

## Biography of Dr. Tak Kwan KONG

MBBS(HK), MRCP(UK), FHKCP, FHKAM(Medicine), FRCP (London, Edin, Glasg),

Specialist in geriatric medicine

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<https://www.researchgate.net/profile/Tak-Kwan-Kong>; <https://www.scopus.com/authid/detail.uri?authorId=7004769754>;

<https://www.webofscience.com/wos/author/record/813249>; <https://scholar.google.com/citations?hl=en&user=tDwNYpcAAAAJ>

### Summary

A geriatrician with a passion to practise and preach geriatric medicine through clinical practice, teaching, research and community participation.

- Specialist in Geriatric Medicine at Jockey Club Centre for Positive Ageing, Haven of Hope Christian Service, Matilda Medical Centre (Central) & Omni Care Medical Centre
- Honorary Clinical Associate Professors, Divisions of Geriatric Medicine, Departments of Medicine, HKU & CUHK
- Honorary Clinical Associate Professors, Departments of Family Medicine & Primary Care, HKU & CUHK
- Honorary Clinical Associate Professor, Medical Ethics & Humanities Unit, HKU
- Honorary Consultant Geriatricians, PWH, GH, FYKH
- Past Consultant Geriatricians, PMH, PWH
- Past President, The Hong Kong Geriatrics Society

### Clinical Practice & Administration

- Specialist in Geriatric Medicine at Jockey Club Centre for Positive Ageing Memory Clinic (9/2018 -); Haven of Hope S K Yee Hau Tak Clinic (9/2018 -); Omni Care (4/2019 -); Matilda Caine Road/ Matilda Medical Centre (Central) (8/2020 -)
- Honorary Consultant Geriatricians, Prince of Wales Hospital (9/2018 -); Fung Yiu King Hospital (10/2021 -); Grantham Hospital (10/2022 -); Yan Chai Hospital (11/1995 – 6/2001); Kwong Wah Hospital (4/1996 – 3/1999); Wong Tai Sin Hospital (3/1996 – 3/1998)
- Consultant Geriatrician, Department of Medicine & Therapeutics, Prince of Wales Hospital (9/2016-8/2018)
- Consultant Geriatrician in-charge (4/1997-7/2016)/ Consultant Geriatrician (2/1992-7/2016), Department of Medicine & Geriatrics, Princess Margaret Hospital (PMH)

### Hospital Planning

- Expert Advisor for the Extension Project of the Haven of Hope Sister Annie Skau Holistic Care Centre (6/2020 -)
- Advisor for Hospital Authority on the planning of geriatric facilities of new hospitals (Tai Po Hospital, Lai King Building of PMH, North Lantau Hospital); geriatric day hospitals (at Yau Ma Tei of Queen Elizabeth Hospital, Tai Po Hospital, PMH); and infirmary service PPP at Wong Chuk Hang Hospital (1997 – 2016)

### Teaching, Training & Examiner

- Honorary Clinical Associate Professor of Departments of Medicine (7/1997-9/2018, 10/2021-), Family Medicine & Primary Care (9/2011 -), Medical Ethics & Humanities Unit (9/2015 -), The University of Hong Kong (HKU)
- Clinical Associate Professor (Honorary) of Department of Medicine & Therapeutics (10/2012 -), School of Public Health & Primary Care (9/2018 -), Faculty of Medicine (11/2021 -), The Chinese University of Hong Kong (CUHK)
- Honorary Associate/Assistant Professor, Lecturer, Visitorship, Department of Social Work & Social Administration, HKU (1-12/2004, 9-10/2006, 5/2007, 9/2007-12/2009)
- Honorary Research/ Centre on Ageing Fellow of Sau Po Centre on Ageing, HKU (7/2009 -)
- President of The Hong Kong Geriatrics Society (4/2002-6/2006)
- Specialty Program Director (Geriatric Medicine), Hong Kong College of Physicians (7/2011 – 6/2013)
- External Examiner, Certificate Programme in Health Planning for Positive Ageing of the School of Continuing and Professional Studies (CUSCS), CUHK (9/2021 -)
- Examiner and Board Member, Board of Studies for the Postgraduate Diploma in Community Geriatrics, HKU (9/2000 – 8/2016)
- Examiner, Diploma in Geriatric Medicine, Royal College of Physicians and Surgeons of Glasgow (2004 – 2014)
- Examiners, HKU MBBS Clinical Competency Tests (2/2019 -) and CUHK Final MBChB Clinical Examination (4/2008 -)
- Examiner, Clinical Examination (Medicine) of the Licensing Examination, The Medical Council of Hong Kong (12/2022)

## **Research & Publication** (details refer to URLs above)

- Associate Editor of *Aging Medicine* (2018 -)
- Chief Editor of *The Hong Kong Geriatrics Society Curriculum in Geriatric Medicine* and its companion *Learning Manual, first edition 2005, and second edition, 2017.*
- Editor-in-chief of *The Journal of the Hong Kong Geriatrics Society* (4/1992-3/1998)
- Editorial Board Member of *CME Journal Geriatric Medicine* (2003 – 2014) and *J Geriatric Cardiology* (2004-2008)
- Honorary Clinical Associate Professor of Clinical Trials Centre, The University of Hong Kong (1999-2001)
- Commonwealth Medical Fellow (1988 – 1989) of the Department of Geriatric Medicine, University Hospital of South Manchester, Manchester, UK under Professor John C. Brocklehurst
- Author of 64 journal articles, 5 books, 3 book reviews and 29 book chapters in areas covering geriatric medicine (education, services, history), geriatric day hospital, comprehensive geriatric assessment, stroke, rehabilitation, incontinence, dementia, musculoskeletal disorders, falls & fractures, sarcopenia, infections, use of drugs, cancer in old age, ethical & legal issues, restraints, long-term care, end-of-life care, and art & medical humanities
- Reviewer of 24 articles for the journals *Age Ageing; Aging Medicine; Asian J Gerontology Geriatrics; CME J Geriatric Medicine; BMC Medicine, Br J Hosp Medicine; International Rev Admin Science, Global Epidemiology, PLoS One, J Infection*

## **Community Service**

- Honorary Advisor, Haven of Hope Sister Annie Skau Holistic Care Centre 靈實司務道寧養院 (4/2017-)
- Honorable Advisor, Elderly Services, Yan Chai Hospital Board (7/2002-)
- Honorable Advisor of the Hong Kong Stroke Association (10/1997-)
- Member, HKSAR Elderly Commission Committee on Elder Academy Development Foundation (7/2015-7/2021)
- Member, HKSAR Guardianship Board (2/2011-1/2017)
- Chairman of the Home Care Service Advisory Committee, Hong Kong Family Welfare Society (9/2011-12/2013)
- Member, Hong Kong Christian Service CADENZA Community Project: Elder at PEACE Interdisciplinary Team (6/2011-12/2013)
- Honorary Advisor, Hong Kong Christian Service (2011-2012)
- President of the Hong Kong Geriatrics Society (4/2002-6/2006)
- Member, Elderly Care Working Group, Skills Upgrading Scheme, HKSAR Vocational Training Council (2002-2006)
- Member, Core Support Group of Project on Elder Abuse Research and Protocol, Hong Kong Christian Service (3/2002 – 2004)
- Member, Regional Appeal Committee (Standardized Care Need Assessment Mechanism), New Territories West, HKSAR Social Welfare Department (1/3/2001-28/2/2003)
- Advisor of the Home Care Service Advisory Committee, Hong Kong Family Welfare Society (9/2000-12/2013)
- Member, the Working Group on Publicity of Healthy Ageing, HKSAR Elderly Commission (7/2000-2002)
- Member, the Ad Hoc Committee on Healthy Ageing, HKSAR Elderly Commission (3/2000-4/2001)
- Professional Advisor of Stroke, Brain Injury and Spinal Cord Injury Service, Community Rehabilitation Network, the Hong Kong Society for Rehabilitation (1996-2000)
- Coordinator, Medical Inspector Service, HKSAR Social Welfare Department (1995)
- Panelist, Specialists Panel on Rehabilitation, the Hong Kong Medical Association (1992-1993)

## Appendix

### Clinical Experience

- Medicine & Geriatrics
  - 1983 – 2016: Princess Margaret Hospital (with up to 106 acute geriatric beds, 16 acute stroke beds, 175 subacute/ rehabilitation beds (including stroke, falls, neurosurgical), 93 infirmary beds, 60 day hospital places, ortho-geriatrics and psychogeriatrics liaison, community geriatrics assessment service supporting 41 care homes, integrated discharge support programme, and specialist outpatient clinics (geriatric, memory, continence, falls, stroke, rapid access geriatric, medical))
  - 2016 – 2018: Prince of Wales Hospital
  - 2018 – present (Part-time/ Honorary): Prince of Wales Hospital; Fung Yiu King Hospital; Grantham Hospital; Jockey Club Centre for Positive Ageing Memory Clinic; Haven of Hope S K Yee Hau Tak Clinic; Matilda Medical Centre; Omni Care Medical Center
  - 1986: Radcliffe Infirmary, Oxford, UK
  - 1988 – 1989: University Hospital of South Manchester, UK (with 62 acute geriatric beds, 82 rehabilitation beds (including stroke, ortho-geriatrics), 134 continuing care beds, 60 day hospital places, ortho-geriatrics and psychogeriatrics liaison, and specialist outpatient clinics (geriatric, continence, joint psychogeriatric-geriatric))
- Medicine & Cardiology (1985: Queen Elizabeth Hospital)
- Medicine & Nephrology (1981: Princess Margaret Hospital)
- Psychiatry (1982: Castle Peak Hospital)
- Obstetrics & Gynaecology (1981: Queen Mary Hospital, Tsan Yuk Hospital)

### Administrative Experience

- Consultant Geriatrician in-charge of the geriatric services in Princess Margaret Hospital (1997-2016), responsible for geriatric service programmes development & planning; staff recruitment, development & training; quality patient care; optimal resource utilization & medication use; patient & occupational safety; and enhancement of community relationships & services.
- Cluster Clinical Coordinator (Community Geriatrics) of Kowloon West Cluster (2007-2016) and Programme Director of Integrated Discharge Support Programme of Princess Margaret Hospital (2008-2016), responsible for development & planning of community geriatrics and transitional care at cluster and hospital level
- Advisors to Government (Elderly Commission, Social Welfare Department, Food & Health Bureau, Labour & Welfare Bureau, Education and Manpower Bureau), NGOs, Health Care Professional Societies, patient self-help groups, and Hospital Authority on the development, planning, and implementation of quality medical and social services, and educational programmes for elderly people, as well as training programmes for service providers (1997-2016)
- President of the Hong Kong Geriatrics Society (2002-2006): responsible for connecting members and collaborating with local and overseas professional organizations to promote education, training and research in geriatric medicine; and to uphold our mission that the proper medical care of elderly people requires special attitude, knowledge and skills.

### Teaching Experience

- The University of Hong Kong:
  - MBBS (1986 - present: Geriatric Medicine; 1998 – present: Clinical Interpersonal Skills; 2015 – present: Family Medicine & Community Care (Geriatrics); 2015 – present: Medical Humanities; 2018 - present: Enrichment year)
  - Broadening course on Gerontology “Understanding & Preparing for Ageing” for undergraduates 2008 - 2009
  - PdipCommunityGeriatrics (Hong Kong) 2000 - 2016
  - M Med Sc (Geriatric Medicine) 2002 – 2005
  - MSocSc (Clinical Gerontology) 2004, 2007, 2008
  - MCLinPharm 2019 – 2021; MAP (Master of Advanced Pharmacy) 2022
  - Henry G Leong Programme for Enhanced Training and Research on Holistic Care for the Elderly 2006 – 2010
  - Training Programme on Understanding of Family Violence 2005 - 2006
  - In-Service Training for Staff of Fu Hong Society On Care of Ageing Clients with Learning Disabilities 2010 – 2012

- The Chinese University of Hong Kong:
  - MBChB (1988 – 1992, 2012 - present: Geriatric Medicine; 2018 - 2019: Serious Illness Communication; 2018 – present: Geriatric Skills Workshop; 2021 – present: Clinical Skills Practice)
  - MSc (Clinical Gerontology) 1999 – 2018; MSc (Clinical Gerontology and End-of-Life Care) 2019 – present
  - MSc (Musculoskeletal Medicine, Rehabilitation and Geriatric Orthopaedics) 2011 - present
  - Postgraduate Diploma in Community Geriatrics 2004 – 2007
  - BSc (Gerontology) 2013 - 2016
  - Evidence Based Medicine (General Medicine) Workshop 2000
- The Hong Kong Polytechnic University:
  - MSc (Geriatric Rehabilitation) 2003-2004
  - M (Physiotherapy), M (Occupational therapy) 2015
- The University of Manchester: MBChB (1988-1989: Geriatric Medicine)
- Clinical Attachment/Elective in Geriatrics for Local Students/ Practitioners (1997-2016): The University of Hong Kong; The Chinese University of Hong Kong; Hospital Authority (Alice Ho Miu Ling Nethersole Hospital, Caritas Medical Centre, Haven of Hope Hospital, Kowloon Hospital, Kwong Wah Hospital, Shatin Hospital, Yan Chai Hospital)
- Clinical Attachment/Elective in Geriatrics for Overseas Students/ Practitioners: The University of Aberdeen (2006); The University of Nottingham (2008); Alexandra Hospital (2008); Virginia Polytechnic Institute and State University (2013)
- The Hong Kong College of Physicians
  - Higher specialist training in Geriatric Medicine (1989 – 2018) and Internal Medicine (1994 – 2018)
- The Royal College of Physicians & Surgeons of Glasgow, UK: Dip Ger Med RCPS (Glasg) 2008-2013
- The Hong Kong College of Family Physicians / Hong Kong College of General Practitioners
  - Geriatrics attachment for general practitioners 1997
  - Training (hospital-based, community-based) in Family Medicine 2001 – 2016
  - Clinical Infectious Disease Course for Family Physicians 2007 - 2012
- The Hong Kong Geriatrics Society
  - PdipCommunityGeriatrics (Hong Kong) 2000 – 2016
  - Interhospital geriatric meetings 1993 - 2018
  - Certificate Course in Geriatrics for post-registration nurses 1991 – 1996
  - Post-registration Certificate Course on Gerontological Nursing 1994 – 2008
- The International Association of Gerontology and Geriatrics (IAGG) Master Class on Ageing 2012
- Hong Kong Medical Association: Certificate Course in Care for Community Elderly towards Healthy Ageing 2002
- Hong Kong Association for Integration of Chinese Western Medicine: Western medicine for Chinese medicine practitioners 2013, 2019, 2021
- Hospital Authority
  - Postgraduate Meeting in Geriatric Medicine & Rehabilitation Medicine, Medical Grand Rounds, Clinico-pathological conferences, Clinico-radiological meetings, Clinical Gerontology Seminars, Stroke Seminars, Continence Course, Geriatric Rehabilitation, 1991 – 2018
  - Hong Kong Infectious Disease Week 2013
  - Practice Tips Workshops for Interns 1997 – 2016
  - Clinical Attachment for Junior Chinese Medicine Practitioners Pre-service Training Programme 2008 – 2012
  - Post-registration Certificate Courses on Gerontological Nursing 1994 – 2008; Advanced Medical Nursing for RN on Geriatric Nursing 2012-2014; Stroke Care Nursing 2014
  - Certificate Course on Psychogeriatric Nursing 1992, 1997, 1999
  - Certificate Courses on Community Health Care for Nurses and Allied Health 2004, 2007 – 2009
- Department of Health: Diploma Course in Public Health Nursing Studies 1992 - 1996