

ABBREVIATED CURRICULUM VITAE

SAMSON, SHU-KI, TSE (謝樹基)
FULL CV IS AVAILABLE UPON REQUEST
VERSION: 5 NOVEMBER 2013



Current position: Associate Professor (Dec 2008-present)
 Director of MSSc (Counselling) Program (July 2009-present)
 Department of Social Work and Social Administration
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Education:

- **Doctor of Philosophy (2001)**- Department of Psychological Medicine, University of Otago, Dunedin, New Zealand. Thesis: Vocational reintegration for people with bipolar disorder (1997-2001)
- **Master of Sciences with Distinction in Psychology (1996)**- Department of Psychology, University of Otago, Dunedin, New Zealand. Thesis: Micro-stresses for people with mental illness (1993-1996)
- **Postgraduate Diploma in Social Sciences (1992)**- Department of Psychology, Massey University, New Zealand (1990-1992)
- **Professional Diploma in Occupational Therapy with Distinction (1984)**- Rehabilitation Sciences, Hong Kong Polytechnic (1981-1984)

Recent Employment:

The University of Auckland, School of Population Health, Faculty of Medical and Health Sciences, Auckland, New Zealand (2002-2008):

- **Associate Professor (tenured)/ Director of the Postgraduate Mental Health Program (2006-2008)**
- **Faculty Associate Dean International (2004-2006)**
- **Acting Director of the Centre for Gambling Studies (2006)**
- **Senior Lecturer (2002 [tenured after 2004]-2006)**

Otago Polytechnic, School of Occupational Therapy, Dunedin, New Zealand (1993-2001):

- **Senior Lecturer (2001); Lecturer (1993 [tenured since 1995]-2000)**

Occupational therapist in forensic psychiatric services, Otago Area Health Board, Dunedin, New Zealand (1989-1992)

Occupational therapist in psychiatric services, Medical and Health Department and Social Welfare Department, Hong Kong (1984-1988)

1. SELECTED PUBLICATIONS

My multidisciplinary research (and teaching) focus has been in the field of mental health, with a specific interest in examining the complex mechanisms of coping with severe and persistent mental illness like bipolar disorder, and problem gambling. Consistent with contemporary principles of managing chronic illness, I have adopted a holistic perspective to emphasize strength and hope in assisting people to reclaim meaningful life roles and to learn to live productive lives even with the “condition”. In the field of mental illness and addictions, such an approach is known as a **Recovery Paradigm**.

I have authored or co-authored more than 110 items in peer-reviewed journals or as book chapters.

1.1 Journal articles

Notes:

¹ denotes the corresponding author of the articles

² indicates the author is a student under my supervision

IF denotes the Impact Factor

Forthcoming

1. **Tse¹, S.**, Chan², S., Ng, K. L., & Yatham, L. M. (*in press*). Meta-analysis of predictors of employment outcomes among people with bipolar disorders. *Bipolar Disorders*. (IF=4.6, 2012; IF=5.0, 5-yr)
2. **Tse¹, S.**, Murray, G., Chung, K.F., Ng, K.L., Davidson, L., & Yu, A.C.H. (*in press*). Exploring the recovery concept in bipolar disorder: A decision tree analysis of psychosocial correlates of recovery stages. *Bipolar Disorders*. (IF=4.6, 2012; IF=5.0)

2013

3. Li¹, W., **Tse, S.**, & Chong, M. D. (2013). Why Chinese international students gamble: Behavioral decision making and its impact on identity construction. *International Journal of Mental Health and Addiction*, DOI 10.1007/s11469-013-9456-z DOI 10.1007/s11469-013-9456-z. (IF=0.9)
4. **Tse¹, S.**, Hong, S-I., & Ng, K. L. (2013). Estimating the prevalence of problem gambling among older adults in Singapore. *Psychiatry Research*. <http://dx.doi.org/10.1016/j.psychres.2013.06.017i> (IF=2.5, 2012, IF=2.8, 5-yr)
5. **Tse¹, S.**, Ran, M-S., Huang, Y-Q., Zhu², S. (2013). The urgency of now: Building recovery-oriented, community-based mental health services in China. *Psychiatric Services*, 64(7), 614-616.(IF=2.8, 2012, IF=3.0, 5-yr)
6. **Tse¹, S.**, Tsoi², E., Wong, S., Kan, A., & Kwok, C. (2013). Training mental health peer support workers in a non-western high-income city: Preliminary evaluation and experience. *International Journal of Social Psychiatry*, DOI: 10.1177/0020764013481427(IF=1.2, 2011)
7. **Tse¹, S.**, Campbell, L., Rossen, F., Wang, C-W., Jull, A., Yan, E., & Jackson, A. (2013). Face-to-face and telephone counseling for problem gambling: A pragmatic multisite randomized study. *Research on Social Work Practice*, 23(1), 57-65. (IF=1.4, 2012; 1.6, 5-yr)
8. **Tse¹, S.**, Kan, A., & Siu, B. W. M. (2013). Can recovery oriented mental health services be created in Hong Kong: Struggles and strategies. *Administration and Policy in Mental Health and Mental Health Services Research*, 40(3), 155-158.(IF=2.7, 2012; IF=2.2, 5-yr)

2012

9. **Tse¹, S.**, Tan², J., & Kan, A. (2012). Patient involvement in mental health services: Communication, culture, and caution. *Health Expectations*, DOI: 10.1111/hex.12014 (IF=2.1, 2011)
10. **Tse¹, S.**, Ng, R. M. K., Tonsing, K. N., & Ran, M-S. (2012). Families and family therapy in Hong Kong. *International Review of Psychiatry*, 24(2), 115–120. (IF=1.6, 2012; IF=2.2, 5-yr)
11. **Tse¹, S.**, Cheung, E. F. C., Kan, A., Ng, R. M., & Yau, S. (2012). Recovery in Hong Kong: Service user participation in mental health services. *International Review of Psychiatry*, 24(1), 40–47. (IF=1.6, 2012; IF=2.2, 5-yr)
12. **Tse¹, S.**, Hong, S. I., Wang, C.W., & Cunningham-Williams, R. M., (2012). Gambling behavior and problems among older adults: A systematic review of empirical studies. *Journals of Gerontology: Psychological Sciences and Social Sciences*, 67 (5), 639–652. (IF=3.0, 2012; IF=3.5, 5-yr)
13. **Tse¹, S.**, Dyall, L., Clarke, D., Abbott, M., Townsend, S., & Kingi, P. (2012). Why people gamble: A qualitative study of four New Zealand ethnic groups. *International Journal of Mental Health and Addiction*, 10(6), 849-861. (IF=0.9, 2012)

2011

14. Doughty, C., & **Tse¹, S.** (2011). Can consumer-led mental health services be equally effective? An integrative review of CLMH services in high-income countries. *Community Mental Health Journal*, 47(3), 252-266. (IF=1.3, 2012; 1.4, 5-yr)
15. **Tse¹, S.**, Laverack, G., Nayar, S., & Foroughian, S. (2011). Community engagement for health promotion: Reducing injuries among Chinese people in New Zealand. *Health Education Journal*, 70(1), 76–83. (IF=0.7, 2011)

2010

16. **Tse¹, S.**, Yu, A. C. H., Rossen, F., & Wang, C.W. (2010). Examination of Chinese gambling problems through a socio-historical-cultural perspective. *Scientific World Journal*, 10, 1694–1704. (IF [1.73] was removed in 2012)
17. Feigin, V. L., Barker-Collo, S., Parag, V., Senior, H., Lawes, C.M.M., Ratnasabapathy, Y., & Glen, E. (**Tse**, was co-investigator in the ASTRO study group; **Tse** was listed in the PubMed “author search”) (2010). Auckland Stroke Outcome Study: Part 1: Gender, stroke types, ethnicity, and functional outcomes. *Neurology*, 75(2), 1597-1607. (IF=8.3, 2011)

After 2010

18. **Tse¹, S.** (2007). Family violence in Asian communities, combining research and development. *New Zealand Social Policy Journal*, 31, 170-194.
19. Clarke¹, D., **Tse, S.**, Abbott, M., Townsend, S., Kingi, P., & Manaia, W. (2006). Key indicators of the transition from social to problem gambling. *International Journal of Mental Health and Addiction*, 3(1), 29-40. (IF=0.86, 2012)
20. Kumar¹, S., **Tse, S.**, Fernando, A., & Wong, S. (2006). Epidemiological studies on mental health needs of Asian population in New Zealand? *International Journal of Social Psychiatry*. 52, 408-412. (IF=1.15, 2011)
21. Goodyear-Smith¹, F., Arroll, B., Kerese, N., Sullivan, S., **Tse, S.**, Shepherd, R., Rossen, F., & Perese, L. (2006). Primary care patients reporting concerns about their gambling

frequently have other co-occurring lifestyle and mental health issues. *BMC Family Practice*, 7(25) (6 pages) DOI:10.1186/1471-2296-7-25 (IF=1.61, 2012)

22. Tse¹, S., Lloyd, C., Petchkovsky, L., & Manaia, W. (2005). Exploration of Australian and New Zealand indigenous people's spirituality and mental health. *Australian Occupational Therapy Journal*, 52, 181-187. (IF=0.73, 2012)
23. Tse¹, S., Lloyd, C., Penman, M., King, R., & Bassett, H. (2004). Evidence-based practice and rehabilitation: Occupational therapy in Australia and New Zealand experiences. *International Journal of Rehabilitation Research*. 27(4), 269-274. (IF=1.08, 2011)
24. Tse¹, S., & Walsh, A. E. S. (2001). How does work work for people with bipolar affective disorder? *Occupational Therapy International*, 8(3), 210-225. (IF=0.57, 2011)
25. Tse¹, S., Blackwood, K., & Penman, M. (2000). From rhetoric to reality: Use of randomised controlled trials in evidence-based occupational therapy. *Australian Occupational Therapy Journal*, 47(4), 181-185. (IF=0.73, 2011)
26. Tse¹, S. (1999). The nuisance factor: A study of daily stress for people with long-term psychiatric disabilities, *Journal of Rehabilitation*, 65(2), 36-41.
27. Rasanathan¹, K., Ameratunga, S., & Tse, S. (2006). Asian health in New Zealand: Progress and challenges. *New Zealand Medical Journal*, 119(1244) (8 pages). Retrieved October 30, 2006, from <http://www.nzma.org.nz/journal/119-1244/2277/content.pdf>
28. Tse¹, S. (2002). Practice guidelines: Therapeutic interventions aimed at assisting people with bipolar affective disorder achieve their vocational goals. *Work, Journal of Prevention, Assessment and Rehabilitation*, 19, 167-179.
29. Tse¹, S., & Yeats, M. (2002). What helps people with bipolar affective disorder succeed in employment: A grounded theory approach? *Work, Journal of Prevention, Assessment and Rehabilitation*, 19, 47-62.
30. Tse¹, S., Yeats, M., & Walsh, A. E. S. (1999). A single case study: Striving for stability and work - "it's a real bastard of a disease". *Work, Journal of Prevention, Assessment and Rehabilitation*, 12(2), 151-157. (IF=0.52)

1.2 Book chapters

1. Bhugra, D., Tse, S., Ng, M.K.R., & Takei, N. (Eds) (Forthcoming). *Routledge handbook of psychiatry for Asia*, London, UK: Routledge (Proposal accepted on 28th Feb. 2013; the book will be in print in December 2014).
2. Tse, S., Tong, K., Wong, G. H., Hong, C., & Rasalingam, N. (2013). Working with Asian migrants in New Zealand. In I. S. George (Ed.). *Cole's medical practice in New Zealand* (pp.74-82 [revised ed.]). Wellington: Medical Council of New Zealand.
This publication also comes in iPad and Kindle e-book versions.
3. Tse, S., & Penman, M. (2000). Evidence-based occupational therapy. On compact disk accompanying the book by D. L. Sackett, S. E. Straus, W. S. Richardson, W. Rosenberg & R. B. Haynes. *Evidence-based medicine: How to practise and teach EBM* (2nd ed.). Edinburgh, UK: Churchill Livingstone.

2. EDITORSHIP

2.1 Editorial work

2012-current Through a competitive process I was appointed as Regional Assistant Editor of *International Gambling Studies* (Taylor & Francis, London, United Kingdom).

2010-2012 I was invited to be a Co-Editor of *International Gambling Studies* (Taylor & Francis, London, United Kingdom)

2000-2006 I was appointed as Editor-in-Charge of the *New Zealand Journal of Occupational Therapy* (New Zealand Association of Occupational Therapist, Wellington, New Zealand)

2.2 Research mentorship

Since April 2011, I have been appointed as a research mentor by the International Society of Addiction Journal Editors (ISAJE, based at the National Addiction Centre, London, United Kingdom). My credential was assessed by the ISAJE panel.

2.3 Selected editorials and scholarly reviews

Tse, S., Doughty, C. J., Duncan, N. L., & McIntyre, L. L. (Oct. 2008). The Wellness Recovery Action Plan (WRAP): Is it well enough to use? *MindNet, New Zealand Mental Health Promotion and Prevention Newsletter*, 12.

Shepherd, R. M., **Tse, S.,** Stevenson, R., Adams, P., Brown, R., & Rossen, F. (2006). Developing best practice guidelines for host responsibility in gambling venues in New Zealand. *Addiction Treatment Research Interest Group Newsletter*, 10(2), 8 & 15.

Tse, S. (2004). Editorial. *New Zealand Journal of Occupational Therapy*, 51(1), 3.

3. CONTRIBUTIONS TO KNOWLEDGE

3.1 Selected awards

2010 ***“Distinguished Visitor Award” (New Zealand)**, Building Research Capability in the Social Sciences (BRCSS, funded by the Tertiary Education Commission)

2009 ***“HKU Overseas Fellowship Awards 2009-10” (Hong Kong)**, The University of Hong Kong

2003 ***“Vice-chancellor’s Research Excellence Award” (New Zealand)**, The University of Auckland

2003 ***“Travel Grant Scholarship for International Collaborative Research” (Australia)**, University of Queensland

1994 **“Award of Teaching Excellence” (New Zealand)**, Otago Polytechnic, Dunedin

3.2 Selected International appointments

March to June, 2013

Yale University, United States
Visiting Associate Professor, Program for Recovery and Community Health, Department of Psychiatry, School of Medicine and Institution for Social and Policy Studies, Yale University

2012- current University of Melbourne, Australia
Honorary Associate Professor, Problem Gambling Research and Treatment Centre

2010- current University of Queensland, Australia
International Collaborator, Network of Researchers in the Public Health of Complementary and Alternative Medicine (NORPHCAM)

2010- current University of Auckland, New Zealand
Member of the Global Health Advisory Group, School of Population Health, Faculty of Medical and Health Sciences

2008- current Honorary Associate Professor, School of Population Health, Faculty of Medical and Health Sciences

2006- current University of British Columbia, Canada
Associate Health Researcher (founding), Collaborative Research Team for the Study of Bipolar Disorder (CREST.BD), Michael Smith Scholar Mood Disorders Centre, Department of Psychiatry

2004- 2009 Queen Mary University of London, United Kingdom
Honorary Senior Lecturer, Centre for Psychiatry at the Wolfson Institute of Preventive Medicine Barts and The London School of Medicine & Dentistry

4. INVITED PRESENTATIONS (eg keynote speeches, plenary lectures in international/ regional conferences)

4.1 Selected keynote speeches

Rotoura, New Zealand, 2015. Have accepted an invitation (dated 23rd May 2013) to be a keynote speaker at the *Sixth Asia-Pacific Occupational Therapy Congress "Doing Well Together"*, to be held on 14-18 September.

Auckland, New Zealand, 2010. Keynote speech: "Keys to foster and improve Asian migrants' health: A personal reflection" *The Fourth International Asian Health and Wellbeing Conference*, School of Population Health, Faculty of Medical and Health Sciences, University of Auckland, 5-6 July.

Hong Kong, 2010. Keynote speech: "A phenomenological review: "How do I make sense of the experience when I was unwell, I mean mentally?" *Inaugural Symposium on Counselling: Counselling clients with complex needs*, The University of Hong Kong, Faculty of Social Sciences, 10 December.

Auckland, New Zealand, 2007. Keynote speech: "Publishing new settler research" *Building Research Capacity in Social Sciences: New Settler Research Conference*, 23 February.

4.2 Selected invited presentations or plenary speeches:

New Haven, United States, 2013. “Recovery and bipolar disorder: Learning and reflections” Program for Recovery and Community Health, School of Medicine, Yale University, 7 June (during my Visiting [Associate] Professorship at Yale).

Auckland, New Zealand, 2013. “Recovery from severe mental illness in Hong Kong: Lessons learnt and implications for e-therapy” International Initiative for Mental Health Leaders 2013 Summit, 4-5 March.

London, United Kingdom, 2012. Chairperson of Roundtable Discussion, “We can’t take it for granted...Using recovery approaches through the life course in different ethnic communities” The Third World Congress of Cultural Psychiatry, 9-11 March.

Singapore, 2012. “Gambling in Later Life: A Mixed Method Study in Singapore” The Third Singapore Problem Gambling Conference, 23 October.

Hong Kong, 2011. “A critical review: Multi-faces of users-led services, the ‘Us’ vs ‘Them’” Symposium: Pathways to Mental Health Recovery- person-centered care and beyond, New Life Psychiatric Rehabilitation Association, Chinese University of Hong Kong (Department of Psychology) and Yale Program for Recovery and Community Health, 26-28 May.

Vancouver, Canada, 2010. Symposium Chairperson, “Wellness Recovery Action Plan for bipolar disorders: Community development approach, New Zealand experience” The Fifth Biennial Conference, International Society for Affective Disorders, 16-19 April.

Singapore, 2009. “The recovery process: Perspective from parents, spouses and relatives” Singapore Problem Gambling Conference: Understanding and addressing youth gambling, 17-18 August.

Vancouver, Canada, 2007. “Initiatives and issues: Back to work” Psychosocial Issues in Bipolar Disorder Conference: The evidence and the tools. Department of Psychiatry, University of British Columbia, 14 April.

Wanganui, New Zealand, 2003. “How does work work for those with bipolar disorder?” Paper presented at the New Zealand Bipolar Conference, 15 November.

5. THESES SUPERVISION AND RESEARCH OUTPUTS

Currently I am primary supervisor for six doctoral candidates and co-supervise for another three. The candidatures of all but one have confirmed; three are in their final year before completion.

¹primary supervisor, ²co-supervisor; FT=Full time study, PT= Part time study

Institution	Completed (completion date)	Current
The University of Hong Kong, Hong Kong	Ph.D. 1. Acculturation ¹ (Jan. 2013; Kareen Tonsing FT)	Ph.D. 1. Possible selves (and juvenile delinquency) ¹ (Zhu Shimin; on leave for her Fulbright, last 6 months FT) 2. Longitudinal follow up study of mothers who lost children in the Sichuan earthquake ² (Sha Wei, on leave, last 9 months FT) 3. Insights and implications of Buddhist counseling from views of the Mahayana Buddhism ¹ (Cheng Fung-Kei, last 9 months FT)
	Masters' dissertations 1. Older adults: Needs assessment ¹	

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| <p>(Aug. 2011; Mabel <u>Chan</u>)</p> <p>2. Youth drug abuse¹
(Aug. 2011; Helen <u>Gu</u>)</p> <p>3. Natural recovery & addiction¹
(Aug. 2013; Sarah <u>Breidenbach</u>)</p> <p>4. Bipolar disorder & recovery¹
(Aug. 2013; Frances <u>Leung</u>)</p> | <p>4. Abuse against parents¹
(Patrick <u>Man</u>, midway PT)</p> <p>5. Strengths model of case management¹
(Emily <u>Tsoi</u>, first year FT)</p> <p>6. Cognitive activation in bipolar disorder¹
(Sunny <u>Chan</u>, early midway PT)</p> <p>7. Gambling² (1st supervisor: Prof. A. Jackson at University of Melbourne)
(Edward <u>Kwan</u>, midway PT)</p> <p>8. Users participation in mental health¹ (2nd supervisor: Prof. L Davidson, at Yale)
(Jessica <u>Tang</u>, early midway PT)</p> <p>9. Mental health and help-seeking behaviours²
(Seven <u>Ji</u>, first year FT)</p> |
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6. EXTERNAL, PEER-REVIEWED COMPETITIVE RESEARCH GRANTS

The total amount of research grants for projects which I have led or actively participated in after obtaining my doctoral degree in 2001 is over HK\$20 million including HK\$3.2 million from peer-reviewed, competitive research grants in Hong Kong (General Research Fund, Health Care and Promotion Fund) and New Zealand (Health Research Council).

The followings are selected examples of research grants

Title of grant (Funder, place)	Name of Principal Investigator	Percent effort	Total amount of grant	Begin dates	End date
<2012/13> A recovery-focused study for individuals experiencing bipolar disorder: Comparison with a matched group recovering from schizophrenia (General Research Fund , Hong Kong [HK])	Tse, Samson	60%	HK\$586,672	Jan-12	Jun-13 <u>Completed</u>
<2013/ 15> "iPEP (Internet-based psychosis education program)": Web-based self-help psychoeducation program for caregivers of patients with psychosis (Health Care and Promotion Fund - Research Grant Projects [HK])	Chan, KW	10%	HK\$299,440	Sept-13	Sept-15
<2003/ 05> Examine the determinants of problem gambling (Health Research Council of New Zealand , NZ) *SIGNIFICANCE: The research team I led was the first group in the country secured this first earmarked research grant to study gambling in NZ.	Tse, Samson	60%	HK\$1,220,000 approx. (NZ\$200,000)	Sep-03	Feb-05 <u>Completed</u>

For Samson Tse's latest publications and impacts of his work

Please visit *Google Scholar* or *ResearchGate*

"But He's already made it plain how to live, what to do, what God is looking for in men and women. It's quite simple: *Do what is fair and just to your neighbor, be compassionate and loyal in your love, and don't take yourself too seriously— take God seriously.*"

(Bible, Old Testament, Micah 6: 8 [The Message])

7. RESEARCH GRANTS: GOVERNMENT AND NONGOVERNMENT ORGANIZATIONS

The followings are selected examples.

Title of grant (Funder, place)	Name of Principal Investigator	Percent effort	Sorted by total amount of grant	Begin dates	End date
7.1 Government departments					
Gambling among older Singaporeans (funded by Ministry of Social and Family Development , Singapore)	Tse, Samson	≥50%	HK\$2,856,855 approx. (SG\$468,337)	Jan-10	Dec-12 <u>Completed</u>
Effectiveness of problem gambling interventions in New Zealand (funded by Ministry of Health , NZ)	Tse, Samson	≥50%	HK\$2,806,000 approx. (NZ\$460,000)	Jul-06	Sep-08 <u>Completed</u>
Asian families settlement (funded by Families Commission , NZ)	Tse, Samson & Dixon, Robyn	≥50%	HK\$671,000 approx. (NZ\$110,000)	Mar-08	Mar-09 <u>Completed</u>

7.2 Nongovernmental organizations or business donors

“Strong Peer -Warm Support (SPWS)” Peer Specialist Training Project (Caritas Jockey Club Lai King Rehabilitation Centre, funded by Community Chest of Hong Kong , HK)	Wong, Stephen (grant holder), Tse as Principal Researcher	10-20%	HK\$2,198,700	Sep-10	Mar-14 Ongoing
Let’s face it: A life skills-based education campaign on Facebook and social media platforms that beat drug abuse before it starts (Hong Kong Productivity Council, funded by Beat Drugs Fund , HK)	Nan, Jessica (grant holder), Tse as Principal Researcher	10-20%	HK\$2,086,553	Dec-10	May-12 <u>Completed</u>

8. KNOWLEDGE TRANSLATION

8.1 Disseminating research at public gatherings and workshops

These invited speeches were delivered in New Zealand, Australia, Canada, and lately in Hong Kong; selected examples include:

General public:

「愛中重生—精神病患的復元」講座 (**Reborn in love: Mental health recovery [half-day seminar]**) **Hong Kong**. Speaker: “Gaps in Hong Kong mental health policy”, 11May2013. This public seminar results in a book publication (基督教文藝出版社).

Shakti Community Council Inc. & Shakti Asian Women’s Centre Inc., Auckland, New Zealand. Speaker: “No more excuses, no more domestic violence in Ethnic community”, 14 November 2007.

Public lecture, Institute of Mental Health Research and School of Psychology, Ottawa, Canada. Speaker: “Mental health promotion: Everybody’s business”, 17 April 2007.

Meeting with the Honorable Steve Maharey, Minister of Social Services and Employment and his team, hosted by the Center for Gambling Studies (The University of Auckland) and Asian Social Services of New Zealand Inc., Auckland, New Zealand. Speaker: “Overview of key Asian issues”, 6 March 2002.

National Mental Health Awareness Week, Dunedin, New Zealand. Speaker: “Employment and mental health”. 8-11 October 2001.

Service users and care-givers community:

Baptist Oi Kwan Social Services, Institute of Cognitive Development, Annual Graduation Ceremony and 10th Anniversary Celebration, Hong Kong. Speaker: “Life-long learning and mental health recovery”, 2 June 2012.

The Second Conference, Hong Kong Mental Health Consumers Consortium, Hong Kong. Speaker: “Peer support, a tool to aid recovery”, 10-11 April 2010.

Balance New Zealand, Bipolar and Depression Network National Training Days, Hamilton, New Zealand. Speaker: “Bipolar disorder and paid employment”, 16 November 2007.

Professional and students groups:

Mental Health Case Manager Annual Workshop, Hong Kong. Speaker: “Implementation of Strengths Models of Case Management in Hong Kong”, 1 December 2012.

Future Medical Leaders Symposium, Wellington, New Zealand. Speaker: “Changing New Zealand population”, 20-22 July 2007.

Department Seminar, Queen Mary University of London, London, United Kingdom. Speaker: “Cultural Competence in Mental Healthcare: Experiences of China, Vietnam & New Zealand”, 7 September 2005.

Park Centre on Mental Health, Brisbane, Australia. Speaker: “Work rehabilitation: Re-think”, 25 November 2004.

Workshop presented at the Department of Occupational Therapy, School of Health and Rehabilitation Sciences, The University of Queensland, Australia. Invited Trainer (Brisbane, Australia) “Recovery approach and Occupational Therapy: Grounded in practice”, 23 November 2004.

Ministry of Social Development: Social Policy Research and Evaluation Conference, Wellington, New Zealand. Speaker: “New Zealand’s Asian community: Social research and more evidence-based social policy”, 29-30 April 2003.

8.2 Transforming mental health services in Hong Kong: Combining practice with research

- Involving the **hospital clinical services** on the recovery paradigm.
- Involving nongovernment organizations (NGOs) on the **Strengths Model of Case Management (Mental Health)** and in developing **Peer Support Services (PSS)** and evaluating the impact of the training program on the PSS trainees’ own recovery and on the recipients of the services they had provided.

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