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Department of
Nursing Studies

The University of
Hong Kong



Head's Message

I am pleased to announce the inaugural issue of the newsletter of the Department of Nursing Studies, Faculty of Medicine, The University of Hong Kong. The Department was established in 1995 and has rapidly grown over the years enjoying a reputation for excellence in teaching, research, and clinical practice.

Nursing is a science and a practice discipline and we have a strong mission to educate nursing leaders for the community. One of our strengths is our innovative curriculum responding to the health needs of the population. Currently, more than 500 students are enrolled in our undergraduate, post-graduate, and doctoral programmes, and we are expected to have a further increase in undergraduate student numbers in 2005-08 as directed by the University Grants Council. We strive to provide a challenging and holistic nursing education that prepares our graduates to become leaders of the profession and making a difference.

We have a dynamic team of well qualified academics, many of whom earned reputations of excellence in teaching and research. We are at the forefront of nursing research in Hong Kong and establishing international collaboration. Our research foci are public health, health promotion, tobacco and health, women's health, and clinical nursing. We are committed to working collaboratively in multi-disciplinary research teams within and outside the University, and strengthening our partnership with the newly established School of Public Health in the Faculty. Our ultimate goal

is to generate and disseminate knowledge to advance the practice and discipline of nursing, and to improve the health of the community.

We have established strong links with top class international university schools of nursing; for instance, we will be signing a Memorandum of Understanding with the School of Nursing, University of Pennsylvania, enabling further academic exchanges and research collaboration. We also have close links with the Hospital Authority and Department of Health, providing students with a cutting edge clinical learning environment.

We strive to develop excellence in clinical practice by modeling research-based practice and established a Centre on Health Promotion. This new centre has started to house innovative projects, which integrate teaching, research, and clinical practice. Professor Farideh Sailli, Director of the Centre, has provided an overview of the objectives and activities of the centre in the special feature of this newsletter.

Lastly, may I wish you success and good health in the year of the monkey. It is my great honor to introduce you this exciting inaugural issue of our newsletter, and I hope you will enjoy reading it. Comments and suggestions are most welcome! [n](#)

Dr. Sophia S. C. Chan

Head



Centre for Health Promotion


Recent events in Hong Kong have highlighted the need for better and more effective disease prevention, health education, and health promotion measures. Through mass media and the Internet, Hong Kong people have become more health conscious and aware of the benefits of healthy living. However, Hong Kong people have never felt so vulnerable to infectious diseases as they had in the last two years. Since 1997, the number of people traveling to and from the Mainland China has increased drastically, and Hong Kong is becoming more integrated into the southern China. With increased traffic between the mainland and Hong Kong, there is also an increase in vulnerability of people to infectious diseases that originated in China. Hence in 2003, SARS caused havoc in terms of loss of lives, increased stress and economic hardship, and from the beginning of this year, the avian flu is creating great worries among the public.

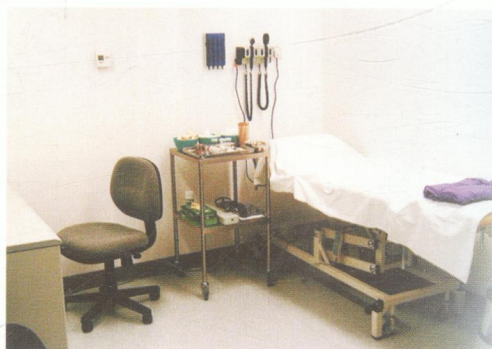
The Faculty of Medicine of the University of Hong Kong has made major contributions in discovering the causes of SARS and avian flu and in preventing the spread of the diseases. During the SARS epidemic, the Department of Nursing Studies engaged in many health promotion and health education activities. One of the examples of these activities is the School Ambassador Program in which our nursing staff and students reached out to primary schools and taught young school kids about personal hygiene and the ways of prevention of infectious diseases.

An important step taken towards health education and health promotion is the establishment of the Center for Health Promotion in



the Department of Nursing Studies. It is operated by the staff and postgraduate students under the supervision of teaching staff. The teaching staff, with their diverse expertise, conduct research and provide health-related consultation and training for the public. Prominent health providers from different departments and agencies are also invited, from time to time, to give workshops on varieties of health-related topics and collaborate with members of the Department in providing services and conducting research.

Currently, the Centre is involved in several research and educational programmes on smoking cessation, and many other projects, such as illness prevention workshops for the general public, and continuing educational programmes for frontline nurses. It is hoped that the Centre will develop into a major venue for health promotion research and services. 



Enquires and Appointments: Appointment for services can be made, at least one week in advance, to Ms Winnie Ho via email at chphku@hkucc.hku.hk, by telephone at 2819 2650 or via fax at 2872 6079.

Fees: Fees for services are charged on the basis of a sliding scale, taking into consideration of the client's family income.

Address: Centre for Health Promotion, Department of Nursing Studies, Room 303, Academic and Administration Block, Faculty of Medicine Building, 21 Sassoon Road, Pokfulam, Hong Kong.

Website: www.hku.hk/nursing/CHP

New Faces

Eight new staff members have joined the Department after August 2003.

Chui Ying Yu, Caroline (徐英瑜)

Assistant Professor

I joined the Department in November 2003. I was first a registered psychiatric nurse in Hong Kong and then a registered general nurse in the United Kingdom. I possess clinical nursing experience both in Hong Kong and Australia in the areas of medical, surgical, gynaecological, oncology, psychogeriatric and aged care. I obtained the Bachelor of Nursing at the La Trobe University, and then the Master of Nursing (Nurse Education) at the University of Sydney. I completed the Doctor of Philosophy at the University of Technology, Sydney. Since 1991, I have started my academic career and my research interests are palliative care, mental health and nursing education.



Lam Wing Tak, Wendy (藍詠德)

Assistant Professor

I joined the Department in January 2004. I obtained my Bachelor of Science in Nursing from Queen's University, Canada, and then attended the University of Toronto to obtain my Master of Science in Nursing. I undertook my doctoral training in Psycho-oncology at the University of Hong Kong and graduated in 2002. I was honoured to be the foundation recipient of the Hong Kong Cancer Fund Scholarship in Psycho-oncology for 2001-2002. My doctoral research combined qualitative and quantitative studies of breast cancer to improve the clinical psychosocial management of women with breast cancer.



Kuan Hau Yee (關巧頤)

Teaching Consultant

I serve as a part-time teaching consultant since I joined the Department in August 2003. I received my nursing education and completed my Ph.D at a local university in Hong Kong. After graduation, I have been working in the School of Nursing, the Hong Kong Polytechnic University, for 2 years before joining the Department. I have been actively participating in



Hau Yee and her baby girl

working with families caring for children with cancer in an acute care hospital for some years. I developed a passion for exploring how nurses and health care professionals could better serve the families particularly the psychosocial aspect of family care. My doctoral research examined the needs of family caregivers of children with cancer and my research interests are paediatric oncology nursing, family care giving, and palliative care.

Chan Siu Ling, Polly (陳小玲)

Clinical Instructor

I joined the Department in September 2003. I was a registered nurse in Hong Kong and I received both my Bachelor of Health Science and Master of Primary Health Care at the University of Western Sydney. I possess clinical nursing experience in neonatal intensive care, medical, surgical, gynaecological, gerontological care, health education and health promotion. My research interests focus on gerontology, primary health care, health education and health promotion.



Chui Miu Ling, Maureen (徐妙玲)

Clinical Instructor

I joined the Department in August 2003. I was first a general registered nurse and then a registered midwife in Hong Kong. I obtained my Bachelor of Nursing at the Charles Stuart University, Master of Health Care Administration at the University of New South Wales, and Master of Nursing at the Chinese University of Hong Kong. I possess both local and overseas clinical experience in gerontology and obstetrics and my areas of research interests also focus on these areas. In the coming future, I do hope that I can learn more from different people in the Department.

Chung Oi Kwan, Joyce (鍾愛群)

Clinical Instructor

I joined the Department in August 2003. I was a registered nurse in Hong Kong. I obtained my Bachelor of Health Science and the Master of Public Health at the University of Western Sydney and the University of New South Wales respectively. I have clinical nursing experience in medical and gerontological care. My research interests focus on gerontology, public health, and health promotion.

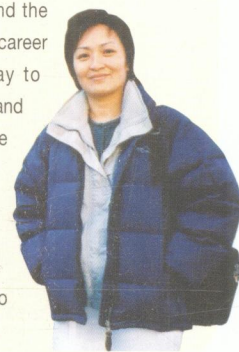


Joyce (middle in the front row, in white shirt) and her students

Ku Wai Yin, Ellen (顧慧賢)

Clinical Instructor

I joined the Department in September 2003. I received my education in Hong Kong and worked in various clinical areas and settings of the public health care system. I have been actively involved in various service development and work process reengineering. My clinical interests are paediatric nursing, palliative care nursing to adult and paediatric clients. My research interests focus on the therapeutic communication in relation to clients' needs and the care for carers. My belief in career is to explore the best way to deliver care to those in need and perform the nursing role within a team of health care professionals. I would say that starting my academic career is another adventure for me to continue lifelong learning.



Lam Suk Fun, Veronica (林淑芬)

Clinical Instructor

I joined the Department in September 2003. I obtained my Bachelor of Applied Science at the University of Sydney. I then received my Master degrees both in Hospital Administration (the University of New South Wales) and Nursing (the University of Technology, Sydney). I possess clinical experience in neonatal intensive care, obstetrical nursing and paediatric nursing. My research interests include neonatal nursing and paediatric nursing.

D Department Highlights

Research Development

The Department held a Research Retreat at the Hong Kong Academy of Medicine on October 21, 2003. Dr. Sophia S. C. Chan, Head, gave a presentation on the University's research developments at the opening, while Professor Farideh Sailli, Director of Research, presented a strategic plan for the promotion of research and future direction. After the presentation, staff members took turns to lead a candid and lively discussion to share with the participants about their research experience. The Department also invited two prominent international nursing scholars, Dr. Barbara Medoff-Cooper of School of Nursing, the University of Pennsylvania, and Dr. Beverly Roberts of School of Nursing, the Case Western Reserve University, to present in the Retreat. Dr. Medoff-Cooper delivered an insightful talk entitled "How to create a research environment" and Dr. Roberts shared her valuable research experience with all participants.



Teaching Innovation - Clinical PBL

To share the expertise and provide training to staff members on problem-based learning (PBL), the Department organized a clinical PBL training workshop on December 20, 2003, and invited Dr. N. G. Patil of the Department of Surgery, and Dr J. M. Nicholls of the Department of Pathology, to give briefing sessions and demonstrations. Dr. Nicholls started the programme by giving an introductory briefing on "PBL approach of teaching", and Dr. Patil followed to give a better picture of PBL through the talk entitled "How to run a clinical PBL case?". At the end of the programme, participating staff members were invited to join a tutorial session and work on a clinical-based PBL case in the Nursing Skills Laboratory. In order to arrange for a simulating environment, 2 patients and 8 nursing students were invited to participate in the tutorial session.



Clinical Research Partnership

To strengthen the research partnership with clinical nurses, Dr. Sophia S. C. Chan, Head, together with some staff members of the Department, have worked on research projects with nurses of the Department of Paediatrics at Queen Mary Hospital. Other members of the Department have also been collaborating with clinical nurses in various research projects such as SARS, domestic violence, oncology nursing, etc.



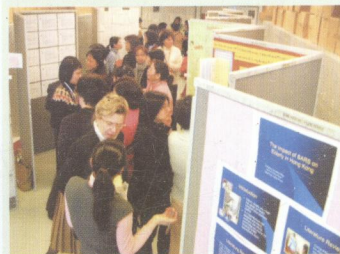
Clinical Connection

In an effort to strengthen the linkage with clinical agencies and explore more opportunities for collaboration, the Department organized a Christmas party at the Fan Pui Garden, Faculty of Medicine Building, on December 15, 2003. Nursing staff from the West Cluster's hospitals were invited to join the festive event. The Department was delighted to receive over 40 guests at the party. Genuine views and dialogues were exchanged between the guests and our staff members in the party.




Poster Session of Postgraduate Students

On February 10, 2004, the Year 2 students of the Master of Nursing programme conducted a poster session on their dissertation/advanced practice projects in the Department. The event was well received by a number of teachers, undergraduate and postgraduate students.



Honorary Appointment

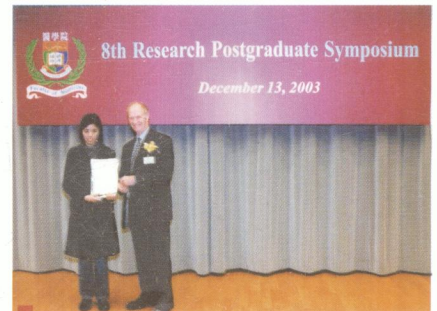
Dr. Sophia S. C. Chan, Head, has been appointed Visiting Professor of the College of Nursing, The Third Military Medical University, Chongqing, China. 



Awards

Ms Winnie K. W. So, Lecturer, won *The Best Research Poster Award* at the 1st International Congress on Innovations in Nursing held in Perth, Australia, for a poster presentation entitled "Impact of Fatigue of Patients' Quality of Life (QOL) After Bone Marrow Transplantation (BMT) and Effects of Self-Initiated Fatigue-Relieving Strategies".

Miss Zhou Haiou and Miss Fiona Wong Yan Yan, MPhil and PhD students respectively, both attained the highest mark in their respective presentation sessions and were awarded Certificate of Merit at the 8th Research Postgraduate Symposium on December 13, 2003, at the Faculty of Medicine, HKU.



CONGRATULATIONS!!!

Miss Fiona Wong (left) received the Certificate of Merit

Message from the Nursing Society Changes Make a Brighter Future

I am delighted to share the joy of having our first published newsletter with members of our Department. Thus, an official publication would help the Department to reach more people in our community and around the world. On behalf of the Nursing Society, I wish to extend our heartfelt congratulations to the Department.

About a year ago, the Nursing Society was established. The development of the Nursing Society reflects members' active participation and support, and also the support given by the Department and the Faculty.


To shed light on the inaugural issue of the newsletter, I would like to thank the Department for its advice and resources. Furthermore, I wish to thank the Executive Committee of the Nursing Society of last session for organizing so many joyful activities for our members, especially the *Nursing Week*. I have to say that the Nursing Week was such a meaningful activity that provided a channel to unify all the students in the Department and created an enjoyable atmosphere among us. This year, we have planned to further expand the size of the activities and make it to become a "Nursing Festival". Our goals are the same, whatever it is named. We do hope this activity will ultimately become a tradition to us, the nursing students in HKU.



Members of the Executive Committee, Nursing Society, Session 2003 - 2004

Being the chairperson of the Nursing Society, I am delegated to lead the Executive Committee to serve the members of the Society, and to achieve a structural internal and external development within the Society. In the coming year, the Committee is committed to organizing more valuable activities; providing low-priced stationeries as well as facilitating the communication between members and the Department. Meanwhile, it is also our goal to maintain a harmonic and co-operative relationship with other medical students of the Faculty and to enhance our popularity among the external entities.

I believe: Tomorrow is another day. Challenges, joys, hope, love and opportunities are all nearby. No matter how harsh, sad, poor we are, a brighter future is just next to us. We are all competent, autonomous and diligent. Step out bravely, listen and observe carefully, face the challenges and make changes in response to the world. When we open a window, we will discover there is a whole new sky.

I trust that the Department, the Nursing Society and all the nursing students of the Department will all make changes that correspond to the world in order to become perfect ones and make a brighter future. 

Wong Yee Ah, Ear

Chairperson

Nursing Society, MS, HKUSU Session 2003 - 2004

Visits and Exchanges

Dr. Barbara Medoff-Cooper, Professor of Nursing of the School of Nursing, the University of Pennsylvania, visited the Department on October 18-24, 2003. During her visit, Dr. Medoff-Cooper gave two seminars on "How to create a research environment" and

"Infant feeding patterns as an index of neurobehavioral development: A program of research". She was also involved in various consultation meetings with staff members.



Dr. Sophia S. C. Chan (left) presented a souvenir to Dr. Barbara Medoff-Cooper.

Dr. Beverly Roberts, Professor of Nursing of the Frances Payne Bolton School of Nursing, the Case Western Reserve University, visited the Department on October 18-25, 2003. Dr. Roberts delivered a seminar entitled "Problem based learning in nursing education", and gave advice on the overall development of the nursing curriculum for a Bachelor degree.



Professor Linda Brown, Professor of the School of Nursing, the University of Pennsylvania, gave a seminar on "Breastfeeding services for low birth weight infants-outcomes and cost" to the Department on November 12, 2003. Prof. Brown also gave a presentation entitled "Leveraging a program of research to inform: Education, clinical practice, and health care policy" for the Medical and Health Research Network on November 14, 2003, at HKU.

Professor Judith Parker, Foundation Professor and Head of School of Postgraduate Nursing, the University of Melbourne, visited the Department on November 10-12, 2003, and participated in some consultation activities.

Dr. Sarah Kagan, Associate Professor of Gerontological Nursing of School of Nursing, the University of Pennsylvania, paid an 8-day visit to the Department on December 11-18, 2003. Dr. Kagan conducted a workshop on "Challenges in undergraduate education teaching for *Nurses Thinkers*" and gave a series of seminars on "Progress with your publications: Creating an outline list" respectively. She was also invited to be one of the keynote speakers of the Second Faculty Research Meeting "Frontiers in Biomedical Research" at the Faculty of Medicine, HKU.



Dr. Sarah Kagan demonstrated how to facilitate online searching during the seminar on "Progress with your publications: Creating an outline list".

On December 11-18, 2003, Ms JoAnne Saxe, Clinical Professor of School of Nursing, the University of California, San Francisco, visited the Department and conducted a "Health Assessment Course" for the students of Master of Nursing.



Ms JoAnne Saxe addressed us at the Welcoming Lunch.

Three nursing institutions had paid educational visits to the Department over the past few months. The undergraduate and postgraduate programmes were introduced, and tours of the Department and the Faculty were conducted.

Faculty of Nursing, Chiang Mai University, September 30, 2003




School of Nursing, Sun Yat Sen University, November 17-19, 2003



School of Health Sciences, Macao Polytechnic Institute, December 5, 2003



News on the Grace Tien Visiting Professorship

With the generous support of the family of the late Mrs. Grace Tien, the Department has established the "Grace Tien Visiting Professorship in Nursing Studies". It is our honour to have invited the distinguished nursing scholar, Professor Neville E. Strumpf, Edith Clemmer Steinbright Professor of Gerontology of School of Nursing, the University of Pennsylvania, to be the first Professorship holder. Professor Strumpf will pay a visit to the Department on February 20-28, 2004. She will deliver the "Grace Tien Lecture" and participate in a series of academic activities. 

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**Department of
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**The University of
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International Collaboration

The Department hosted a collaborative course as its first initiative under the Memorandum of Understanding signed with the School of Nursing of the University of Pennsylvania (UPenn) in February 2004. We were delighted to have Dr. Sarah Kagan, Associate Professor of Gerontological Nursing, School of Nursing of the University of Pennsylvania and her three students (Christina Ng, James Rodgers, Brian Gardner) and two teaching assistants (Margaret Crighton, Anna Beeber) stay with the Department for three weeks on April 26 – May 13, 2004.



During their time here, the visitors were attached to the elective course of the Master's Programme "Comparative Health Systems: Hong Kong & USA" and participated actively in all the course seminars. Genuine exchange of views and dialogue were held between the UPenn students and the HKU students.

The group also paid visits to various clinical units, hospitals and community service centers in Hong Kong to apply, evaluate and integrate knowledge gained during the course.

Messages from the UPenn Students

Christina Ng

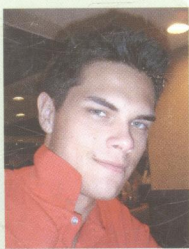


Three weeks in Hong Kong came and went so quickly. Time was spent exploring everything from its healthcare to its bustling nightlife. With its abundant offerings, we experienced an array of exciting experiences including checking-in to a traditional Chinese medicine clinic, learning a Japanese dance at a senior center, bargaining at the Lady's Market, and eating the cheapest and most delicious food. Through all the excitement, I learned a lot about myself and the culture of Hong Kong. I come from a traditional Chinese upbringing, my father being from Hong Kong and my mother Macau, so I am well-versed with traditional Chinese medicine and have much

interest in it. Going to Hong Kong to explore its healthcare system, I was enthusiastic to see how traditional Chinese medicine would be incorporated into a modern network. Unfortunately, it has not been extensively integrated with only one government-funded clinic. The art has been left to small street clinics similar to those found here in America. This separation made me realize that Hong Kong, 100 years under British rule, has lost much of its traditional Chinese influence and is seeking to reclaim it. I was disappointed initially, but slowly came to a new conclusion. Hong Kong's struggle similarly mirrors the struggle of many Asian Americans, including myself. We live in a culture that is not our own and seek to claim a culture that is not ours either, which is not adverse, as I had previously believed. In the process, we create a unique fusion- a culture we can call our own. For the first time, I can say that I have a sense of belonging to a place.

James Rodgers

The opportunity to study and compare the health systems of the U.S. and Hong Kong was an invaluable experience in my nursing education. I learned about Hong Kong through the students and faculty at HKU as well as the staff at the clinical sites we visited.



I learned that in a city with both Eastern and Western influences, the role of nurses became the mediator between differing health care systems, cultures, and generations. There were ample opportunities to see nurses skillfully navigate a system that uses Chinese medicine and biomedicine, that is influenced by Chinese and British cultures, and that has undergone rapid modernization in a few generations.

The skill and hospitality of the nurses and nursing students in Hong Kong was impressive and inspiring. So much so that I am taking Cantonese classes and hope to return to Hong Kong soon!

I would like to thank the faculty, staff, and my fellow classmates at Hong Kong University for making this such a great experience. I hope to see all of you here visiting the University of Pennsylvania someday soon.

Bryan E. Gardner

Now that I am back home in Philadelphia and have just graduated with my BSN from UPENN. I have been reflecting on my time and experiences in Hong Kong. I must say that for me, my visit to Hong Kong and the course at HKU have been the crowning experience of my senior year as a nursing student. I am very appreciative of all the learning, help, and kindness that I experienced while in the seminars, visiting clinical sites and interacting with my Chinese classmates, professors and the Nursing Department staff members. What an invaluable introduction to the Hong Kong health system I received! This experience has allowed me to think about the American health care system in a whole new light, which is a wonderful additional gift that this course has afforded me. Thank you to all the people who made this course possible.



Messages from the HKU Students

Cheung Tung Yuen

It was an enlightening course and I enjoyed it very much as I had a chance to explore more on both the Hong Kong and USA health care systems and exchange our experiences. I hope there will be more similar courses in the future.

Chan Kit Lin, Christie

I got fruitful experiences in face-to-face discussion of health systems with Hong Kong and overseas students. The only limitation of this course is it's too short. It might be perfect if I were a full-time student. Then, I could have time to join overseas students to visit the clinical settings together.

Features

Implementation of Clinical Problem-based Learning (PBL) in Department of Nursing Studies

Introduction

Problem-based learning (PBL) is a learning method based on the principle of using problems as a starting point for the acquisition and integration of new knowledge. (Barrows & Tamblyn, 1980). PBL is known to be an effective teaching and learning strategy in enhancing students' critical thinking and problem solving abilities.

The need to change

This innovative teaching and learning strategy was introduced for the nursing undergraduate students because they requested it and the Faculty Review Report (2003) recommended it. As PBL needs to be conducted in small groups, it was considered to be most appropriate to start in the clinical setting because small groups of students are supervised by our clinical instructors.

The expectation of Clinical PBL

The expectation of clinical PBL is to help students to improve their critical thinking and problem solving skills. They can also learn to work together as a team to solve problems. Problem-based learning can help students to be more independent and self-directed in their learning. Clinical PBL also provides students with a better framework for learning and helps them to integrate what they have learned and apply to the actual clinical situation.

Comparing clinical PBL with the existing clinical practicum

In the existing clinical practicum, clinical instructors are very often expected to provide answers for the students rather than students taking the initiative to look for answers themselves. They may be asked to look up answers by the clinical instructors or clinical mentors. However, the questions very often are not generated by the students themselves. In clinical PBL, it is the students who ask the critical questions, identify the learning issues and try to look up

Dr Caroline Y.Y. Chui
Assistant Professor and Clinical
Education Co-ordinator



answers and share what they have learned and lead the discussion with other students in the group.

Preparation of students and instructors for the clinical PBL

In preparing our clinical instructors for the implementation of clinical PBL, a seminar was held to introduce the concept of problem-based learning in June 2003, conducted by Dr. N.G. Patil of the Department of Surgery. After that some of the clinical instructors went out with Dr. N.G. Patil to see how he conducted clinical PBL sessions with the medical students. In December 2003, another workshop was conducted by Dr. J. M. Nicholls of the Department of Pathology and Dr. N.G. Patil. Some Year-Two undergraduate nursing students were invited to act as students in a simulated clinical PBL session in our Nursing Skills Laboratory. After the demonstration by Dr. N.G. Patil, our clinical instructors were encouraged to facilitate student discussion in a simulated clinical PBL session.

Afterwards, a guideline on the facilitation of clinical PBL was formulated by the Clinical Education Coordinator for the clinical instructors. A session was held for the clinical instructors to discuss the implementation of clinical PBL. An assessment form to evaluate the performance of students was also developed before the implementation.

To prepare the students for the clinical PBL, a briefing session was conducted for each class of students. A brief introduction of PBL, the rationale for the implementation of clinical PBL, its advantages, the expectation on the students and the role of the clinical instructor as facilitator, rather than information provider were presented. They also watched a video during the briefing session and learned more about how PBL sessions can be conducted, the advantages of PBL and the roles of the facilitators and the students in the PBL process.

Implementation of Clinical PBL

Clinical PBL was first implemented in second semester of this academic year (January to April 2004) for students who were under the supervision of our clinical instructors. It will be continued over the summer practicum and in the following academic year. The promotion of PBL for nursing students and the evaluation of its effectiveness in enhancing student learning are in progress and will be continued over the next year, supported by HKU's Internal Teaching Development Grant and Leung Kau Kui/Run Run Shaw Research & Teaching Endowment Funds.

Some Voices of the Clinical Instructors

One clinical instructor, Ms. Rose Y. P. Chan said,

"Students were highly motivated when they were involved in clinical PBL. One student could even cite a poem regarding the 12 cranial nerves when we talked about the variables in the Glasgow coma scale."

The instructor was very impressed by the student's self-directed action to look up a poem to help memorize the 12 cranial nerve.

Another clinical instructor, Ms. Denise M.K. Chow commented,

"In the old days when we were not using PBL, students were rather passive in learning. They would listen to the presentation made by other students, but seldom give any feedback. They were spoon-fed by the presenters or the tutors. But now, when we are using clinical PBL, students become active learners.

They are developing deep-thinking learning strategies and I am sure knowledge would be deeply embedded in their mind."

So, our clinical instructors are seeing the difference in the students, who become more active and self-directed in their learning. They are no longer surface learners. Instead, their learning strategy has changed to be more in-depth so that they can integrate their new knowledge into permanent memory. In fact, the students themselves also express similar comments.


Some Voices of the Students

A Year-Two student Mary (alias) said,

"In clinical PBL, we have more in-depth learning. I think it is more student-centred. We generate our own questions and try to find out the answers ourselves. It is no longer spoon-feeding. We have more interactions in our discussion. Previously, one student would present, we would just listen and there would not be any questions or comments afterwards... When we have more open discussion, I think the tutor can have a better understanding of the students' queries and things that they don't understand."

Another Year-Two student Lily (alias) added,

"With clinical PBL, we are more serious about our learning. For a fruitful discussion, we work very hard and collect relevant information by ourselves, and then we share our information. This is fun and the information we share are more comprehensive. I like this learning method."

In conclusion, the teaching and learning experience has become more satisfying for both teachers and learners. Clinical PBL is a worthwhile endeavor and will help to prepare our future nursing leaders to acquire the important qualities such as critical thinking and problem solving skills and to learn to work with colleagues as a team. 

Reference

Barrows, H.S. & Tamblyn, R.M. (1980). *Problem-based learning: An approach to medical education*. New York: Springer.



Students participate in clinical PBL tutorial

Promoting the Health of Filipinos in Hong Kong – An Opinion Piece

Winnie K.W. So
Lecturer



I have been interested for some time in the health of diverse populations. Among all of these in Hong Kong, my attention is drawn particularly to the Filipinos. This population may have some specific health concerns that are not currently addressed within the Hong Kong health care system. In order to have a better picture of Filipinos' health, I have conducted a literature search and interviewed some Filipino domestic workers, Rufina and her friends. The following is my opinion piece on how to promote the health of Filipinos in Hong Kong. Hopefully, this can raise your awareness of the issue.

Filipinos are the largest ethnic minority group in Hong Kong (The Hong Kong Government, 2001). While the total population of Hong Kong was 6,700,000 in 2001 about 140,000 (2.1%) were Filipinos (Hong Kong Government, 2001) and most of them were female domestic helpers. Many experience considerable stress stemming from the migration experience, and the subsequent changes in their living and working environment and the lack of their customary social support system. The cumulative effect of the number of stressors experienced can have a serious impact upon their health (Helman, 2000). However little is known about their health status and health care needs. I think that this is an issue of some importance for nursing education and practice.

Rufina emphasizing the stressors her friends discussed surrounding their working environment: Being a domestic helper is such difficult work. Not only physical stress, but also mental stress. We're working here, but we are always thinking about our family and our homeland.

Since cultural beliefs and values about health and illness can influence an individual's decision about receiving health care (Erlen, 1998), I think that nurses need to have a better understanding of Filipino cultural beliefs and values. A thorough assessment involving a cultural component will help to identify Filipino cultural practices and how these impact upon health. Then, appropriate nursing care can be provided and a good nurse-patient relationship can be further developed (Erlen, 1998). In other words, the development of nursing knowledge of cultural values of the Filipinos can shape nursing practice in order to fulfill their needs.



Rufina

The mission of nursing is to provide care to maintain and promote well-being (American Nurses Association [ANA], 1995). Cultural values cannot be neglected when implementing nursing care. Hong Kong nurses can provide culturally appropriate care when they have a heightened sensitivity to key cultural practices. Additionally, hiring nursing staff from this minority group can help to minimize the communication barriers due to lack of understanding of the Filipino culture (Inouye, 2001). However, for nurses to be eligible to practice in Hong Kong, they must pass the registration examination to meet the requirements of the Hong Kong Nursing Council. Additionally they need to speak Cantonese. Few Filipino nurses have attempted this examination and as a result, Filipino nurses practicing in Hong Kong are rare.

Rufina's friend: Yes, I have a friend who is a nurse. She has no opportunity to apply for this field because we're only employed as a domestic helper in Hong Kong.

I think that the component of cultural values should be incorporated into the curriculum of the undergraduate nursing program (Inouye, 2001) to enrich students' knowledge of cultural diversity. Further, in my view, in-service programmes need to be offered to practicing nurses to build their knowledge of cultural values of diversity (Inouye, 2001). Additionally, health promotion and education programs could be developed to reach minority groups. Collaboration with minority group associations is probably the most effective strategy to facilitate the effectiveness of these programs. Establishing an out-reach team for health promotion and education which includes members of the minority population should be considered.

Rufina: If I had an opportunity, I'm willing to be part of it (an outreach team) out of concern for my fellow Filipino.

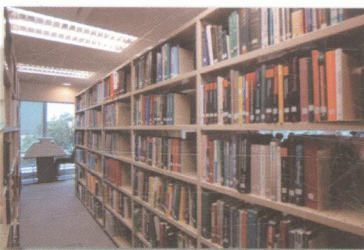
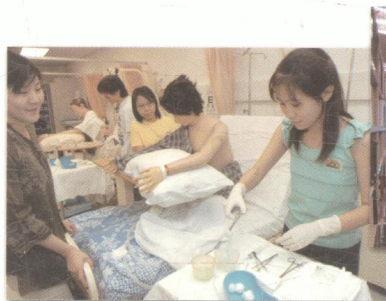
Nursing is a discipline for promoting health and wellness. Without understanding the cultural background of diverse groups, holistic care cannot be implemented and the needs of minority populations cannot be fulfilled. The component of cultural values and beliefs should be included in nursing curricula so that holistic care can be applied without any cultural boundaries. Collaboration with minority group associations can facilitate the effectiveness of implementing health promotion programs. In my opinion the Hong Kong Government needs to face the issue of cultural diversity so that appropriate health care policies for minority groups can be developed. Of particular and immediate concern is the health status of Hong Kong's largest minority group, the Filipinos. **n**

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Head's Message

Dr. Sophia S. C. Chan
Head



I am pleased to let you know that we received overwhelming responses to our inaugural issue of the newsletter of the Department of Nursing Studies, and we have made 1,000 reprints to accommodate a wider circulation. We have since set up an Editorial Board and I have invited Professor Judith Parker, Visiting Professor of the Department of Nursing Studies, to be the Editor-in-Chief. In the coming issues, we will continue do our best to communicate with you about the most recent developments of the Department.

You may note from this issue some of our significant developments including our first own named Visiting Professorship, held by Professor Neville Strumpf, University of Pennsylvania, established through the generosity of the Tien's family in memory of the late Mrs. Grace Tien (田元瀨夫人), the signing of Memorandum of Understanding with the School of Nursing, the University of Pennsylvania, and the establishment of the Centre for Health Promotion.

Given the global crisis of nursing shortage, Hong Kong is facing a similar situation, especially after SARS. The University of Hong Kong has a responsibility for producing the next generation of nurses, and this is an onerous responsibility that the University takes very seriously indeed. The Department has a strong mission to educate nursing leaders for the community, and we have a range of systems in place to ensure we maintain the highest standards at all levels. These include our processes for selecting students, selecting staff, and developing and implementing a very sound curriculum that is evaluated externally by nursing academics from prestigious overseas universities.

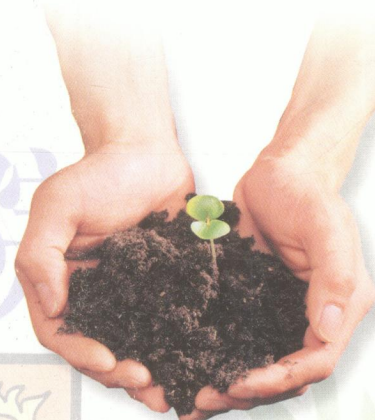
We recognize that nursing like medicine is a practice discipline and profession and high quality university education is but one half of the total. To produce a well rounded professional nurse who has the capacity to make sound clinical judgments, provide appropriate interventions and work collaboratively with the health care team, we need strong links with the clinical community. Clinical education is one of the key areas into which the Department has been putting great effort to provide a holistic education for our students. A productive collaboration between education

and service ensures that we all serve our societal mandate to produce the next generation of nurses. Strengthening our partnership with the clinical domain is imperative to our mission and we could not do without it.

The Department has in the past years taken various initiatives to build a strong clinical education component, including emphasizing clinical teaching scholarship, implementing innovative teaching strategies such as clinical PBL, strengthening education and development of clinical mentors, and initiating practice-base research. The clinical education component has since grown, strengthened, and flourished. I trust with the appointment of the new Coordinator of Clinical Education, there will be more new developments in the years to come.

After all, our educational goal is to provide high quality and holistic nursing education that will prepare our graduates to become leaders of the profession and make a difference. Through partnership with the clinical domain, a "new breed" of professional and competent nurses can be prepared to meet existing and future demands for health care. This will enable our graduates will put in practice what they have learned, engage in life-long professional development, and make an important contribution to society. [n](#)

醫學院



Leung Yee Man, Angela (梁綺雯)

Lecturer

I joined the Department of Nursing Studies as a Lecturer in April 2004. I obtained my nursing degree at Deakin University, Australia and completed my Master of Health Administration degree from University of New South Wales, Australia. I am now taking my PhD study at the Department of Social Work and Social Administration, The University of Hong Kong. My research interests include gerontology, later life learning and health promotion strategies. Prior to joining HKU, I have worked at the Open University of Hong Kong for seven years and actively participated in continuing professional development (CPD) training for nurses/health professionals and the development of health promotional materials via television, radio broadcasting, CD-ROM and on-line platform.



Judith Parker (白迪美)

Visiting Professor

I joined the Department in March 2004 as a Visiting Professor, having come here from the University of Melbourne School of Nursing where I have been Foundation Head and Chair Professor of Nursing since 1996. Prior to that I was Foundation Chair Professor of Nursing at La Trobe University. I have had strong links with the Department of Nursing Studies at Hong Kong University for a few years. These were initiated in the context of the international university collaboration Universitas 21 and I have served as an external examiner for the Masters program and as a member of the team undertaking the Review of the Department. I have also had strong links with Hong Kong nursing more generally for a number of years, having first come to Hong Kong in 1989 to set up and oversee a program enabling registered nurses to upgrade their qualifications to degree level. I am particularly interested in supporting nursing scholarship

through publication and I founded the highly regarded international journal *Nursing Inquiry* in 1995. I have a number of research interests but my major focus at the moment is the development of interdisciplinary research and I am a Principal Investigator on an Australian National Health & Medical Research Council funded Centre for Clinical Research Excellence in the Neurosciences. I believe the Department of Nursing Studies here at the University of Hong Kong is particularly well placed to further develop its interests in practice-based and interdisciplinary research and in scholarly publication and I look forward to participating in these endeavours.



Honorary Appointment

Dr Sophia S.C. Chan, Head, has been re-appointed Assistant Dean (External Affairs & Fund Raising) of the Faculty of Medicine, The University of Hong Kong.

Dr Agnes Tiwari, Assistant Professor, has been recently appointed Assistant Dean (Education and Students Affairs) of the Faculty of Medicine, The University of Hong Kong.



CONGRATULATIONS!!!



M

essage from the Nursing Society

Our Time, Your Time

Our Inauguration Ceremony on 9 February, 2004 was a remarkable day to me and other 12 Executive Committee. With our great honor, we successfully invited Dr. Joseph Lee, Chairman of Association of Hong Kong Nursing Staff, and Dr. Sophia Chan, our Department Head, to come to our Inauguration Ceremony. Besides, many Department staff and members also came to support us and witness our promises and the commencement of our year-long responsibilities.

Time often runs faster than we expected, half of our session was just passed by. In this first half of our session, we learnt and experienced much. The success of Infection Control Seminar, publication of Newsletter Volume 4, and Superpass Lunch proved our joys, tears and hope. Our members and Department staff continuously support us. We really thank them wholeheartedly.

We sacrifice time, but we are also rewarded from time.

Time proved our joy with members and Department staff.

Time proved our tears of hard work and giving.

Time proved our hope to organize more and more remarkable events.

Time runs, but our mind still. The mind to serve and coherence our members; to facilitate the development of our Department; and to strengthen the communication between members and our Department.

Currently, we are working with medical students in organising the Medic Orientation Programme 2004. In addition, we are going to organize Nursing Festival, Interflow, and Joint-U function in the remaining time. Our success and joys not only belong to us, but also to you.

A few words came to my mind: Take your time to witness our success and giving, and yours as well; take your time to share joy with each other where joy are all around us. 



Inauguration Ceremony



Infection Control Seminar



Superpass Lunch



M Message from Class 2004 Students

What a memorable N04 Graduation Dinner! Since there was an examination before the graduation dinner, we only had two days to prepare the details of it. We were wondering whether we could have all the things ready. Luckily, no big accidents happened.

The N04 Graduation Dinner was held at the New World Renaissance Hotel on 17 May and the number of attendees was over 90. The dinner commenced at about 7:45p.m. with two meaningful speeches given by Dr Sophia S.C. Chan, our Head of Department, and Ms Winnie So, our Year IV Coordinator.

It was followed by Bingo, Riddle, Photos Show, Role Play and Lucky Draw. All the guests and classmates were cheerful and excited that night. Everyone had a great time. We look forward to another great annual dinner. As one of the organizers of the dinner, I was delighted to see that all the attendees enjoyed the party so much. It is very rewarding.

I would like to take this opportunity to thank those parties concerned and guests who have donated their gifts for our lucky draw. Finally, may I extend my heartfelt thanks to the two M.C.s, Cindy Lau and Lucas Tsai, and the Organizing Committee and for their concerted efforts in making this event a success. [n](#)

Let's hear the reflections of other students of Class 2004

"My feeling towards being a RN is so complex. First, I feel exciting to face this challenging work. Second, I am worried that I am not so competent to handle the work at a short period of time.

In this four years time, I have gained valuable friendships. As we are towards the same goal, we can support each other and face the difficulties together. I hope that our friendship will last forever."

Au Pui Sze, Gloria

"I am very happy that I can be in this class, every body is so nice. Some valuable friendship was developed. My feeling was complex, being a graduate is happy, particularly we all found our jobs. However, we have to face that we are going to be a nurse, a professional, need to be independent, not only a student. I have to face this world and I believe that I can go over this transition period and do the best for the patients. I hope that all of us will find their life fruitful!"

Pang Ka Yin, Katie



Department Highlights

Opening of the Centre for Health Promotion

The Department organized an Opening Ceremony for the Centre for Health Promotion, which is located on the 3/F of the Academic and Administration Block of the Faculty of Medicine Building, on February 24, 2004. The opening ceremony was officiated by Dr Susie Lum, Senior Executive Manager (Nursing), Hospital Authority; Ms Kittie Chan, Principal Nursing Officer, Department of Health; Professor Lap-Chee Tsui, Vice-Chancellor, HKU; Professor S.K. Lam, Dean, Faculty of Medicine, Dr Sophia S.C. Chan, Head and Professor Farideh Salili, Director of the Centre for Health Promotion. Many HKU colleagues and guests from the clinical areas attended the ceremony to share the joy of the Department.

The Centre is a research and service centre aiming at promoting public health status and awareness through action research, preventive health education and health promotion services. Staff of the Department with diverse expertise offers a wide range of evidence-based professional services by integrating teaching, research and practice. The services include health assessment, hotlines for the public, support groups for clients with health problems, continuing education

for frontline nurses, health-related workshops and classes, programmes to promote health and prevent illness/health problems and health education for individuals, families and groups, and etc.



Grace Tien Visiting Professor in Nursing Studies

With the generosity of the family of the late Mrs. Grace Tien, the Department has established the first named Visiting Professorship in 2003 and invited Professor Neville E. Strumpf, Edith Clemmer Steinbright Professor in Gerontology, School

of Nursing, University of Pennsylvania, U.S.A. to be the first Grace Tien Visiting Professor in Nursing Studies.



Dr. Sophia S.C. Chan (left) and Professor Neville Strumpf exchange the Memorandum of Understanding after signing

Professor Strumpf visited the Department on February 20 – 28, 2004, and during the visit, she delivered the Grace Tien Lecture entitled “Building the Evidence Base for Individual Care with Frail Older People” at Lecture Theatre 4, Cheung Kung Hai Conference Centre, Faculty of Medicine Building on February 24, 2004. The auditorium was packed by over 230 audiences. Earlier the same day, the signing ceremony of the memorandum of understanding between the School of Nursing of the University of Pennsylvania and the Department was held in the Exhibition Area, Cheung Kung Hai Conference Centre, Faculty of Medicine Building. The signing ceremony, which earmarked the collaboration between the two nursing institutions, was officiated by Professor Strumpf and Dr Sophia S.C. Chan, Head of the Department.

Professor Strumpf also gave a seminar on “Shifting Policy and Practice in Acute Care: Restraint Free Care for Hospitalized Elders” for the Medical and Health Research Network, The University of Hong Kong on February 25, 2004.

Poster Sessions of Part-Time Undergraduate Students

The Year 1 and Year 2 students of the Bachelor of Nursing (Part-Time) Programme conducted poster sessions on their health promotion projects in G/F Lobby of the Academic and Administration Block of the Faculty of Medicine Building on 25 March, 2004 and 22 April, 2004 respectively. The poster sessions were well received by a number of teachers and students.



Visits

Three nursing institutions had paid educational visits to the Department over the past few months. The undergraduate and postgraduate programmes were introduced, and tours of the Department and the Faculty were conducted.



School of Nursing, The First Military Medical University, 17 February, 2004



Nursing Services Unit, Faculty of Medicine, University of Malaya, 14 April, 2004



School of Nursing, Sun Yat Sen University, 19-23 April, 2004

Dr Carol Jillings, Associate Professor of the School of Nursing of the University of British Columbia, visited the Department during 30 May – 5 June, 2004 as External Examiner for the Bachelor of Nursing (Part-Time) Programme. During her visit, Dr Jillings had various consultative meetings with teachers and student representatives, and gave two seminars on “Nursing Education for the Future – Forging Partnerships, Fostering Innovation” and “The Era of innovation: Challenges by and for nursing education”.



Dr Sophia S.C. Chan (left) presents a souvenir to Dr Carol Jillings in the seminar.

Professor Sioban Nelson, Head of the School of Nursing of the University of Melbourne and Visiting Professor of the Department, visited the Department on 10-12 June, 2004. On 12 June, 2004, Professor Nelson talked about “Market forces: A new era of nursing professionalisation?” in a seminar co-organised by the Department and the Medical and Health Research Network, The University of Hong Kong.



Germ Fighters Program

The Germ Fighters Program was a collaborative project to promote the health of primary school children and their families in response to the threat associated with SARS and Avian influenza. Initiated and coordinated by Professor Patricia Sullivan, Professor of the Department, and Ms. Catherine O'Brien, Deputy Principal of Bradbury School, it involved the students and teaching staff of the elective course in Patient/Client Education, offered in Year 4 of the Bachelor of Nursing Programme, and the administrators, teachers, school nurse, and students of Bradbury School.

An instructional design team, comprised of four senior nursing students, was assigned to one of six classes at Bradbury School. Each team conducted an assessment of the learning and developmental capabilities, and the gaps in knowledge of serious infectious diseases of the children in their assigned classes. Based on the assessment, the teams designed, implemented and evaluated individualized instructional modules to increase the children's understanding of serious infectious diseases and their transmission, reduce fear

associated with them, and learn ways to protect themselves and their families from them. Based on the concept 'Each one teach one', instructional materials were also provided to the children to take home to reinforce their learning and to teach their own families. Evaluations of the project were highly positive. At their request, copies of the instructional modules were provided to Bradbury School for their future use.



West Cluster's Advanced Practice Nurse Orientation Programme

The Department was delighted to participate in the Advanced Practice Nurse Orientation Programme of the Hong Kong West Cluster in March 2004. Dr Agnes Tiwari, Assistant Professor, spoke on mentoring programme and Dr Sophia S.C. Chan, Head, introduced the research highlights of the Department and invited the Advanced Practice Nurses for collaborations. The appointment of Advanced Practice Nurses is an exciting initiative for the Hong Kong West Cluster which should contribute to enhancing the quality of service provision to the Hong Kong community.



Ceremony for Appointment of Honorary Teachers

To show our appreciation and recognition to the Honorary Assistant Professors and Honorary Tutors, the Department organized the Ceremony for Appointment of Honorary Teachers on 12 June, 2004. The Ceremony was officiated by Professor S.K. Lam, Dean of the Faculty of Medicine who gave an address and presented name badges to the Honorary Teachers.



World No Tobacco Day

To broaden the knowledge of Hong Kong citizen in regard to smoking and health, the Hospital Authority invited the Departments of Nursing Studies and Community Medicine and eight other organizations to organize various activities in the Hospital Authority Building for the World No Tobacco Day on 30 May 2004. The Department and the Department of Community Medicine jointly held an exhibition themed "戒煙要決心·護士伴您行", with video broadcasting and interactive computer games on smoking related knowledge. Dr Sophia S.C. Chan's new book on helping patients stop smoking was also featured in the exhibition.



Feedback Session on Clinical Practicum

In order to enhance the quality of clinical education and strengthen the partnerships with the clinical sites, the Department invited clinical mentors to the Feedback Session on Clinical Practicum on 12 June, 2004 to give their comments and feedback in supervising our nursing students during practicum. Genuine views and experiences were shared among the clinical mentors and our staff members.



Mentoring Programme for Nurses of Department of Health

The Department was invited to conduct a 3-day Mentoring Programme for 30 Nursing Officers and Senior Registered Nurses of the Department of Health on 13, 14 January and 11 March 2004. The Programme included different aspects of mentoring planning, process, techniques and how to develop guidelines and strategies for mentoring students and/or junior colleagues.



Smoking Cessation Counselor Training Programme

The Department, in collaboration with the Department of Community Medicine, was invited by the Hospital Authority, to conduct a three-day Smoking Cessation Counselor Training Programme for pharmacists in May 2004. The programme was the first of its kind in Hong Kong and it aimed to educate community pharmacists on helping patients stop smoking. Participants learnt how to assess the smoking status of the smoker, plan individualized treatment (pharmacological and behavioral) to promote cessation, deliver effective smoking cessation treatment interventions, prevent relapse, and evaluate the outcome of the intervention. At the end of the programme, participants were expected to develop smoking cessation programmes for patients.

Centre for Health Promotion Activities' Highlights

Seminars

12 May 2004

Title: Family therapy in the healthcare context

Venue: Lecture Theatre 4, Cheung Kung Hai Conference Centre, Academic and Administration Block, Faculty of Medicine, The University of Hong Kong

Speaker: Dr. Lee Wai Yung, Director, HKU Family Institute

15 May 2004

Title: Balanced diet and nursing implications: A traditional Chinese medicine perspective

Venue: Underground Lecture Theatre 1, New Clinical Building, Queen Mary Hospital

Speaker: Ms Rose Y.P. Chan, Clinical Instructor, Department of Nursing Studies

Forthcoming Event

12 July 2004

9:00 am - 5:30 pm

NVIVO Introductory Workshop

Speaker: Dr. Wendy W.T. Lam, Assistant Professor, Department of Nursing Studies

Venue: 3/F, Multi-media Laboratory, Department of Nursing Studies, Academic and Administration Block, Faculty of Medicine, The University of Hong Kong

Number of Participants: 25 in maximum, first-come-first-served

Fee: HK\$800 (Full-Time Student: HK\$400)

Co-organisers:

- Centre for Health Promotion, Department of Nursing Studies
- Centre for Psycho-oncology Research and Teaching, Department of Community Medicine

For information on reservation or enquiries, please visit

www.hku.hk/nursing/CHP/event or call at 2819 2650 or via email at chphku@hkucc.hku.hk

Community Service

8 May & 5 June 2004

Diabetes assessment for the elderly living in housing estates and talks on the prevention and management of diabetes



Ms Polly S.L. Chan, Ms Joyce O.K. Chung, Ms Idy C.Y. Fu, Ms Tracy Fung, Clinical Instructors, Mrs Elizabeth Hui, Lecturer, and student volunteers were invited by the Hong Kong Housing Society to conduct two health talks on diabetic mellitus, with blood glucose testing and interpretation for residence of Highland Park, Kwai Chung and Bo Shek Mansion, Tsuen Wan.

11 May 2004

Health education talk for primary school children on infectious diseases and healthy diet



Ms Rose Y.P. Chan and Ms Veronica S.F. Lam, Clinical Instructors, presented a health talk to a group of Primary 3 and 4 students and teachers at St Rose of Lima's School on infectious disease and healthy diet.

21 May & 1 June 2004

A preventive health promotion program for SARS and other infectious diseases to school children



Ms Denise M.K. Chow and Ms K.H. Yip, Clinical Instructors and 11 student volunteers conducted a preventive health promotion program for SARS and other infectious diseases to 300 children at TWGHs Lo Wong Pik Shan Day Nursery in Homantin and TWGHs Shiu Wong Lee Moon Fook Child Care Centre in Aberdeen, respectively.

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Department of Nursing Studies 10th Anniversary



Professor Judith Parker
Visiting Professor & Chairperson of
10th Anniversary Planning Committee

In 2005 the Department of Nursing Studies will be ten years old and many activities are being planned to celebrate this important milestone. The Department feels justly proud of its achievements since it started its Bachelor of Nursing programme in September 1995 with forty students, two teaching and two administrative staff, in accommodation provided at Queen Mary Hospital. In 2005 the Department anticipates an intake of 168 students into the Bachelor of Nursing programme, has a vibrant post graduate programme and has 39 teaching and research staff, and 10 administrative staff. Today the Department is housed in the magnificent purpose built facility that is the Faculty of Medicine Building in Sassoon Road, attracts substantial research funding and has a proud record of scholarly achievement and academic excellence. It has been able to benefit significantly from being located within the creative and talent filled environment of an intensely research active and productive university and a highly prestigious internationally renowned medical faculty.

In preparation for 2005, nursing students are now enthusiastically working on a competition to design a logo and slogan that captures the essence of the Department's philosophy and approach. This will appear on all Departmental stationery during 2005. Alumni are being rallied to participate in a number of activities that will culminate in the launch of an Alumni Society that recognizes and values the contribution being made to society by our graduates. Departmental staff members, students and alumni are creatively engaged in identifying numerous events that will form part of the calendar of celebrations that will take place throughout the year.

The major event is the 10th Anniversary Symposium to be held on 28 May, 2005. This symposium will honour the achievements of the Department to date and set

(con't on page 2)



10th Anniversary Planning Committee

- Chairperson:** Professor Judith Parker
- Members:** Dr. Sophia SC Chan Ms Angela YM Leung Dr. Sharron SK Leung
Ms Winnie KW So Dr. Agnes FY Tiwari Dr. Felix KH Yuen
- Secretary:** Ms Renee SM Cheng

(con't from page 1)

directions for the future. The theme of the symposium is Education and Research for Quality Nursing Practice. In the current international climate of health reform and resultant changes in healthcare delivery, nurses providing direct patient care are under increasing pressure stemming from a variety of sources. Contemporary research is demonstrating that nurses are constantly caught in the midst of a range of competing demands in contexts of unequal professional relationships and entrenched institutional practices. Many nurses find these work environments uncongenial and seek career advancement by moving into what they see as more interesting and challenging roles in other areas. Thus there is a constant shortage of highly skilled and experienced nurses providing direct patient care and this adds to the pressures experienced by the often relatively recent graduates who are providing care. This is a global phenomenon which is now being felt as much in Hong Kong as in other developed countries.

The Department of Nursing Studies has invited a number of international and local experts to participate in the Symposium to address various aspects of this phenomenon. They will provide an overview of the situation in their countries regarding critical issues surrounding the provision of direct nursing care and how government, universities and health agencies are responding. They will identify key research that is being undertaken to address these matters and identify how research findings are being translated into practice and education. They will participate in lively panel discussions and provide an excellent opportunity for all participants to gain an appreciation of how significant issues surrounding the nurse's role in the provision of direct patient care are being addressed internationally and in Hong Kong by government, universities and health agencies.

The Symposium will be followed by a Gala Dinner to be held in the splendid Hong Kong Country Club, a fitting setting for the culmination of what will no doubt be a highly memorable and historically significant occasion. **n**

Centre for Health Promotion

Activities' Highlights

NVIVO Workshop

July 2004

Having obtained a NVIVO trainer training from QSR International, Australia, Dr. Wendy WT Lam, Assistant Professor, offered a one-day hands-on workshop in July that was co-organised with the Centre for Psycho-oncology Research and Teaching in the Department of Community Medicine of the University. She introduced NVIVO, a software for analysis of qualitative data to 23 staff and students from various Departments of the University. The workshop covered all features of the software and participants were given the opportunity to focus on setting up a new project.



Wu Style Tai Chi Class

September - December 2004

To promote the physical well-being of our university staff, the Centre currently holds a Wu Style Tai Chi Class from September to December 2004. We are very pleased to have been able to secure the services of Tai Chi instructor, Dr Tsui Woon Kwong, who has taught Tai Chi Chuan for over 30 years. The next class will commence in January 2005. For more information on Tai Chi, registration and payment information, please visit <http://www.hku.hk/nursing/CHP/event>. For enquiries, please contact the Centre Coordinator at 2819 2650 or chphku@hkucc.hku.hk. Don't miss the chance to join us!





A New Approach to Health Education Among Older Adults: Seeking Health Information via the Web

Nurses have been taking up active and important roles in health promotion and health education among older adults. Health talks, educational seminars, informative leaflets have been developed to suit the learning needs of older adults. However, these strategies may not satisfy all older adults, particularly those who are keen to adopt self-directed learning approaches and enjoy the advancement of technology. Benigeri & Pluye (2003) have argued that websites are gradually becoming a more appropriate platform for disseminating health information to older adults. If we could incorporate interesting topics such as nutrition, health and aging issues in the web, we could enhance older adults' computer skills and at the same time, provide them with health education (Stadler & Teaster, 2002). With this in mind, the Centre for Health Promotion of the Department decided to run an innovative health promotion programme for older adults this summer.

A total of 88 older adults joined an innovative program offered by the Centre for Health Promotion of the Department and Cybersenior Network Development Association Limited (Cybersenior) from June to August 2004. The Centre of Health Promotion was established in February 2004 with the aims of promoting public health status and awareness to the public through



action research, preventive health education and health promotion services conducted by teachers and students of the Department. Cybersenior Network Development Association Limited was established in January 2001 with an aim of promoting the use of information technology among older adults.

This was the first time that the Department and Cybersenior collaborated in a programme aimed at (1) introducing basic concepts leading to healthy living among Hong Kong Chinese older adults (2) equipping older adults with skills

Let's hear the participants' opinion about the workshop:

Ms Lok Shui Fung (53-year-old)

I joined the workshop offered by Cybersenior Network Association Ltd. and the Department of Nursing Studies at The University of Hong Kong this summer. Ms Angela YM Leung, Lecturer of the Department of Nursing Studies explained the etiology of infectious diseases and the causes of some chronic diseases and at the same time, led us to browse various official health websites. I think if everyone has good physical and psychological health, the whole society and families would be in great harmony. And the resources of health services could be used in some crucial areas. For example, more service centres for the elderly could be set up in each district, running more health education activities or courses for the elderly and encouraging the elderly to learn health related issues and participate actively in healthy aging. This would give the elderly a sense of belonging and warmth as they have in their own family.

The University of Hong Kong is a prestigious university in Hong Kong. I cannot imagine I could take a computer course in HKU at this age, getting the feeling of being a university student and this helped me to recall all the good times when I was in schools. Thank Ms Leung and Cybersenior for giving me the chance to learn. This is such a meaningful activity!!!

(Translation from the original script written by Ms Lok.)



駱雪鳳 (53歲)

我參加了老有網與香港大學護理學系舉辦的暑期健康網頁製作班。當日護理學系梁綺雯講師一面講解病毒的傳播和各病症的成因，一面指導我們瀏覽不少官方健康網站。我想如果人人身心安康，便可家庭溫馨、社會團結和諧，而醫療資源亦可用於更有需要的地方，例如各區可多建設長者中心並舉辦更多活動和課程，推動延年學習、老有所為，讓長者多一個溫馨的家！

香港大學是香港的高等學府，我一把年紀有幸置身其中，參加課程和學習電腦知識，一嚐做大學生的滋味，像時光倒流重溫唸書時！非常感謝梁綺雯講師和老有網安排這難能可貴的機會給我，參與如此有意義的活動！



The website Ms Lok created

to search relevant health information on the web (3) encouraging older adults to keep abreast of the updated health information via the internet. Three identical 3-hour workshops were offered by myself with assistance from 6 nursing students. This workshop was well accepted by the the participants.

In evaluating this health educational program, the organizers found it to be a sound way of using the internet to disseminate health information to older adults, as quite a number of older adults are interested in developments in information technology. Additionally, nurses with relevant clinical knowledge and skills appear to be appropriate persons to participate in the design and evaluation of health information to be utilized in this way. **n**

References:

Benigeri, M. & Pluye, P. (2003). Shortcomings of health information on the Internet. *Health Promotion International*, 18(4), 381-386.

Stadler, K. M., & Teaster, T. B. (2002). Seniors surf the web: enhancing older adults' computer skills through a website incorporating nutrition, health and aging issues. *Journal of nutrition education and behaviour*. 34 Suppl 1: S67-8, 2002 March -April.



Ms Au Yuen Han (66-year-old)



Three groups (Group A, B and C) of Cybersenior members took a workshop in summer 2004 and we had a chance to learn in the University!!! I was a Group A student and probably the first group of students using the brand new computers in the high-tech multi-media laboratory of the Department of Nursing Studies, The University of Hong Kong.

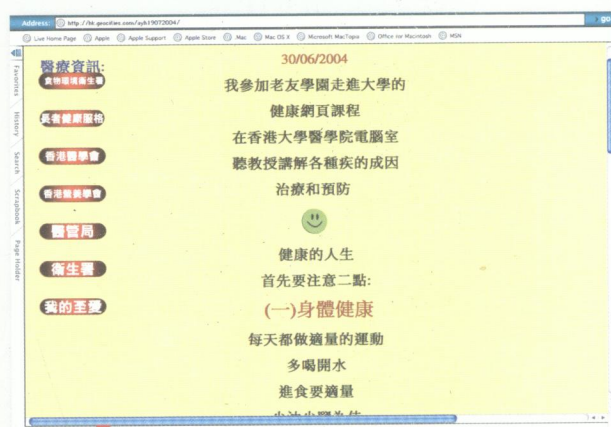
Ms Angela YM Leung was the lecturer on that day and she introduced various health websites to us. In addition, she explained the etiology, the treatment methods and preventive measures of various kinds of diseases. This allowed us to know more about the reasons for having some diseases and how some illnesses were related to our diet. After the training workshop, I built up my own health website, hoping to share my knowledge with others. I started to do exercise everyday, taking less oil, less salt, and less fatty food. Now my health was improved and I hope this activity could be arranged more frequently and more older adults could join this workshop.

(Translation from original script written by Ms Au.)

區婉嫻 (66歲)

老友網暑期活動分成A、B、C三組，我是A組同學，亦是香港大學護理學系多媒體實驗室內全新電腦的第一批使用者。

當日，護理學系梁綺雯講師為我們介紹很多醫療網站，並詳細講解不同疾病的成因、治療和預防，讓我們知道疾病的成因與飲食習慣有很大關係。課堂後，我更做了一個健康網頁，把自己所學的知識與他人分享。我並且開始每天做適量運動，進食少油、少鹽、少脂肪的食物，健康因此得到改善。我希望此活動能夠加以推廣，讓更多的長者受惠。



The website Ms Au created after attending the workshop




A University Department has a number of important functions and one of the most important to the Department is to ensure that we provide the best possible learning experiences for the excellent students who are enrolled in our programmes. However, the quality of the programmes we conduct is highly dependent upon the quality of the academic staff we employ. That there is grave shortage of nurses throughout the world is becoming very well known as countries compete with each other to attract qualified registered nurses. Nursing journals abound with enticing advertisements offering well paid and secure jobs in countries such as the United States, Canada, the United Kingdom and Australia where there is great demand for clinically competent nurses. What is not so well understood is the flow on effect of this trend for nursing education.

Everywhere nursing programmes are expanding to meet perceived shortfalls in the supply of nurses and countries that have traditionally relied upon a steady flow of expatriate nurses to provide nursing care are quickly developing nursing programmes trying to meet local needs. As a consequence there is an unprecedented global shortage of nurse educators and academics to fill positions in universities and higher education programs. Here in the Department, we are attempting to deal with this crisis in the supply of nursing academics through two major strategies. These are the strategies of “growing our own” and collaboration with key partners. We have identified short and long term initiatives in each strategy.

“Growing our own” is a strategy that includes providing academic development opportunities to our staff that are explicitly linked to longer term academic goals for the Department. The Department is very fortunate to have a mainly young, well qualified and enthusiastic academic staff, each of whom is dedicated to making their contribution to health and nursing primarily through teaching and research. The Department recognizes that its greatest resource is the quality of its staff and is committed to supporting them to attain their academic potential.

The strategy of “growing our own” also involves nurturing our own outstanding students and graduates and providing them with opportunities that will help them to consider a career in the Academy. The immediate concern of new nursing graduates is, rightly, to consolidate their practice skills and to further their capacity in clinical assessment, judgment and decision making in a range of clinical settings. Once they have settled into a career that enables them to further develop and finely tune their practice knowledge and skills, many do not think of alternative career paths. We are therefore developing plans aimed at enabling practicing nurses to consider the possibility of a teaching and research career within the Academy or a career that spans teaching, research, and practice with close links to both the University and the clinical practice setting.

Collaboration with key partners is a major strategy that involves us working closely with partners in the clinical practice field, with our medical colleagues within the Faculty and with international partners. In each collaborative endeavour we seek to draw upon strengths that each partner brings to the collaboration so that the quality of our teaching, research and practice development will be enhanced. Currently we are exploring further possibilities and strengthening existing relationships for collaboration with our major clinical partners, with members of the Faculty of Medicine and with prestigious international Schools of Nursing.

We regard the international shortage of nursing academics as an opportunity to develop strategies that will enable us to cherish and support our staff and consolidate our linkages with our clinical practice partners, our medical colleagues and international nursing colleagues. These strategies will enable us to continue to produce excellent graduates, enhance our existing linkages with the practice setting, engage in high quality research and offer outstanding post-graduate programmes. Naturally we will expect some staff movement in the context of this global phenomenon of nursing shortages. However, we believe that the strategies we are adopting will enhance our ability to attract and retain the finest staff, thereby ensuring our ability to offer the best learning experiences for our students. 



GROWING OUR OWN
COLLABORATION



Evaluating Learning with Medical students in Patient Care (Feel Link) Project

- a New Initiative in Undergraduate Nursing Education

The Feel-Link Project (FLP) has been a learning component for Year I medical students in The University of Hong Kong for about a decade. The project aims at integrating bio-psycho-socio-spiritual aspects of treatment and care into a holistic framework in a real patient/client and health care context. There is also a follow-up process that provides students with the opportunity to learn the natural history of disease, the progress in treatment and rehabilitation, and the changes in the psychosocial issues that are related to changes in the illness and treatment processes. The positive impact of this project on student learning has been well documented. As cited in the student course manual, the objectives of FLP are as follows:

1. To provide an effective learning vehicle for the understanding of the psychosocial aspects of health care through interaction with patients/clients and their families for a period of time.
2. To provide students with opportunities to "feel" the feelings of the experience of illness from the perspective of patients/clients and their families. In addition, students will have the opportunity to "feel" the experience of doctors and health care or service providers and other health care providers in delivering health care in the current health care environment.
3. To promote the linkage among students, doctors and health care or service providers/service professionals and patients/clients by establishing mutual sharing of information and feelings.

The project promotes reflective learning that is highly valued by learners who interact with clients and professionals in a real life health care context. The expansion of the "Feel-link Project" to include Year I nursing students signifies a commitment on the part of the Faculty of Medicine to preparing students for a trans-disciplinary approach in health care. Research has shown that the partnership in learning that occurs among students of different disciplines stimulates negotiation and collaboration through sharing the common goals of the learning tasks.

Trans-disciplinary collaboration in health care has been advocated in recent decades. However, it is not without problems, particularly for nurses because of longstanding beliefs held by both nurses and doctors about the unequal nature of their professional relationship. Developing collegiality and positive peer perceptions and support between various health care professionals is an important stepping stone towards achieving genuine multi-disciplinary cooperation and collaboration. A good place to start is with undergraduate students.

An evaluation study is currently being planned that aims to identify the effect of an early learning partnership with medical students on the sense of collegiality and satisfaction in trans-disciplinary collaboration among undergraduate nursing students. Current undergraduate Year I nursing students will be invited to participate in the study with Year I medical students invited to join as a comparison group.

Two main outcome variables, namely the sense of collegiality and satisfaction in trans-disciplinary collaboration among nursing students will be examined. Both quantitative and qualitative data will be collected. A questionnaire will be sent to students at the beginning, and at the end of the second and last tutorials of the project. Focus group interviews of both nursing and medical students will be conducted at the end of the second tutorial that follows the second patient visit. The meaning and implications of the "perceived collegiality and satisfaction" will be explored. It is anticipated that the findings of this study will enable identification of key issues to be taken into account in further developing learning partnerships and trans-disciplinary collaboration between undergraduate nursing and medical students. [n](#)



Students in tutorial

Department Highlights

Health Assessment Day for Women

Dr Agnes FY Tiwari, Assistant Professor, recently coordinated a health assessment activity for women visiting the Pok Leung Kuk Pat Tam Chung Holiday Camp, Sai Kung using health questionnaires and physical examination. The activity was well-received and two more of similar nature were subsequently conducted in Aberdeen Kai-fong Welfare Association Social Service Centre, Aberdeen and in Wan Tsui Estate, Chai Wan. Health advice was provided to the participants according to their identified needs. To promote health awareness, each of the participants also received a collection of recipes which was compiled by Ms Rose YP Chan, Clinical Instructor of the Department and Registered Chinese Medicine Practitioner. The recipes, which used different types of flowers as the main ingredients, were specially designed to promote healthy eating for the summer days.

Working with Dr Tiwari on this project were Senior Research Assistant, Ms Sandy Wei and Student Research Assistants, Ms Wong Kit Ying, Ms Lam Yin Yu, Ms Yung Hoi Mei, Ms Chan Sau Man and Ms Au Kit Ming.



Visitors

Dr. Sushila Chang, Director of the School of Life Sciences & Chemical Technology of Ngee Ann Polytechnic, Singapore and her colleague Ms Ivy Ong Seow Ping, Administrative Officer visited the Department on September 14, 2004. Dr. Sharron SK Leung, Assistant Professor and Coordinator of Bachelor of Nursing (Full-time) Programme, gave them an introduction of our undergraduate programme and showed them around the Department.

(from left) Ms Ivy Ong, Dr. Sushila Chang and Dr. Sharron Leung

University Open Days

During the University Open Days which were held on October 16-17, 2004, hundreds of visitors were attracted to the various activities that the Department and over 300 students had prepared for them. The fun-filled and informative activities we arranged for the visitors included information seminars for prospective students and their parents to get to know our undergraduate programme; health talks and display boards; a Photo Corner for visitors taking photos in isolation gowns; interactive health-related computer games; demonstration of clinical skills and health assessment and health education stations, etc.



Workshops on Problem-based Learning (PBL)

Two workshops on PBL were organized by the Department in July and August, 2004. A Workshop for PBL Facilitators: Enhancing the Effectiveness of Facilitation in the Tutorial Process was held on Saturday, 3 July 2004. The workshop was designed for the Clinical Instructors of the Department, who have implemented clinical PBL since February 2004. The facilitator of the workshop was Dr. Agnes FY Tiwari, Assistant Professor. Based on the participants' personal experience of implementing PBL in the clinical settings, the workshop focused on reflective practice, feedback and drawing up of personal plan for improving facilitative skills for PBL tutorials.

A second workshop on PBL entitled "An Introduction to Clinical Problem-based Learning (PBL)" was held on Saturday, 7 August 2004. Some 40 Clinical Mentors from different hospitals attended the workshop. The Clinical Mentors have been appointed by the Department to supervise our undergraduate nursing students.

Dr. Agnes FY Tiwari was also the facilitator of this workshop. Adopting a PBL approach, participants of the workshop explored the nature and

process of PBL and investigated how this learning approach may be used in the clinical setting. The participants also had the chance to observe a PBL tutorial by reviewing a videoed performance of the famous PBL master, Dr. Howard Barrows. Two nursing students and one Clinical Instructor of the Department also shared their real life experience of PBL, as participants and facilitator, respectively.

The participants' responses to both workshops were highly positive and more PBL workshops were requested. The Department is planning to hold PBL workshops on a regular basis, at different level of complexity, in response to the identified needs of those facilitating PBL tutorials.



M

Message from the Nursing Society

Wong Yee Ah, Ear


Chairperson

Nursing Society, MS, HKUSU Session 2003-2004

This is the third piece I have written for the newsletter of our Department and it is the last. This is because there are only about two months to go before I end my term of office as Chairperson of the Nursing Society. Thus it is not surprising that many feelings and thoughts come up in my mind as I think about what the Nursing Society has achieved over the year.

From our Inauguration Ceremony to our Nursing Festival, we have had the same goals which are to provide enjoyment to our members and opportunities for all of the four years of undergraduate nursing students to gather together. Our Nursing Festival which is an annual function, particularly aims to unify our four years of nursing students. This year, the Nursing Festival consisted of a Beauty Workshop, a Sports Day and a Singing Contest. These were highly successful functions and have given remarkable memories to all who participated.

Over the past months, all members of our Executive Committee have worked hard to build up a sense of belonging to our Society, and our Department. We believe we have been successful in this endeavour. We have also built up a sense of unity among ourselves. However, most importantly we need you. Your support and participation would help our Society and our Department to grow and develop.

Lastly, I trust that the new cabinet will be able to build upon our activities to further unify our four years of nursing students, so as to facilitate the development of our Department. A deep-rooted thought is in my mind: We are as a whole. 

Nursing Festival - Sports day



Medic Orientation jointly organized with the Medical Society

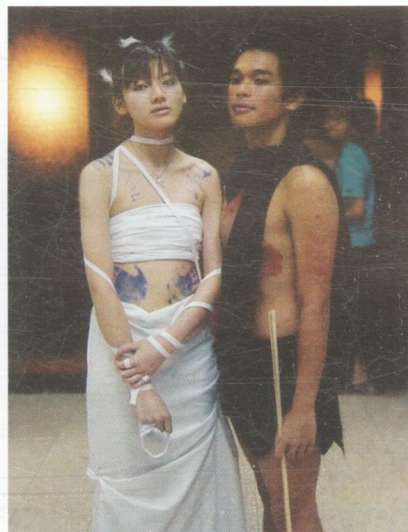


Nursing Festival - Singing Contest

Voice of a Freshman

Congratulations to all my fellow freshmen! All of you are probably feeling extremely exhausted at this moment after trying so hard to survive this transitional stage from secondary school to HKU. But, mind you, it is not easy to get to this stage, so all of you must pat yourselves on the back now and be proud of yourselves for being so courageous and persistent. As for me, I think that university life is really challenging, but yet so rewarding that although I am physically tired, I still want to strive for more in my spirit.

Being an official university student now has really changed my perspective on what a university student is. In the past, I used to see university students as persons who are very serious, or "book-orientated". However, after I have come here, I realize that university students are all intelligent individuals that can "play" ferociously and work efficiently at the same time. Another very important characteristic that I have observed from university students is that sometimes they are very capable of ignoring or being ignorant about what others or the world thinks of them. I think this is very positive. We as freshmen are all used to the trend in secondary school where we were supposed to do what everyone else did just to fit in even when they were doing wrong things. Therefore, it is very important that we try hard not to care so much

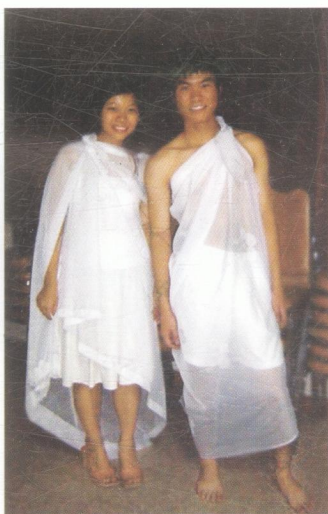


Marco (right)

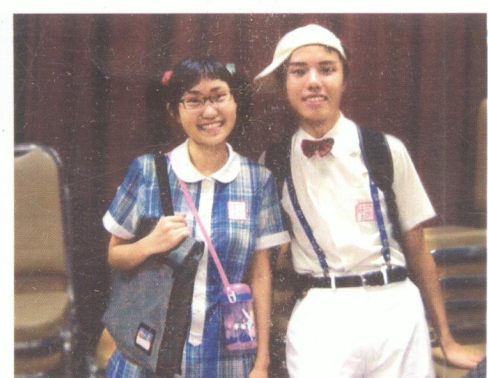
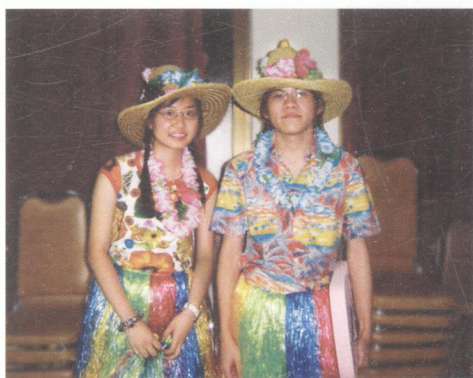
about what others think of us. I believe that achieving this state of mind is critical to the development of our individualism. And only with individuality, we will be able to contribute to the society in the future in an individual and unique way.

Nursing has gone through a lot of modifications during the last couple of decades. Nurses are now university trained and are equipped with strong critical thinking skills. It is very important that nurses are critical thinkers because on the ward they have to act in ways that can have a profound impact on people's lives. Nurses are also accountable for contributing to the recovery process of patients and the ability to think critically enables them to develop excellent nursing care plans for their patients. A great nursing plan will not only ease the distress that a patient may go through during the recovery process; it can also help the patient to recover faster, resulting in a possible earlier discharge from the hospital.

This is how I feel being a Year 1 nursing student. I really hope that all my classmates and students from other Departments will enjoy and learn as much as they can through the hardships and fun in the years to come. [n](#)



Year 1 Orientation Programme
— Camp Flower and Camp Grass
Contest



New Faces

Seven new staff members have joined the Department since August 2004.



Rose SM Heung (香倩雯)

Clinical Instructor

I joined the Department as a Clinical Instructor in August 2004. I am a registered nurse in Hong Kong and obtained the Bachelor of Science (Hons.) in Nursing at The Hong Kong Polytechnic University. I then studied my Master of Science in Nursing at the same university. I possess clinical nursing experience in the areas of medical, surgical and gerontological care. My research interests focus on gerontology, health education and promotion.

Cecilia HM Kong (江海微)

Clinical Instructor

I joined the Department in August, 2004. I graduated from the Flinders University, Australia with a Bachelor of Nursing Degree and from the Melbourne University, Australia with a Post-graduate Diploma in Critical Care (Coronary Care). After having years of both local and overseas clinical nursing experiences in medical and coronary care nursing. I completed a Master Degree in Public Health from Deakin University, Australia. My research interests focus on health education and cardiac rehabilitation.



Linda (middle) and her students

Linda SY Lee (李少如)

Clinical Instructor

I joined the Department in August, 2004. I am a registered nurse and also a registered midwife. I have obtained an Honorary Degree in Nursing at The Open University of Hong Kong, followed by a Master's Degree in Nursing from Monash University. My clinical experience includes neonatal care/intensive care, obstetrical, community rehabilitation and working in an international school for special needs children. I was also a part time instructor in another local university before I joined the Department. My research interests focus on stress management and health promotion strategies.

Judy LF Leung (梁麗芬)

Half-time Nurse

I joined the Department as a Half-time Nurse in August, 2004. I obtained my Bachelor of Health Science from the University of Western Sydney, Hawkesbury in Australia and Master of Health Care from The Hong Kong Polytechnic University. I have gained clinical experience in various settings in mental health nursing both in Australia and Hong Kong. I also gained clinical experience of oncology care in Australia. I have been actively participating in health promotion projects in the hospital for some years. My research interests include the psychosocial care of clients and their carers, self-help groups, health education and health promotion.



Bronya HK Luk (陸喜君)

Clinical Instructor

I joined the Department in July 2004. I obtained my Bachelor and Master's Degrees of Nursing at the University of Sydney, Australia. My Master thesis was about the risk factors of osteoporotic fracture in Hong Kong elderly people and preventive strategies. I have clinical experience in critical care nursing. In 2003, I completed the Diploma of Intensive Care Nursing in HKU SPACE. My research interests are osteoporosis and critical care nursing. It is an honor to be a member of this energetic Department.

Irene YF Wong (黃潤鳳)

Half-time Nurse



Irene and her children

I have served as a Half-time Nurse since I joined the Department. I received my nursing education training in The Hong Kong Polytechnic University and completed my Master's Degree in University of New England, Australia. I had worked in a local nursing school of the Hospital Authority for five years and had been a Nursing Officer in a geriatric and rehabilitation setting for two years. I have experience in teaching students in various settings and I enjoy this very much. My research interests are in public health promotion and gerontology.

Joda PS Yu (余珮珊)

Clinical Instructor

I joined the Department in August 2004. I was first a registered nurse and then a registered midwife in Hong Kong. I obtained my Bachelor of Nursing from Monash University and my Master of Nursing from The Hong Kong Polytechnic University. I possess clinical experience in neonatal intensive care, accident and emergency care, obstetrical nursing and oncology nursing. My research interests include child and adolescent health.



Congratulations

Research Grants

Two substantial research grants have been obtained by **Dr. Agnes FY Tiwari**, Assistant Professor and **Dr. Wendy WT Lam**, Assistant Professor, from the Health & Health Services Research Fund. The research project of Dr. Tiwari and her team is on "An evaluation of the effectiveness of an empowerment intervention in a group of abused Chinese women", while the one of Dr. Lam and her co-investigators is on "Factors influencing delayed presentation of symptomatic breast cancer".



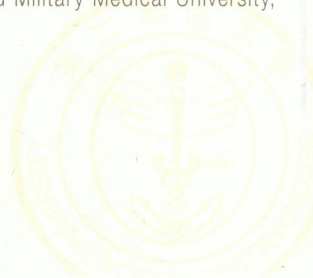
Dr. Agnes FY Tiwari



Dr. Wendy WT Lam

Honorary Appointments

Dr. Sophia SC Chan, Head, has been appointed a Member of the Promotion Sub-committee of the Health Care and Promotion Fund Committee under the Health, Welfare and Food Bureau, and a Honorary Visiting Professor of Nursing of The Second Military Medical University, Shanghai.



Goodbye

Three staff members left the Department this summer to pursue their own endeavors.

Ms Anita SM Poon, Executive Officer, joined the Department in 1996, as did Ms Annie KL Lau, Assistant Professor. Dr. Peggy MA Simpson joined the Department in 1998. The Department and all the staff members organized a big reception to bid farewell and express their best wishes for the future.



(from left) Anita, Annie, Sophia and Peggy

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