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Research Highlight

Single-cell RNA Sequencing Deciphers Immune Landscape of Human Recurrent Miscarriage

Chunyu Huang, Yong Zeng, Wenwei Tu

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1 **Single-cell RNA Sequencing Deciphers Immune Landscape of** 2 **Human Recurrent Miscarriage**

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4 Chunyu Huang¹, Yong Zeng², Wenwei Tu^{1,*}

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6 *¹Department of Paediatric and Adolescent Medicine, Li Ka Shing Faculty of Medicine,*
7 *The University of Hong Kong, Hong Kong Special Administrative Region, China*8 *²Shenzhen Key Laboratory of Reproductive Immunology for Peri-implantation,*
9 *Fertility Center, Shenzhen Zhongshan Urology Hospital, Shenzhen 518045, China*

10

11 * Corresponding author.

12 Email: u3004568@connect.hku.hk (Tu W).

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18 Pregnancy is a mysterious biological process that presents great challenges to the
19 maternal immune system. In the early 1950s, the “fetal allograft” concept was described
20 for the first time by Peter Medawar, and the unique immunology of the maternal-fetal
21 interface was recognized [1]. Correct and precise interaction between mother and fetus
22 plays an important role during pregnancy process, such as the apposition, adhesion,
23 implantation, and growth of embryo in uterus [2]. In 1991, Colbern and Main proposed
24 that the maternal immune cells directly interact with placenta but not the fetus [3].
25 Therefore, information concerning the cross-talk between maternal immune cells and
26 placenta during normal pregnancy will provide clues to explore the underlying
27 mechanism of pathological pregnancy. Immune cells, such as natural killer (NK),
28 macrophage, T, and dendritic cells, have been demonstrated to play important roles
29 during normal pregnancy [4]. With the development of single-cell RNA sequencing
30 (scRNA-seq) technologies, researchers are devoted to providing a whole picture about
31 the immune cellular composition and inter-cellular communication events during
32 normal pregnancy [5,6]. These foundational studies reveal that immune cell subsets,
33 which are classified based on different markers at high resolution, exert specific

34 function during pregnancy establishment. However, the panoramic analysis of immune
35 subsets at high resolution in pathological pregnancy remains lacking.

36 To reveal the etiology of recurrent miscarriage (RM), also known as recurrent
37 pregnancy loss (RPL), a complex pathological pregnancy affecting about 5% of women
38 of child-bearing age, recently two independent studies have profiled the decidual and
39 peripheral blood immune cells in RM/RPL patients using scRNA-seq and published
40 their data in this journal and *Cell Discovery*, separately [7,8]. Both of these two studies
41 find that immune cells in RM/RPL patients preferentially exhibit pro-inflammatory
42 status in decidua or peripheral blood.

43 As decidual NK (dNK) cells constitute the largest population of decidual leukocytes
44 during first-trimester pregnancy, alternations in the proportion and function of dNK
45 cells in RM/RPL have been explored in depth in both studies. Consistent with previous
46 study [6], they have identified three main dNK subsets (dNK1, dNK2, and dNK3) in
47 normal pregnancy. dNK1 cells may contribute to the secretion of growth-promoting
48 factors (GPFs) through expressing high levels of genes encoding inhibitory receptors,
49 such as *KIR2DL1*, *KIR2DL3*, and *LILRB1*. Both dNK2 and dNK3 cells are prone to
50 exhibiting cytotoxic or cytokine-secreting properties. More importantly, they firstly
51 report that the proportion of dNK1 cells is significantly decreased, and conversely, that
52 of dNK3 cells is significantly increased in RM/RPL patients. In addition to the
53 alternation in proportion, the expression of *LILRB1* in dNK1 cells is decreased, whereas
54 the production of pro-inflammatory cytokines in dNK3 cells is enhanced. Collectively,
55 the alternations in proportion and function of dNK1 and dNK3 cells indicate their
56 diminished immune-protective capability, which provides important clue to explore the
57 underlying mechanism of RM/RPL.

58 Macrophages are the second largest class of leukocytes at the maternal-fetal
59 interface. Both these two studies reveal that the proportion of decidual macrophage (dM)
60 cells is significantly decreased. In contrast, the expression of genes encoding pro-
61 inflammatory factors including *CXCL8*, *TNF*, and *IFIT2* is increased in RM/RPL
62 patients. The only difference is that Guo et al. find that an increase in the proportion of
63 inflammatory macrophage subset dM1 cells is accompanied by a substantial decrease
64 in the number of regulatory macrophage subset dM2 cells [8], while Wang et al. do not
65 find an alternation in the proportion of dM1 and dM2 cells in RM/RPL patients [7].
66 This is probably due to the relatively small amount of captured dM cells for sequencing
67 and analysis. Therefore, studies with larger sample size should be further developed.

68 Cell–cell interactions, including between immune cells and immune cells, immune
69 cells and stromal cells, as well as immune cells and extravillous trophoblast (EVT) cells,
70 have been further evaluated in these two studies. They find that ligand–receptor
71 interactions between the decidual leukocyte subsets are preferentially immune
72 activation in RM/RPL patients. Through integrating their scRNA-seq data from
73 decidual tissue of normal and RM/RPL pregnancies with the scRNA-seq data from
74 healthy EVTs and stromal cells reported previously [6], Guo et al. found that the
75 interactions of immune cell subsets with EVTs and stromal cells are impaired in
76 RM/RPL patients [8]. Taken together, these data indicate that cell–cell interactions at
77 the maternal-fetal interface are in a pro-inflammatory state in RM/RPL patients.

78 In addition to decidual immune cells, Wang et al. performed a panoramic analysis
79 on peripheral immune cells as well [7]. Consequently, they have identified five
80 peripheral T cell subsets, *i.e.*, CD4⁺ naïve T, CD8⁺ naïve T, CD4⁺ memory T, CD8⁺
81 effector T, and mucosal-associated invariant T (MAIT) cells. Moreover, they have
82 observed decreases in the proportion of CD4⁺ naïve T, CD8⁺ naïve T, and CD4⁺ memory
83 T cells, but increases in the proportions of CD8⁺ effector T and MAIT cells in RM/RPL
84 patients. Importantly, this is first time to report that MAIT activation may be associated
85 with the maternal inflammation condition. Meanwhile, sequencing data analysis further
86 shows an increase in the expression of genes encoding inflammatory cytokines in CD8⁺
87 effector T and MAIT cells, indicating their highly immune-activated property in
88 RM/RPL patients. The markedly increased proportion of peripheral CD56^{dim}CD16⁺ NK
89 cells is also noticed in RM/RPL patients. Furthermore, the expression of pro-
90 inflammatory genes is increased, whereas expression of immunosuppressive genes is
91 decreased in RM/RPL patients. Taken together, these alterations strongly indicate a
92 systematic pro-inflammatory property in RM/RPL patients. Compared to decidua,
93 peripheral blood could be easily collected at multiple time points, such as pre-
94 conception and different gestational weeks. Therefore, the high-resolution data of
95 peripheral immune cells may pave the way for the pre-symptomatic diagnosis of
96 abnormal pregnancy. It is worth noting that immune changes in any organ may affect
97 the immune status of peripheral blood. Therefore, whether and to what extent the
98 immune status of peripheral blood can reflect the immune status of the maternal-fetal
99 interface needs to be carefully verified and interpreted.

100 In conclusion, the overactivation of immune status at the maternal-fetal interface
101 caused by the increase in pro-inflammatory immune cell subsets and the decrease in

102 anti-inflammatory immune cell subsets may have deleterious effects on fetal survival
103 (**Figure 1**). The findings in these two studies provide a panoramic atlas of immune
104 status and generate a data-driven hypothesis about the underlying mechanisms for
105 RM/RPL. The detailed information about immune cell subsets may help explain some
106 contradictory observations based on current low-resolution data. However, some
107 questions remain to be answered in further studies. First, functional studies using
108 appropriate *in vitro* or *in vivo* models are warranted to further uncover the immune
109 mechanisms underlying RM/RPL. Second, prognostic value of the alterations in
110 immune landscape in predicting subsequent pregnancy outcomes in RM/RPL patients
111 also needs to be investigated.

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113 **CRedit author statement**

114 **Chunyu Huang:** Investigation, Writing - original draft, Visualization. **Wenwei Tu:**
115 Supervision, Conceptualization, Writing - review & editing. **Yong Zeng:**
116 Conceptualization. All authors read and approved the final manuscript.

117

118 **Competing interests**

119 The authors have declared no competing interests.

120

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130 **ORCID**

131 0000-0002-3862-050X (Chunyu Huang)

132 0000-0002-6264-283X (Yong Zeng)

133 0000-0002-6801-8798 (Wenwei Tu)

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154 decidual immune microenvironment in patients with recurrent pregnancy loss. *Cell*
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157

158 **Figure legend**159 **Figure 1 Overactivation of immune status at maternal-fetal interface in**
160 **RM/RPL patients**

161 The proportion of pro-inflammatory immune cell subsets (*e.g.*, dNK3, dM1, peripheral
162 CD8⁺ effector T, MAIT, and CD56^{dim}CD16⁺ NK cells) is increased, whereas the
163 proportion of anti-inflammatory immune cell subsets (*e.g.*, dNK1, dNK2, dM2,
164 peripheral CD4⁺ naïve T, CD8⁺ naïve T, CD4⁺ memory T, and CD56^{bright}CD16⁻ NK
165 cells) is decreased in decidua and peripheral blood, together leading to overactivation
166 of immune status at the maternal-fetal interface in RM/RPL patients. dM, decidual
167 macrophage; dNK, decidual NK; EVT, extravillous trophoblast; GPF, growth-
168 promoting factor; MAIT, mucosal-associated invariant T; RM, recurrent miscarriage;
169 RPL, recurrent pregnancy loss.

