the  
416 effects of DBS. To establish a causal role of vHPC Drd2 in the effects of PrL DBS on  
417 consolidation, rats (n=67: sham-aCSF n=13, DBS-aCSF n=9, sham-Quinpirole n=13,  
418 DBS-Quinpirole n=10, sham-Raclopride n=12, and DBS-Raclopride n=10; 3 animals were  
419 removed from each group on day 2 due to issues with the drug infusion) were implanted  
420 with electrodes in the PrL and guide cannulas in the vHPC. Rats were immediately  
421 administered aCSF, Quinpirole (a Drd2 agonist), or Raclopride (a Drd2 antagonist) via  
422 the guide cannula in the vHPC after subjected to the modified EPM. At 15 min after the  
423 acquisition task, rats were stimulated (or sham stimulated) in the home cage for 15 min.  
424 Rats underwent the same EPM without odour 24 h later to test retention of fear memory  
425 (Fig. 5A).

426

427 Two-way ANOVA of the DI in the acquisition task showed no significant differences  
428 (Interaction:  $F_{(2,61)}=0.02$ ,  $p=0.98$ ; Stimulation:  $F_{(1,61)}=0.09$ ,  $p=0.76$ ; Drug:  $F_{(2,61)}=1.85$ ,  
429  $p=0.17$ ), indicating the baseline fear between groups were similar. Two-way ANOVA of  
430 the DI in the retrieval task showed an effect for interaction ( $F_{(2,58)}=3.95$ ,  $p=0.03$ ),  
431 stimulation ( $F_{(1,58)}=21.6$ ,  $p<0.001$ ), and drugs ( $F_{(2,58)}=7.84$ ,  $p=0.001$ ) (Fig. 5B). The  
432 disruption of fear memory by PrL DBS was verified by the significant difference in DI  
433 comparing aCSF sham group with aCSF PrL DBS group ( $p=0.01$ ). As expected, PrL DBS  
434 animals infused with Raclopride also showed disrupted fear memory comparable to  
435 aCSF DBS animals (aCSF sham vs Raclopride DBS:  $p=0.026$ ; aCSF DBS vs Raclopride

436 DBS:  $p=0.91$ ), further validating the partially causal effect of dopamine receptor  
437 inactivation on fear memory disruption. Within the DBS group, Tukey post-hoc test  
438 revealed the infusion of Quinpirole effectively retained the preference towards the neutral  
439 arm during recall (aCSF DBS vs Quinpirole DBS:  $p=0.001$ ; aCSF DBS vs Raclopride  
440 DBS:  $p=0.016$ ), suggesting that activation of dopamine receptor blocked the disruption of  
441 fear memory mediated by PrL DBS during consolidation (Fig. 5B). Sham groups showed  
442 no significant differences with each other (lowest  $p=0.93$ ), indicating that dopamine  
443 modulation alone is not sufficient to disrupt fear memory.

444

445 Two-way ANOVA of time spent in the open arms in the acquisition task showed an effect  
446 for drugs ( $F_{(2,61)}=5.07$ ,  $p=0.01$ ), but not interaction ( $F_{(2,61)}=1.23$ ,  $p=0.30$ ) or stimulation  
447 ( $F_{(1,61)}=1.26$ ,  $p=0.27$ ). Tukey post-hoc test revealed a significant difference in only the  
448 aCSF sham group compared with the Raclopride sham group ( $p=0.01$ ) (Fig. 5C).  
449 However, this effect disappeared in the retrieval task, with two-way ANOVA of time spent  
450 in the open arms showing no significant effects (Interaction:  $F_{(2,58)}=1.52$ ,  $p=0.23$ ;  
451 Stimulation:  $F_{(1,58)}=0.08$ ,  $p=0.78$ ; Drug:  $F_{(2,58)}=1.11$ ,  $p=0.34$ ) (Fig. 5C). The differences  
452 seen in the acquisition task could be attributed to either batch or random effects, although  
453 given the small differences in the actual mean time (around 40 s) and no differences in  
454 the retrieval task, we believe the results are still valid. Lastly, no significant differences  
455 were seen in the distance travelled in both the acquisition and retrieval tasks ( $F<2.50$ , all  
456  $p>0.05$ ) (Fig. 5D). Overall, the data suggested that PrL DBS-induced disruption of  
457 consolidation could be reversed by the D2/D3 receptor agonist Quinpirole, whereas  
458 Raclopride alone was not able to disrupt memory consolidation. Together, our findings  
459 support vHPC *Drd2* plays a key role in PrL DBS on memory consolidation, although it  
460 was not sufficient to disrupt consolidation on its own or to fully explain the action of PrL  
461 DBS.

462

463 **PrL DBS modulates neurotransmitters in the vHPC**

464 To understand the effects of PrL DBS on neurotransmission, GC/MS was performed on  
465 mPFC, dHPC, and vHPC slices for neurotransmitters/metabolites related to learning and  
466 memory including Glu, GABA, HVA, DOPAC, DA, 5-HIAA, and 5-HT (Gottfries, 1990;  
467 Johansen et al., 2011; Pananceau and Gustafsson, 1997; Peters, 2006; Riedel and  
468 Reymann, 1996; Tan et al., 2015; Tan et al., 2020). All targets were within the linear  
469 ranges of the standard curves, except for DA, which was excluded from the analysis as it  
470 was only detected in the vHPC of the PrL DBS group. The t-test with Holm-Sidak  
471 corrections for the relative fold changes in the mPFC revealed no significant differences  
472 in neurotransmitter and their metabolite content ( $t < 1.55$ ,  $p > 0.05$ ) (Fig. 6A). The t-test  
473 with Holm-Sidak corrections for the relative fold changes in the dHPC revealed a  
474 significant increase in 5-HIAA ( $t_{(4)}=9.50$ ,  $p<0.001$ ) (Fig. 6B). The t-test with Holm-Sidak  
475 corrections for the relative fold changes (target/average sham) in the vHPC revealed  
476 significant differences in all targets ( $t>3.49$ ,  $p<0.05$ ), with decreases in GABA, Glu, and  
477 5-HIAA, and increases in HVA, DOPAC, and 5-HT (Fig. 6C). Chromatographs are shown  
478 in the supplementary materials (mPFC: Supp. Fig. 2; dHPC: Supp. Fig. 3; vHPC: Supp.  
479 Fig. 4).

480

481 **DISCUSSION**

482 In this study, we systematically investigated the effects of PrL DBS on fear memory. The  
483 use of a tone and context-footshock conditioning paradigm enabled a robust investigation  
484 of the effect of PrL DBS on various stages of memory. We showed that PrL DBS during  
485 consolidation was able to disrupt both contextual and tone-footshock conditioned fear  
486 memory. We further extended our results with the use of a conditioned avoidance task  
487 using a modified EPM, which allowed us to simultaneously control for locomotion and

488 innate fear differences during the tasks, both of which showed no significant differences.  
489 For molecular changes in the brain, we found the expression of dopaminergic and  
490 glutamatergic receptors were altered in the vHPC, and established a partial causal role  
491 of dopamine D2 receptors in these changes. Lastly, besides dopamine, we also found  
492 changes in other neurotransmitters in the vHPC.

493

494 Although recent work has implicated the efficacy of neuromodulation techniques in  
495 manipulating fear memory, few studies have systematically studied its effects on  
496 individual stages of the memory process, and most studies have focused on enhancing  
497 memory extinction (Do-Monte et al., 2013; Milad and Quirk, 2002; Milad et al., 2004;  
498 Poon et al., 2020; Rodriguez-Romaguera et al., 2012). Here we employed a systematic  
499 approach to examine the temporal specificity of PrL DBS administration and isolate the  
500 effects of DBS on the consolidation of memory by stimulating post acquisition. We also  
501 showed consistent results across multiple models of conditioned fear and in repeat  
502 experiments, which is important given the paradoxical ability of DBS to both enhance and  
503 disrupt memories (Tan et al., 2020; Tan et al., 2020; Tan et al., 2020). Despite the  
504 limitations of using conditioned fear to model anxiety disorders (LeDoux, 2015), it is one  
505 of the most well-established and translatable models currently available (Ganella and  
506 Kim, 2014).

507

508 We targeted the PrL as it has connections to both the hippocampus and the amygdala  
509 (Jin and Maren, 2015; Marek et al., 2013), which are structures heavily implicated in fear  
510 memory (Kim et al., 1993; LeDoux, 1995; Maren, 2001). In particular, the PrL has crucial  
511 roles in learned fear (Corcoran and Quirk, 2007). We found downstream effects of PrL  
512 DBS in the vHPC, but not the dHPC. This is consistent with previous findings  
513 demonstrating vHPC plays a crucial role in anxiety and has direct monosynaptic

514 projections to the PrL (Padilla-Coreano et al., 2016), suggesting a possible mechanism  
515 of the backpropagation of the signal. In contrast to previous findings that showed the  
516 respective involvement of dHPC in spatial encoding and vHPC in innate fear (Kheirbek et  
517 al., 2013), our results indicated effects on learned rather than innate fear. Additionally,  
518 vHPC slices were richer in CA3 areas compared to dHPC slices (Fig. 4A), and the  
519 obliteration of dopaminergic systems in CA3 was shown to affect memory consolidation,  
520 but not acquisition (Wen et al., 2015). However, effects on the amygdala cannot be  
521 excluded as indicated by Klavir et al. [32], who found that high-frequency optogenetic  
522 stimulation (similar in concept to axonal activation in DBS (Abulseoud et al., 2012)) of  
523 amygdala inputs to the PFC disrupted memory consolidation, but not acquisition of fear  
524 memory. We also found that retrieval PrL DBS specifically disrupted contextual fear  
525 memory but not tone fear memory. This might be explained by the effect of PrL DBS on  
526 vHPC inhibition, as the vHPC projection to amygdala was shown to be necessary for  
527 contextual fear memory (Jimenez et al., 2020), although further work is needed to verify  
528 this hypothesis. Interestingly, the site of DBS seemed to show no changes in cFos  
529 expression. However, it should be noted that the whole of the mPFC was microdissected  
530 out but only the PrL was stimulated, hence, changes specific to the PrL cannot be ruled  
531 out.

532

533 One possible mechanism of how DBS exerts its action is through the modulation of  
534 neurotransmitters such as monoamines (Hamani et al., 2010; Lim et al., 2015; van Dijk  
535 et al., 2012) and glutamate (Agnesi et al., 2010; Jimenez-Sanchez et al., 2016; Tawfik et  
536 al., 2010). Indeed, consistent with our qPCR results, the GC/MS results showed changes  
537 in all the tested neurotransmitters in the vHPC, whereas the dHPC only showed changes  
538 in the serotonin system and the mPFC showed no significant changes. Importantly, we  
539 found significant changes in dopaminergic metabolites in only the vHPC. Unfortunately,

540 dopamine levels were too low for reliable detection, making it difficult to accurately  
541 measure the dopamine turnover. Interestingly, we found increased dopamine metabolites  
542 in the vHPC of PrL DBS groups, whereas dopamine was detected in the PrL DBS groups,  
543 but not in the sham group. This initially seems to contradict our results (that dopamine  
544 agonist reversed the effects of PrL DBS), however, it should be noted that Quinpirole has  
545 been shown to lower dopamine and DOPAC (Santiago et al., 1993), which could explain  
546 the reversing effects on PrL DBS. Further studies are needed to fully understand how PrL  
547 DBS affects the complex interplay of dopamine in modulating memory processes.  
548 Besides modulating dopamine, we showed that PrL DBS increased 5-HT levels in the  
549 vHPC, which was similar to the study by Volle et al. (Volle et al., 2018). Contrary to  
550 another study (Hamani et al., 2010), we showed that 5-HT was lower in the dHPC, but  
551 this might be due to differences in the length of stimulation (15 min in our study compared  
552 to 4 h in the other study). The increase in 5-HT in the vHPC was accompanied by lower  
553 5-HIAA, which is similar to the actions of an MAO-inhibitor (Kaehler et al., 1999) and hints  
554 at increased 5-HT availability, although this requires further study. Besides monoamines,  
555 glutamate has also been shown to be modulated by DBS (Agnesi et al., 2010; Jimenez-  
556 Sanchez et al., 2016; Tawfik et al., 2010). In our study, we found both glutamate and  
557 GABA levels were lowered in the vHPC, which might follow the “disruption hypothesis”,  
558 whereby information flow is disrupted (Chicken and Nambu, 2016). It may be interesting  
559 for future studies to examine the cellular modifications, including DNA methylation and  
560 histone modifications, considering the large-scale neurotransmitter changes observed in  
561 this study, as such modifications are crucial to the development of anxiety disorders  
562 (Hutchinson et al., 2012; Kwapis and Wood, 2014; Poon et al., 2020; Poon et al., 2020).  
563 Overall, the findings suggest the modulation of dopamine transmission plays a major role  
564 in the effects of PrL DBS, which may also involve multiple neurotransmitters, although  
565 future studies are needed to further explore their contributions (Tan et al., 2020). This

566 study provides strong evidence for targeting the PrL with neuromodulation techniques to  
567 disrupt fear memory processes as a possible strategy for anxiety disorders.

568

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575

#### 576 **Conflict of Interest**

577 All authors declared no competing financial interests or potential conflicts of interest.

578

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584

585

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- 820

821 **Figure Legends**822 **Figure 1. PrL DBS during retrieval specifically disrupts contextual fear memories.**

823 Rats were fear conditioned in a tone-footshock paradigm. PrL DBS was performed during  
824 acquisition and retrieval. Rats were then tested for contextual fear memory and tone-  
825 footshock memory and their freezing behaviors were analysed. Histological micrograph  
826 of an example electrode implantation site, black arrows point to tips of the electrode **(A)**.  
827 Effective learning of both CS-US and context-US fear memory were observed. There  
828 were no differences between groups at baseline. Sound notation and black bolt indicates  
829 the tone and footshock administered to the animal during training respectively **(B)**.  
830 Experimental scheme of the tone-footshock fear conditioning paradigm. Rats were  
831 stimulated during acquisition (DBS n=8, Sham n=8) or retrieval (DBS n=9, Sham n=7),  
832 and then tested for contextual fear memory and tone-footshock memory. Light orange  
833 shading indicates electrical stimulation administered during the corresponding period in  
834 the scheme **(C, F)**. No significant differences in freezing were observed in both context  
835 test **(D)** and tone test **(E)** in the acquisition stimulation. A significant reduction of freezing  
836 behaviour was observed in context test of retrieval-stimulated rats **(G)**, but not in the tone  
837 test **(H)**. \*  $p < 0.05$ .

838

839 **Figure 2. PrL DBS during consolidation disrupts both contextual and tone fear**

840 **memories.** Rats (DBS n=7, Sham n=9) were fear conditioned in a tone-footshock  
841 paradigm. PrL DBS was carried out 15 min after acquisition. Rats were then tested for  
842 contextual fear memory and tone-footshock memory **(A)**. With consolidation stimulation,  
843 PrL DBS rats exhibited significantly less freezing behaviour in both the context test **(B)**  
844 and tone test **(C)**. Analysis of freezing behaviour during the tone test exploration period  
845 showed no significant differences between sham and DBS animals, indicating the  
846 freezing was not generalized **(D)**. Analysis of the distance travelled in the open field test

847 showed no significant difference between sham and DBS animals, indicating no  
848 locomotion changes **(E)**. For DBS performed 6 h after acquisition (DBS n=8, Sham n=10)  
849 **(F)**, no significant differences in freezing were observed in both context test **(G)** and tone  
850 test **(H)**. \*  $p < 0.05$ .

851

### 852 **Figure 3. PrL DBS disrupts consolidation of avoidance fear memory**

853 Schematic figure of the modified elevated plus maze. Rats were trained in the modified  
854 elevated plus maze with aversive odour (bobcat urine) in one closed arm and neutral  
855 odour (rabbit urine) in the opposite closed arm **(A)**. Experimental scheme of the modified  
856 elevated plus maze experiment. Rats were tested for arm preference 24 h after  
857 acquisition. Rats were stimulated during consolidation (DBS n=9, Sham n=9). Light  
858 orange shading indicates electrical stimulation administered during the corresponding  
859 period in the scheme **(B)**. With consolidation stimulation, **C** shows there were no  
860 significant differences in the discrimination index during acquisition, whereas significant  
861 differences were observed in the retrieval test, indicating disruption of the consolidation  
862 of memory. No significant differences were seen in the time spent in the open arms during  
863 acquisition and retrieval **(D)**. \*\*  $p < 0.01$ .

864

### 865 **Figure 4. qPCR of various memory- and neuronal activity-related genes**

866 **immediately after stimulation.** Rats (DBS n=9, Sham n=11) were trained in a modified  
867 elevated plus maze with aversive odour in one closed arm and neutral odour in the  
868 opposite closed arm. PrL DBS was carried out 15 min after acquisition and rats were  
869 immediately sacrificed. mPFC, dHPC, and vHPC sections were micro-dissected for qPCR  
870 **(A)**. **B** shows there were no significant differences in the dHPC. **C** shows downregulation  
871 of *Drd2*, *Grm5*, and *Grin2A* in the vHPC. C-Fos gene expressions were not significantly

872 changed in the mPFC or dHPC, but was significantly downregulated in the vHPC **(D)**. \*  
873  $p < 0.05$ .

874

875 **Figure 5. vHPC Dopamine D2 receptor is involved in the effects of DBS on**  
876 **consolidation of memory.** Rats (n=68; sham-aCSF n=13, DBS-aCSF n=9, sham-  
877 Quinpirole n=13, DBS-Quinpirole n=10, sham-Raclopride n=12, DBS-Raclopride n=10)  
878 were trained in a modified elevated plus maze with aversive odour in one closed arm and  
879 neutral odour in the opposite closed arm. aCSF, Quinpirole, or Raclopride were  
880 immediately infused into the vHPC, indicated by the light blue shading. PrL DBS was  
881 carried out 15 min after acquisition **(A)**. There was no significant difference in the  
882 discrimination index during acquisition, whereas significant differences were observed  
883 between DBS and sham groups for aCSF and Raclopride, but not for Quinpirole during  
884 retrieval. None of the sham groups showed significant differences with each other.  
885 Quinpirole DBS group was significantly different from the aCSF and Raclopride groups  
886 **(B)**. For the time spent in the open arms, there was a significant difference between the  
887 aCSF and Raclopride sham pre-treatment groups, but no significant difference was  
888 observed in the retrieval task, which suggests minor batch differences, but overall no  
889 effect on innate fear **(C)**. No significant difference was seen in the distance travelled,  
890 indicating no effects on locomotion **(D)**.

891

892 **Figure 6. Mass spectrometry analysis of various neurotransmitters and**  
893 **metabolites.** mPFC, dHPC, and vHPC slices were analysed by GC/MS for Glutamate,  
894 GABA, HVA, DOPAC, 5-HIAA, and 5-HT. No significant differences were observed in the  
895 mPFC **(A)**, whereas there were significant differences in the dHPC with an increase in 5-  
896 HIAA **(B)**. There were also significant differences in the vHPC with decreases in

897 Glutamate, GABA, and 5-HIAA, and increases in HVA, DOPAC, and 5-HT (**C**). \*  $p < 0.05$ ;  
898 \*\*\*  $p < 0.001$

899

900 **Supplementary Table 1. List of primers used for qPCR.** Table of primer sequences  
901 for qPCR with references. All primers were tested for efficiency before use.

902

903 **Supplementary Table 2. Statistical values of behavioral tests**

904

905 **Supplementary Figure 1. PrL DBS does not affect locomotion, and qPCR of various**  
906 **synaptic plasticity- and neuronal activity-related genes 24 h after stimulation.** For  
907 consolidation stimulation in the avoidance EPM experiment, there was no significant  
908 difference in the distance travelled during the acquisition task, whereas there was a  
909 significant difference in distance travelled in the retrieval task, suggesting higher  
910 exploratory drive rather than a difference in locomotion (**A**). No significant differences  
911 were seen in the distance travelled in the consolidation DBS group during EPM  
912 acquisition, suggesting PrL DBS during the EPM task does not affect exploratory drive  
913 (**B**). Rats from the consolidation experiment (Fig. **2B**) were sacrificed and dHPC and  
914 vHPC sections were micro-dissected for qPCR. No significant differences were seen in  
915 the identified gene expressions in both dHPC and vHPC (**C & D**). \*  $p < 0.05$ .

916

917 **Supplementary Figure 2. Mass spectrometry chromatographs of various**  
918 **neurotransmitters and metabolites in the mPFC.** mPFC slices were analysed by  
919 GC/MS for Glutamate, GABA, HVA, DOPAC, 5-HIAA, and 5-HT. **A** shows  
920 chromatographs of the Sham group, and **B** shows chromatographs of the PrL DBS group.

921



922 **Supplementary Figure 3. Mass spectrometry chromatographs of various**  
923 **neurotransmitters and metabolites in the dHPC.** dHPC slices were analysed by  
924 GC/MS for Glutamate, GABA, HVA, DOPAC, 5-HIAA, and 5-HT. **A** shows  
925 chromatographs of the Sham group, and **B** shows chromatographs of the PrL DBS group.

926

927 **Supplementary Figure 4. Mass spectrometry chromatographs of various**  
928 **neurotransmitters and metabolites in the vHPC.** vHPC slices were analysed by  
929 GC/MS for Glutamate, GABA, HVA, DOPAC, 5-HIAA, and 5-HT. **A** shows  
930 chromatographs of the Sham group, and **B** shows chromatographs of the PrL DBS group.

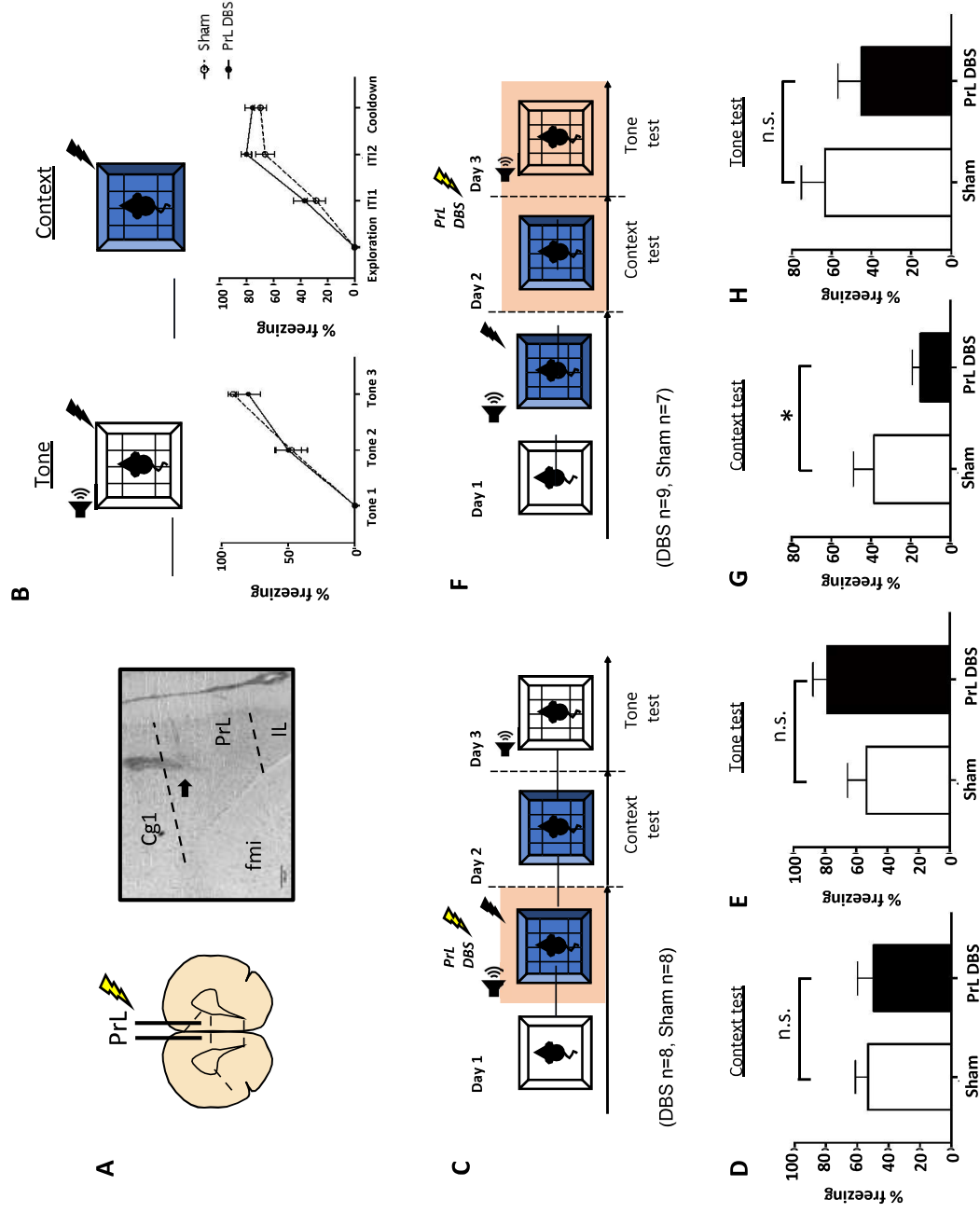
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For Peer Review

Fig 1



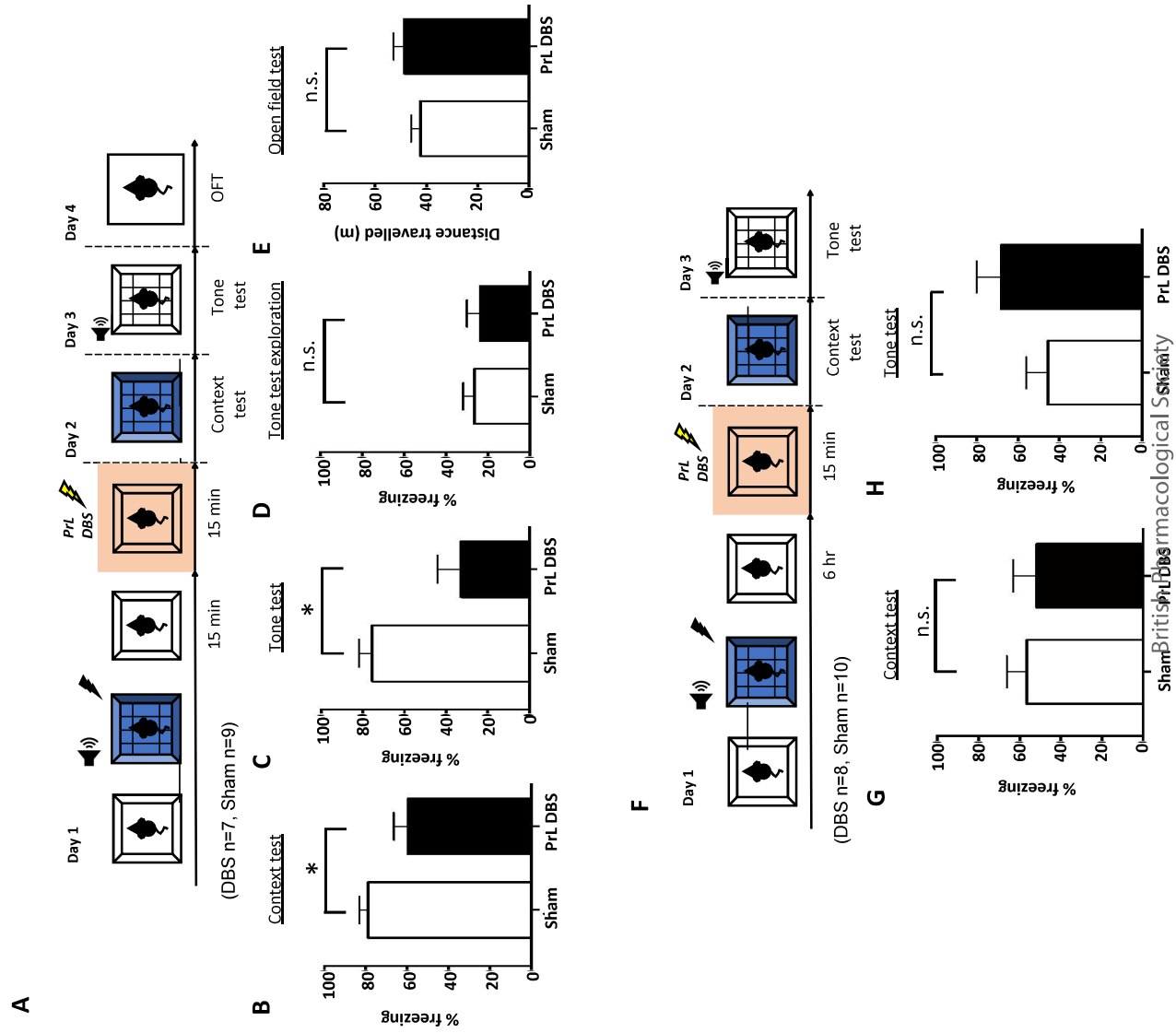


Fig 3

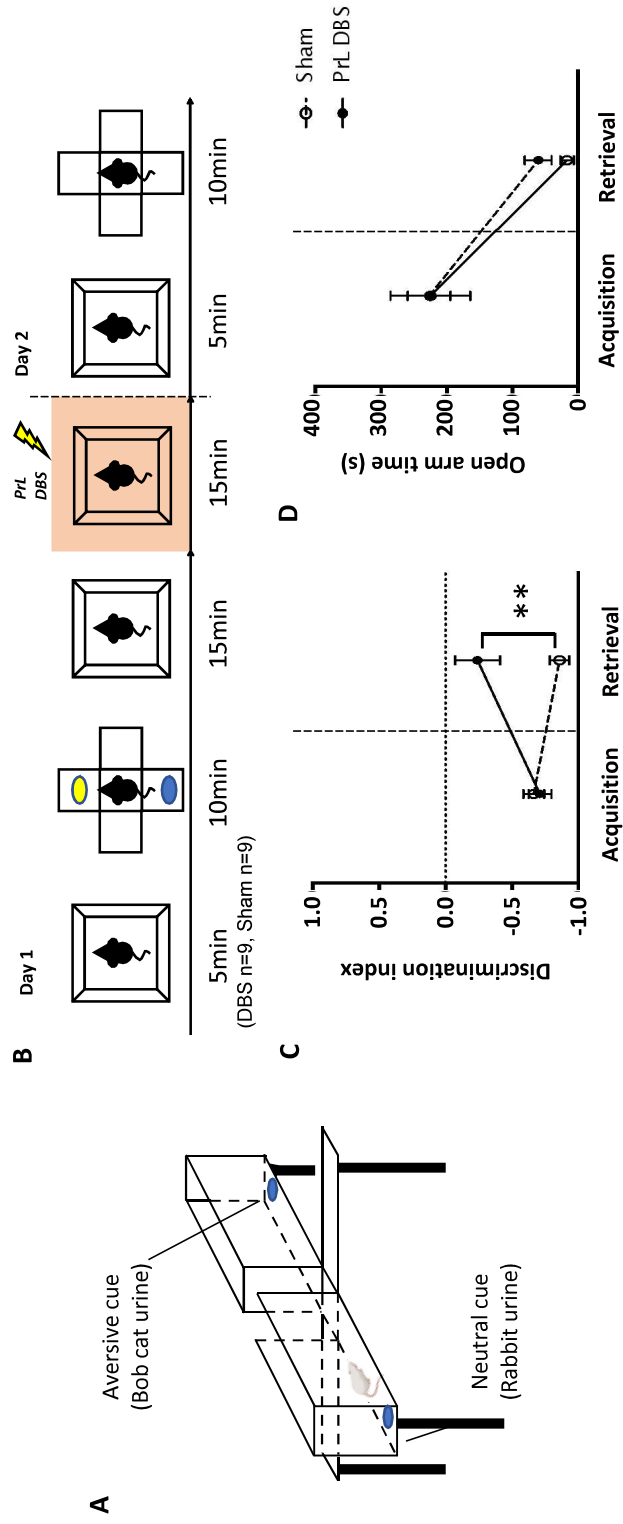


Fig 4

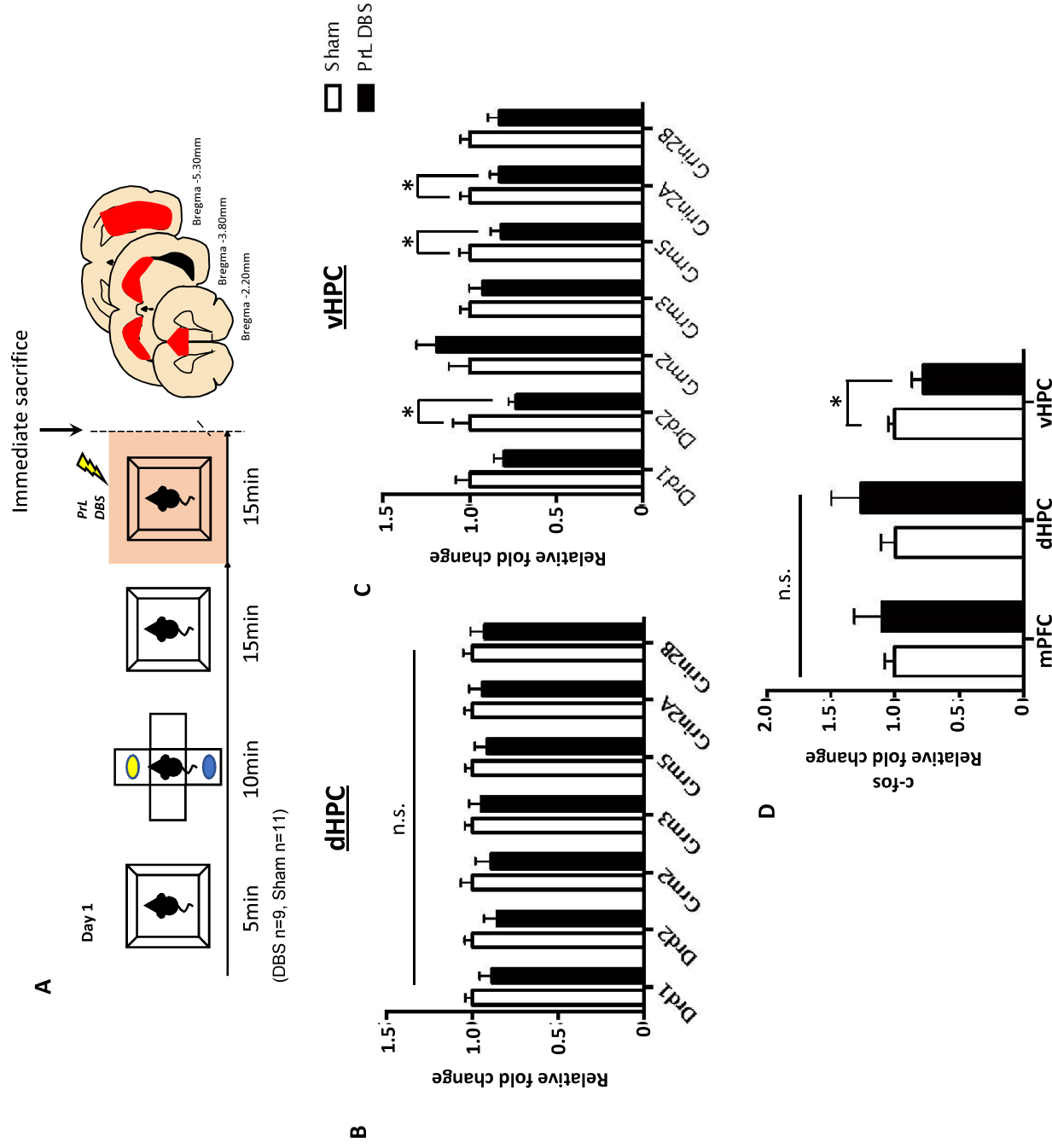


Fig 5

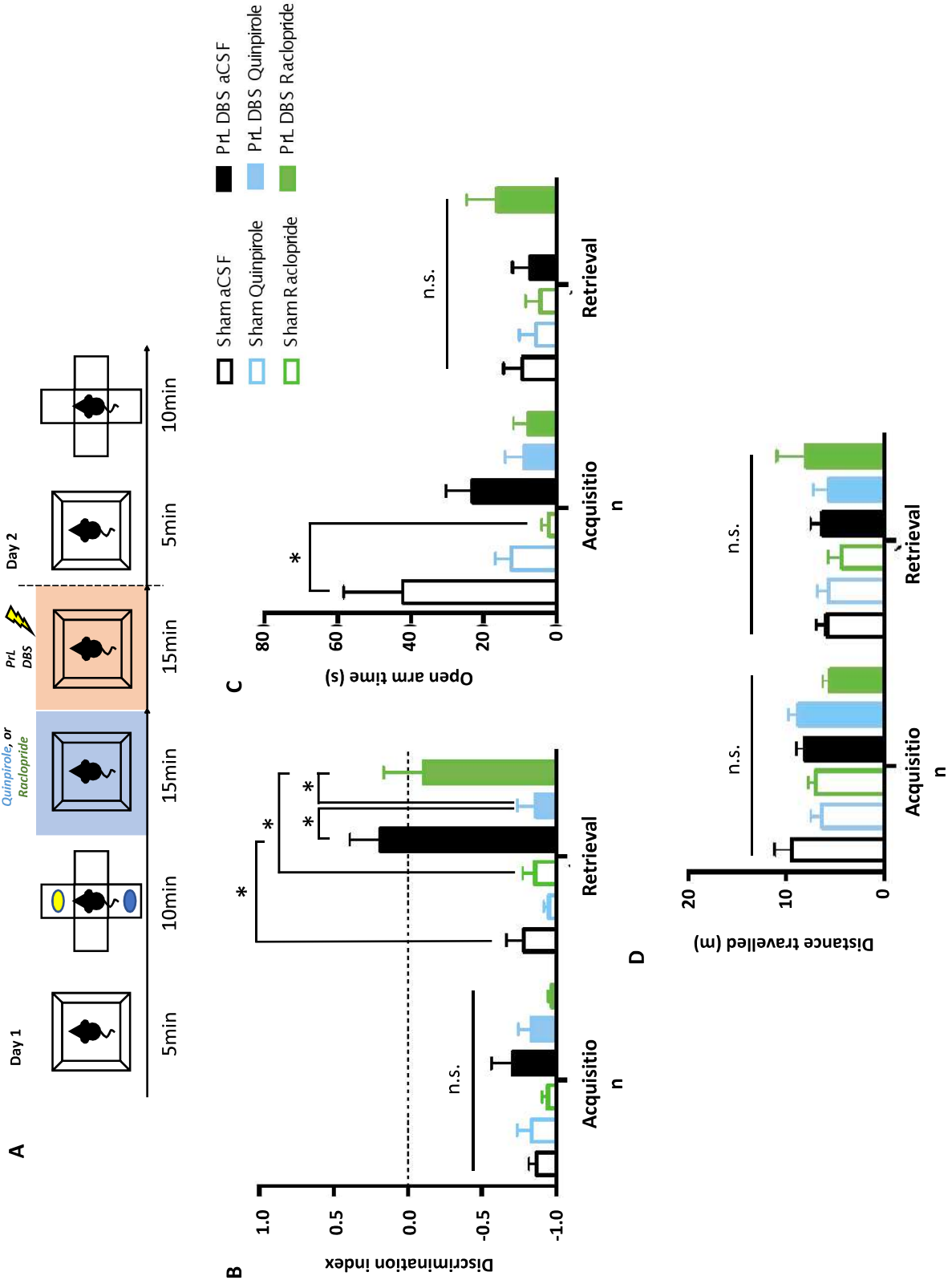
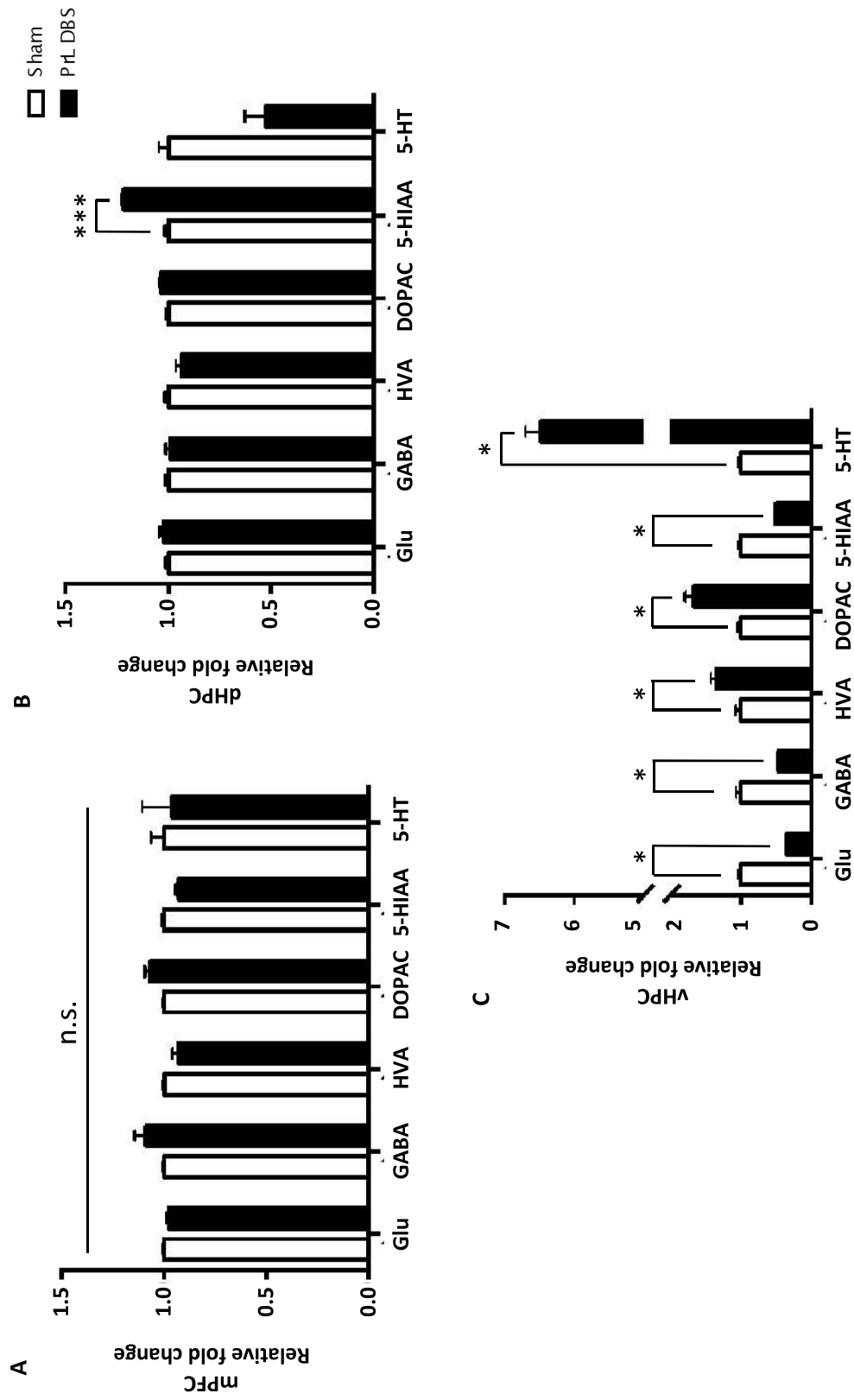


Fig 6



Supp Table 1

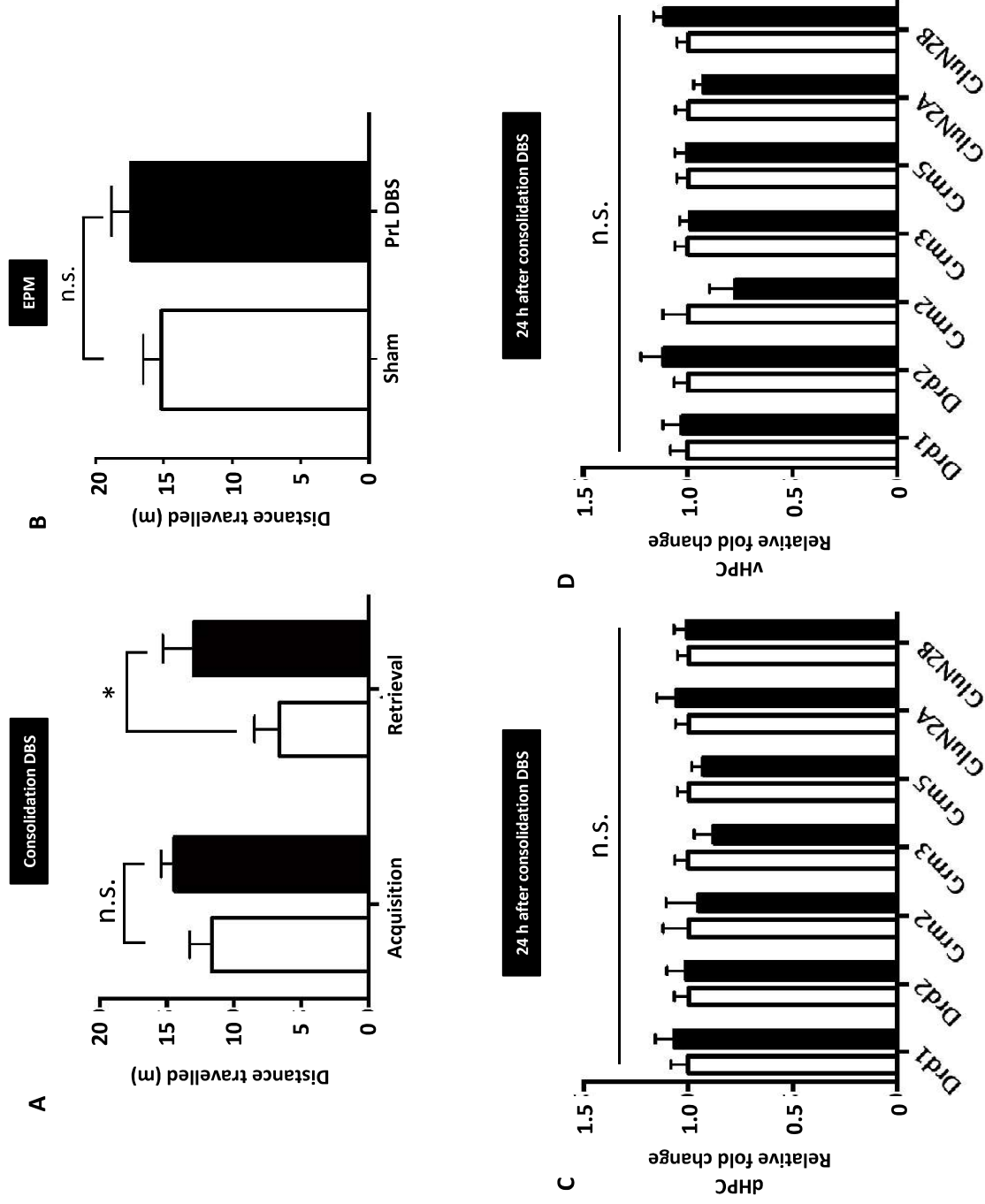
Target Gene	Sense	Anti-Sense	References
<b>Drd1</b>	5'-CC TTCGATGTTTTGTGG-3'	5'-GGGCAGAGTCTGTAGCATCC-3'	(Dick et al., 2015)(67)
<b>Drd2</b>	5'-TTCTGTCC TTCACCATCTCC-3'	5'-GACCAGCAGAGTGACGATGA-3'	(Dick et al., 2015)(67)
<b>Grm2</b>	5'-AGTCCTTAGCTGGGAGCCT-3'	5'-AACCATCCTCTCTATCCCAGAGTAAC-3'	(Ermolinsky et al., 2008)(68)
<b>Grm3</b>	5'-TAGGCTGT TAGACAAAAGTGCTCA-3'	5'-GAAGGGGCTGTTAATTAGGGCA-3'	(Ermolinsky et al., 2008)(68)
<b>Grm5</b>	5'-ACCAAGACCAACCGTATTGC-3'	5'-AGACTTCTCGGATGCTTGGA-3'	(Tan et al., 2015)(69)
<b>Grin2a</b>	5'-GCACCAGTACATGACCAGATTTC-3'	5'-ACCAGTTTACAGCCTTCATCC-3'	(Calabrese et al., 2012)(70)
<b>Grin2b</b>	5'-TTCATGGGTGCTGTTCTGG-3'	5'-GGATGTTGGAGTGGGTGTTG-3'	(Calabrese et al., 2012)(70)
<b>c-Fos</b>	5'-CCGACTCCTTCCAGCAT-3'	5'-TCACCGTGGGGATAAAGTTG-3'	(Rogers et al., 2004)(71)
<b>HPRT</b>	5'-CTCATCGGACTGATTATGGACAGGAC-3'	5'-GCAGGTCAGCAAGAACTTATAGCC-3'	(Covacu et al., 2009)(72)



## Supp Table 2

Figure		t/f score	p-value
1B (Context)	Interaction	f(2,28) = 0.82	0.45
	Time	f(2,28) = 57.05	<0.01
	Stimulation	t(1,14) = 0.76	0.40
1B (Tone)	Interaction	f(3,42) = 0.68	0.44
	Time	f(3,42) = 99.52	<0.01
	Stimulation	t(1,14) = 0.93	0.35
1D		t(14) = 0.22	0.79
1E		t(14) = 1.66	0.12
1G		t(14) = 2.43	0.04
1H		t(14) = 1.06	0.31
2B		t(14) = 2.43	0.03
2C		t(12) = 2.77	0.02
2D		t(14) = 0.22	0.83
2E		t(14) = 1.42	0.18
2G		t(16) = 0.32	0.75
2H		t(16) = 1.42	0.17
3C	Acquisition	Mann-Whitney	0.61
	Retrieval	Mann-Whitney	0.003
3D	Acquisition	t(16) = 0.03	0.98
	Retrieval	Mann-Whitney	0.06
	Interaction	f(2,61) = 0.02	0.98
5B (Acquisition)	Drug	f(2,61) = 1.85	0.17
	Stimulation	f(4,61) = 0.09	0.76
	Interaction	f(2,58) = 3.95	0.03
5B (retrieval)	Drug	f(4,58) = 7.84	<0.01
	Stimulation	f(1,58) = 21.6	<0.01
	Interaction	f(2,61) = 1.23	0.03
5C (Acquisition)	Drug	f(2,61) = 5.07	0.01
	Stimulation	f(4,61) = 1.26	0.27
	Interaction	f(2,58) = 1.52	0.23
5C (Retrieval)	Drug	f(2,58) = 1.11	0.34
	Stimulation	f(4,58) = 0.08	0.78
	Interaction	f(2,61) = 1.20	0.31
5D (Acquisition)	Drug	f(2,61) = 2.50	0.90
	Stimulation	f(4,61) = 0.57	0.45
	Interaction	f(2,58) = 0.10	0.90
5G (Retrieval)	Drug	f(2,58) = 0.52	0.72
	Stimulation	f(4,58) = 0.02	0.88

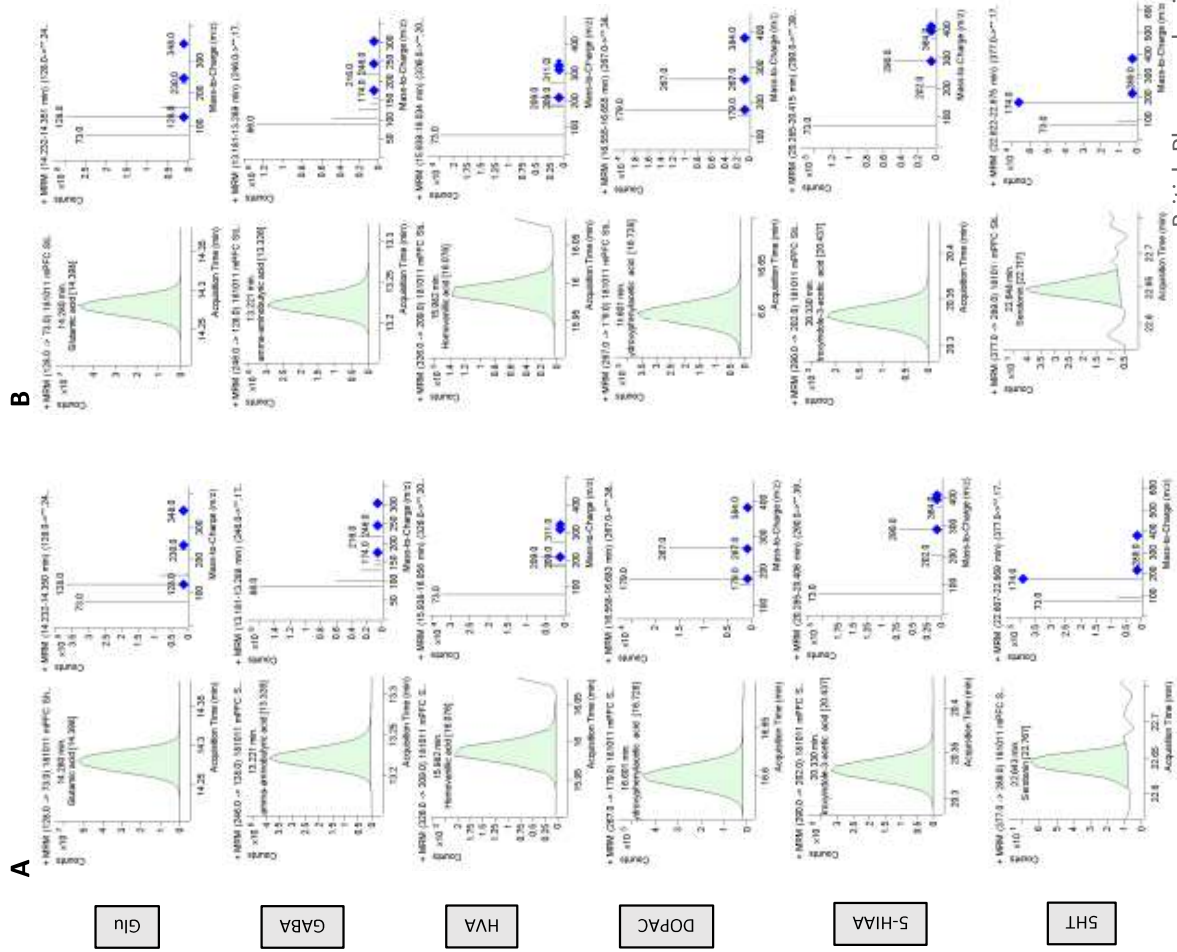
# Supp Figure 1



Supp Fig 2

Sham

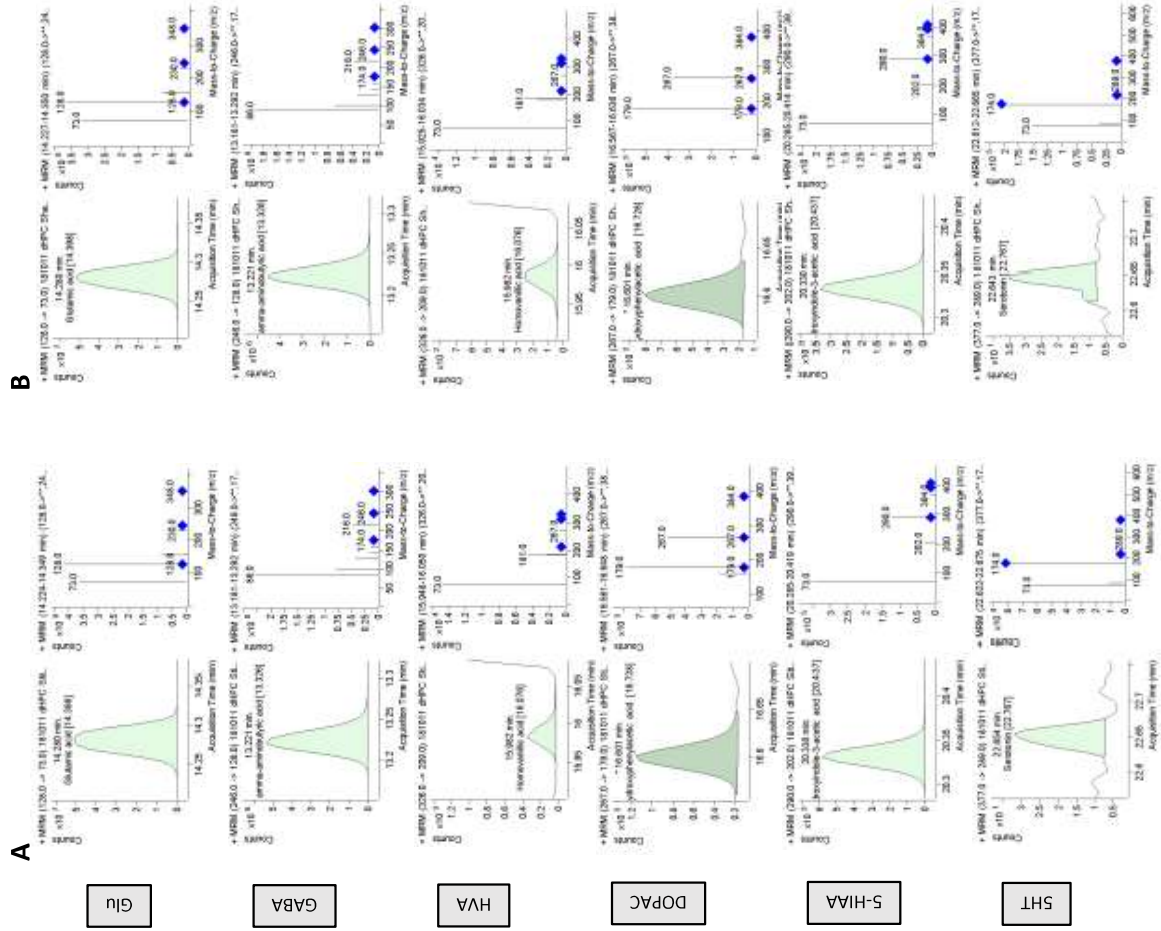
PRL DBS



Supp Fig 3

Sham

PRL DBS



Supp Fig 4

Sham

PRL DBS

A

B

